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## PAOS Board of Directors:

**President:** Sam Dyer, MHS, PA-C  
**Past President:** Paul Desillier, MPAS, PA-C  
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**Secretary:** Kemuel Carey, MHS, PA-C, ATC  
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**Southwest:** Karla Frick, MPAS, PA-C

## CME Committee

**Chair:** Ben Kocher, DSc, PA-C  
**Co-Chair:** Jeff Spivey, PA-C  
**Graphic Design:** Dalan Garcia, MS, PA-C

## Business Manager

**Business Manager:** Elizabeth Darr

## Address:

PAOS, Inc  
P.O. Box 10781  
Glendale, AZ 85318  
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www.PAOS.org  
Facebook.com/PADOSnews  
Twitter.com/PADOSSnews  
Linkedin.com/groups?gid=3065296
PAOS acknowledges the following companies for their generous contributions to the PAOS 2016 Annual Meeting

PLATINUM LEVEL

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National Commission on Certification of Physician Assistants  Shukla Medical  SunMedica®  Wolters Kluwer  ZipLine Medical  gSource
We hope you will make plans now to attend the 18th Annual Conference of the Physician Assistants in Orthopaedic Surgery (PAOS). As the Chairman, I’m excited to bring the conference to my hometown of Baltimore! This year’s meeting will be held at the Hilton-Baltimore, August 21st – 25th. The Hilton-Baltimore overlooks Camden Yards and is nestled in the middle of Inner Harbor. It’s in walking distance to all that Baltimore has to offer, to include the National Aquarium, Fort McHenry, Horseshoe Casino, Power Plant, Little Italy, and all the Sports Complexes. We are planning social events that will show you all that the town has to offer!

Baltimore is a city rich with culture, history, athletics, and has continually been an epicenter of research and development for medicine and Orthopaedics. Our committee has worked diligently to recruit quality speakers from well-known institutions such as Johns Hopkins, Baltimore Shock Trauma, and other orthopaedic groups supporting the professional and college athletic programs.

With our conference’s proven reputation and quality education, we hope you will join us for what is expected to be another memorable event. I look forward to showing you my hometown and providing you another educational and entertaining CME Conference. We’ll see you in Baltimore!!!

Benjamin K. Kocher, D.Sc., PA-C
Major, U.S. Army
Chairman, Continuing Medical Education
LOCATION
HILTON-BALTIMORE | HOUSING BLOCK OPEN
A special discounted room block has been arranged at the Hilton Baltimore.

Room Block Rates: $155 for either a single or double room, plus applicable state and local taxes.

Space is limited at the group rate. Please make your room reservations early. The cut-off date for reserving rooms in the Room Block is July 20, 2017, or until the Room Block is full.

Rates will be available 3 days prior and 3 days after the Event Dates, subject to availability at the time of reservation.

The Hilton Baltimore
401 West Pratt Street
Baltimore MD 21201

Among the top Baltimore hotels, the Hilton Baltimore is ideally set in the Inner Harbor, an iconic seaport area of restaurants, museums, sports complexes, nightclubs and historic ships. A quick walk to Camden Yards, M&T Stadium, the National Aquarium, Maryland Science Center and Pier Six Pavilion (plus so much more).

Location
• a quick 15 minutes to BWI Airport
• a 2-minute walk to Camden Yards
• walking distance to Inner Harbor dining, shopping and attractions

ACCOMMODATIONS
Guest room amenities at the Hilton Baltimore include the Hilton Serenity CollectionTM bedding with Suite Dreams® plush-top mattress, down duvet and pillows. Each room is equipped with large plasma high-definition televisions and on-demand entertainment, and sizeable work stations with ergonomic desk chair.

ACCREDITATION STATEMENT
This program is provided by Physician Assistants in Orthopaedic Surgery. This program was planned in accordance with AAPA’s CME Standards for Live Programs and Commercial Support of Live Programs.

