Contraception

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1. An advantage of hormonal contraceptives, over barrier methods, is that they protect against both pregnancy and sexually transmitted infections.
   A. True
   B. False

2. Synthetic hormones used in hormonal contraceptive products are forms of which two naturally produced hormones
   A. Oxytocin and Prolactin
   B. Estrogen and progesterone
   C. ACTH and Cortisone
   D. FSH and LH

3. Hormonal contraceptives are available in which of the following dosage forms?
   A. Transdermal patches
   B. Intrauterine device
   C. Injection
   D. All of the above

4. Hormonal contraceptives can be used to destroy a female egg that has been fertilized.
   A. True
   B. False

5. Which one of the following are forms of emergency contraceptives?
   A. Progesterone only oral tablets
   B. High dose combined oral contraceptives
   C. Intrauterine devices
   D. All of the above

6. Of the diseases listed below, which condition has an increased risk of development associated with the use of combined oral contraceptives?
   A. Obesity
   B. Hemorrhage
   C. Thromboembolism
   D. Osteoporosis

7. Women with migraine headaches accompanied by aura are able to safely receive combined hormonal contraception.
   A. True
   B. False

8. At what age is it controversial to recommend combined hormonal contraceptives in women?
   A. 18 – 24 years old
   B. 25 – 29 years old
   C. 30 – 34 years old
   D. > 35 years old

9. A patient whose mother passed away from breast cancer CANNOT receive combined hormonal contraceptives.
   A. True
   B. False

10. In non-breastfeeding women, combination oral contraceptives should not be used within the first _________ after childbirth?
    A. 2 weeks
    B. 4 weeks
    C. 6 weeks
    D. 8 weeks

11. What are some examples of spermicides?
    A. Basketane
    B. Nonoxynol-9
    C. Fornacite
    D. Dinocap

12. Which condom provides the most protection against sexually transmitted infections, based on materials used?
    A. Natural membrane (eg, lambskin)
    B. Latex or rubber
    C. Polyurethane
    D. Polyethylene tetrachloride

13. Which barrier method of contraception provides the most protection against pregnancy?
    A. Male condom
    B. Female condom
    C. Male condom + spermicide
    D. Female condom + spermicide

14. Do sponges protect against STIs (sexually transmitted infections)?
    A. Yes
    B. No
    C. Sometimes
    D. Yes, but they only protect against HIV
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