With summertime winding down and the cool fall weather arriving in my neck of the woods, I am taking time to reflect on my first year as president and some of our achievements as an organization. I also want to thank some of those responsible for making the PAOS a successful organization.

We have a new efficient website including a larger more engaging career center; we made several collaborations with other businesses and organizations to bring more value to our members; we successfully ran two CME conferences and are considering a third; we continue to offer the JAAOS at a significant discount for our members; and we awarded two $2500 to two deserving students; Bridget Van Boxtel from Rocky Mountain College, Billings MT, and Daniel Taylor, University of North Carolina, Chapel Hill.

After our last board meeting, we also approved a plan to preserve and grow our scholarship fund for the future. There are several CME offerings on our website including discounted hip courses from the AAOS and SA exams from our last two conferences (remember 1.5 x the credit for these). We attended and represented the PAOS at the AAOS, AAPA, AAOE annual meetings and the AAPA Constituent Organization Leadership and Advocacy Summit. We will attend the AAOS, AAPA and AAOE in 2017.

We have seen quite a change in the NCCPA regarding changes to licensing and the most recent changes in SA and PI CME requirements—a welcome decision. There are so many changes that you have to move fast to keep up!

I want to spend some time in this message thanking those who make this organization work. First, I want to thank Elizabeth Darr, our business manager, for all of the hard work that she has done and continues to do to make the PAOS successful. She not only is an integral part of our CME conference planning and management, but she also runs the new website and she handles all of the day to day business operations of the organization. It is a big job and is one that she does well. Kudos to you Elizabeth, you are much appreciated!

Next up, I want to thank the BOD for their volunteerism and dedication to PAs in orthopaedics. Collectively the BOD moved the organization forward this past year in several ways. The board approved a second conference; board members assisted at the annual conference with administrative duties and represented the PAOS at the AAOS, AAPA and AAOE. Additionally, the board voted to make a donation to the Kentucky Academy of Physician Assistants to assist them in seeking legislative changes for PA prescriptive authority of controlled substances within Kentucky, voted on a plan to fund the Susan Lindahl scholarship to assure this program continues and grows as long as the...

(Continued on page 2)
President’s Message Continued

(Continued from page 1)

PAOS conferences continue, and made charitable donations to the AAOS playground project and the Horse Rhythm Foundation in Scottsdale. We also won an AAPA award for our CME conferences for Optimizing PA practice.

I also want to think Ben Kocher and Scot Rheinecker and their teams for coordinating our conferences. Both conferences this year were well attended and successful for our organization, and delivered quality CME to those who attended. Well done!

Lastly, thank you to all of our members who have helped us make the PAOS successful. I hope that we are providing you with value for your membership and hard earned CME dollars; please contact us if you have suggestions or would like to serve on the BOD. Nominations will begin early next year.

Moving forward, my primary goal for 2017 is to improve our social media presence. Karla Frick, SW regional director has accepted the role of social media coordinator—thank you Karla for stepping up! We are working on targeting PAs to increase/enhance our membership, advertise our conferences, reach out to PA students, and promote the offerings on our website. Please like us on Facebook and tell your colleagues about the PAOS.

Robyn Chalupa has volunteered to serve as editorial chair and will be coordinating our newsletter (thank you Robyn!). Please contact her if you would like to submit an article or case study that you think may be worthwhile for our members to read.

The end of the year is approaching and if you are in need of a tax deductible donation, please consider the Susan Lindahl scholarship. My goal is to increase the amount and number of awards over the rest of my term as president. Please consider donating to this fund and give something back to our future colleagues. You can make your donation through the PAOS website.

Make plans now to join us in Charlotte (May 5 – 7, 2017) or Baltimore (August 21 – 25, 2017) for our 2017 CME conference! Learn more at http://www.paos.org. We look forward to seeing you there!
PAOS 2016 Practice & Salary Survey

As a PAOS member, we are kindly requesting your participation in the 2016 PAOS Practice & Salary survey. Whether a seasoned PA or a new graduate, your information is extremely valuable. With 1235 PAs contributing last year, our goal for 2016 is 1500 PAs! With your help, PAOS has the most comprehensive data set for PAs practicing in orthopaedic surgery and is used throughout the country as a benchmark.

