Figure 1

Logic Model: The Parish Nurse Network of Meritus Health, Washington County, MD Million Hearts™ Initiative

**Inputs**

Financial, personnel, time, project management resources from:
- **National:** CDC/CMS & ASTHO Million Hearts State Learning Collaborative
- **State:** Maryland Dept. of Health & Mental Hygiene
- **County:** Washington County Health Department, Meritus Health, Meritus Health Parish Nurse Coordinator, Faith Community Nurses & Partnering Faith Communities.

**Activities**

- Education provided to faith community nurses by Meritus Health.
- Health education/coaching provided to participants by faith community nurses.
- Blood pressure monitoring/self-monitoring.
- Lifestyle focus areas chosen and scored.

**Outputs**

- **Faith community nurses** have an increased knowledge of hypertension prevention and control after participating in training and completing blood pressure competency.
- **Community/Participants** are aware of their own blood pressure reading and the lifestyle factors that influence it and can begin to make changes to improve their health & blood pressure.

**Outcomes**

- **Short-term outcomes:** participants set goals for improved BP and lifestyle changes or prevention of hypertension.
- **Intermediate outcomes:** improved BP control identified though monitoring and making lifestyle changes.
- **Long-term outcomes (in progress):** improved BP control and lifestyle choices, contributing to less hypertension-related hospitalizations and deaths.

**Environmental Factors:** Faith community nurses provide an ongoing continuum of care that facilitates linkages to resources, supportive relationships, healthy lifestyle choices and self-management. The faith community itself can offer additional support and resources.