This program is not yet approved for CME credit. Conference organizers plan to request 22 hours (main conference lectures) of AAPA Category I CME from the Physician Assistants Review Panel. Total number of approved credits yet to be determined. Physician Assistants should claim only those hours actually spent participating in the CME activity. Additional Category I CME hours may be obtained through Optional Workshops and Minisessions. An attendee could receive a maximum of 34 hours due to simultaneous Workshops and Minisessions.

This program also provides a maximum of 22 hours BOC CEU credits for Athletic Trainers.
TARGET AUDIENCE
The primary target audience of the Physician Assistants in Orthopaedic Surgery Annual Meeting is members and non-members who desire to improve their orthopaedic knowledge and skills.

OVERALL LEARNING OBJECTIVES
Upon completion of the activity, participants will be able to:
1. Examine and apply basic scientific information and technical skills in orthopaedic surgery
2. Update knowledge regarding current evaluation and treatment of commonly encountered orthopaedic conditions
3. Review current practice management including proper coding, reimbursement, and state/national healthcare legislation updates
4. Develop new clinical and technical skills to improve delivery of healthcare to patients seen in an orthopaedic practice

FACULTY DISCLOSURE
The American Academy of Physician Assistants (AAPA) has implemented a process to identify and resolve conflicts of interest that may exist which might affect the independence and fair balance of an educational activity. All planning committee members, authors and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individual’s financial relationships, 2) Altering the individual’s control over content; or 3) Conducting an independent validation of the individual’s presentation content. Individuals who refused to or otherwise failed to disclose potential conflicts of interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

DISCLOSURES
Aman Dhawan – Smith and Nephew consultant, research support and speaker’s bureau

FACULTY
Joe Alderete, MD
Marni Barnes, D.Sc., PA-C
Craig Bennett, MD
Sarah Bolander, PA-C
Kerry Brown, PA-C
Robyn Chalupa, D.Sc., PA-C
Christopher Cordova, PA-C
Dan Coll, PA-C
Andrew Cosgarea, MD
Aman Dhawan, MD
Robert Dicheria, D.Sc., PA-C
Charles Dowell, PA-C
Colin Dunderdale, D.Sc., PA-C
James Ficke, MD
Patrick Gaffney, PA-C
Dennis Gregory, PA-C
Sean Hazzard, PA-C
Scott Jolman, D.Sc., PA-C
Sean Jones, PA-C
Benjamin Kocher, D.Sc., PA-C
R. Jay Lee, MD
Mesfin Lemma, MD
Kristopher Lewis, PA-C
Tricia Marriott, PA-C, MPAS, MJ Health Law, CHC®
Derek Papp, MD
Benjamin Petre, MD
Kenneth Rivera, D.Sc., PA-C
Sharon Rosser, D.Sc., PA-C
Neil Sheth, MD
Chad Silverberg, DO
Patrick Smock, MD
Jeffrey Spivey, D.Sc., PA-C
Clive Stephenson, PA-C
Greg Thomas, PA
Raul Villalobos, D.Sc., PA-C
Mary Webb, PA-C
Robin West, MD
Baltimore Orioles
Team Physician
physician for the Pittsburgh Steelers. Dr. Robin West, M.D.
men’s basketball, wrestling, gymnastics and Mellon University, the University of Pittsburgh department at Carnegie as the head team
Nationals and the Head Team Physician currently serves as the healthcare.
Lead Team Physician | Washington Nationals
Head Team Physician | Washington Redskins
Dr. Robin West currently serves as the Lead Team Physician for the Washington Nationals and the Head Team Physician for the Washington Redskins. She previously served as the head team physician for the athletic department at Carnegie Mellon University, the University of Pittsburgh men’s basketball, wrestling, gymnastics and swimming/diving and as the assistant team physician for the Pittsburgh Steelers. Dr. West earned her medical degree from George Washington University School of Medicine in Washington, D.C., where she also completed her residency. She underwent a sports medicine fellowship at the Magee-Women’s Hospital of the University of Pittsburgh Medical Center.

ANDREW J. COSGAREA, M.D.
Chief, Division of Sports Medicine
Head Team Physician
Johns Hopkins University
Dr. Cosgarea serves as the head team physician for the Johns Hopkins University Department of Athletics and chief of the Division of Sports Medicine at the Johns Hopkins School of Medicine.

