Diagnosing Malnutrition Using Nutrition Focused Physical Exam

Make a difference in your patients’ health and your hospital’s bottom line: participate in WAND’s pre-conference and become competent in diagnosing malnutrition using Nutrition Focused Physical Exam. We strongly encourage RDNs to register with a co-worker to collaborate and support continued practice.

To assure baseline proficiency, registrants are provided with preparatory materials (including access to a video demonstrating NFPE) and required to pass a pre-test on the new malnutrition guidelines prior to participating in the program; 2 hours CPE are awarded for this pre-work.* The 4-hour pre-conference begins with presentation on inflammation, edema and nutrient deficiencies and instruction on the process of Nutrition Focused Physical Exam. Participants then begin putting all the parts of the nutrition assessment together (chart review, labs, patient interview, nutrition physical exam, etc) to achieve an accurate diagnosis of malnutrition in four case studies. Ultimately, participants are required to demonstrate accurate nutrition assessment on four live models, correctly diagnosing three cases of malnutrition to be assessed as competent. For those interested in becoming an expert in malnutrition diagnosis and training other dietitians, information will be available at this meeting.

Workshop Faculty: Three highly experienced ThedaCare registered dietitians from Appleton, WI will collaboratively teach our 2017 NFPE pre-conference: Angelica Gronke, RD, CDE, CD, Education Specialist; Lori Hartz, MS, RD, CD, Manager of Clinical Nutrition; and Cheryl Shockey, MS, RD, CD, Inpatient Lead Clinical Dietitian. In addition to training attendees at three prior WAND NFPE workshops, these dietitians have worked with two other healthcare facilities and collaborated with other RDs and health care professionals on best methods for training RDs in NFPE. Angelica Gronke previously completed NFPE training at Cleveland Clinic’s Malnutrition Workshop and is the 2015 recipient of the Academy of Nutrition and Dietetics Foundation’s Abbott Nutrition Alliance Award.

*Early registration, by 3/1/17, is required to ensure pre-work is completed prior to the workshop.