### MENINGEAL WORM (*Parelaphostrongylus tenuis*)

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<th>Animal Group(s) Affected</th>
<th>Transmission</th>
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<td>Ungulates, notably cervids</td>
<td>Oral - Ingestion of infected intermediate host which includes numerous terrestrial mollusk species (i.e., snails and slugs)</td>
<td>Neurologic</td>
<td>Ranges from mild lameness to recumbency and death. Severity is typically worse in young animals and may vary between species.</td>
<td>High doses of anthelmintics combined with anti-inflammatories; supportive therapy</td>
<td>Prophylactic anthelmintic administered every 4-6 wks; exclusion of the natural host (white-tailed deer); elimination or control of mollusk population</td>
<td>No</td>
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**Fact Sheet Reviewed by:** Murray Lankester, Priya Bapodra

### Susceptible animal groups:

**Natural host:** The white-tailed deer (*Odocoileus virginianus*) serves as the natural host and is rarely clinically affected; they can shed numerous dorsal-spined larvae in their feces. Approximately 80% of white-tailed deer are infected in endemic regions.

**Aberrant or dead-end hosts:** Other cervid species (moose, caribou, mule deer, elk, Sika deer); camelids (camels, llamas, alpacas); pronghorn; some bovids (many antelope species, bighorn sheep, Angora goats, bison, rarely domestic cattle); and rarely equids (reported in domestic horses) may show severe clinical signs. Overall, these species rarely shed larvae in their feces.

### Disease significance:
Mortalities in captive species; failed reintroduction of cervid species such as caribou; suppression of elk and moose populations; suspected cause of moose population declines in central and eastern North America.

### Causative organism: *Parelaphostrongylus tenuis*, an extrapulmonary lungworm nematode

### Life cycle:
The natural host (white-tailed deer) acquires the infection through accidental ingestion of mollusks infected with 3rd stage larvae. The larvae migrate from the gastrointestinal tract along spinal nerves and into the spinal cord where they develop to the last larval state. Adult worms then locate on the meninges and in the cranial venous sinuses where they lay eggs. The eggs pass into the venous circulation, develop into 1st stage larvae in lung capillaries, and then migrate into the lung tissue. These larvae are expectorated, swallowed, and passed in the feces. Mollusks acquire larval infection when crawling over feces and the parasite develops into the infective 3rd stage larvae within this intermediate host.

In the aberrant host, infection is acquired by the same route. However, migration of the larvae in the spinal cord tends to be non-directional and larvae often die before reaching the brain. The aimless migration and larval death result in more local tissue damage as compared to the natural host. Larvae infrequently develop into reproductive adults in the aberrant host.

### Zoonotic potential:
None reported

### Distribution:
Predominantly associated with deciduous and deciduous-coniferous forests of eastern and central North America, concurrent with white-tail deer populations. It is uncertain why deer of the southeast
coastal plains region and of western North America are not infected.

**Incubation period:**
Natural host: pre-patent period 82-137 days, inversely proportional to infection dose.
Aberrant host: signs typically appear in 30-60 days, as short as 5 days reported in experimental infections.

**Clinical signs:** Neurologic signs are associated with intracranial or spinal cord inflammatory lesions caused by parasite migration. Signs may range from single limb lameness or rear limb weakness to head tilt, ataxia, circling, blindness, progressive loss of motor function and death. Ocular symptoms associated with migration of larvae into the uvea have been reported.

**Post mortem, gross, or histologic findings** Lesions in the aberrant host consist primarily of histologic changes in the brain and spinal cord. They may include meningitis and encephalitis; perivascular cuffing and infiltrations of eosinophils, lymphocytes, and plasma cells; calcified remains of worms; worm tracks; focal traumatic malacia caused by developing nematodes; gliosis; disruption of the ependyma; neuronal and myelin degeneration. Eggs and larvae may be found associated with the eyes or the roots of cranial nerves, on the leptomeninges, and in brain tissue.

**Diagnosis:**
Natural host: Modified Baermann technique for retrieving 1st stage larvae from feces. Larvae must then be differentiated from related species using PCR. However, there are limited species of dorsal-spined larvae and they are easy to retrieve, allowing for presumptive diagnosis. In addition to white-tailed deer, moose and elk may shed the larvae in low numbers.
Aberrant hosts: No ante-mortem diagnosis is available. Post-mortem recovery of adult worms or identification of larvae in neurologic tissue is the only confirmatory test. A nested PCR assay has been developed to confirm larval identification in the case of verminous migration in horses. A commercial serum ELISA detecting antibodies against 3rd stage larvae in cervid species was briefly available in Canada to aid in diagnosis of ante-mortem cases; results have been reported for moose and elk, but this test is not currently available.

**Material required for laboratory analysis:** Post mortem: spinal cord and brain
Antemortem: plasma or serum (aberrant hosts), feces (white-tailed deer, moose and elk)

**Relevant diagnostic laboratories:**
ELISA: Prairie Diagnostic Services, Regina, Saskatchewan, Canada

**Treatment:** High dose fenbendazole (20-50mg/kg orally once daily for 5 days) and or high dose ivermectin (0.3-0.4mg/kg SC daily for 3-5 days), or levamisole, in addition to supportive therapies including non-steroidal or steroidal anti-inflammatory drugs, vitamin E, and vitamin B complex. Early initiation of treatment is key to success.

**Prevention and control:**
Captive species: Administration of anthelmintics every 4 -6 weeks to target 3rd stage larvae before they migrate to neural tissue; minimize exposure of captive animals to mollusks by establishing gravel roads or other vegetation breaks to act as snail and slug barriers; use molluscicides with caution due to potential for environmental toxicity; allow non-susceptible species to initiate grazing on new or overgrown pastures; reduce white-tailed deer population and build fences to exclude them.
Free-ranging species: Control of white-tailed deer population to reduce exposure.

**Suggested disinfectant for housing facilities:** Molluscicides (copper sulfate, metaldehyde, sodium pentachlorophenate) may be used against the intermediate host with caution, as they are potential environmental toxins.

**Notification:** None

**Measures required under the Animal Disease Surveillance Plan:** None.
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| Measures required for introducing animals to infected animal: | As no direct transmission of the parasite occurs, and species susceptible to clinical disease do not typically pass larvae, infected animals do not pose a direct threat to un-infected animals. However, white-tailed deer should generally be considered as infected, and exposure of susceptible species to white-tailed deer should be avoided as possible. |
| Conditions for restoring disease-free status after an outbreak: | This disease is endemic in white-tailed deer populations of eastern North America. |
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### References: