



Medical Student Interest Group

SIG Newsletter

An Annual Newsletter

www.physiatry.org

Issue 4 | February 2014

Association of Academic Physiatrists Residents and Fellows Council and Regional Delegates

Alice Hon, M.D., Editor, Kessler Institute for Rehabilitation-Rutgers/New Jersey Medical School
Medical Student Affair Representative of the Association of Academic Physiatrists Resident and Fellow Council

Association of Academic Physiatrists medical student interest group (SIG) newsletter was originally created by Dr. Eric Wisotzky, the 2010-2011 Association of Academic Physiatrists Residents and Fellows Council Chairman to connect medical students interested in Physical Medicine and Rehabilitation. SIG are the foundation where many medical students first learn and develop their interests about this amazing specialty. They provide insight into the field, shadowing experiences, research opportunities, career planning, and volunteer opportunities. Upon this foundation, this specialty field is able to expand far and wide. Particularly in a quickly expanding medical world, SIG meetings can introduce all medical students to the benefits and goals of Physical Medicine and Rehabilitation specialty. This newsletter was created by the generous submission of both residents and medical students.

This year the Association of Academic Physiatrists Residents and Fellows Council has expanded to include 13 region delegates that are from the various seven regions, New England, Northeast, South Atlantic, South Central, Midwest, Mountain and Pacific to provide outreach and support to the SIGs. A listing of the regional delegates by regions and the various medical schools and medical student interest groups by regions conclude this issue.

If you are a medical student interested in learning more about PM&R, please refer to the AAP's website (http://www.physiatry.org/?page=training_students). It includes information regarding medical student opportunities in the Rehabilitation Research Experience for Medical Students, Medical Student Summer Clinical Externship, and National PM&R clerkship Listings.

If you are interested in starting a PM&R SIG, please refer to the AAP's, Medical Student Interest Group Guidebook (http://c.ymcdn.com/sites/www.physiatry.org/resource/resmgr/pdfs/medical_student_interest_gro.pdf)

Please consider registering with the AAP medical student interest group registry to stay in contact with the AAP and with other SIG members at (<http://www.physiatry.org/?sigregistry>). If you are interesting in creating a SIG or prefer to register individually, please register at the same page (<http://www.physiatry.org/?sigregistry>).



AAP Residents / Fellows Council - contact info on following page

2013-2014 Association of Academic Physiatrists Residents and Fellows Council

Kathy Aligene, MD	Chair	Mount Sinai	Kaligene@gmail.com
Prakash Jayabalan MD	Vice Chair	University of Pittsburgh Medical Center	jayabalanp@upmc.edu
Cherry Junn, MD	Secretary/Program Director	Medstar National Rehabilitation Hospital	cherry.junn@medstar.net
Ami Mac, MD	Membership Representative	Rehabilitation Institute of Michigan/ Wayne State University School of Medicine	
Kentaro Onishi, DO	Research Representative	University of California Irvine	kenonishi918@gmail.com
Alice Hon, MD	Medical Student Affairs Representative	Kessler-Rutgers	honaj@njms.rutgers.edu
Tariq Rajnarine MD	Information and Technology Representative	New York Medical College	tariq_rajnarine@nymc.edu
Ian Wendel, DO	Fellow Representative	Mount Sinai	ian.wendel@gmail.com
Emerald Lin, MD	Advisory Liaison	TBI Fort Belvoir NICOE (National Intrepid Center of Excellence) at Fort Belvoir Community Hospital	lin.emerald@gmail.com
Marni Hillinger, MD	Advisory Liaison	Harvard	

New York Society of PM&R

By: Amishi Dharia, D.O., New York Presbyterian Hospital - Columbia & Cornell
Regional Delegate of the Association of Academic Physiatrists Residents and Fellows Council

The New York Society of Physical Medicine and Rehabilitation (NYSPMR) is a non-profit educational organization dedicated to the advancement of the specialty of Physical Medicine and Rehabilitation (PM&R) and to providing opportunities for our members for Continuing Medical Education. Our society consists of New York state physicians practicing or interested in the field of PM&R. Currently, we have members from various NY/NJ PM&R residency programs. We hold monthly meetings, which we have distinguished physiatrists present a spectrum of interesting and novel topics. This year's lectures have varied from traumatic brain injury to cancer rehabilitation to sports injuries. We are greatly involved in volunteer opportunities in the NYC area such as the NYC marathon and Special Olympics. In addition to further educating and empowering our members, we have set up weekend workshops throughout the year ranging from hands on ultrasound to billing/coding to prosthetic and orthotics.