NEIL P. SHETH, M.D.
Assistant Professor of Orthopaedic Surgery
University of Pennsylvania
Dr. Neil Sheth currently serves as an Assistant Professor of Orthopaedic Surgery at the Hospital of the University of Pennsylvania. Dr. Sheth obtained his medical degree at Albany Medical College of Union University. He completed his orthopaedic surgery residency at the Hospital of the University of Pennsylvania and then completed his fellowship at Rush University Medical Center. His clinical expertise is in joint replacement for the hip and knee.

CRAIG H. BENNETT, M.D.
Chief, Sports Medicine Program
University of Maryland Medical Center
Dr. Craig Bennett is the Chief of the Sports Medicine Program and an assistant professor of orthopaedics at the University of Maryland Medical Center. Dr. Bennett is also the team orthopaedic surgeon for the University of Maryland Terrapins.

AMAN DHAWAN, M.D.
Associate Team Physician
AHL Hershey Bears and Harrisburg Senators
Dr. Aman Dhawan graduated from Albany Medical College in 1999. He completed his Orthopaedic Surgery Residency at Walter Reed Army Medical Center and then a Sports Medicine and Shoulder Surgery Fellowship at Rush University Medical Center. He was an active duty officer in the U.S. Army for 11 years including deployment to Iraq during Operation Iraqi Freedom in 2006. He is board certified by the American Board of Orthopaedic Surgery and is currently an Associate Professor in the Department of Orthopaedics and Rehabilitation at Penn State. He is an Associate Team Physician for the AHL Hershey Bears and the Double A Harrisburg Senators baseball team, as well as several other area colleges and high schools. He has special interest in shoulder injuries including labral tears and impingement.

JAMES R. FICKE, M.D.
Director, Department of Orthopaedic Surgery
Johns Hopkins University
Dr. James Ficke is a Robert A. Robinson Professor of Orthopaedic Surgery at the Johns Hopkins School of Medicine and Director of the Department of Orthopaedic Surgery. He is also the Orthopaedist-in-Chief of The Johns Hopkins Hospital. He is nationally renowned as an expert on the treatment of complex foot and ankle patients, lower extremity trauma patients and amputees. Dr. Ficke has received numerous awards for his skills as a surgeon and educator as well as two dozen military decorations and awards including the Bronze Star and Meritorious Service Medals.

DEREK F. PAPP, M.D.
Team Physician
Baltimore Orioles
Dr. Derek Papp currently serves as a team physician for the Baltimore Orioles and is the head team physician for their minor league affiliate, the Aberdeen Ironbirds. He currently serves as an orthopaedic sports medicine physician at MedStar Good Samaritan Hospital in Baltimore, Maryland. He also has a part-time appointment at the Johns Hopkins Hospital where he enjoys teaching residents. His clinical interests include all types of arthroscopic surgery, shoulder and elbow disorders, and knee ligamentous injuries. Dr. Papp has gained experience as a team physician at all levels including the Tampa Bay Buccaneers, Florida Buccaneers, Johns Hopkins Lacrosse, and the Florida International University of Athletics.

ROBIN V. WEST, M.D.
Lead Team Physician | Washington Nationals
Head Team Physician | Washington Redskins
Dr. Robin West currently serves as the Lead Team Physician for the Washington Nationals and the Head Team Physician for the Washington Redskins. She previously served as the head team physician for the athletic department at Carnegie Mellon University, the University of Pittsburgh men’s basketball, wrestling, gymnastics and swimming/diving and as the assistant team physician for the Pittsburgh Steelers. Dr. West earned her medical degree from George Washington University School of Medicine in Washington, D.C., where she also completed her residency. She underwent a sports medicine fellowship at the Magee-Women’s Hospital of the University of Pittsburgh Medical Center.

