Introduction
A clinical nurse specialist (CNS) is an advanced practice nurse that is an expert in a specialized area. Clinical Nurse Specialists are trained to help improve patient safety and clinical outcomes. In fall of 2014, a new CNS role was developed on the surgical unit within a metropolitan pediatric hospital.

Objectives
The purpose of this poster is to enable the learner to…
• Discuss the CNS role on a pediatric surgical unit.
• Describe the impact of the CNS role on reducing hospital acquired infections.
• Verbalize the CNS role on improving clinical outcomes and impacting quality indicators.

Methods
At Children’s Health, the surgical pediatric clinical nurse specialist is involved in various projects under the three spheres of influence: the patient, nurse, and system.

Patient
• Complex Patient Education
• Patient Education Materials
• Complex Discharges
• Quality Rounding-CLABSI, CAUTI, HAPU, & Hand Hygiene

System
• Collaboration
• Committees
• Process Improvement
• Cascading Goals
• RACE-QAPI
• Clinical Policies & Guidelines

Nurse
• Mentor
• Consultation
• Evidence-Based Projects
• Nursing Led Research Studies

Results
The pediatric surgical CNS participates in unit quality initiatives such as central line, urinary catheter, and high risk skin rounding. In 2015, efforts in central line rounding have contributed to an overall house wide reduction of 52% in central line associated blood stream infections. The CNS role helps to provide leadership in improvement of unit nurse sensitive outcomes.

Conclusions
Currently, there are over 15 pediatric CNSs within Children's Health. The CNSs have been integral in helping to obtain and recertify the hospital's Magnet designation. The CNS role can be a beneficial asset in improving clinical outcomes and impacting quality indicators on a pediatric surgical unit.

References

Mayra.Garcia@childrens.com
(214) 456-7990