I am NYSPMR's Secretary and Program Director for the Student Liaison's program. A resident and/or attending selects a NYSPMR student liaison to represent their medical institution. Each medical school has one student liaison whose responsibilities are: correspondence with their institution's PM&R interest group and medical students interested in the field, promoting and endorsing NYSPMR membership, which includes but not limited to monthly lecture series, workshops, special events, networking and volunteer opportunities. This program is a great opportunity for medical students to gain exposure to the field and start conversations with residents and attendings. Through this new program we have increased our medical student membership and participation. We currently have eight dedicated student liaisons. Recently, the student liaisons have been setting up NYSPMR lectures at their institution's interest group meetings. NYSPMR medical residents and attendings present briefly about the field and the society's objectives. The end of the meeting there is an open panel to discuss the field, experiences from resident to attending level, and various types of fellowship/career opportunities.

Please feel free to contact me if you are interested in becoming involved in this regional organization.

American University of Antigua: Black Board for Medical Students Interested in Physical Medicine and Rehabilitation



By: Kirill Alekseyev, EMBA, MD
candidate 2014 at American University of Antigua Medical School

The idea of starting a communication interest group for students interested in PM&R at American University of Antigua was challenging. Reaching out to students and communicate vital information about the field that have basic science courses in Antigua and have clinical rotations all over the Unites States is tough to accomplish without proper resources. I was thinking of ways to reach out by email through technological

support but to update all emails and to know who really is expressing interest was definitely a tough task. Luckily for me, I wasn't the only one brainstorming ideas. I presented the idea to Dr. Peter Bell the Executive Dean of Clinical Sciences of American University of Antigua when he came to Kingsbrook Jewish Medical Center. He told me of John Georgy (a former AUA student) who is currently finishing his internship at Kessler Rehabilitation who had similar interests. After several exchanged emails Dr. Bell put myself and John in contact with Dr. Merrin (blackboard specialist at AUA).

The project was long and intense. Several meetings were scheduled with Dr. Merrin, John and myself before figuring out how to best utilize blackboard, one of the most efficient tools to communicate with students. We came up with a design for the group that would allow us to post information relevant to the PM&R field, allow us to store content such as lectures, presentations and other important information. We were able to contact the entire AUA student population via email through the use of blackboard. Dr. Merrin was able to add PM&R blackboard group to all the student courses. It also allowed myself and John to send out notifications and emails directly on urgent events. This was a comprehensive tool and it effectively displayed our message and awareness about the field.

John and I were able to create folder contents for which clinical rotations, residency programs, research, and volunteer opportunities were readily available to students. The response via email from students interested in Antigua and all over Unites States that attended AUA was significant and rewarding. We were able to post applications for students to enroll into workshops and organizations such as the NY Society of PMR, AAPM&R, and AAP among many others. We stored video content that allowed students to prepare for their rotations and notes about how to approach a rehab patient vs. a medicine patient were also included. Examples of proper H&P's were displayed and important information updates were stored as well. In addition videos and images of students and residents presenting research at their conferences, notifications in volunteer opportunities and ways to sign up were added. The blackboard application gave us the opportunity to efficiently record information about PM&R field and make available to every student attending AUA. Blackboard is one of the tools that is available to many school among other programs that can be utilized just as efficiently on a school to school basis to communicate to their students.

Harvard Medical School Medical Student Interest Group and Spaulding Rehabilitation Hospital Clerkship

Jennifer Luz, MD Regional Delegate

Dr. Atul Gawande said, "Don't let yourself be. Find something new to try, something to change. Count how often it succeeds and how often it doesn't. Write about it. Ask a patient or a colleague what they think about it. See if you can keep the conversation going." Therein lies the catalyst necessary to start a PM&R student interest group. Students must initiate the idea, promote it to their administration, and follow through to make the idea a reality. This is no small feat; however the future of PM&R relies on students' novel ideas. In order to advance our field and recruit motivated medical students across the country our network in medical schools must grow. Two students at Harvard Medical School, Grant Barber and Susan Wang, have recently initiated just such an interest group and we the residents at Spaulding Rehabilitation Hospital support and applaud their efforts.