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AHL Hershey Bears and Harrisburg Senators
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BENJAMIN M. PETRE, M.D.
Assistant Team Physician
Baltimore Orioles, US Ski Team and US Snowboard Team
Dr. Ben Petre is an fellowship trained orthopedic surgeon who specializes in sports medicine and arthroscopic surgery of the hip, knee, elbow and shoulder. He proudly serves as the Head Team Physician to the Bowie Baysox minor league baseball team and Annapolis High School. Additionally, he is an assistant team physician for the Baltimore Orioles, US Ski Team and US Snowboard team. Dr. Petre has had more than 15 peer-reviewed scientific manuscripts, was selected by the OTA as the teaching resident of the year, and has published a textbook on orthopedic injuries, emergencies and treatments.
MONDAY, AUGUST 21, 2017

All Optional Sessions – Separate Registration Required

7:30 am – 5:00 pm  Check-in/Registration

Optional sessions

8:30 am – 12:30 pm  Workshop 1a: Fracture Fixation Principles (Basic)
1:30 – 5:30 pm  Workshop 1b: Fracture Fixation Principles (Advanced)
8:30 am – 12:30 pm  Workshop 2a: MSK Ultrasound
1:30 – 5:30 pm  Workshop 2b: MSK Ultrasound
8:30 am – 12:30 pm  Workshop 3a: Casting & Splinting
1:30 – 5:30 pm  Workshop 3b: Casting & Splinting
8:30 am – 12:30 pm  Workshop 4a: Graft Preparation
1:30 – 5:30 pm  Workshop 4b: Graft Preparation
1:30 – 3:30 pm  Workshop 5a: Exam of the Shoulder
3:30 – 5:30 pm  Workshop 5b: Exam of the Shoulder
1:30 – 3:30 pm  Workshop 6a: Exam of the Hip
3:30 – 5:30 pm  Workshop 6b: Exam of the Hip
1:30 – 3:30 pm  Workshop 7a: Exam of the Hand and Wrist
3:30 – 5:30 pm  Workshop 7b: Exam of the Hand and Wrist
6:00 – 7:00 pm  Minisession 1: A Primer for New PAs – What You Need to Know

TUESDAY, AUGUST 22, 2017

6:30 – 5:00 pm  Registration/Check In
7:00 – 7:45 am  Continental Breakfast in Exhibit Hall
7:50 – 8:00 am  Welcome/Opening Remarks
8:00 – 9:00 am  Value and Quality in Musculoskeletal Medicine
9:00 – 9:30 am  Diagnosis and Treatment of Ulnar Sided Wrist Pain
9:30 – 10:00 am  Diagnosis and Treatment of DRUJ
10:00 – 10:30 am  Break in Exhibit Hall
10:30 – 11:30 am  Tommy John Surgery
11:30 am – 1:00 pm  Membership Lunch / Meeting (Non-member tickets available)
1:00 – 2:00 pm  Planning Factors for ACL Reconstruction
2:00 – 3:00 pm  Management and Treatment of the Multi-ligament Knee Injury
3:00 – 3:30 pm  Break in Exhibit Hall
3:30 – 4:30 pm  Emerging Trends and Ortho Reimbursement Hot Topics
4:30 – 6:30 pm  WELCOME RECEPTION in Exhibit Hall

WEDNESDAY, AUGUST 23, 2017

7:00 – 7:45 am  Continental Breakfast in Exhibit Hall
7:00 – 10:00 am  EXHIBITS OPEN
8:00 – 9:00 am  NCCPA Update
9:00 – 10:00 am  Calculating Productivity – RVUs and ROI
10:00 – 10:30 am  Final Break in Exhibit Hall
10:30 – 11:30 am  Approach to the Interpretation of the Hip MRI
11:30 am – 1:00 pm  Lunch
1:00 – 2:00 pm  Current Concepts in Hip Arthroscopy
2:00 – 3:00 pm  Update on Cartilage Augmentation
THURSDAY, AUGUST 24, 2017

7:15 – 8:00 am  Continental Breakfast in Exhibit Hall
8:00 – 9:00 am  Orthopaedic Considerations in the Newborn
9:00 – 10:00 am Current Topics in Management of injuries in the young athlete
10:00 – 10:30 am Break
10:30 – 11:30 am Diagnosis and Management of Cervical Myelopathy
11:30 am – 1:00 pm Lunch
1:00 – 2:00 pm Emerging techniques in Spine Surgery
2:00 – 3:00 pm Limb Sparing Surgery for Bone Cancer
3:00 – 4:00 pm Evaluation of the patient with an Orthopaedic Infection
4:00 – 6:00 pm Minisession 2: PAs in Education Forum