As health care changes, this data is used to identify trends in PA utilization and compensation - specific to PAs practicing in orthopaedics. Please participate to help illuminate PA trends to include:

- On-call responsibility
- PA clinic support staff allocation
- Incident-to billing
- Benefits
- Compensation models
- CME funding
- ...and more!

The 2016 report will be published by December 31, 2016 and available to members at no additional cost.

Please take 5 minutes to contribute today: https://survey.paos.org/index.php/899495?lang=en

Thanks in advance for your participation. Please let me know if you have any questions.

Kemuel Carey, MHS, PA-C, ATC

CALL FOR ABSTRACTS

Physician Assistants in Orthopaedic Surgery Annual Conference Research Symposium

Abstracts will be accepted for podium and poster presentations on research conducted on orthopaedic topics.

Abstracts and any questions should be submitted by January 1, 2017 to robyn.lynn.chalupa@gmail.com. Selectees will be notified by March 15, 2017.

Conference will be held August 21-25th, 2017 at the Baltimore Hilton
Susan Lindahl Memorial Scholarship Winners

Congratulations to this year’s winners!

Bridget Van Boxtel
Rocky Mountain College, Billings, MT

Daniel Taylor
University of North Carolina, Chapel Hill

Each was awarded $2,500!

Susan Lindahl Memorial Scholarship Fund

*Its nearly the end of the year and if you’re like me, you’re looking for reliable organizations to make your tax deductible donations.*

Please consider a donation of $50, $100 or more to our Susan Lindahl Memorial Scholarship.

Susan Lindahl was an instrumental participant in the creation of our organization along with her husband, Joe. Soon after the inception of the organization she lost her battle with cancer. The scholarship was initiated in her honor to recognize the efforts and passion she had for the PA profession and Physician Assistant’s in Orthopedics.

Every year we give two $2500 scholarships to 2nd year PA students wishing to practice in orthopedics. Our goal is to offer two $5000 but we need your help. Until we reach an operating balance of over $50,000 with a regular income of over $10,000 per year, we will maintain our present scholarship amount.

We also would like to work with corporations for donations. If you know any vendor that may be interested in donating to a tax deductible educational charity, please send them in our direction. My contact information can be found on our website.

I would like to thank everyone that has donated to the scholarship in the past and encourage our membership to continue their generosity. This effort will assure that needing physician assistants in orthopedics get the funds they need to enter into a rewarding career.

“Think of the children”

Sincerely,
Paul S. Desillier, PA-C, MPAS
President, Susan Lindahl, Memorial Scholarship

What Ever Happened to that Susan Lindahl Memorial Scholarship Winner?

I had the pleasure of talking with PA Nick Armano. He was awarded the Susan Lindahl Memorial Scholarship in 2004 while a student at University of New Mexico. Nick told me he was very grateful for scholarship, but more important than the money, was the added benefit of being able to list it on his resume. He got five out of five offers for an orthopaedic position. Again he felt the award itself, not the monetary amount, was most valuable in getting job offers. He worked in orthopaedics for 4 years, mostly in spine. This led to an opportunity to work in neurosurgery in the Glenwood Springs/Aspen area of Colorado where he currently is employed.

Michael Schroeder, PA-C
Susan Lindahl Memorial Scholarship board member
It will soon be election time for PAOS. I encourage anyone that has an interest in running for office to start collecting the requirements for the election. The Executive Board positions scheduled for election are the Secretary and Vice President. The Board of Director positions are the Northeast Regional, Southeast Regional, and South Central Regional Directors. I encourage anyone interested in volunteering some time to our professional organization to contact the members of the Nominating Committee: Paul Desillier (Past President), Karla Frick (Southwest Regional Director), Steve King (Northwest Regional Director) or Mike Harvey (North Central Regional Director). They can be contacted through the PAOS website. Please don’t procrastinate, if you want to get involved get going now.

The PAOS Operating Procedures state-

The Nominating Committee will identify suitable candidates for election to the Board of Directors. Any Fellow member in good standing with the PAOS and the AAPA, at the time of nomination application, will be considered suitable to serve in an elected position of PAOS. These candidates will comprise the names placed on a ballot sent forth to the voting membership. Officers shall be elected by a plurality of ballots received from the voting membership. Elections shall be announced, in written form or electronic media, to the membership at least thirty days prior to their occurrence. Ballots may be sent by U.S. mail, electronic mail or delivered in person to the membership. The nomination period will be from March 1st thru April 15th of the election year. All applications must be received by the Nominating Committee by midnight eastern standard time (EST) April 15th. The election of officers will then occur from May 1st to May 31st. The elected officers will take office on July 1st of the election year.

