President’s Column
William Holden, PhD

Fall has finally arrived with its cooler temperatures. On October 14, we were fortunate to have David White, CEO of TPA, address the membership about the current state of play with regard to the Sunset Advisory Commission and TPA. Unfortunately, it appears that it has been tough sledding with regard to such matters: maintaining an independent board of examiners of psychologists as versus required consolidation with other mental health groups, being able to render diagnoses independently without qualifications and restrictions, and maintaining the oral exam as a requirement for licensure. David White did not paint a very optimistic picture of what might be the eventual outcome, although there will be opportunities for the voices of psychologists to be heard regarding Sunset Advisory Commission recommendations. Since we are the closest local area psychological society, David White felt that it would be particularly opportune for Capital Area psychologists to make appearances at hearings and make our voices heard prior to 2017 legislative vote on recommendations by the Sunset Advisory Commission on the Texas State Board of Examiners of Psychologists.

As a reminder, on the morning of November 9, or the day before the TPA Annual Convention, there will be a legislative day which will provide an opportunity for psychologists to educate the public about psychology and to meet with Senate and House representatives for your local area to educate and bring to their attention important concerns related to mental health and to the practice of psychology. It would be great if as many of our members as possible could participate in that legislative day.

In the afternoon of that same day, we had an interesting Diversity workshop with Dr. Kimberly Burdine speaking on "Maintaining Black Mental Health in the Current Sociopolitical Climate: Examining Self and Practice to Improve Quality of Care" This workshop was well attended (77 registrants). As part of the Workshop, Dr. Burdine had the attendees do small group exercises to increase self-awareness and awareness of practice with African-Americans. This workshop was preceded in recent years by diversity workshops on the LBGT and Hispanic communities. It is hoped that the next diversity workshop will focus on the Asian-American community,
which is a rapidly growing demographic not only in Austin but the U.S. Austin currently has an Asian-American Resource Center created by Austin Parks and Recreation (website: www.austintexas.gov/aarc). In addition to providing information on health and other related resources and services, the AARC provides a schedule of numerous events and workshops for the Asian community as well as the general public.

This is a further reminder that the Texas Psychological Association 2016 Annual Convention is being held November 10-12 at the Westin in the Domain in Austin. There is a rich variety of workshops, symposium, research papers, events, and meetings which will likely be relevant to most, if not all, psychologists. One of the invited speakers will be Dr. Katherine Nordal, APA's Executive Director for Professional Practice. She will be speaking on the Affordable Care Act: Implications for Professional Practice. She will also be joining the Business of Practice Committee Annual Meeting chaired by CAPA's own Dr. Bonny Gardner. Dr. Nordal and the committee will discuss progress on Medicare issues and integration of Psychology into the larger health care system. Texas Medicaid issues and insurance trends will also be discussed. Both events will occur Thursday, November 10. Consult the convention program for further details.

Members should also be aware that the monthly CAPA meeting will be held on the third Friday of the month (November 18) rather than the normal second Friday of the month due to a clash of dates with the TPA convention. This will be our last monthly meeting of the year. The day after our November meeting we will have our Fall party at the home of Kay and William Allensworth. This has been a wonderful venue for our Fall parties, but Kay and William are moving and this will be our last opportunity to meet there, but certainly not our last Fall party.

The U.S. Presidential election will soon be over (Thank God), for better or worse, in a very tumultuous and unprecedented campaign. We now have the Sunset Advisory Commission with which to contend in the coming months, and year. We are looking forward to seeing everyone at the Fall Party. There will be plenty of good food, good drink and good company.

May you all have a happy Thanksgiving.
Bill Holden, PhD
November Monthly Meeting

What’s New and What’s Pseudo-New From Big Pharma, the Medical-Industrial Complex, and Their Friends in Psychiatry (And a Few Others)

Presented by: Reid Minot, CNS-AP/MH

November 18, 2016 from 12:00 PM - 1:30 PM

About the Presentation:

Reid Minot will be returning for his annual pharmaceutical update, including the newest development in antipsychotics, antidepressants and their limitations, benzodiazepines and their enduring atrocities, and NMDA inhibitors. He will also provide a lively exposition of magnets, psychedelics, and the cannabis wars. Please join CAPA for this ever-popular update, and to insure that you aren’t left out of this entertaining and informative presentation, be sure and reserve early at www.austinpsychologists.net!

About the Speaker:

Reid Minot received his AB in Philosophy from Harvard College, his BSN from the University of Texas at Austin, and his MS in Psychiatric Nursing from Hunter College. He is licensed as an Advanced Practice RN with prescriptive authority in the State of Texas, and is the author of several publications. He has extensive experience in psychiatric nursing, including NYU Medical Center, New York City, Brackenridge Hospital, Shoal Creek Hospital, and Psychiatric Emergency Services, Travis County Mental Health. Since 2009, he has been in private practice at Neuropsychiatric Associates of Austin.