FRIDAY, AUGUST 25, 2017

7:15 – 8:00 am  Continental Breakfast
8:00 – 9:00 am  Patellar Femoral Instability
9:00 – 10:00 am Planning Factors for Total Hip Arthroplasty
10:00 – 11:00 am Current Concepts in Shoulder Instability
11:00 am – 12:00 pm Management of Concussions/TBI and Return to Play Guidelines
12:00 – 12:30 pm Closing Remarks
Conference Adjourns

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This program also provides a maximum of 22 hours BOC CEU credits for Athletic Trainers.
REGISTRATION
Hilton – Baltimore
Sunday, August 20, 6:00 - 8:00 pm
Monday, August 21, 7:30 am – 5:30 pm
Tuesday, August 22, 6:30 am – 5:00 pm
Wednesday, August 23, 7:00 am – 4:00 pm
Thursday, August 24, 7:00 am – 4:00 pm
Friday, August 25, 7:00 am – 12:00 pm

CONTINENTAL BREAKFAST & COFFEE BREAKS
Continental breakfast and coffee breaks will be held in the Key Ballroom 6-10 on Tuesday, Wednesday, Thursday and Friday.

DISCLAIMER FOR ALL PROGRAMS
The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are on their own, and do not necessarily represent those of the Physician Assistants in Orthopaedic Surgery (PAOS), nor does presentation on the program represent or constitute endorsement or promotion by PAOS.

PAOS expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, and techniques.

WORKSHOPS AND MINISESSIONS
Attendance at a Workshop or Minisession is by ticket only and are filled on a first come-first serve registration basis.

HOTEL INFORMATION
The Hilton Baltimore
401 West Pratt Street
Baltimore MD 21201
(443) 573-8700
Reservation link found at: http://paos.org/?page=HousingBaltimore

A special discounted room block has been arranged at the Hilton Baltimore.

Room Block Rates: $155 for either a single or double room, plus applicable state and local taxes.

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HOUSING DEADLINE: The cut-off date for reserving rooms in the Room Block is July 20, 2017, or until the Room Block is full.

Rates will be available 3 days prior and 3 days after the Event Dates, subject to availability at the time of reservation.

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FREQUENTLY ASKED QUESTIONS

AIRPORT TRANSPORTATION
The Hilton Baltimore does NOT offer shuttle service from Baltimore/Washington International. There are several transportation options available:

<table>
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<tr>
<th>Type</th>
<th>Typical Minimum Charge</th>
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<tr>
<td>Limousine</td>
<td>$35.00</td>
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<tr>
<td>Super Shuttle</td>
<td>$13.00</td>
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<td>Taxi</td>
<td>$25.00</td>
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ATTIRE
PAOS Conference attire for attendees is business casual. As a reminder, the meeting rooms tend to run cold, so you may want to bring a sweater.

AVERAGE TEMPERATURE
High – 85°/Low 71°

PARKING AT THE HILTON BALTIMORE
Self parking: $30.00 (per night)
Valet: $43.00 (per night)

WILL THERE BE INTERNET ACCESS IN THE CONFERENCE BALLROOM?
There will be internet access in the conference ballroom. However, due to high demand, access may be slow. It is highly suggested that you download conference app and presentations prior to arriving.

WILL THERE BE A PRINTED SYLLABUS?
THERE WILL BE NO PRINTED SYLLABUS AVAILABLE – ALL INFORMATION WILL BE ON THE EVENT APP
All syllabus information will be made available to attendees one week prior to the conference on the mobile event app. You will be able to print the handouts as desired or load them onto your mobile device. They will be provided in PDF format. Please look for an email from cme@paos.org one week prior to the conference with instructions for accessing the Event App.

