Counseling: Going Global
CSI has been busy over the last year, which is reflected in this packed issue of Exemplar! CSI Days at ACA San Francisco is detailed in this issue. In fact, the summer issue of Exemplar may be one of my personal favorites because it showcases so much counseling excellence. Recipients of individual- and chapter-level awards, CSI grant recipients, and Leadership Fellows and Interns all are featured in this issue. Dr. Gerard Lawson also discusses his article for which he received the JCLA Outstanding Article Award.

As I pen this welcome, it is an uneasy time socially and politically, both in the US and abroad. Tensions and terror activity in various parts of the world offer a sobering reminder of the critical role counselors play in the wellness of clients and communities in the US and abroad. This issue offers a look at counseling on a global scale through President Barbara Herlihy’s emphasis on the globalization of counseling. Also, the CSI Counselor Community Engagement Committee offer ideas for chapters to connect with and make a difference in their communities. Finally, you can read about Dr. Michael Brubaker’s perspective on professional advocacy in the “Advocacy Agent” special feature.

The Exemplar team has many reasons to celebrate this summer. Our editor, Dr. Donna Gibson, not only received the Outstanding Chapter Faculty Advisor award this year (pictured above), but she also was promoted to Full Professor at Virginia Commonwealth University. Congratulations, Dr. Gibson! Also, Drs. Bradley McKibben and Sandi Logan-McKibben, along with former Student Editor Devon Romero, were awarded a 2017 Apex Award for Publication Excellence in the Newsletters - Writing category for their work in the Fall 2016 issue of Exemplar! I hope that you enjoy this issue of Exemplar.
CSI’s mission is to promote scholarship, research, professionalism, leadership, advocacy, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling. During CSI’s 2016-17 fiscal year that concluded on April 30, 2017, CSI members demonstrated this mission in many impressive ways. In just the few months since the new fiscal year has begun, CSI’s leadership and members already have been hard at work strategically planning how to continue further CSI’s mission in the coming year. Look for #WhyCSI and #CSILeaders posts on CSI’s social media (Facebook, Instagram, and Twitter) to find inspiration, ideas, and networking opportunities to help you contribute to the mission of CSI in our new year!

2016-17 Fiscal Year End Report

Members and Chapters

The new 2017-18 fiscal year began on May 1, 2017. At the end of CSI’s 2016-17 fiscal year, 396 CSI chapters had been chartered and more than 117,000 members had been initiated since our Society was chartered in 1985. We also welcomed more than 7,100 new members - the second highest number of new members welcomed during one year in the history of CSI! Almost 5,900 members renewed their memberships and continued to enjoy the benefits of membership and invest within our society. Additionally, nine new chapters were chartered (see p. 5).

Special thanks is extended to the Chapter Faculty Advisors (CFAs) who worked with CSI Headquarters staff to approve new members using a new online Member Management System (MMS) that was activated in Fall 2016. As we continue to refine the MMS, we welcome feedback and appreciate CFAs’ time and effort to learn and work with the new system that provides a streamlined, efficient system for approving new members and accessing chapter member lists.

Professional Development Opportunities and Support

During the last year, new members, renewing members, and visitors participated in CSI webinars that covered various clinical and professional topics, including legal and ethical issues, risk management in the treatment of self-injurious behaviors, psychopharmacology, and a three-part trauma series. Since CSI began offering quality webinars from leading scholars and practitioners within the counseling profession six years ago, more than 14,300 hours of NBCC-approved continuing education hours have been awarded! For just the cost of membership ($50 for new members; $40 for renewing members), CSI members can access hundreds of hours of live and recorded webinars.

Hundreds of chapter leaders, CFAs, and members attended CSI leadership trainings and educational sessions that were offered at various professional counseling conferences in the past year. The CSI Chapter Development Committee and Chapter Faculty Advisor Committee, respectively, facilitated Chapter Leader Trainings and CFA Trainings during the Fall 2016 NARACES, NCACES, RMACES, SACES, and WACES conferences and the March 2017 American Counseling Association (ACA) Conference and Expo. Society members also presented a CSI-sponsored educational session at the 2016 SACES conference as well as the CSI Leadership Workshop, two sponsored educational sessions, and 25 sponsored poster sessions at the 2017 ACA Conference and Expo. CSI values the opportunity to be part of these conferences and looks forward to connecting with members at the October 2017 ACES Conference in Chicago, IL, and the 2018 ACA Conference & Expo in Atlanta, GA.