I am a PGY-3 resident at Spaulding Rehabilitation Hospital, and I orchestrate, along with my co-resident Jennifer Earle MD, the visiting clerkship at Harvard Medical School. Students interested in entering PM&R spend 4 weeks with us experiencing the best of what our hospital network has to offer. The first 2 weeks are spent on an inpatient experience at our state-of-the-art facility completed in April 2013. The student works with one of our experienced faculty in brain injury, musculoskeletal, stroke, spinal cord injury, or pediatrics. The latter 2 weeks consist of varied outpatient experiences. The students rotate through the outpatient PM&R clinic, the sports medicine department, prosthetics and orthotics clinic, interventional spine procedures, and EMG procedures, to list a few. They are also invited to explore aquatic therapy, the adaptive technology center, wheelchair clinic, gait laboratory, model systems and therapy gyms.

We are constantly adapting and changing the rotation based on student feedback. Each student gives a final presentation on an interesting case they participated in on the inpatient floors. Our newest initiative is to provide students with the means to submit these cases as an abstract at the Association of Academic Physiatrists (AAP) or American Academy of Physical Medicine and Rehabilitation's (AAPM&R) national meetings. After working with the AAP's Resident- Fellow Council on our initiative to register a student interest group at every medical and osteopathic school in the country, I am inspired to further this development at Spaulding. We provide each visiting student with resources and guidance to return to their school and start their own PM&R student interest group. Our goal is to encourage each student to leave our rotation with a renewed excitement in the field and a desire to promote PM&R to their home institution and peers.

Kingsbrook Jewish Medical Center

By: Kirill Alekseyev, EMBA, MD

Candidate 2014 at American University of Antigua Medical School

When the idea of starting a PM&R interest group first crossed my mind I wanted to see how I could create a location that would be most convenient to students who are interested in rehab and are attending American University of Antigua (AUA). The challenge I faced was finding a place that would be convenient for students to come and meet after their rotations. My location in Brooklyn made it difficult to get students who are outside of Brooklyn to attend the meetings and get involved. Thus, I expanded the group to not only include AUA students, but all medical students within the area. Kingsbrook Medical Education Department was supportive in starting this group and with their support we were able to advertise to all the students rotating at Kingsbrook Jewish Medical Center. I was able to communicate with AUA through the use of blackboard messaging and attract students from other schools through the NY Society of PM&R meetings and also by bringing awareness to the group during my rotations.

The first meeting was an introduction to the PM&R field. John Georgy, MD, guest speaker and a former graduate of AUA who is currently undergoing his internship at Kessler Rehabilitation in New Jersey spoke about his experiences. Topics discussed included; residency approach, match for students who are applying, involvement opportunities, and research possibilities and fellowships for those who are interested in specialties. Our first task was to get students involved with the NY Society of PM&R. It was beneficial to the students because they were able to learn about the field by interacting with the residents and attending's. Students were also made aware of organizations that are heavily involved in the field of PM&R such as AAPM&R and AAP.

The next meeting Dr. Stephanie Rand, NY Society's own PGY 4 at Montefiore Rehabilitation program educated students about the field and ways to get involved. In doing so, she provided information regarding volunteer opportunities that NY Society offered including, NYC Marathon, Special Olympics and Workshops organized by the society in which students from this group participated. Students also signed up for ultrasound workshops held at Montifiore. One of the reasons for the PM&R Kingsbrook Interest Group's success was the support of Kingsbrook medical education department, NY Society of PM&R, guest speakers and a variety of volunteer opportunities that were presented to the students. In the future, I am looking to create a board of students who are heavily involved in the field to schedule guest speakers, create volunteer opportunities, and propagate current information about PM&R to students who are interested. The next meeting will entail showing students how they can sign up to have a resident/attending mentor with AAPM&R and also how they can get involved with AAP.

NYIT College of Osteopathic Medicine

By: Jared Kafer

Journal Club Chair, NYIT-COM PM&R Student Interest Group



**NYIT College of Osteopathic Medicine Physical
Medicine and Rehabilitation Interest Group
Executive Board**

The NYIT College of Osteopathic Medicine PM&R student group has had a tremendously successful academic year since August, and we look forward to many additional exciting events in the coming months. It is the goal of our chapter to educate our peers on the great opportunities that lie within the field of PM&R, and we work to promote awareness about the vital role that physiatry plays across every medical specialty. In addition, we strive to apply our osteopathic skills and knowledge to the holistic approach that encompasses rehabilitation medicine.