HOW DO I PRINT MY CERTIFICATE?
You will be able to view/print/email your CME certificates at the close of the conference. You will also be able to log your CME directly with the NCCPA via the NCCCPA.net website. Instructions will be provided on the Event App.

CAN I SIGN UP FOR WORKSHOPS/ MINISESSIONS ONSITE?
Workshops and Minisessions are filled on a first come/first served basis and will fill quickly. Although most optional sessions are filled through the registration process, some spots occasionally open up at the last minute and may be available onsite, but are not guaranteed. We strongly recommend registering for the optional sessions with your initial registration.
**CANCELLATION POLICY**

The planners and sponsors reserve the right to cancel this function without penalty. The total amount of liability of the planners and suppliers will be limited to a refund of the registration fee. Your registration acknowledges acceptance of these provisions.

**REFUND POLICY**

Refunds will be subject to a non-refundable $75 processing fee. Requests for refunds must be received in writing in the PAOS office by August 15, 2017. NO REFUNDS WILL BE ISSUED AFTER AUGUST 15, 2017. Refunds will not be made for no shows.

PAOS is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Cost incurred by the registrant, such as airline or hotel fees or penalties are the responsibility of the registrant.

### 2017 PAOS CME REGISTRATION FORM

<table>
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<th>Name</th>
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**Registration Fees**

- **PAOS Member** $500
- **Non-PAOS Member** $650
- **PA Student** must verify program enrollment $125
- **Athletic Trainer/Physical Therapist** $450
- **PAOS Member Daily Rate (2-day maximum)** $175/day
- **Non-PAOS Member Daily Rate (2-day maximum)** $200/day

**Optional Sessions**

<table>
<thead>
<tr>
<th>Monday Aug. 22</th>
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<tbody>
<tr>
<td>Workshop 1a: Fracture Fixation principles (Basic) 8:30 am – 12:30 pm $75 / $100</td>
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<tr>
<td>Workshop 2a: MSK Ultrasound 8:30 am – 12:30 pm $75 / $100</td>
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<td>Workshop 3a: Casting and Splinting 8:30 am – 12:30 pm $75 / $100</td>
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<tr>
<td>Workshop 4a: Graft Preparation 8:30 am – 12:30 pm $75 / $100</td>
</tr>
<tr>
<td>Workshop 1b: Fracture Fixation principles (Advanced) 1:30 – 4:30 pm $75 / $100</td>
</tr>
<tr>
<td>Workshop 2b: MSK Ultrasound 1:30 pm – 4:30 pm $75 / $100</td>
</tr>
<tr>
<td>Workshop 3b: Casting and Splinting 1:30 pm – 4:30 pm $75 / $100</td>
</tr>
<tr>
<td>Workshop 4b: Graft Preparation 1:30 pm – 4:30 pm $75 / $100</td>
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<tr>
<td>Workshop 5a: Exam of the Shoulder 1:30 pm – 3:30 pm $50 / $75</td>
</tr>
<tr>
<td>Workshop 6a: Exam of the UE 1:30 pm – 3:30 pm $50 / $75</td>
</tr>
<tr>
<td>Workshop 7a: Exam of the Hip 1:30 pm – 3:30 pm $50 / $75</td>
</tr>
<tr>
<td>Workshop 5b: Exam of the Shoulder 3:30 pm – 5:30 pm $50 / $75</td>
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<td>Workshop 6b: Exam of the UE 3:30 pm – 5:30 pm $50 / $75</td>
</tr>
<tr>
<td>Workshop 7b: Exam of the Hip 3:30 pm – 5:30 pm $50 / $75</td>
</tr>
<tr>
<td>Minisession 1: A Primer for New PAs 6:00 pm – 7:00 pm No Charge</td>
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<th>Thursday Aug. 24</th>
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<tr>
<td>Minisession 2: PAs in Education Forum 4:00 pm – 6:00 pm $30 / $50</td>
</tr>
</tbody>
</table>

**TOTAL**

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**PAYMENT INFORMATION**

Make Checks Payable to:

PAOS
PO Box 10781
Glendale AZ 85318

$ [ ] Amount Enclosed

[ ] Credit Card # Exp. Date

Signature

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