Please note: You must be located in the region that is open in order to apply for that region. For a list of the states included in the different regions please see our website. The nominating committee requires the following documentation for you to be placed on the ballot:

- Most current copy of your CV
- A position statement identifying what you would like to see happen within PAOS
- A recent photo to put on the ballot.

PAOS Self–Assessment CME Now Available on Website

PAOS has a total of 24 hours of Self-Assessment CME available. The Self-Assessment CME program has been reviewed and is approved for a maximum of 24.0 Category I Self-Assessment CME credit by the Physician Assistant Review Panel.

There are a total of 240 questions, broken down into 5 separate quizzes (quizzes cannot be saved and revisited, each quiz must be completed at one time). Once a quiz has been completed successfully (with a 70% passing score), the CME credit is available in your profile to print/view/email.

The questions are all orthopaedic related. An answer key and resources will be provided after completing each quiz (with either a pass or fail score).

The Self-Assessment CME quizzes are available for purchase on the website under the Online CME menu tab. Pricing is as follows:

- Package Price (all 24 hours) – Member $150 / Non-Member $250
- Individual Quiz Price (5 hours) – Member $35/Non-Member $55
- Individual Quiz Price (4 hours) – Member $28/Non-Member $45
The PAOS Career Center is a premier resource to connect career opportunities with highly qualified PAs. The Career Center is designed to provide you with a better overall experience through a modern design and an intuitive interface. You will be able to access the Career Center through any device of your choice- smartphone, tablet, or desktop.

The re-designed PAOS Career Center will allow you to:

**Manage Your Career:**
- Search and apply to the best PA jobs at organizations that value your credentials!
- Upload your anonymous resume so employers can contact you, but you maintain control of your information and choose to whom you release your information.
- Receive an alert every time a job becomes available that matches your personal profile, skills, interests, and preferred location(s).
- Access career resources and job searching tips and tools.

**Recruit for Open Positions:**
- Post your jobs, or your organization’s jobs, where the most qualified professionals will find and apply to them.
- Promote your jobs directly to PAOS job seekers via our exclusive Job Flash email.
- Search the resume database and contact qualified candidates proactively.
- Expose your job postings to a larger audience through our NEW diversity, veterans and social networks.

Take a look and log on today at: jobs.paos.org

We hope this newly designed career center will make a significant difference for our members as they navigate their career paths. Thank you for your ongoing support.
Southeast Regional Director

Good afternoon Southeastern Region,

I would like to thank those who attended the 2016 PAOS annual conference held in Scottsdale, AZ. What a fantastic venue and meeting. We were thrilled with the participation and overwhelming positive feedback to our lecturers and content. The conference would not have been possible without the help from our professional colleagues in the local and outlying areas. For those of you who are new to the field of orthopedics, this is always a great introduction to your individual practices. Not to mention, you have a great opportunity to network with leaders and peers within your profession.

Our efforts continue to blur the lines between AAOS and PAOS in an attempt to resource share. The more we can offer our membership in the way of education and hands on skill training that is in concert with what our surgeons have readily available, we remain relevant and marketable. Initiatives have been set in motion to accomplish these tasks.

I would like to draw your attention to some distinguishing merits offered by NCCPA and AAPA. For those of you who precept, volunteer outside of your normal duties or have been in practice for more than 20 years to name a few criteria, you may qualify for Emeritus status through NCCPA and potentially earn designation as a distinguished fellow and or preceptor through AAPA. You have done the work why not get the recognition.

Lastly, stay tuned for more CME offerings to include another mini-CME May 2017 in Charlotte, NC. Details of this meeting and our annual meeting in Baltimore, MD will be available in your mailbox and always on our website.

Please offer suggestions or recommendations that will aide us as an organization to grow and expand in the future. Special thank you to those who volunteer your time to help speak, write articles, and contribute to PAOS. We continue to grow our faculty base and look for experts in the field to provide review articles, original research and interesting cases to read and discuss. If you have any interest in contributing as an author or speaker please contact me. Also, do not hesitate to email with questions, concerns, or suggestions. Thank you for all you do. Be the voice of orthopedics and spread the word to your colleagues about PAOS.