Our organization kicked off the school year off by spreading the word about PM&R to first and second year students at our Activities Fair. Members of our e-board spent time speaking with peers, providing basic information about physical medicine and rehab, as well as an outline of the speakers and events that were

scheduled for the year. In order to paint an accurate picture of the dynamic and team based work that is integral to PM&R, we invited an occupational therapist to come speak to our group early in the fall. Many students received new insight about the field from a different perspective, and we were able to illustrate the importance

of physical therapists, speech therapists, and occupational therapists that often work in conjunction with physiatrists. To elaborate on this presentation, our group invited Dr. Rebecca Fishman, program director of the Long Beach Medical Center PM&R residency

program, to come speak. A few months later, our group held a journal club meeting to discuss and dissect an article recently published in the New England Journal of Medicine. Attendees of the meeting looked at the implications of the study, comparing the role of an arthroscopic partial meniscectomy versus physical rehabilitation. We also added our own thoughts of how a physiatrist would fit into the larger picture of this type of patient care.

In the second half of the year, we will be hearing from many more engaging speakers, participating in hands-on workshops, and holding more information sessions. Dr. Mary Dombovy from Unity Neuroscience in Rochester, NY will be visiting us to speak about the close ties between neurology and physical medicine and rehabilitation. Soon after that lecture, we look forward to hearing from Dr. Jonas Sokolof, a former NYCOM graduate who works at the Memorial Sloan Kettering Cancer Center in New York. Dr. Sokolof will be discussing how his work relates the unique and important role of rehabilitation medicine in oncology. Aside from these exciting lectures, we will be sending students to Nassau University Medical Center on Long Island to work with Dr. Lyn Weis to gain exposure to the use of EMG and ultrasound. Finally, we will be concluding the year with an AOCPMR sponsored workshop in the spring, where we will be hosting a panel of residents from the New York area. This will be a great way capitalize and elaborate on the many events of the year, and to provide students with more information about PM&R.

Rush Medical College Promoting the Diversity of the PM&R Field!

By: Andrew Joon Park, Joji Kohjima, Scott Erickson, and Danielle Binler, MD
Candidates of Rush Medical College Class of 2016 and Rush Medical College Executive Board

Greetings from the Rush Medical College Physical Medicine & Rehabilitation Interest Group. We have been working hard the last calendar year to promote PM&R to our fellow students and other health care professionals here at Rush University. Every year we have our initial event consisting of introducing our PM&R faculty advisor Dr. Chirag Shah and a fellow attending Dr. Kasi Ravi, to our incoming medical class. Dr. Shah and Dr. Ravi outlined the basics of the field, their personal specialties, and shared contact information from the wide array of physiatrists within the Rush family. Next, in coordination with the American Medical Women's Association (AMWA), Dr. Sheila Dugan, the co-director for the Program for Abdominal and Pelvic health at Rush University Medical Center, discussed topics related to pelvic anatomy and pelvic floor dysfunction. This topic is always in correlation with the M1's genitourinary block, so our classmates can apply Dr. Dugan's clinical experience to what they are learning in the lab. Our next event worked with the Geriatrics Interest Group to explore the use of prosthetics and orthotics in the elderly suffering from peripheral vascular disease requiring amputation. Dr. Shah and his team of prosthetists explained the process of rehabilitation for a recent amputee, special challenges for the elderly population, and finally a demonstration of the mechanics of an above knee prosthetic from a graduate prosthetist student and amputee. We also scheduled this to coincide of the musculoskeletal block for the M1 class. Finally, through a contact of one of our members, Dr. Sunil Aggarwal, MD/PhD, a current PGY-4 PM&R at New York University, hosted a webinar on innovative uses of cannabinoid pharmaceuticals in medicine and specifically in the rehabilitation field. One of the exciting plans in the works include shadowing opportunities in the fields of amputee therapy, stroke rehab, and sports medicine at Community Health Clinic, which is a free clinic for the uninsured where Rush Physiatry faculty hold a free MSK clinic.

It has been a busy year, and we are excited for the new M1 PM&R Interest Group leaders to get involved and bring their interests into the group. The field offers so many avenues to explore, and we are excited to promoting them here at Rush Medical College.

