



OCD and Me:

Everything you Always Wanted to Know About OCD but Didn't Know Enough to Ask

By
Ron Kingsley, Ph.D.

March 17, 2018

8:00 am – 12:30 pm

Arizona State University
Memorial Union Gold Room 207
Tempe, Arizona

Schedule:

8:00-8:30 Registration and Continental Breakfast

8:30-12:30 Presentation

Program Level: Intermediate

4.0 CE credits



Free Parking will be accessible in the
Apache Structure and Gammage Lot 3

Program Description

This program will provide you with an awareness of tools to diagnose and work with obsessive and compulsive symptoms at all levels. You will gain a framework for understanding and effectively treating the millions of adults that have OCD and the probable millions more who have significantly interfering OCS (mild-moderate obsessive and compulsive symptoms insufficient to be diagnosed as OCD), many of whom suffer without knowing why. (Full program description is available at azpa.org)

Learning Objectives

1. Discriminate at least 5 key words or descriptive phrases in a client's initial interview that suggest assessment of OCS/OCD warrants further investigation.
2. Determine an appropriate instrument of assessment for OCS/OCD based on gathered data from the initial interview/s to be later used in creating treatment goals and assessing outcome.
3. Describe at least 5 of the most common factors that often interfere with the successful treatment of OCS/OCD and select a strategy to manage and cope with each one to enhance the possibility of treatment success.
4. List and be able to explain 3 evidence-based intervention strategies for treating OCS/OCD.
5. Distinguish five of the most common co-morbid conditions often caused by and/or related to OCD.

Fees:

AzPA Member \$60

**AzPA
Student/Postdoc/Retired
Member \$40**

Non-Member \$80

**Non-Member
Student/Postdoc/Retired \$60**

Register online at:

[http://www.azpa.org/events/
event_list.asp](http://www.azpa.org/events/event_list.asp)



This program is co-sponsored by the Arizona Psychological Association (AzPA). AzPA is approved by the American Psychological Association to sponsor continuing education for psychologists. AzPA maintains responsibility for this program and its content."

NOTE: Full attendance is required to receive credit. Variable credit for partial attendance will not be awarded in accordance with APA guidelines. Those who attend the workshop(s) and complete the program evaluation forms will receive 4 continuing education credits for the program. Those arriving more than 15 minutes after the scheduled start time or leaving before the program is completed will not receive CE credit.

Cancellation Policy: All cancellation requests must be received in writing before March 13, 2018. Cancellations are refunded. No credits will be made after that date. Grievances regarding this workshop may be addressed in writing to: Arizona Psychological Association, 107 S Southgate Drive, Chandler, AZ 85226.