Steven A. Kelham, DHSc, PA-C, DFAAPA
PAOS Southeastern Regional Director
Cell- (478)733-1881
sakelham@gmail.com

South Central Regional Director

Thanks again to everyone who attended the PAOS in the West! It was a great success, and I would again like to personally thank Ben Kocher (South Central region) for all of his hard work putting the conference together as well as Jeff Spivey (South Central region) for all of his “behind the scenes” contributions. It was fun meeting with some of you and listening to your thoughts and recommendations for our society. If you were unable to attend this year, mark your calendars for August 21-25, 2017 for our annual conference in Baltimore!

As we are trying to improve our profession through practice rights and maintenance of certification, it is important to remember that our voices matter. We are reaching out to former members to try and see how we can better serve them and keep them involved in PAOS. The more voices we have, when it comes to our input with AAPA and NCCPA, the louder we are. Please speak to your co-workers and friends currently working in Orthopedics and encourage them to join our organization. If they have any questions, have them contact me at thepape6@gmail.com.

Finally, it is that time of year again when we are all super busy with the end of year push and the holiday season. Please take 5-10 minutes out of your busy schedule to complete the PAOS Salary Survey. This information will provide you with numbers to take to your supervising physicians and practice managers to help leverage with salary negotiations.

Hope you all have a truly Blessed and wonderful Holiday Season!

Randall A. Pape, PA-C
PAOS South Central Regional Director
Cell- (806)717-9352
thepape6@gmail.com

For PAOS Members Discount Code visit https://paos.org/page/medelita
Earlier this year Tricia Marriott and I had the opportunity to represent PAOS at the AAOE (American Association of Orthopaedic Executives). The conference drew a few hundred practice administrators from throughout the U.S. who were able to ask questions relevant to PAs at the PAOS booth. In addition, we were grateful that Tricia Marriott was able to provide an educational session during their conference on PA utilization – Rules, Regulations, Reimbursement and Realities which was well attended. Our ability to clarify PA laws, regulations and utilization at this meeting is helpful for many PAs throughout the country. We are excited to announce that Tricia and Mike Harvey (PAOS North Central Regional Director) were both accepted for separate presentations at the 2017 AAOE annual meeting! The presence of PAOS at the AAOE meetings over the past few years has made it possible to open doors for presentations and we hope to become their direct resource for AAOE member questions related to PAs practicing in orthopaedics. If your practice administrator(s) attend this meeting next year in Indianapolis, please have them stop by the PAOS booth to say hello or ask questions!

The 2016 PAOS Practice and Salary Survey has launched! Please contribute to this survey – regardless if you are a new graduate, mid-career or seasoned PA, your participation is very important. With your help, the PAOS Practice & Salary report has become a benchmark for many practices with more comprehensive data than any other report relevant specifically to PAs practicing in orthopaedics. With 1235 PAs participating last year, our goal is 1500 PAs this year! The report will be published by December 31, 2016, and available to members at no additional cost. If you did not receive the email announcement, the survey can be accessed at https://survey.paos.org/index.php/899495. Thank you for your support!

Do you have ideas for PAOS? I’d love to hear from you. Send me an email – kemuel@paos.org or call me at 410.422.7373. Interested in sharing your talents? Consider joining the PAOS Board of Directors to help shape the future of PAOS! I will be vacating the Secretary role on June 30, 2017, to allow for new leaders to help mold our future. If you are interested in learning more about this position or others, I would welcome the opportunity to discuss this role with you!

Thanks for your continued support of PAOS! Please encourage your friends and colleagues to support PAOS through membership as our voice strengthens with each member! As a Board, we look forward to continuing to serve you!
MARK YOUR CALENDAR!!

Make plans now to join your colleagues at the 2nd annual spring subspecialty conference hosted by PAOS. In order to meet demand for subspecialty education for its members, PAOS launched a new series of meetings targeting the most requested topics in orthopedics. These meetings will be smaller in size than the Annual PAOS Conference and foster interactive discussion among leading experts in the field as well as colleagues from across the country.