Rutgers – New Jersey Medical School

By: Leia Rispoli, New Jersey Medical School PM&R Interest Group President and Jennifer Yu
New Jersey Medical School PM&R Interest Group Vice President, MD candidates of New Jersey Medical School

The New Jersey Medical School PM&R Interest Group has been paving a path as one of the most dynamically active interest groups at NJMS. Because of NJMS's close relationship with Kessler Institute, one of the epicenters for rehabilitation in the US, the opportunity for students to be exposed to PM&R is immense. The mandatory clerkship, along with our extremely active interest group, cultivates an early student interest in PM&R among students. Each year, the PM&R Interest Group strives to expand and broaden the opportunities for student exposure through volunteering, lectures, shadowing, and more.

To begin, every year students participate in the Children's Specialized Hospital's annual Track and Field Meet, as well as the annual Swim Meet. Our volunteers keep time for events and cheer on athletes, many of whom compete at an elite level in the Special Olympics. These athletes demonstrate that "disabilities cannot disable one's competitive spirit." In fact, the interest group is currently working diligently to send a group of volunteers to the 2014 Special Olympics National Games in Princeton, New Jersey. Other



New Jersey Medical School Physical Medicine and Rehabilitation Interest Group Volunteering at the Children's Specialized Regional Swim Meet

volunteer efforts include the New York City Marathon, NYC Iron Man, and the Muscular Dystrophy Association's Muscle Walk.

Our distinct affiliation with Kessler Institute for Rehabilitation benefits us with some of the best and brightest physiatrists and physiatrists-in-training in the world. Throughout the year, we invite numerous physiatrists from the area to lecture on diverse topics, including spinal cord injury, sports medicine, prosthetics, pediatric rehabilitation, and more. We also hold an annual musculoskeletal anatomy workshop session with Kessler residents. This workshop benefits first year students currently enrolled in anatomy, as well as upper classmen who desire a hands-on refresher. Those interested in applying for PM&R residency also have the opportunity to attend our annual Q&A session with the Chief Residents from Kessler. The Chiefs share valuable information about applying for residencies, characteristics they look for in an applicant, and casual discussion on the ins and outs of PM&R residency. Additionally, after each Match Day we hold a special Match Panel where newly matched fourth years offer their personal experiences, as well as advice on the application process.

Finally, the interest group helps to connect interested students with numerous opportunities for physician shadowing, including sideline sports medicine doctors at local high school football events and assisting with pre-participation physicals for local athletes. We also arrange for groups to attend national events, namely the AAPM&R Convention's Lecture Series and Residency Workshop dedicated to medical students.

The PM&R opportunities are vast at NJMS and promoted as fun, collegial, and open to even those simply interested in volunteering. With such exposure to a great field, we are proud to say that every year for the past few years, ten or more NJMS students have applied for a residency in PM&R. We hope to continue to generate interest, create opportunity, and educate students on all PM&R has to offer.

University of Kentucky

By: Justin Huber, BS, MS, and MD
Candidate at the University of Kentucky



University of Kentucky Physical Medicine and Rehabilitation Student Interest Group

For myself and likely my classmates, the field of Physical Medicine and Rehabilitation came out of left field. My first exposure to this specialty arrived during a chance encounter. During a late-summer Saturday gathering at the local country club, wide-eyed first-year students convened with experienced physicians in a mutual effort to share perspectives about the broad spectrum of medical disciplines. A PM&R resident sat at one of the tables. She shared her experiences, explained the practical, but more importantly demonstrated the intangibles. She was genuinely interested in the work she did, and it showed. For any field of medicine, a student needs to see that. And I was fortunate to first glimpse at PM&R through that lens.

I was also fortunate to join a budding PM&R Student Interest Group (SIG). Meetings drew as few as a handful of students, but the small turnouts were matched by as many residents and faculty. These were representatives from the field excited about their work and excited about students' questions. The human resources made available via SIG were

matched by the resources in the surrounding community. Minutes from campus, students could visit a Shriner's Hospital, one of only 20 in the United States, and a focal point for physiatrists to practice their craft and improve a child's life. Travel Limestone Avenue a few miles past the hospital campus and students encounter the Bluegrass Technology Resource, a non-profit organization whose

mission to improve the functional well-being of Eastern Kentuckians echoes the altruistic underpinnings of physiatry. A few miles farther, students can tour Cardinal Hill Rehabilitation Hospital, a cutting edge treatment facility and an equally impressive vehicle for advancing PM&R research, which has gained recognition and financial support from NIH, American Heart Association, Christopher and Dana Reeve Foundation, and more. Indeed, central Kentucky has proven to be fertile ground for a budding PM&R SIG and students such as myself.

