Diabetes Self-Management Education (DSME) and Florida Medicaid

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Florida Department of Health
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Overview

Medicaid coverage for Diabetes Self-Management Education in Florida

- Major players
- Background
- Milestones
- Implementation Status
- Lessons learned
Major Players

- Agency for Health Care Administration (AHCA) – the Florida Medicaid Agency and the agency required by Florida Statutes to adopt standards for DSME
- Department of Health (DOH) – Diabetes Prevention and Control Program
- Florida Diabetes Advisory Council (DAC)
Major Players

- Joint Administrative Procedures Committee (JAPC) – joint standing committee of the Legislature. Conducts continuous oversight of state agency actions to assure that administrative rules are authorized by Florida law and no illegal rules are imposed on the people of Florida.
In 1995 Florida passed a law requiring health insurance policies sold in the state to provide coverage for diabetes outpatient self-management training and education (DSME).

- The law stated Agency for Health Care Administration shall adopt rules establishing standards for diabetes outpatient self-management training and education that have been accepted by the American Diabetes Association (ADA).
Background

- In 1996 the Florida law requiring coverage of DSME by insurers was extended to health maintenance organizations
  - The language requiring AHCA to “adopt rules establishing standards” was changed to “adopt standards”.

Milestones

- 1998
  - Medicaid HMO Contract

- 1998-2001
  - *Florida Diabetes Medical Practice Guidelines*
    - Addressed DSME
Milestones

- 2004
  - Statute authorizing Florida Diabetes Medical Practice Guidelines – repealed

- 2005
  - DAC recommends adoption of ADA Standards for Medical Care in Diabetes and the National Standards for Diabetes Self-Management Education
Milestones

• 2006-2011
  ◦ Each year DAC recommended Medicaid coverage of DSME
  ◦ DPCP presented information on benefits of DSME to Medicaid HMO Quality Improvement Coordinators
  ◦ Flyer on importance of DSME
Milestones

- Explored revising the statute
- Enlisted assistance of DAC member/State Representative to convene meeting of parties involved
Milestones

- **September 2011**
  - DPCP contacts JAPC – JAPC agrees standards should be adopted by administrative rule
  - **The process to adopt the administrative rule begins**
Milestones

- Partner Survey to develop recommendation on the standards to be adopted in Florida for DSME
2. Please indicate your support for recommending that the National Standards for Diabetes Self-Management Education be adopted in their entirety as the standards for diabetes outpatient self-management training and educational services in Florida.

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<tr>
<th>Answer Options</th>
<th>Response Percent</th>
<th>Response Count</th>
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<tbody>
<tr>
<td>I support this recommendation.</td>
<td>100.0%</td>
<td>16</td>
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<tr>
<th>Answer Options</th>
<th>Essential</th>
<th>Not Essential</th>
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<tbody>
<tr>
<td>Standard 6. A written curriculum reflecting current evidence and practice guidelines, with criteria for evaluating outcomes, will serve as the framework for the DSME entity.</td>
<td>14</td>
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<td>Standard 7. An individual assessment and education plan will be developed collaboratively by the participant and instructor(s) to direct the selection of appropriate educational interventions and self-management support strategies. This assessment and education plan and the intervention and outcomes will be documented in the education record.</td>
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<td>Standard 9. The DSME entity will measure attainment of patient-defined goals and patient outcomes at regular intervals using appropriate measurement techniques to evaluate the effectiveness of the educational intervention.</td>
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All health insurance policies, group health insurance policies and health maintenance contracts subject to the requirements of s. 627.6408, 627.65745 and 641.31 F.S. shall:
Provide diabetes self-management training and education services based on the current standards approved by the American Diabetes Association as outlined in the “National Standards for Diabetes Self-Management Education” which are incorporated by reference.
All health insurance policies, group health insurance policies and health maintenance contracts subject to the requirements of Sections 627.6408, 627.65745 and 641.31, F.S., shall provide, if the patient’s treating provider or a provider who specializes in the treatment of diabetes certifies that such services are necessary:

Diabetes outpatient self-management training and education services based on the current standards endorsed by the American Diabetes Association as outlined in the “National Standards for Diabetes Self-Management Education and Support” published in Diabetes Care, September 20, 2012, which is incorporated by reference.

Copies of these standards are available from the Agency for Health Care Administration, Bureau of Managed Health Care, 2727 Mahan Drive, Mail Stop #26, Tallahassee, FL 32308, or the American Diabetes Association at 1701 North Beauregard Street, Alexandria, VA 22311.

*Rulemaking Authority 627.6408(3), 627.65745(3), 641.31(26) FS. Law Implemented 627.6408, 627.65745, 641.31 FS. History–New 6-25-13.*
Milestones

Medicaid Managed Medical Assistance Program
Competitive Procurement Document
(c) In the same manner as specified in s. 641.31, F.S., the Managed Care Plan shall provide coverage for … outpatient self-management training and educational services…

Outpatient self-management training and educational services shall be in accordance with American Diabetes Association standards for such services.
Implementation Status

- Offered assistance to AHCA in completing readiness reviews of new managed care plans
- Partners, previous auditors, considering developing validation review process
Lessons Learned

- Persistence pays!
- If at once you don’t succeed, try try again
- Never give up
- Find out who the authority is and get to them as soon as possible
Questions?

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