



NACDD and CDC Fireside Chat
Team-based Approach to Controlling Hypertension
June 28, 2016
3:00-4:00PM EST

NACDD, in coordination with CDC's Division for Heart Disease and Stroke Prevention and Million Hearts®, is proud to continue the series of Fireside Chats in 2016. Fireside Chats provide a new, interactive format for state health agencies to hear from content experts on a number of issues pertaining to cardiovascular health and 1305 priority areas. Through a series of Fireside Chats and multistate meetings, staff from state health departments will develop knowledge of identifying patients with undiagnosed hypertension, team-based approaches to controlling HTN, how it supports clinical decision support, and new payment models that support components of team-based care. On June 28, 2016, NACDD will host the 2nd Fireside Chat focused on team-based approaches to controlling hypertension (HTN). Speakers for this fireside chat include **Janet Wright**, Million Hearts Executive Director, **Mehul Dalal**, Chronic Disease Director for the Connecticut Department of Public Health, and **Bruce Gould**, Medical Director of the Community Health Center Association of Connecticut Practice Transformation Network.

Objectives for the Fireside Chat

- Increase knowledge of state health department staff on evidence-based team-based approaches to controlling HTN.
- Increase knowledge of a state health department role in promoting team-based care to healthcare partners.
- Increase knowledge of steps that a health system can use to integrate team-based care into clinical decision support systems to improve quality of care and enhance health outcomes.

AGENDA

3:00-3:05pm Introduction - Miriam Patanian, NACDD Lead Consultant, CVH Team and Dr. Letitia Presley-Cantrell, Branch Chief, Program Services, DHDS

3:05-3:15pm Expert Remarks- Dr. Janet Wright, Executive Director, Million Hearts

3:15-3:25pm State Perspective and Dialogue with Expert- Dr. Mehul Dalal, Chronic Disease Director, Connecticut Department of Public Health

3:25-3:35pm Health System Perspective and Dialogue with Expert – Dr. Bruce Gould, Associate Dean for Primary Care, University of Connecticut School of Medicine; Medical Director, Community Health

Center Association of Connecticut Practice Transformation Network

3:35-3:55pm Questions and Reactions from Audience

3:55-4:00pm Final remarks from Janet Wright; Closing from NACDD

Presentations

- Review the evidence for team-based care (TBC) as an aid in clinical decision support to improve outcomes for patients with HTN and to control costs
- Examine the role of team members including pharmacist support for medication adherence and CHW support for SMBP and in engaging hard-to-reach populations
- Identify patients who will benefit from a team-based approach to care using clinical data to identify populations experiencing inequity in health outcomes
- Identify what must happen for these strategies to impact clinical decision support
- Identify the role of public health in promoting and supporting TBC

Audience

- State health agency staff including chronic disease directors, epidemiologists and evaluators, 1305 leads, domain 3 or health system leads, cardiovascular health, health IT and quality improvement staff.
- Health systems partners including provider practices, community health workers, public health nurses, pharmacists, community health centers, quality improvement organizations, and EHR vendors.

Technology

Speakers will be recorded at the CDC Global Communications Center in Atlanta, GA. We will be live streaming as the speakers present on their experiences, engage in informative dialogue, and we will also open the lines to allow for questions and perspective from the audience. Contact Julia Schneider, jschneider@chronicdisease.org, with questions.

Speakers



Janet S. Wright MD, FACC
Executive Director, Million Hearts®

Dr. Janet Wright is the Executive Director of Million Hearts®, an HHS national initiative, co-led by CDC and CMS, with the explicit goal to prevent 1 million heart attacks and strokes in the U.S. by 2017.

From 2008 to 2011, Dr. Wright served as Senior Vice President for Science and Quality at the American College of Cardiology. In that role, she provided medical and scientific oversight of clinical guidelines, performance measures, health policy statements, and appropriate use criteria; quality improvement projects; and the National Cardiovascular Data Registry, a suite of databases containing more than 12 million patient records in both inpatient and

outpatient care settings.

Dr. Wright practiced cardiology for many years in Chico, California, and during those years, she served on ACC's Board of Trustees, NCQA's Physician Program Committee, and the Center for Information Therapy, a non-profit organization committed to the provision of personalized health information during each health encounter. Her primary interests are the design and implementation of systems of care to achieve optimal outcomes for patients and the full deployment of hooks, tricks, and cues that help people get and stay healthy.