True to CSI’s mission to support excellence in counseling, 25 awards were distributed during the 2017 CSI Days events that were held during the 2017 ACA Conference & Expo. Additionally, the CSI Excellence in Counseling Research Grants Committee and Review Panels selected recipients of 10 Chapter Development Grants and five Statewide/Regional Networking Grants that were awarded in the 2016-17 year. Moreover, CSI distributed more than $148,000 in chapter rebates to help members further the mission of CSI through their chapter activities. Since CSI was chartered more than 30 years ago, the society has returned more than $1.3 million dollars to support counselor education!
Resources From CSI Committees

The hard work of members of CSI’s Committees and Task Forces is reflected in the growth and activities of the society during the past year that are described in this report. In addition, members of the Leadership and Professional Advocacy Committee completed new “Advocacy Heroes and Heroines Interviews” with professional advocates identified by CSI’s Executive Council and “Professional Advocacy Agent Interviews,” which focus on recent efforts by CSI members. All of the interviews can be accessed on the Advocacy Heroes and Heroines webpage, including newly posted interviews with Drs. Gerard Lawson, Stephen Lenz, and Shawn Spurgeon, and on the Professional Advocacy Agent page where the interview with Dr. Michael Brubaker, published in this issue of Exemplar, can be found alongside earlier interviews with Drs. John Laux and Angela McDonald.

CSI’s Counselors’ Bookshelf provides reviews of books, movies, TV shows, and music that professional counselors have found useful in their work with clients. Dr. Barbara Mahaffey, Senior Editor, has been working with the Section Editors and Editorial Review Board members to publish new reviews written by CSI members. Visit the Counselors’ Bookshelf for free access to recently added reviews of resources such as Sarah Baker’s book At the Existentialist Café: Freedom, Being, and Apricot Cocktails; Susannah Callahan’s book Brain on Fire: My Month of Madness; the movie Born This Way; and Christina Aguilera’s song Beautiful.

Under the leadership of Drs. Tom Sweeney and Laura Shannonhouse, the CSI Wellness Practice and Research Committee has been developing, and continues to develop, valuable resources to help connect and assist counselors who are researching wellness. Information about wellness research, including citations, abstracts, and grant opportunities, can be found on CSI’s Wellness Research page.

CSI’s 2016-17 fiscal year was a busy and productive year that included continuing to welcome new members and chapters, offering quality professional development opportunities, recognizing members’ pursuit and attainment of excellence through awards and grants, and making valuable and practical resources available to members! We thank all of the committed Executive Council Officers, Editors, Committee Chairs, and members for the work they have done in the past year to continue to make CSI a strong and productive society.

2017-18 Fiscal Year Start

The 2017-18 Executive Council and Leadership officially began their term of service on May 1, 2017. On the first weekend in June, Dr. Holly Hartwig Moorhead presided over the Executive Council’s annual summer meeting in Greensboro, NC. During this meeting, officers, Exemplar and JCLA Editors, CSI’s Interns, and Headquarters staff planned for the new fiscal year. The work of CSI’s Committees in the coming year will flow from ideas developed by the Executive Council during this important annual meeting.

Please look for email announcements from CSI Headquarters in the coming months about details and upcoming deadlines to participate in CSI activities, trainings, and awards. Plan to recognize excellence in counseling by nominating a deserving counselor for one of CSI’s awards this fall! Also make plans to attend the CSI-sponsored educational session, Chapter Leaders Training, and Chapter Faculty Advisors Training that will be offered at the October 2017 ACES conference. We also invite you to take advantage of the valuable member benefit of earning NBCC-approved continuing education hours by attending and/or viewing CSI’s quality webinars.

CSI continues to be fiscally strong, growing in membership, and an important influence within the counseling profession because of our dedication to our mission to promote excellence in counseling. At the beginning of this update, Dr. Tom Sweeney, CSI Executive Director Emeritus, is quoted: “You don’t have to hold an office to be a leader, just a dreamer with a burn to see it come true.” In this new year, we look forward to working alongside every CSI member who is a dreamer and leads with excellence in their unique communities and we welcome your comments, suggestions, or ideas about ways to enhance member services (office@csi-net.org or holly.moorhead@csi-net.org).
Dr. Herlihy’s emphasis on the globalization of counseling stems from her experiences abroad, as well as her experience in the states. She described being grateful for the opportunity to teach courses in counselor education programs in Mexico, Venezuela, and Malta, where she was enlightened by the unique challenges faced in each community, while also recognizing the opportunities for her own personal and professional growth as a counselor and as a person. She shared, “Listening to diverse perspective on counseling, helping, and healing have taught me so much... to better understand my own privilege and my obligation as a citizen of the world to do what I can to help improve the lives of oppressed and marginalized individuals and groups.”