As the field of PM&R has grown in this micro-environment so has the SIG, and student members are being exposed to unique facets of physiatry. During one of the first organized meetings of my first year, this exposure was best illustrated by a guest speaker--a local veterinarian, caretaker for some of Kentucky's well known horses, and also a recent double amputee. Standing on new legs, this patient exemplified the humanity of a PM&R patient. And students were generously invited to listen to this story as told by the patient and by the physiatrists and prosthetists in attendance. On a separate occasion, the SIG hosted a more light-hearted event to highlight and demonstrate two of the basic tools of physiatrists--electromyography and nerve conduction studies. With the aid of senior physiatrists and a few brave student volunteers, the audience had a unique opportunity to learn about these trade tools from an expert and experience what these studies feel like from a patient's perspective. More recently, the PM&R SIG welcomed a talented team of health providers including a very memorable four-legged companion. Patient treatments such as pet therapy and adaptive sports can serve a powerful role in a patient's recovery, and beginning medical students rarely see this aspect of care. SIG members witnessed an expert dog trainer work with her golden retriever. Students then field-tested a light-weight, athletic wheelchair while a guest speaker outlined the great adaptive sports offered locally, including a thriving basketball wheelchair league.

The people at the university and the surrounding community have contributed to a robust and maturing Physical Medicine and Rehabilitation SIG. Meetings of a handful have expanded to turnouts of twenty or thirty students. With feedback from national organizations, our local SIG looks forward to continued growth as we progress on several fronts: expanding financial resources, coordinating interdisciplinary events, and developing online tools to connect students with like-minded students and accomplished physiatrists. This is a unique threshold for interested students to break into a growing field with accomplished practitioners, researchers, and leaders that are willing and excited to develop the next generation of physiatrists.

University of Puerto Rico School of Medicine

By David Q. Atkins, President

University of Puerto Rico School of Medicine PM&R Student Interest Group 2013-2014



**University of Puerto Rico School of Medicine
Physical Medicine and Rehabilitation Medical
Student Interest Group**

I still remember three years ago when a friend invited me to participate in a PM&R student interest group meeting and little did I know back then on how amazed I was going to be by such an astonishing field that provided people an opportunity to regain functionality.

There's a good chance that many students might not have heard prior to medical school about the field of PM&R or have a proper understanding of what it entails. At our PM&R Student Interest Group at the University of Puerto Rico School of Medicine, our main goal is to create awareness among medical students of the importance of rehabilitation and educate them about a wonderful field that has been growing and developing rapidly.

Through the interest group many medical students have an opportunity to meet PM&R physicians and residents from the University of Puerto Rico School of Medicine and the VA Caribbean Healthcare System from which we have developed close relationships. In the beginning of the academic year, Fernando Sepulveda chief resident of the UPR-RCM and Javier Soares chief resident of the VA PM&R

program gave us an Introductory lecture to PM&R as well as answer questions regarding interviews and application process, residency life and different fellowships offered.

Students of the interest group earlier this year attended a Sports Medicine Conference in which physiatrist like Dr. William Micheo, MD (past president of AAPMR 2008-2009), orthopedics, physical therapist, nutritionist and athletic trainers discussed the importance of prevention and treatment of injuries related to sports and exercise. We also participated in different workshops of activities that included the use of sonogram to examine joints, as well as how to perform a proper shoulder and knee physical exam.

During the fall we had an opportunity to participate with a group of attending physicians and residents of PM&R who cover a local athletic youth sports team and students from all years learned how to evaluate injuries related to sports and also perform a complete detail musculoskeletal physical exam. In November we held a Journal Club with the Radiology SIG in which medical students of both groups presented scientific articles on knee pain in addition we discuss the results with physiatrist and radiologist who attended the event and shared their opinion.

Now, in its third year, the interest group keeps on growing and attracting more medical students. Through lectures, workshops, journal clubs and community service more students are expose to the field of PM&R and gives them an opportunity to have a better understanding of the importance of continue education, research and professionalism.

