The Future of Integrated Care

Neftali Serrano, PsyD
Executive Director
Objectives

• To identify the major trends in health information technology and healthcare delivery that are likely to impact integrated care

• To identify the workforce development challenges associated with preparing the workforce for emerging trends in integrated care

• To contextualize current trends within the stream of the history of the integrated care movement and the recent history of developments in healthcare

There are no conflicts of interest or commercial interests to report in this presentation or on the part of the presenter.
“A good hockey player plays where the puck is. A great hockey player plays where the puck is going to be.”

-Wayne Gretzky
Integrated Care Everywhere
Data Explosion
Out-of-The Room
Re-Organization of The Workforce
Paradigm Shifts For Chronic Disease Management
Payment Reform
A New Hope
Primary Care

- Behavioral Health Homes
- Emergency Medicine
- Inpatient Hospital Care
- Specialty Medicine
- Long-Term Care

Community Based Interventions
Artificial Intelligence

Risk Management Including Cost of Care

Stratification By Location (eg. ED, specialty); Payer

Team Management Of Data?
Telehealth  Digital Communication  Thinking Outside of The Exam Room
Patient

- PCP
- BHC
- Consulting Psychiatrist
- Consulting Pharmacist
- Other Consultants
- Care Manager

Train, Sustain, Specialize
Emergency Medicine As An Exemplar, 1961-Present
Innovations In Chronic Disease Management

Aging
Unified Funding Sources For Physical & Behavioral Health

More Patients Covered Under Global or Bundled Payment Strategies

More Risk/Reward For Providers

More Fixed Costs For Payers

Higher Overall Costs But Better Containment Strategies
Peace In The Integrated Care Galaxy
Primary Care Behavioral Health Model (Pipeline)

- Family & Systems Perspectives
- SBIRT Clinical Pathway
- Collaborative Care Model (What Comes Through The Pipeline)
- Consulting Psychiatry Role
- Registry

BHC Role
Warm Hand-Off
Fixing Different Parts Of The Health System

- Access To Behavioral Health Care
- Clinical Outcomes For Chronic Conditions
- Connection With Social/Community Determinants
- Access To Prescribers Of Psych Meds
- Reducing Unhelpful, Excessive Utilization
- Reducing Burden On Medical Providers/Teams
- Reducing Transition of Care Issues
Consulting Psychiatry Role • Care Manager Role • Behavioral Health Consultant Role • Registry • Screening • Clinical Protocols • Physician/ PCP Training • Clinical Pharmacist Role • BHC-Like Nutritionist Role • Peer Support Role
“Here's a look at the stock performance since President Obama signed the Affordable Care Act into law on March 23, 2010.

Centene: +742%
UnitedHealth: +578%
WellCare: +538%
Cigna: +499%
Humana: +484%
Aetna: +452%
Molina: +355%
Anthem: +289%

All eight have outperformed the broader market. The S&P 500 is up about 220% since the law went into effect.”

“With or Without Obamacare, Insurers Are Thriving,” CNN Money, Oct. 13, 2017
There Is No Turning Back
References

• http://www.aaem.org/about-aaem/aaem-history

• https://apple.news/ACVmm3GhnO8qLfXgni8v-iQ

• https://apple.news/AU6603Da4TESc0bSti5NKEA