In addition to her experiences abroad, she shared how she was directly affected by Hurricane Karina in 2005. Being a resident of New Orleans at the time of Hurricane Katrina was life changing for Dr. Herlihy. Her own experience included living for many weeks in a mold-infested house without electricity or running water; yet, she stated that it was nothing compared to the lack of resources before and after the natural disaster. Powerfully, she reflected that the “small taste of doing without sharpened my empathy for the daily struggles of those who are disadvantaged and my awareness of the profound effects of my own privilege on my worldview.”

Listening to Dr. Herlihy share her experiences and her goals for the upcoming year, I have no doubt that she will enter this leadership role with the same compassion and commitment to the profession. She concluded with this important message for all CSI members: “Today, perhaps more than at any other time in modern history, the unique skills of professional counselors are needed at home and abroad to advocate for respect for human dignity, peace, and social justice.”
**JCLA Outstanding Article Award**

On Being a Profession: A Historical Perspective on Counselor Licensure and Accreditation

by Gerard Lawson, Tau Eta Kappa, Virginia Tech

Editor Note: Dr. Lawson was the recipient of the 2016-2017 Journal of Counselor Leadership and Advocacy Outstanding Article Award. We asked him to share a summary of his work.

I am so honored to have my article, “On Being a Profession: A Historical Perspective on Counselor Licensure and Accreditation,” recognized as the Journal of Counselor Leadership and Advocacy Outstanding Article. There are so many wonderful articles published in JCLA every year, this is a very nice recognition, and I appreciate an opportunity to introduce the article here in Exemplar.

The idea for this article began in debates and conversations about accreditation. There is a national movement, state-by-state, to require a degree from a Council for Accreditation of Counseling & Related Educational Programs (CACREP) accredited program as a prerequisite for licensure. Presently, at least four states (Ohio, North Carolina, Kentucky, Iowa) have adopted this standard, and several more are in process. Moreover, this standard has been adopted by numerous national organizations, including the American Counseling Association, Chi Sigma Iota, the National Board for Certified Counselors, the Association for Counselor Education and Supervision, the American Mental Health Counselors Association, and the American Association of State Counseling Boards.

So the purpose of this article was two-fold: first, to provide a thorough history of counselor licensure, and second, to call attention to the need for continued advocacy if counselors want to remain in the licensure marketplace. Frequently, I hear from mental health professionals and educators who are concerned about this movement, who are often trained in psychology programs, and who are not familiar with the history of counseling licensure. But there are some counselors who are also unaware of the struggles that counselors engaged in to secure licensure in the first place, starting about 50 years ago. One of the primary arguments that opponents of unified licensure standards through accreditation propose is that it would mean that individuals trained in psychology programs (not accredited by CACREP) would no longer be able to obtain licensure as a counselor, and they believe that is unfair. This argument always reminds me of the quote, “When you are accustomed to privilege, equality feels like oppression.” Counselors used to be able to secure licensure as a psychologist until the psychology profession made aggressive moves to expel counselors in the 1960s. So, the response from counselors was to seek and secure our own license in all 50 states, which took over 30 years. Along the way, many of the laws and regulations allowed for a degree in counseling or a “related field” to qualify for licensure. Now, the profession is taking steps to be sure that, when individuals go to see a counselor, that professional was actually trained to be a counselor (as opposed to a psychologist, social worker, marriage and family therapist, etc.). That position is equivalent to what the psychology profession did, though counselors are going about it in a way that will not cost anyone who is already licensed (or even in process) to be disadvantaged in any way.

The move to a single educational standard will make it easier for counselors to be recognized at the federal level (an area where we have been making progress) for programs like Medicare, and will make it easier for counselors to move from state-to-state. It will also ensure a counselor professional identity for individuals licensed as a counselor so that when clients go to see a counselor they will encounter the fullness of that identity.

I hope you enjoy reading about the history of counseling licensure, the challenges the profession has overcome, and the need for advocacy today. Plus, I also slipped in a little cool Greek mythology, in case you are in to that sort of thing.