Association of Academic Physiatrists Resident Regional Delegates By Region

Region 1: NEW ENGLAND- VA, Mass, PA			
1	Mary Miller Philips, MD	University of Pittsburg	millerphillipsme@upmc.edu
2	Jennifer Luz , MD	Spaulding Rehabilitation Hospital	JLUZ@partners.org
Region 2: NORTHEAST			
1	Richard Chang, MD, MPH	Icahn School of Medicine at Mount Sinai	richard.chang@mountsinai.org
2	Melanie Howell, DO	New York University- Rusk Institution of Rehabilitation Medicine	
3	Amishi Dharia, DO	New York Presbyterian Hospital, Columbia and Cornell University	apd9005@nyp.org
Region 3: SOUTH ATLANTIC			
1	Joshua Rothenberg, DO	University of Miami/Jackson Memorial Hospital	j.rothenberg@med.miami.edu
2	Fernando Sepulveda, MD	University of Puerto Rico	Fernando.sepulveda@upr.edu
Region 4: SOUTH CENTRAL			
1	Vittal R. Nagar, MD, PhD	University of Kentucky	vittal.r.nagar@uky.edu
2	Sujin Lee, MD	University of California Irvine	sujinl3@uci.edu
Region 5: MIDWEST			
1	Brandon Tolman, DO	Rush University Medical Center	Brandon_R_Tolman@rush.edu
2	Mahmood Gharib, MD	Case Western Reserve University- Metro Health Institute of Ohio	mahmood.gharib@gmail.com
Region 6: MOUNTAIN			
1	Michael Ingraham, MD	Medstar National Rehabilitation Hospital	Michael.J.Ingraham@gunet.georgetown.edu
Region 7: PACIFIC			
1	Lisa Williams , MD	Stanford University	willil@stanford.edu.

Listing of Medical Schools and the Physical Medicine and Rehabilitation Student Interest Groups By Regions PM&R Interest Groups

Region 1 New England Region (Massachusetts, Pennsylvania and Virginia):

Massachusetts:

Boston University

Harvard Medical School

Tufts Medical Center

University of Massachusetts

Pennsylvania:

The Commonwealth Medical College

Drexel University College of Medicine

Jefferson Medical College (Thomas Jefferson University)

Lake Erie College of Osteopathic Medicine

Pennsylvania State University College of Medicine

Perelman School of Medicine at University of Pennsylvania

Philadelphia College of Osteopathic Medicine

Temple University – Moss Rehabilitation

University of Pittsburgh- Interest Group

Virginia:

Edward via Virginia College of Osteopathic Medicine

Eastern Virginia University

Liberty University College of Osteopathic Medicine

University of Virginia

Virginia Commonwealth University School of Medicine

Virginia Tech Carilion School of Medicine

West Virginia

The West Virginia School of Osteopathic Medicine

Region 2 Northeast (New Jersey, New York, Washington, DC)

District of Columbia

Georgetown University Hospital/National Rehabilitation Hospital

New Jersey

JFK Medical Center-Robertwood Johnson

Rutgers-New Jersey Medical School- Interest Group

New York

Albany Medical Center

Albert Einstein College of Medicine– No PM&R SIG

Columbia-New York Presbyterian Hospital – No PM&R SIG

Cornell – New York Presbyterian Hospital– Interest Group

Hofstra North Shore- No Interest Group

Icahn School of Medicine at Mount Sinai- Interest Group

Kingsbrook Jewish Medical Center

Nassau University Medical Center

New York Medical College – Touro – No PM&R SIG

New York University School of Medicine – No PM&R SIG

NYIT College of Osteopathic Medicine- Interest Group

Stony Brook- starting up?

SUNY Albany- Interest Group? Unclear

SUNY Buffalo- Unclear

SUNY Downstate (Brooklyn) Ortho and Sports Medicine Interest Group

SUNY Stonybrook- No PM&R SIG

SUNY Upstate (Binghamton)- Interest Group

Touro College of Osteopathic Medicine – Interest Group

University of Rochester- No PM&R SIG

Region 3 South Atlantic (Florida, Maryland, North Carolina, and Puerto Rico)

Florida:

Florida Atlantic University Schmidt College of Medicine- No PM&R SIG

Florida International University Herbert Wertheim College of Medicine- No PM&R SIG

