Nutrition Focused Physical Exam Hands-On Training Workshop

“I feel much more comfortable and confident in what I am looking for when I am touching the patient. In my first day back I performed NFPE on 2 patients and found one to be malnourished. Thanks for an excellent day of training!” – RDN participant from St. Louis, Missouri

Workshop Objectives

- Recognize the role of Nutrition Focused Physical Exam (NFPE) in identifying malnutrition
- Assess muscle wasting and fat loss
- Evaluate the presence of edema or fluid accumulation
- Identify clinical signs of micronutrient deficiencies and toxicities
- Measure functional status using handgrip strength dynamometer
- Demonstrate basic NFPE skills with actual patients

Fee

- $400 for Academy members / $450 for nonmembers (EARLY BIRD) (Additional $50 after Early Bird Deadline)
  - Includes:
    - Full Day Hands-on Training
    - Pre-Workshop Material
    - Trainer Demonstrations
    - Medical Penlight
    - Post-Workshop Support
    - Nutrition Focused Physical Assessment: Making Clinical Connections textbook by Mary Litchford, PhD, RDN, LD
  - 10 CPEs
  - NFPE Pocket Guide
  - NFPE Patient/RDN Script
  - NFPE Skills Assessment
  - NFPE Training Guidelines
  - Breakfast and Lunch

Upcoming Workshop:

ADULT NFPE WORKSHOPS

Fri, September 8, 2017 – Upland Hills Health, Dodgeville, WI
Mon, September 18, 2017 – Inova Alexandria Hospital, Alexandria, VA
Mon, Sept 18, 2017 – Memorial Hosp of Sweetwater County, Rock Springs, WY
Fri, October 20, 2017 – Rush U Med Ctr OR Loyola U Med Ctr, Chicago, IL
Sat, October 21, 2017 – Rush U Med Ctr OR Loyola U Med Ctr, Chicago, IL

To register for a workshop, view scheduled NFPE workshop locations, or learn about being a host site or a trainer, visit http://www.eatrightpro.org/NFPE

Questions? nfpe@eatright.org

Academy of Nutrition and Dietetics
120 South Riverside Plaza
Suite 2190
Chicago, Illinois 60606
nfpe@eatright.org
www.eatright.org/