Check out the full article:

CSI Days 2017

San Francisco, CA

by Barbara Herlihy, CSI President
San Francisco is always a delightful host city for a professional conference, and ACA 2017 was no exception. Space limitations created by the change of venue necessitated some “creative consolidation” of our usual CSI Days activities, but thanks to the hard work of CEO Holly Hartwig Moorhead, our “leaner but not meaner” CSI Days were a rousing success. We enjoyed the opportunity to welcome new leaders, conduct our business, and socialize with colleagues and friends.

On Friday, March 17, the Executive Council (EC) met and welcomed the new CSI Leadership Fellows and Interns (LFIs) to observe this final working session of the EC for the fiscal year. The LFI program is a unique opportunity for emerging leaders to develop their competencies to serve within CSI and the counseling profession as a whole. This year’s LFIs are an outstanding group of individuals, and we welcome them all.

On Friday afternoon, after the EC meeting, the Leadership Workshop was presented. This workshop, “Going Global: Leadership in Transcultural Counseling,” introduced the coming year’s Presidential theme of CSI’s role in the globalization of counseling. Panelists were prominent leaders in the internationalization of counseling movement who shared perspectives gained from their extensive experiences around the globe. The presenters were Drs. Christine Suniti Bhat, Catherina Y. Chang, Courtland C. Lee, and Spencer G. Niles. The panel presentation was followed by a brief question-and-answer and discussion period.

Saturday morning began with a buffet breakfast before the annual CSI Delegate Business Meeting. During the meeting, members learned about important updates from the CSI Executive Council and Headquarters Staff. Additionally, frequently asked questions were discussed, including those related to initiations, managing finances, rebates, social media, and membership retention. This information and a list of delegates are available on the 2017 CSI Days webpage. Grant recipients and recipients of the awards for 2016-17 CSI Outstanding Practitioner, Outstanding Practitioner Supervisor, Outstanding Entry-Level Student, Outstanding Doctoral Student, Outstanding Research, Outstanding Service to the Chapter, Outstanding Journal of Counselor Leadership and Advocacy Article, and Thomas J. Sweeney Professional Leadership were recognized.

If you were not able to attend the Delegate Business Meeting this year, we highly encourage you to come next year, as this is an informative session that meets your tri-annual obligation to attend and thus remain active and receive an annual chapter rebate.

Also on Saturday, the CSI Chapter Faculty Advisors (CFA) Training and CSI Chapter Leaders Training were held. This year, Drs. Lisa Aasheim and Raul Machuca hosted the CFA training, which included topics such as increasing and maintaining membership, recruiting and mentoring student leaders, fundraising, and online resources. The recipient of the 2016-17 CSI Outstanding Chapter Faculty Advisor Award was also recognized. The Chapter Leaders Training was led by three experienced Chapter CFAs: Drs. Julia Whisenhunt, Linwood Vereen, and Matt Glowiak. All chapter leaders, including those who could not attend, are encouraged to read the CSI Best Practice Guidelines for Chapter Initiations and Ceremonies. During the Chapter Leaders Training, recipients of the 2016-17 Outstanding Chapter, Outstanding Chapter Individual Program, and Outstanding Chapter Newsletter were recognized. A list of all the 2017-18 recipients of CSI Individual and Chapter Awards, as well as award recipients in previous years, can be accessed on the CSI website.

Saturday afternoon also marked the presentation of the first of two CSI education sessions, which built on President Michael Brubaker’s theme of “Fostering Wellness and Human Dignity through Leadership.” Drs. Nicole Stargell and Matt Glowiak, and Ms. Devon Romero presented on “Advocacy and the 10 Key Considerations in Counselor Community Engagement.” The second of the education sessions, held on Sunday morning, focused on “Professional Identity: A Crucial Step in Counselor Preparation” and was presented by Dr. Mark Young and Mr. Everett Painter.