Florida State University College of Medicine- No PM&R SIG

Lake Erie College of Osteopathic Medicine

Nova Southeastern University College of Osteopathic Medicine- Interest Group

University of Central Florida College of Medicine- No PM&R SIG

University of Florida College of Medicine- No PM&R SIG

University of Miami Miller School of Medicine- Interest Group

University of South Florida College of Medicine- Interest Group

Maryland:

Johns Hopkins University School of Medicine- No PM&R SIG

Uniformed Services University of the Health Sciences F. Edward Hebert School of Medicine

University of Maryland School of Medicine- No PM&R SIG

North Carolina:

Brody School of Medicine at East Carolina- Interest Group

Campbell University School of Osteopathic Medicine

Duke University School of Medicine – No PM&R SIG

University of Maryland School of Medicine

University of North Carolina School of Medicine – No PM&R SIG

Wake Forest School of Medicine

Puerto Rico:

University of Puerto Rico- Interest Group

Universidad Central del Caribe School of Medicine

Ponce School of Medicine

San Juan Bautista School of Medicine

University of Puerto Rico School of Medicine- Interest Group

Region 4 South Central (Alabama, Arkansas, Kentucky, Louisiana, Texas)

Alabama:

University of Alabama Medical Center

University of South Alabama, College of Medicine

Arkansas:

University of Arkansas for Medical Sciences

Kentucky:

University of Kentucky- Interest Group

University of Louisville

Louisiana:

Louisiana State University in New Orleans

LSU Health Science Center School of Medicine in Shreveport

Tulane University

Texas:

Baylor College of Medicine, Houston

Baylor University Medical Center, Dallas

Texas A&M Health Science Center, College of Medicine

Texas Tech University Health Science Center, School of Medicine

University of Texas Health Science Center at San Antonio

University of Texas at Houston

University of Texas Southwestern Medical School (Austin)

University of Texas Southwestern Medical School (Dallas)

University of Texas Medical School at Galveston

Region 5 Midwest (Illinois, Michigan, Minnesota, Missouri, and Ohio)

Illinois:

Loyola University Medical Center –Interest Group
Chicago Medical School – Rosalind Franklin University- Interest Group
Northwestern University – Feinberg SOM- Interest Group
Rush Medical School- Interest Group
Southern Illinois University – No PM&R SIG
University of Chicago – Pritzker SOM- Interest Group
University of Illinois-Chicago- No PM&R SIG
Program: University of Illinois-Champagne – No PM&R SIG

Michigan:

Central Michigan University- No PM&R SIG
Michigan State University- Interest Group Combined PM&R and Orthopedics
Wayne State University –Interest Group
Oakland University-William Beaumont SOM- No PM&R SIG
University of Michigan – No PM&R SIG
Western Michigan University (Michigan State University College of Osteopathic Medicine Kalamazoo)- No PM&R SIG

Minnesota:

Mayo Medical School- Interest Group
University of Minnesota-SOM- No PM&R SIG

Missouri:

A.T. Still University - Kirksville College of Osteopathic Medicine – Interest Group
Kansas City University of Medicine and Biosciences – College of Osteopathic Medicine- No PM&R SIG
St. Louis University – School Of Medicine – No PM&R SIG
University of Missouri - Columbia-SOM- Interest group
University of Missouri - Kansas City-SOM – No PM&R SIG
Washington University – St. Louis – SOM- No PM&R SIG

Ohio:

Case Western Reserve University-SOM/ Cleveland Clinic Lerner College of Medicine of CWRU –Interest Group
Northeast Ohio Medical University-Interest Group

Ohio University-College of Osteopathic Medicine- Surgery and Sports Medicine Club

Ohio State University-SOM- Interest Group

University of Toledo- Sports Medicine Journal Club

University of Cincinnati-College of Medicine – Interest Group

Wright State University- No PM&R SIG

Region 6 Mountain (Colorado, Indiana, Kansas, Utah, and Wisconsin)

Colorado:

University of Colorado

Indiana:

Indiana University School of Medicine

Kansas:

University of Kansas

Utah:

University of Utah

Wisconsin:

Medical College of Wisconsin

University of Wisconsin

Region 7 Pacific (California and Washington)

California:

Loma Linda

Stanford University

University of California, Davis

University of California, Irvine- Interest Group

University of California, Los Angeles

Western College of Medicine (DO)

Washington:

University of Washington