Visit www.austinpsychologists.net to register!
CAPA Executive Committee Meeting Minutes  
October 14, 2016

The CAPA Executive Committee met on Friday, April 8, 2016 with the following members present: William Holden, PhD, Tom Kremer, PhD, Elisabeth Middleton, PhD, Kay Allensworth, PhD, Bonny Gardner, PhD, Steve Englander, PhD, and Stephen Kolar, PhD.

William brought the meeting to order and distributed an agenda to the members. The board began discussing workshop ideas for next year. Bonny noted that the spring workshop would be on April 14, 2017. She gave a few ideas for topics, including bioethics. William reported an attendee had requested a cultural diversity workshop for next year on working with Asian American clients.

William brought up student recruitment for CAPA. Elisabeth has contacted some professors with the idea of recruiting their students to join. William will ask Elizabeth Katz, PhD if she would assist the board in recruiting students from St. Edward’s University. Students will only be charged $10 for a student lunch at meetings, and their first lunch/meeting will be free.

The board is looking for officers, particularly for the president-elect. Tom has asked a colleague but she declined. Elisabeth has a colleague with whom she will inquire about interest in serving on the board.

Tom, Bonny, and Kay will meet in their committee to finalize bylaw revisions.

The board discusses charitable donations for CAPA to make this fall. The board will have Sherry Reisman send out an email to members to pick four organizations out of eight for donations. CAPA will donate $250 to each organization.
Dr. Holden called the meeting to order. He welcomed visitors and new members. Dr. Holden reminded attendees that the executive committee is recruiting students to attend CAPA meetings. Asked members to tell student about CAPA and invite them to meetings. The first lunch for students is free and lunches are only $10 after that for students.

The board announced the Jim Lynn, PhD has stepped down as CAPA’s A/V person. The board is looking for a new A/V person to store A/V equipment and bring to meetings. This person has his or her parking validated at CAPA meetings.

Dr. Allensworth introduced today’s speaker, David K. White, CAE. Mr. White is the Executive Director of the Texas Psychological Association. He is a lobbyist for Texas psychologists and works to guard and improve the practice of psychology in Texas. His presentation was titled, “TPA’s Views on the Current State of Psychology and Sunset Legislation.”

Mr. White reported that the Texas legislature reviews psychology licenses every 12 years and 2017 is the year for mental health care licenses to be examined. The Texas Sunset Advisory Commission is a legislative commission that identifies and eliminates waste and inefficiency in state agencies. This commission makes recommendations for changes to save money and TSBEP has already been notified to create future budgets that cut 4% and 14% of the budget from the one used in 2016.

The Sunset Commission will review and make recommendations to the state legislature. The legislature has previously taken about 80% of these recommendations and put them into law. There are a variety of areas that the SC may impact. The definition of “psychologist” and who can use this term may be modified. The doctoral standard for psychologists might be maintained or altered. The TSBEP will likely consolidate some aspects of its organization. Additionally, it is likely that the oral exam for psychologists in Texas will be abolished (as some deem this exam unnecessary).

Mr. White noted that there are more possible changes. One involves attempts to pass a bill that would allow a psychologist licensed in Texas to work as a psychologist temporarily in another state for up to 30 days. There is a second bill regarding possible training and prescription privileges for psychologists. There remain concerns that other entities are trying to challenge a psychologist’s ability to diagnose mental health conditions.

The Sunset Commission will release their report on November 1, 2016. November 9th is Legislative Day and psychologists are encouraged to attend. December 8th is the date that psychology representatives will testify at the capital for the needs of psychologists in Texas. January 7, 2017 is when the commission meets again and votes on recommendations.

Mr. White encouraged the members to watch for an email from him in early November about how to give feedback to the legislature.

The meeting was adjourned.
### Office Space Available [Psychologist/Psychiatrist]

An independent group of experienced psychologists and one psychiatrist have one office available in a suite of offices in the Jefferson Building, located on Shoal Creek. The spacious office is on the 4th floor and has large windows with nice views. One full-time staff supports providers with reception (includes check-in, collecting payment), light insurance duties, phone calls, office equipment, and office management services. Cost of those services is shared among the providers. Approximately $1,750.00 per month. Building is fully accessible with ample parking. Location is convenient to Seton medical complex, downtown, and UT.

Please call 512-454-3685 for more information.

### Part-Time Office Space Available

I am looking for a mental health professional or diettitian to sublet a first floor, fully furnished, 160 square foot office. Office would be available for you to use on Wednesdays & Fridays all day, with additional hours available on Mondays and Saturdays (Saturdays include a $5 an hour additional charge that would be due with the following month’s payment). Office is conveniently located off of Grand Avenue Parkway (close to I35 and Tollway 45) in a vibrant red brick building, with beautiful walking paths leading down to Gilliland Creek. Access to a conference room on a reservation basis is also available. The cost to sublet this space is $400/month flat rate and would be subject to a background check by the landlord. Included in the cost is access to WiFi and a shared waiting area. Potentially the flat rate will include a shared receptionist.