Finally, the 25 CSI-sponsored poster sessions were enlightening on a variety of topics related to service and leadership. As always, CSI Days was a great time to convene and learn about current CSI activities, leadership practices, and the overall state of the organization. CSI remains vibrant thanks to the many members who continue to dedicate their time and energy to promoting excellence, mentoring new leaders, and impacting our communities. Thanks to all who made CSI Days 2017 such a successful event, and we look forward to seeing you next year in Atlanta.
CSI Days in Photos

2016 - 2017 Chapter and Individual Award Recipients

- Outstanding Newsletter (Small Chapter)
  Mu Kappa - Central Michigan University

- Outstanding Newsletter (Large Chapter)
  Beta - The University of Florida

- Outstanding Individual Program (Large Chapter)
  Upsilon Theta - The University of Tennessee, Knoxville

- Outstanding Chapter (Small Chapter)
  Delta Iota - Florida International University

- Outstanding Chapter (Large Chapter)
  Chi Epsilon - Georgia State University

- Outstanding Entry-Level Student
  Mary Chase Mize
  Chi Epsilon - Georgia State University

- Outstanding Doctoral Student
  Christian Chan
  Rho Theta - The George Washington University

- Outstanding Service to the Chapter
  Daniel Balva
  Delta Iota - Florida International University

- Outstanding Practitioner
  Leslie Lucas Hull
  Beta - The University of Florida

Outstanding Practitioner-Supervisor
Brittany Wilson
Rho Kappa - The University of North Texas

Outstanding Research
M. Kristina DePue
Beta - The University of Florida

JCLA Outstanding Article
Gerard Lawson
Tau Eta Kappa - Virginia Tech

Outstanding Chapter Faculty Advisor
Donna Gibson
Omega Lambda Iota - Virginia Commonwealth University

Edwin L. Herr Fellowship
Julie Cerrito
Chi Delta Rho - The University of Scranton

Thomas J. Sweeney Professional Leadership Award
Melissa Luke
Sigma Upsilon - Syracuse University

Members of Upsilon Theta receive the Outstanding Individual Program (Large Chapter) Award
Chi Sigma Iota’s Leadership Fellows and Interns (LFI) program offers counseling graduate students and professionals the opportunity to develop and/or diversify their leadership skills while also advancing CSI’s mission. Each year, CSI selects 10 LFIs from a highly competitive applicant pool: eight fellows who engage in 50 hours of service and two interns who engage in 100 hours of service. The LFI program offers a range of leadership opportunities, including involvement in CSI Days at the American Counseling Association (ACA) conference, CSI committee service, and CSI review panel service. Additionally, LFIs often are called upon to help synthesize information for CSI’s Chapter Annual Report Summary, to work on web projects or other CSI projects as needed, and to contribute articles to Exemplar. LFIs also are partnered with a mentor for the year to guide them through the program and help them advance their skills.

This year’s cohort of LFIs is a prolific group of emerging leaders, and CSI is both excited to see where this year takes each person and thankful for their service to CSI. Congratulations to the 2017-2018 LFIs!

Leadership Interns
Cynthia Bevly, Rho Kappa, The University of North Texas
Lisa Dunkley, Rho Zeta, The University of Kentucky

Leadership Fellows
Kenya Bledsoe, Rho, The University of Alabama
Candice Crawford, Chi Sigma Mu, Montclair State University
Jennifer Gerlach, Omega Lambda Iota, Virginia Commonwealth University
Tanisha Johnson, Alpha Upsilon Alpha, Argosy University-Atlanta
Sahar Loseu, Rho Kappa, The University of North Texas
Jennifer Moralejo, Upsilon Theta, The University of Tennessee, Knoxville
Laura Rendon Finnell, Upsilon Chi, The University of Central Florida
Ana Reyes, Rho Kappa, The University of North Texas

Interested in applying for CSI’s LFI program next year? Visit CSI’s LFI webpage to learn more!
Part of CSI’s mission is to promote excellence in scholarship and research, which serves as the foundation for CSI’s Excellence in Counseling Research Grants program.

What does **excellence** in scholarship and/or research mean to you?

How do scholarship and/or research fit into your identity as a professional counselor?

What can CSI chapters do to promote excellence in scholarship and research?

