ESSKA Advanced Shoulder Arthroscopy Course

29-30 June 2017 in Watford, United Kingdom
The ESSKA Advanced Shoulder Arthroscopy Course is designed to provide certified orthopaedic surgeons thorough, didactic and practical training in challenging disorders of the shoulder from renowned ESSKA Faculty using state of the art surgical facilities.
ESSKA Faculty

Assoc. Prof. Michael HANTES
Course Chairman
Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia
University Hospital of Larissa
Larissa, Greece

Prof. Mustafa KARAHAN
Acibadem University
Department of Orthopaedics
Istanbul, Turkey

Dr Nuno GOMES
Hospital Militar Porto
Hospital CUF Porto
Porto, Portugal

Dr Johannes BARTH
Grenoble Shoulder Institute
Le centre ostéo-articulaire des Cèdres
Grenoble, France

Prof. Giuseppe MILANO
Department of Orthopaedics,
Catholic University
Shoulder Service, A. Gemelli
University Hospital
Rome, Italy

Viktoras JERMOLAJEVAS
Northway Medical Center
Vilnius, Lithuania

Dr Roman BRZOSKA
Private practice
Head of the Upper Limb Department,
St. Luke’s Hospital
Bielsko-Biała, Poland

Course objectives
• understand the decision-making process involved in choosing the appropriate surgical approach in challenging disorders of the shoulder
• observe and practise the state of the art surgical technique
• be able to discuss the management of disorders with ESSKA Faculty dedicated to training
## Programme

### Thursday, 29 June

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Title</th>
<th>Presenters</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00</td>
<td>08:15</td>
<td>Welcome and Introduction</td>
<td>M. Hantes R. Brzoska</td>
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<tr>
<td>08:15</td>
<td>08:30</td>
<td>Arthroscopic Bankart repair for Anterior Shoulder Instability. Tips and Tricks</td>
<td>V. Jermolajevas</td>
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<td>08:30</td>
<td>08:45</td>
<td>BLS plus Remmplissage Procedure for Anterior Shoulder Instability</td>
<td>R. Brzoska</td>
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<tr>
<td>08:45</td>
<td>09:00</td>
<td>Tenodesis or SLAP repair in Biceps Lesions? When and how</td>
<td>G. Milano</td>
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<tr>
<td>09:00</td>
<td>09:15</td>
<td>Arthroscopic Management of Posterior Shoulder Instability</td>
<td>M. Hantes</td>
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<td>09:15</td>
<td>09:30</td>
<td>Diagnosis and Management of Multidirectional Shoulder Instability</td>
<td>M. Karahan</td>
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<td>09:30</td>
<td>09:45</td>
<td>Discussion</td>
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<td>09:45</td>
<td>11:45</td>
<td>First Lab Session: Anterior Instability and SLAP lesions</td>
<td>R. Brzoska</td>
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<td>11:45</td>
<td>12:15</td>
<td>Lunch</td>
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<td>12:15</td>
<td>12:30</td>
<td>Identification and Repair of Subscapularis Tears</td>
<td>G. Milano</td>
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<td>12:30</td>
<td>12:45</td>
<td>Partial Rotator Cuff Tears. What to do? In Situ Repair or Complete the Tear and Repair?</td>
<td>N. Gomes</td>
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<td>12:45</td>
<td>13:00</td>
<td>Single or Double Row for Full Thickness Rotator Cuff Tears?</td>
<td>M. Hantes</td>
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<td>13:00</td>
<td>13:15</td>
<td>The Role of Latisimus Dorsi Transfer in Massive Rotator Cuff Tears</td>
<td>V. Jermolajevas</td>
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<td>13:15</td>
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<td>Management of Failed Rotator Cuff Repair</td>
<td>J. Barth</td>
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<td>Discussion</td>
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<td>14:00</td>
<td>16:30</td>
<td>Second Lab session: Subacromial Decompression, AC Joint Resection and Rotator Cuff Repair</td>
<td>G. Milano</td>
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<td>Arthroscopic Release of the Stiff Shoulder</td>
<td>J. Barth</td>
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<td>08:15</td>
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<td>Management of Bone Defects in Anterior Shoulder Instability - The Latarjet Procedure</td>
<td>R. Brzoska</td>
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<td>08:30</td>
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<td>Management of AC Joint Dislocations</td>
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<td>Discussion</td>
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<td>Third Lab Session: Mini-Open Latarjet and AC Joint Reconstruction</td>
<td>V. Jermolajevas</td>
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<td>11:30</td>
<td>11:40</td>
<td>Closure and Meeting Evaluation</td>
<td>M. Hantes</td>
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<td>11:40</td>
<td>12:25</td>
<td>Lunch</td>
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Course Venue
Smith & Nephew Expert Connect Centre
Croxley Green Business
Park Building 5, Hatters Lane
Watford, WD18 8YE
United Kingdom
Phone: +44 (0) 1923 477100

Transfers
Nearest airports are:
London Luton Airport: 30 minutes by car
London Heathrow Airport: 45 minutes by car
Ground transportation to and from London Luton and Heathrow Airport will be arranged

Hotel Information
Shendish Manor Hotel
London Road, Apsley
Hertfordshire, HP3 0AA
United Kingdom
Phone: +44 (0) 1442 232220

Other Details
Course Language: English
Dress Code: Business casual
Registration Fee: 500€ (upon selection)
ESSKA covers the following for selected candidates:
• travel reimbursement up to 350€
• all transfers in the United Kingdom
• accommodation - 2 nights*
• lunches and dinner

* Accommodation for the nights of 28 and 29 June is included in the registration fee. Please request an additional night (30 June) at a discounted rate if required. You will need to arrange payment for the additional night directly with the hotel upon departure.
Contact Information

Course information, registration and general queries

ESSKA
Joseph Ramesh
Education Coordinator, Luxembourg
Email: courses@esska.org
Phone: +352 4411 7027

Logistics – Transfer bookings and on-site queries

On-site Contact
Jessica Mainprize
Event Coordinator, Watford, UK
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Phone: +44 (0) 1923 477456

This course has been sponsored by our corporate partner