Course Highlights:
Rotator Cuff Tears: Evaluation and Current Treatment
Elbow Arthritis Treatment Options
Superior Capsular Reconstruction for Massive Rotator Cuff Tears
Hand Infections
Ulnar Wrist Pain: TFCC & Beyond
Common Tumors of the Hand: When to Refer & When to Reassure
Pediatric Wrist & Forearm Fractures
Getting Out of Trouble in ACL Reconstruction
Treatment of the Multi-ligament Injured Knee
Ankle Fractures: Stable vs Unstable
Lisfranc & Midfoot Injuries

****18.5 Hours of Category I CME
****Special Discounted Room Rate of $129/night

Seats are limited so mark your calendars now to join us May 5-7, 2017 in Charlotte, NC for the only course designed by PAs for PAs in orthopedics. Housing and Registration will open in early 2017. I look forward to seeing you in The Queen City!

Scot Rheinecker, MS, AT-C/L, PA-C
Course Chairman
Case Study

Sam Dyer, PA-C, MHS

History:

A 12 year old male presents to clinic with progressively worsening lower back pain with associated buttock and thigh numbness for the last two to three weeks. No specific trauma, although he was doing some cliff jumping prior to the onset of his pain. He reports no bowel or bladder or systemic signs or symptoms. No unintended weight loss. He does have a prior medical history of asthma and is currently taking prednisone 20mg daily.

Exam reveals a well-developed, well-nourished, pleasant young man in no acute distress, 6’1” weighing 150 pounds. Full range of motion in the lumbar spine, non-tender to palpation over the lower back. Non-tender over the sacroiliac joints. Full range of motion bilateral hips, negative straight leg raise. Deep tendon reflexes are 2+ and symmetric. No clonus. Decreased pinprick sensation bilateral thighs, normal sensation bilateral calves. Straight leg raise negative although it does increase his thigh paresthesia. Otherwise neurovascularly intact.

X-rays 2 views of the lumbar spine are obtained.

What is your diagnosis?

Plan:
X-rays of the lumbar show a L3 wedge compression fracture of indeterminate age. There was no specific trauma, although he was cliff jumping prior to the onset of pain. Additionally, he is on prednisone for a long history of asthma; therefore, we must consider a fragility fracture. Occult pathology is also on the differential given the absence of trauma. As he is having paresthesias in an L3 dermatome, the patient was referred for advanced imaging of the lumbar spine.
Case Study

Sam Dyer, PA-C, MHS

Imaging:
Imaging revealed a pathologic fracture involving L3 with 50% loss of height and diffuse surrounding soft tissue mass which extends into the epidural space and contributes to severe central canal and lateral recess stenosis. This is favored to be a pathologic fracture over a post traumatic fracture with hematoma. Differential based on image characteristics include Eosinophilic granuloma, Langerhans cell histiocytosis, lymphoma, or other metastatic disease.

The patient was referred to neurosurgery at a large university hospital where laminectomy/biopsy revealed B-cell lymphoma; the patient was referred to oncology to begin chemotherapy.

Discussion:
Lymphoblastic tumors can be the result of Hodgkin's or non-Hodgkin’s lymphoma. Both disease processes can affect bone; Hodgkin's disease has a better prognosis. Typically when Hodgkin’s tumors are found in vertebrae they have a blastic appearance and are typically localized.
WKK Book Discount—Another PAOS Member Benefit

Introducing a NEW partnership. PAOS has contracted with WKK to offer an exclusive 30% discount on the top 25 selected titles PAs purchased at prior PAOS conferences. Listed below are sample titles.

- **A Comprehensive Review for the Certification and Recertification Examinations for Physician Assistants**
  - Price: $65.99
  - PAOS Discounted Price: $46.19

- **A Practical Guide to Joint & Soft Tissue Injections**
  - Price: $699.99
  - PAOS Discounted Price: $489.99

- **Fractures in Adults**
  - Price: $114.99
  - PAOS Discounted Price: $80.99

- **Musculoskeletal Ultrasound**
  - Price: $184.99
  - PAOS Discounted Price: $129.49

- **MRI of the Upper Extremity: Shoulder, Elbow, Wrist and Hand**
  - Price: $239.99
  - PAOS Discounted Price: $167.99

- **Pediatric Orthopaedics**
  - Price: $499.99
  - PAOS Discounted Price: $349.99

Link available under Member Resources tab: https://paos.org/page/WKKBooks
AAOS Hip Series—Exclusive Discount Available to PAOS Members