Graduate students are invited to submit a 500 word reflection addressing one or more of these points by September 1, 2017, to: Dr. Donna Gibson, *Exemplar* Editor, exemplar@csi-net.org

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**2016 - 2017 CSI Grant Recipients**

**Excellence in Counseling Research Grants**
- Amanda DeDiego, Dareen Basma, Eric Dafoe
  Mu Nu Tau - The University of Wyoming
- Melanie Iarussi, Elizabeth Mautz, Margaret Taylor
  Iota Delta Sigma - Auburn University
- Christina Jurekovic, Cheri Meder, Rebecca Meidinger, Johnsna Phares
  Alpha Sigma Chi - Adams State University
- Patrick Mullen, Natoya Haskins, Sean Newhart
  Omega Mu - College of William and Mary
- Andrea Nerlich
  Lambda Nu - Hofstra University
- Seungbin Oh, S. Kent Butler, Laura Rendon Finnell, Upsilon Chi
  University of Central Florida
- Amy Williams
  Omega Mu - College of William and Mary
- Hongryun Woo
  Rho Upsilon - The University of Iowa

**Chapter Development Grants**
- Alpha Omega Nu
  Neumann University
- Chi Delta Rho
  The University of Scranton
- Delta Upsilon
  Duquesne University
- Epsilon Beta Alpha
  City University of Seattle
- Mu Nu Tau
  The University of Wyoming
- Mu Tau Beta
  The University of North Carolina at Charlotte
- Omega Mu
  College of William and Mary
- Rho Epsilon
  The University of Northern Colorado
- Rho Sigma Upsilon
  Winona State University
- Theta Sigma Upsilon
  Tarleton State University

**Statewide/Regional Networking Grants**
- Chi Epsilon and Gamma Zeta
  Georgia State University
- Chi Delta Rho and Gamma Zeta
  The University of West Georgia
- Nu Sigma Chi and Phi Sigma
  North Carolina State University
- Nu Sigma Chi and Phi Sigma
  The University of North Carolina at Pembroke
- Pi
  Marywood University
- Rho and Iota Delta Sigma
  The University of Alabama and Auburn University
- Rho Zeta and Mu Sigma Chi
  The University of Kentucky and Murray State University

**2016 - 2017 CSI Grant Recipients**

**Chapter Development Grants**
- Alpha Omega Nu
  Neumann University
- Chi Delta Rho
  The University of Scranton
- Delta Upsilon
  Duquesne University
- Epsilon Beta Alpha
  City University of Seattle
- Mu Nu Tau
  The University of Wyoming
- Mu Tau Beta
  The University of North Carolina at Charlotte
- Omega Mu
  College of William and Mary
- Rho Epsilon
  The University of Northern Colorado
- Rho Sigma Upsilon
  Winona State University
- Theta Sigma Upsilon
  Tarleton State University

**Statewide/Regional Networking Grants**
- Chi Epsilon and Gamma Zeta
  Georgia State University
- Chi Delta Rho and Gamma Zeta
  The University of West Georgia
- Nu Sigma Chi and Phi Sigma
  North Carolina State University
- Nu Sigma Chi and Phi Sigma
  The University of North Carolina at Pembroke
- Pi
  Marywood University
- Rho and Iota Delta Sigma
  The University of Alabama and Auburn University
- Rho Zeta and Mu Sigma Chi
  The University of Kentucky and Murray State University

~ In Memoriam ~

Dr. John Carlson  
Gamma Sigma Upsilon  
Governors State University

Dr. Cyrus Ellis  
Gamma Sigma Upsilon  
Governors State University

You can also read about Dr. Carlson in the 2001 Spring issue of Exemplar.

More information can be found on CSI's Memorial Posting page.
SPECIAL FEATURE: LEADERSHIP & PROFESSIONAL ADVOCACY INTERVIEWS

Professional Advocacy Agent: Dr. Michael Brubaker
by Zanovia P. Tucker
Mu Beta Chapter, Western Michigan University

It was an honor to be granted an interview with Dr. Michael Brubaker, an Associate Professor and Coordinator in the School of Human Services at the University of Cincinnati. He is a National Certified Counselor (NCC) and a Licensed Independent Chemical Dependency Counselor – Clinical Supervisor (LIC-DC-CS) in Ohio. This article documents his inspiration and satisfactions in advocating for the counseling profession.

Dr. Brubaker has been advocating from the start of his career; however, he was not always aware that he was advocating. When he became conscious about the ways that client and professional advocacy are intertwined with one another, he realized that being a quality professional counselor is advocacy in itself. He wanted to provide exceptional clinical care for clients while also advocating for the counseling profession and those who serve within it. Also, Dr. Brubaker believes it is important to advocate for his students, helping them attain the same rights and privileges as comparable professionals.

