

This Patient's of Fire! Stop, Drop and Roll Out Effective Medication Interventions!

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Pharmacist Learning Objectives

1. List the most prevalent uncontrolled symptoms that keep patients with advanced illness from achieving their goals of care.
2. For each symptom, describe pre-emptive and management strategies.
3. For each symptom, describe best practices in educating patients and informal caregivers (families) on medication management.

Pharmacy Technician Learning Objectives

1. List the most prevalent uncontrolled symptoms that keep patients with advanced illness from achieving their goals of care.
2. For each symptom, recognize commonly employed management strategies
3. Describe the best practices in communicating with patients and caregivers, recognizing when concerns should be referred to the pharmacist for review.

Activity Type: Application

ACPE Universal Activity Numbers

Pharmacists: 0798-999-18-060-L01-P

Pharmacy Technicians: 0798-999-18-060-L01-T

1.25 contact hours / 0.125 CEU's

Self-Assessment Questions

1. Which of the following corticosteroids has the LEAST mineralocorticoid effects?
 1. Prednisone
 2. Prednisolone
 3. Hydrocortisone
 4. Dexamethasone **
2. After maximizing disease statement management, which of the following medications is best suited to palliate dyspnea?
 1. Prednisone
 2. Morphine **
 3. Lorazepam
 4. Tiotropium
3. Which of the following would best target opioid-induced nausea?
 1. Promethazine
 2. Haloperidol **
 3. Scopolamine
 4. Ondansetron

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Dr. McPherson is Professor and Executive Director, Advanced Post-Graduate Education in Palliative Care in the Department of Pharmacy Practice and Science at the University of Maryland School of Pharmacy in Baltimore. Dr. McPherson has a Master's degree in Instructional Systems Development, and a Masters in Distance Education and e-Learning. Dr. McPherson has maintained a practice in both hospice (local and national) and ambulatory care her entire career. Dr. McPherson teaches extensively in the Doctor of Pharmacy curriculum on pain management and end of life care, including didactic and experiential content. She is the Program Director of the Online Master of Science and Graduate Certificates in Palliative Care at the University of Maryland, Baltimore. She also developed one of the first and few palliative care pharmacy residencies in the U.S. Dr. McPherson has won numerous awards for teaching, and her innovative practice in end of life care. She has published numerous articles, chapters, and four books including the best-selling "Demystifying Opioid Conversion Calculations: A Guide for Effective Dosing."