Top Ten Ways to Leverage One of Your Strengths

1. Position yourself in situations where you can actively exercise your strength on a regular basis.

2. Identify others who have your strength and observe how they use it.

3. Devote time to developing your strength.

4. Actively use your strength to balance the weaknesses of others.

5. Continually gather knowledge about your strength.

6. Reduce your focus, time and energy on your weaknesses.

7. Concentrate on maximizing only one or two strengths at a time.

8. Picture yourself fully using your strength and seek out opportunities to turn the picture into reality.

9. Identify how it feels when you are exercising your strength.

10. Strive to combine your strength with passion so that you will achieve the greatest success.

Lisa Silvershein, author of It's YOUR Turn... Do What You Want to Do! and owner of Ark Career Coaching brings over 20 years of career counseling and human resources and management experience to her clients. She has continued success developing individuals at all stages of their career.

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