Dr. Brubaker believes it is important to advocate for counseling professionals in order to better serve our clients. He noted that the work that counselors do is uniquely different from any other profession. Clients deserve to receive services from people who are properly trained in the field of counseling, who can make an impact on the health and well-being of others. Dr. Brubaker remarked about the shortage of professional counselors at Veteran Administration (VA) facilities, where there is a need for mental health services. Even though laws were put in place to hire professional counselors in the VA, they are largely not being employed, which leaves the veteran population underserved.

Recently, he has participated in many advocacy projects including being a contributing author in Chi Sigma Iota’s (2012) Professional Counseling Excellence through Leadership and Advocacy. This book explored professional and client advocacy and how they relate to one another and the importance of their relationship. He also teaches the Doctoral Foundations course at the University of Cincinnati, where he explores with his doctoral students the importance of becoming a leader and an advocate for the counseling profession. Also, he participates in other advocacy projects that are related to promoting professional counseling, in addition to focusing on wellness among counselors.

Dr. Brubaker emphasized the urgency in addressing reciprocity from state to state, which is a challenge due to inconsistent licensure laws. Moreover, he remarked how consistent minimum training standards in the counseling profession go hand-in-hand with licensure portability. Specifically, he noted that reciprocity will not be a reality in the counseling profession if there is not consistency in training for professional counselors across the United States. Dr. Brubaker believes there should be high quality standards in training programs, emphasizing the unique strengths of professional counselors.

The American Counseling Association’s Governing Council has worked tirelessly to form a single definition of counseling: “Counseling is a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals.” Dr. Brubaker remains hopeful that even greater support for our professional identity is on the horizon. He concluded, “I am proud that our profession has taken this important step in affirming our professional counseling identity.”

View Dr. Brubaker’s interview, along with other professional advocacy agents, at CSI’s Professional Advocacy Agent page.

JCLA Call for Manuscripts

Through high-quality research, scholarship, and professional dialogue, JCLA will promote the development of leaders to serve in diverse counseling settings, bring awareness to professional and client advocacy initiatives, and provide a forum for discussing professional issues. JCLA welcomes empirical, theoretical, and conceptual manuscripts focused on leadership, professional and client advocacy, and professional identity for counselors, counseling students, and counselor educators. Because evidence-based practice is at the heart of the counseling profession, JCLA will occasionally publish exemplary scholarship related to evidence-based practice in counseling practice, supervision, and education.

JCLA is published twice a year with a circulation in excess of 15,000. The editorial board accepts research and practice manuscripts on a rolling basis. To learn more about the journal aims and scopes and author guidelines, please visit www.tandfonline.com/ucla. Our manuscript submission portal is located at http://mc.manuscriptcentral.com/ucla. You may also address inquiries to jcla@csi-net.org.
Counselors making a difference through community engagement: Your chapter can be a success story

Dr. Nicole Stargell, Christian Chan, Dr. Matt Glowiak, & Sunny Teeling

Members of Chi Sigma Iota (CSI) are called to excellence in many areas, including Counselor Community Engagement (CCE), which is an intentional method for providing servant leadership to a specific population. Chapter leaders are encouraged to use the Ten Key Considerations for Chapter CCE in order to plan and implement activities that are collaborative, have measurable goals, advocate for a specific need, make a quantifiable difference in the community, and are intentionally evaluated. Many CCE activities include elements of fundraising, professional development, and/or advocacy; however, CCE incorporates a unique practical application component in collaboration with a community partner.

Local CSI chapters can benefit from participating in an intentional process for initiating their own CCE activities and events, especially since CCE revolves around collaboration and advocacy with the communities that counselors serve. Connecting with the community of interest, particularly leaders and stakeholders, necessitates both formal (e.g., instruments, surveys, interviews) and informal methods for needs assessment. Once the needs are identified, chapters can begin creating an action plan to focus on steps to address each specific need. Implementing the action plan provides direct service to the community. After the CCE activity is complete, chapters can benefit from an evaluation process. This allows the community to provide their input through a variety of assessment tools (e.g., interviews, surveys) and identifies new needs to build upon for future endeavors.