If you have any question please feel free to contact Leslie Passalacqua at 512-423-7331.

### Office Space on 2222 & Mopac

1 office left for lease in a brand new 4-office suite on the top floor of 3305 Northland Drive in the Balcones Office Park on the corner of 2222 and Mopac. Office has one large floor-to-ceiling window, dimensions are 7’ 4” x 14’ 6”, and rent is $725 a month. There is a separate waiting room, hallway, kitchenette, and bathroom in the suite. The building offers ample, free parking and nice restrooms in the exterior hallways for clients. Rent includes wireless internet, nightly cleaning services, mail, and common area use and supplies. A/C hours are Monday through Friday from 8am – 7pm and Saturday from 9am – 2pm (upon request). Leases are a minimum of 12 months. The suite is best suited for counselors, social workers, and psychologists.

If interested, contact Ashley Cooper, PsyD at drashleycooper@gmail.com or at 512-708-0361.

### Psychologist Job Openings [Part-time or Full-time]

Since this role can be either full-time or part-time, it is perfect if you are looking for a supplemental income, or a full-time opportunity. You will provide care to patients who otherwise might go without because of their inability to travel to a private location.

You will travel locally among facilities to provide patient care, collaborating with a multi-disciplinary team to ensure all care requirements are met. Scheduling and billing is handled for you, allowing you to focus on your patients.

The company is a leading provider in the industry, providing you stability, career mobility, and options for advancement if desired.

If interested, contact Michelle Hawkins at 512-960-3232 or by email: michelle.hawkins@talentcare.us

### Northwest Austin Office Spaces Available

2 offices available for lease in a beautiful, new office on Spicewood Springs Road, conveniently located between Mopac and 360. Each office includes a separate seating area in addition to a work station with desk/storage. The suite includes a reception area, a kitchenette, restroom, and fully furnished conference room to be shared by 3 practitioners. Free, ample parking is available in a tree-filled complex. Rent includes internet, business phone service with voicemail, copy/printer/fax access, coffee, weekly cleaning services, your name on the suite door, and mail. Rent is $990/month. The suite is best suited for psychologists, counselors, and social workers.

For more information, please contact Michelle Natinsky, Ph.D. at michelle@drnatinsky.com or 512-596-5566.

### Westlake/Rollingwood Office Space Available for Licensed Professional

Fully furnished office available for office share sublet on Bee Caves Road. The lay out is adjoining offices to be shared with a psychologist, neuropsychologist, and LPC-SW. Office is available every weekday except Tuesday. Also available evenings (after 5pm) and weekends. Additional features include a waiting room (served by all mental health in the suite), a kitchenette, restroom, and conference room. Included in rent is access to copier/printer, cleaning service, and internet. For further information contact Carey Greene at drcareygreene@hotmail.com or 737.209.2762
### Openings- TX Licensed Psychologists- Asperger’s/Autism

We are searching for one or more psychologists licensed to practice in Texas with 3+ years of experience diagnosing and treating adults with Asperger's. Full-time or Part-Time. Please see "Career Opportunities" at our website, www.addanxietyandaspergers.com or click here. Email cover letters and resumes to shrink1@onebox.com. No phone calls or walk-ins.

### Austin VA Outpatient Clinic: Family/Couple Position

The Austin VA Outpatient clinic is seeking a psychologist with specialization in couple and family therapy to join our Mental Health Clinic. This is an exciting opportunity to join a wonderful team of clinicians providing outstanding care to our nation’s Veterans and their families in one of the most desirable cities in the US.

The Austin VA Outpatient Clinic is located in a state-of-the-art facility that opened in July 2013!

You are welcome to contact the Austin VA Supervisory Psychologist, Dr. Erin Andrews (erin.andrews2@va.gov) directly for more information about this exciting position.

To view the job description, please visit: [https://www.usajobs.gov/GetJob/ViewDetails/454398600](https://www.usajobs.gov/GetJob/ViewDetails/454398600)

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### Central Austin/Medical Center Area Office for Lease

Beautiful unfurnished 2nd floor office with windows in the Jefferson Building on the corner of Jefferson Street and Bull Creek. The suite has an independent group of practitioners consisting of one psychiatrist and 4 therapists. Would like an adult/child therapist or psychiatrist that can accept referrals. Large newly decorated waiting room for patients. Light switch in the office to signal patient arrival. Utilities and cleaning service included.

Amenities include free internet, copier, fax use, and kitchen with fridge, microwave, dishwasher, bottled water, etc. Free parking.

Size: 12.7 feet x 15.7 feet (200 sq. ft.) $850/m.

Please contact Michele Hauser, M.D. and speak with Dana at 512-302-1954 or frontoffice.drhauser@gmail.com

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**2017 CAPA Membership**

2017 is right around the corner!

CAPA is excited about the upcoming year and would like to encourage all members to take the time to renew membership online at www.austinpsychologists.net!

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Join or Renew Your Membership
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