Build your own Virtual Fellowship

The Adult Hip Series

Virtual Fellowship Interactive Multimedia Cases

Craig J. Della Valle, MD; Kevin L. Garvin, MD; Kenneth J. Koval, MD; Javad Parviz, MD, FRCS; Editors

Enjoy engaging, interactive learning
• Follow the thinking of expert surgeons as they offer critical insights and details at every step
• Gain practical knowledge you can use immediately
• Get instant feedback
• Work at your own pace

1: Intertrochanteric Fracture
Could you do it better? Faster? Safer?
Michael T. Archdeacon, MD, MSEE; Camille L. Connelly, MD, Authors

2: Acetabular Dysplasia
Are you ready to move up this formidable learning curve?
Christopher E. Pelt, MD, Benjamin M. Stronach, MD, Christopher L. Peters, MD, Authors

3: Periprosthetic Fractures
Do you know what to do? What NOT to do?
Michael J. Gardner, MD, Author

4: Diagnosing Femoroacetabular Impingement (FAI)
Could you be one of the many surgeons who miss this diagnosis?
Ritish R. Shah, MD, and John C. Clohisy, MD, Authors

5: Arthroscopic Surgery for Femoroacetabular Impingement
Achieve the best outcomes. Minimize complications.
Dean K. Matsuda, MD, Author

6: Extended Trochanteric Osteotomy
Follow the steps of this tough procedure.
Scott Spores, MD, Author

7: Infected THA: Diagnosis and Treatment
Learn the algorithm for diagnosing and treating an infected THA.
Craig J. Della Valle, MD, Author

8: Displaced Femoral Neck Fracture
Prepare for difficult decisions.
Robert Victor Cantu, MD, MS; Ryan Patrick Donegan, MD, MS; Scott C. Fausett, MD, Authors

9: Open Repair of Femoroacetabular Impingement
Plan the approach and surgical sequence to achieve the best outcome.
James Cashman, MD, and Javad Parviz, MD, FRCS, Authors

10: Nailing Intertrochanteric Hip Fractures
Obtain appropriate views and locate the optimal starting point for the trochanteric entry nail.
Lisa K. Cannada, MD, and Thomas J. Otto, MD, Authors

11: Subtrochanteric Fracture and Fixation
The Crash of Zach Smith
Can you avoid the complications associated with these injuries?
Bruce Ziran, MD, and Daniel Schlatterer, DO, Authors, with David Robinson, MD

12: Revision of a Loose Femoral Stem
Can you... • Critically analyze radiographs of a painful total hip replacement? • Identify signs of radiographic loosening? • Understand the algorithm for treatment? • Recognize successful osseointegration?
Kevin Fricks, MD, Author

13: Hip Resurfacing Indications for a Young, Active Male
Still Surfing: The Case of Keith Brown
Feel confident in deciding when to perform this complicated procedure.
Robert Barrack, MD; Parminder Kang, MD, Authors

Order today!
Make sure to sign in as a member to receive a special discount code

More information available under the Member Resources tab: https://paos.org/page/DiscountCME
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sdyerpac1@gmail.com

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dennis.c.gregory@gmail.com

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bonesandsports@gmail.com

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kemuel@paos.org

Regional Directors

Northwest Region
Steve King, PA-C
yinyangl1@mac.com

Southwest Region
Karla Frick, MPAS, PA-C
frick@cox.net

North Central Region
Michael Harvey, PA-C, MBA
mharvey@orthoindy.com

South Central Region
Randall Pape, MPAS, PA-C
thepape6@gmail.com

Northeast Region
Chris Wheeler, MS, PA-C
cwheeler@accesssportsmed.com

Southeast Region
Steven Kelham, DHSc, PA-C
skelham@gmail.com

Executive Director
Elizabeth Darr
Elizabeth@paos.org

PAOS is the official Specialty Organization of the AAPA For Physician Assistants who practice in Orthopaedics

Mission Statement

To provide a professional organization with a common direction for physician assistants who practice in Orthopaedics. Provide quality CME in orthopaedic and musculoskeletal health care. Provide a forum for interaction, and networking for information dissemination and job placement in Orthopaedics for physician assistants. Educate physicians and allied health professionals on physician assistant education, training, certification and changing legislation.

New Address?
New Job?

Please update your demographic information to ensure that you receive the latest news from PAOS. If you have any questions, please contact us at membership@paos.org or (800) 804-7267.