Mehul Dalal, MD, MSc, MHS
Chronic Disease Director, Connecticut Department of Health, and
NACDD President Elect

Dr. Dalal is the Chronic Disease Director at the Connecticut Department of Public Health where he oversees the Chronic Disease Unit and leads efforts to implement a statewide coordinated chronic disease prevention and health promotion strategy. He was previously the Medical Director of Quality Improvement at the New York City Department of Health where he directed quality improvement programs and strategies to

enhance cardiovascular disease prevention in healthcare settings. Dr. Dalal has been a staff internist at the Fair Haven Community Health Center in New Haven and a clinical instructor at Bellevue Hospital in New York City. He has contributed to peer-reviewed publications that appear in the American Journal of Preventive Medicine, Journal of Clinical Hypertension and the Journal of Primary Care and Community Health. He completed an internal medicine residency at New York University and is a graduate of the Yale Robert Wood Johnson Foundation Clinical Scholars Program. He chairs the State Innovation Model Quality Metrics Council, serves on the Advisory Council for Healthy Connecticut 2020, serves as the Vice Chair of the Connecticut Cancer Partnership and is the President Elect of the National Association of Chronic Disease Directors. He resides in New Haven with his wife and two children; all enjoying the unique balance of city and country life characteristic of Connecticut.



Bruce E. Gould MD, FACP
Associate Dean, Primary Care, UConn School of Medicine;
Director, Connecticut Area Health Education Center;
Medical Director, Community Health Center Association of Connecticut,
Practice Transformation Network;
Medical Director, Hartford Department of Health and Human Services;
Principle Investigator, Community Health Worker Workforce
Development Initiative of the State Innovation Model project.

Dr. Gould, professor and associate dean for primary care at the UConn School of Medicine, has earned a reputation as an advocate for public health, primary care and preventative medicine. He also serves as director of the Connecticut Area Health Education Center (AHEC) Program, medical director of Hartford's Department of Health and Human Services. He served as medical director of the Burgdorf Health Center, a community clinic serving the underserved population in Hartford's north end from 1988 to April of 2016, when he became Medical Director of the Community Health Center Association of Connecticut's Practice Transformation Network, a CMS funded Transforming Clinical Practice Initiative grantee. He is also the PI on the Community Health Worker Workforce Initiative, part of the CT State Innovation Model grant. A primary care general internist, Dr. Gould also is the founder of and adviser to the Mobile Free Migrant Farm Workers Clinic, which has served Connecticut's migrant farm worker population since 1998.

Dr. Gould is involved in the development and delivery of the medical school's quality improvement and patient safety curriculum, as well as its nutrition curriculum. He helped establish UConn's Urban Service Track, a special mentorship program designed to produce doctors, dentists, nurses and pharmacists committed to serving Connecticut's urban underserved populations, and the Youth Health Services Corps, a nationally recognized recruitment program that trains and places high school students as volunteers in various health care agencies.

Resources

Additional information can be found at <http://www.nacdd1305.org/healthsystems/>

- Connecticut's partnership with the University of Connecticut School of Pharmacy on a medication therapy management pilot as part of the Community Pharmacy Initiative: <http://newscribemedia.net/apps/NACDD/WWCDPC/display.php?id=524>
- Team-based health care is defined as the provision of health services to individuals, families, and/or their communities by at least two health providers who work collaboratively with patients and their caregivers - to the extent preferred by each patient - to accomplish shared goals within and across settings to achieve coordinated, high-quality care. [Mitchell et al. 2012. Core principles & values of effective team-based health care](#)
- In May 2012 the CDC released the Task Force on Community Preventive Services recommendations for team-based care (TBC) for improving blood pressure control on the basis of strong evidence of

effectiveness. To learn more about the Summary of Task Force Recommendations and Findings visit: <http://www.thecommunityguide.org/cvd/teambasedcare.html>.

- The CDC has developed a Program Guide for Public Health - Partnering with Pharmacists in the Prevention and Control of Chronic Diseases. This guide provides definitions, in depth description of the role of pharmacists, pharmacist scope of practice policies and strategies for partnering with local pharmacists in your state. The guide also provides examples of evidence-based programs such as the Asheville Project and the Diabetes 10-City Challenge.
<http://www.nacdd1305.org/healthsystems/docs/Program%20Guide%20for%20Public%20Health%20-%20Partnering%20with%20Pharmacists.pdf>
- CDC's Team Up. Pressure Down nationwide program in partnership with the Million Hearts® initiative, to lower blood pressure and prevent hypertension through pharmacist-patient engagement. http://millionhearts.hhs.gov/docs/tupd/tupd_materials_overview.pdf