Two examples of CCE in action can help illustrate the process of developing, implementing, and evaluating a community engagement activity. The Illinois Counseling Association (ICA) and CSI partnered to create a co-sponsored counselor engagement event at the 2014 ICA Annual Conference, offering an opportunity for select Illinois undergraduates and pre-master’s graduates considering a career within one of the helping professions to attend the conference. Interested students submitted an application of interest and were selected by a taskforce. Invited students received a $100 scholarship to attend the conference. Attendees were engaged in a special morning and closing session and networking opportunity at lunch, which helped guide them through their first conference experiences. The special sessions included a panel of clinicians, counselor educators, and graduate students who presented on a variety of topics and answered pressing questions for students interested in the counseling profession. This collaborative effort served two important purposes: First, it helped orient and inform attendees about the counseling profession and the value of active participation in a professional organization. Second, it helped ICA and CSI better understand how to recruit, support, and retain developing professionals through an early, interactive introduction to a professional counseling organization, participation in professional education workshops, and short-term mentoring.

As a second example of CCE in action from 2016, the Upsilon Nu Iota chapter at the University of Northern Iowa worked with The Veteran and Military Association, Northern Iowa Student Government, and various community agencies centered on Mental Health (e.g., Active Minds, To Write Love on Her Arms) to co-sponsor the American Foundation for Suicide Prevention (AFSP) Campus walk. Participants attended a half-day event to learn about local resources for mental health needs, listen to a speaker, and participate in a walk for remembrance of someone/support of the cause. The event served many purposes, including advocating for the profession, connecting people with local resources on and off campus, and helping to fundraise for the AFSP. Local CSI members additionally benefitted by receiving professional development training on suicide assessment/prevention, development of leadership skills (as CSI was responsible for coordinating the event), and experience going into the community to speak with community members about the importance of suicide prevention and ways to assist individuals with mental health needs. The event will continue to be offered in the upcoming years.

Overall, CCE is an important part of the work we do as professional counselors, and we need your help. For more information regarding CCE for members of CSI, join us on Facebook and visit CSI International’s Resource Page to access a narrative overview of CCE that includes several helpful files (including the 10 key considerations). Become inspired, get engaged, and be the next CSI CCE Success Story!
CSI Congratulates Dr. Carol Bobby, Past President (1992-93), on her Retirement!

Chi Sigma Iota’s Executive Council and staff are pleased to congratulate Dr. Carol Bobby, Past-President of CSI (1992-1993), on her retirement as President and Chief Executive Officer of the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

Under Dr. Bobby’s leadership, CACREP has grown into an agency that accredits more than 750 master’s and doctoral degree counseling programs at more than 340 universities. During her tenure, CACREP added the International Registry of Counselor Education Programs (IRCEP) and the CACREP Research Initiative for Graduate Students (CRIGS) Fellowship program. Dr. Bobby’s additional leadership positions have included serving as Chair of the Association of Specialized and Professional Accreditors (ASPA) and as President of the International Network of Quality Assurance Agencies in Higher Education (INQAAHE). She represented CACREP during trips to more than 50 countries.

Dr. Bobby was President of CSI during the 1992-1993 year. After presiding over her first CSI Executive Council meeting, Dr. Bobby observed that “it is really the commitment that each individual CSI member has made to foster excellence in counseling that allows the Council to exist.” Her dedication to CSI members was especially apparent the following spring when a devastating winter storm struck Atlanta two days before the 1993 CSI Days events were to be held during the ACA Conference & Expo, and some CSI leaders were unable to attend the conference. Dr. Bobby diligently worked with other CSI leaders to make accommodations and ensure that CSI members could still participate in all of the planned CSI Days activities.

As a Life Member of CSI, Dr. Bobby has remained active in the Society. She served as a panelist on multiple CSI Leadership Workshops and co-presented three CSI webinars. In the 2014 Special Edition of the CSI Exemplar that focused on Professional Identity, Dr. Bobby published an article titled, “Owning our Counselor Identity: The Final Frontier for Becoming a Profession.” Dr. Bobby’s article addressed the critical role that organizations such as CACREP, NBCC, and CSI have played in establishing the counseling profession. When discussing the importance of having an honor society that recognizes excellence in professional counseling, Dr. Bobby noted that “there is no profession of counseling if counselors do not identify themselves with pride when they explain to people who they are and what they do.” She encouraged CSI members to proudly say, “I am a professional counselor!”

We are also glad to recognize Dr. Charles F. (Rick) Gressard, who has served as a CSI Chapter Faculty Advisor for more than twenty years, as he steps into the role of CACREP’s Interim CEO & President. Our Society’s leaders look forward to working with Dr. Gressard and the rest of the CACREP staff to continue our collaborations.

Congratulations to Dr. Bobby on a well deserved retirement. We are grateful for your many contributions to CSI, CACREP, and the counseling profession.