

## Annual Conference – Pre-Conference Workshop PC1

### Toolkit for PCBH in Pediatric Primary Care

*revised 6/1/2017*

#### Overview

There has been a consistent need to continue to establish mental health care in pediatric primary care, and considerable interest in gaining knowledge and skills to develop behavioral health in different settings. The physical and mental health needs of children and adolescents are distinctly different than that of adults and a preponderance of research supports the benefits of integrated pediatric care. The benefits of mental, physical, and psychosocial health related behavioral interventions for children, adolescents, and families are numerous.

With a shortage of pediatric medical and behavioral health providers, we must focus on quality evidence-based and best practice standards of team based care. This session will provide participants with the knowledge, skills, and a physical toolkit to begin operating in pediatric integrated care settings. Further, participants will explore critical decision making on best practice innovations for pediatric integrated care and return on investment analysis for successful and effective implementation.

With the growing interest and need in developing and maintaining successful mental health programs for pediatric primary care, we believe the audience will greatly benefit from this topic. We will continue to work closely with the conference committee to ensure that the material works well with the conference you envision and will keep you informed as we progress.

#### Objectives

By the end of this preconference workshop, participants will be able to:

- Discuss a broad range of best practices in pediatric integrated care.
- Build and utilize a toolkit of integrated pediatric care resources for immediate implementation in medical settings
- Identify common care pathways, brief interventions, and screening measures/assessment strategies for the most common issues in pediatric integrated care.

#### Presenters

- Lesley Manson, Psy.D., Clinical Assistant Professor, Arizona State University
- Tawnya Meadows, Ph.D., BCBA-D, Chief of Behavioral Health in Primary Care-Pediatrics, Geisinger Health System
- Jodi Polaha, Ph.D., Associate Professor, East Tennessee State University

- Sarah Trane, Ph.D., Pediatric Psychologist, Integrated Behavioral Health, Mayo Clinic Health System
- Matthew Tolliver, Ph.D., Postdoctoral Fellow and BHC, East Tennessee State University Pediatrics
- Allison Allmon Dixon, Ph.D., Pediatric Psychologist, Gundersen Health System
- Julie M. Austen, Ph.D., Clinical Trainer and BHC, Moncure Community Health Center, Piedmont Health Services
- Hayley Quinn, Psy.D., Behavioral Health Specialist, Clinical Psychologist, Swedish Medical Group
- Sonny Pickowitz, LCSW, Primary Care Behavioral Health Coordinator and BHC, OSF Healthcare

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