Georgia Psychological Association
2016 Annual Meeting

From the Atlas to the GPS:
Drawing from our Past to Navigate the Modern Road of Life

April 15-17, 2016
Augusta Marriott at the Convention Center
Augusta, Georgia
KEYNOTE SPEAKER
Tim Nichols, PhD

Companies across the country are seeing the value of hiring psychologists but not just for wellness programs. Dr. Tim Nichols, a graduate of Georgia Tech in Engineering Psychology, is one of those psychologists. Leading a team of researchers at Microsoft Studios, Dr. Nichols works to figure out why people do what they do including understanding technology’s role in satisfying fundamental human needs like play and connecting with others. Dr. Nichols will expand our horizons in looking beyond clinical psychology in his keynote address, “Fight for the Users: Empathy & Science in Game Development”, where he will speak on the needs and goals of game players and how companies like Microsoft use behavioral research methodologies in the development of their games. Dr. Nichols’ workshop, “Innovation Because We Should, Not Because We Can”, is designed to help highlight where psychologists apply behavioral research to develop and improve the continuously growing field of technological products.

Pre-Conference
8:00am-5:00pm: Registration Open
9:00am-12:00pm: The Trust Workshop - Sequence VI (Part 1); Ethics and Risk Management in the Age of The Affordable Care Act: Everything You Didn’t Want to Know and Were Afraid to Ask (6 Ethics hrs. CE) Dan O. Taube, PhD, JD

Rather than focusing primarily on specific risk issues in psychological practice and strategies that minimize them, this workshop will focus on ethical and risk management issues as they relate to the broader changes in psychological practice and the role of psychologists in new product development, highlighting areas where technical innovation alone does not make a successful product. Experience innovation arises through a deep understanding of people’s needs and goals, and incorporating these fundamental human motivations into product design.

12:00pm-2:00pm: Lunch on Your Own
2:00pm-5:00pm: The Trust Workshop - Sequence VI (Part 2)

Friday, April 15
7:30am-5:00pm: Registration Open
7:30am-9:30am: Continental Breakfast with Exhibitors
8:00am-9:15am: Keynote Session
Tim Nichols, PhD
Fight for the Users: Empathy & Science in Game Development
155 million Americans play video games. Millions more watch others play via streaming apps and follow their favorite gaming celebrities, and last year’s League of Legends Worlds tournament finale had over 27 million unique viewers. The role of psychologists (user researchers) in game development is to deeply understand the players’ needs and goals, whether a family dancing in front of a motion-gaming system or a Minecraft player hosting friends on her server. With more types of players and ways to play, psychologists employ a wide range of behavioral research methodologies, while maintaining a deep empathy for all players.

9:15am-9:30am: Visit with Exhibitors for Door Prizes

9:30 am - 12:30 pm: CE Workshops
1 School Gun Violence
(3 Ethics hrs. CE) Jerry L. Brittain, PhD
Presentation will summarize a ten year study on all school gun violence, with focus on how it does, or does not comport, with the 2002 Secret Service/FBI analysis of USA school shootings. Trends, predictors of violence, the ethics of predicting violence, the role of culture, whether or not such persons are mentally ill, and how mental health can participate in prevention or intervention efforts, will all be included. (Intermediate)

2 Veteran Status as a Cultural Variable: Implications for Treatment and Education
(3 hrs. CE) Erica Gannon, PhD; Michael Martin, PhD; and Jennifer Smith, PsyD
Veteran status is an important cultural factor that is often neglected in discussions of diversity. This workshop will explore the topic of how veteran status can present both challenges and opportunities in both a treatment setting and the college classroom. This workshop will discuss cultural variables related to military service and connect this with existing literature on multicultural factors and cultural competence, in both clinical and academic settings. (Intermediate)

3 Clients as Practice Partners: Catalyzing Recovery-Oriented Care Through Collaboration
(3 hrs. CE) Alex Mabe, PhD and Brian Anderson, CPS
In contrast to the traditional model of mental health care, the recovery model places the emphasis on recovery as a restoration of individuals to meaningful lives regardless of the ongoing presence of mental illness. Eight years in the making, this workshop provides an examination of the paradigm shift advocated by the recovery model of care to facilitate the inclusion of professional psychologists as full partners in the transformation of our mental health care system. (Introductory)

4 Brains, Behavior, Concussions, and Common Sense
(3 hrs. CE) Marla Shapiro, PhD
The incidence and management of sports-related concussions has been a trending topic, however “it is the mismanagement of the injury that is the problem.” This workshop will review current models of pathophysiology, diagnosis and management of sports-related concussions. Socioeconomic issues relating to referral patterns and professional turf, and gender and age bias in research will be addressed, with an emphasis on ecological approaches to education, assessment and intervention. (Introductory)

12:30pm-2:00pm: Break
• Lunch on Your Own
Lunch options include venue restaurants/buffet as well as a variety of restaurants within a short walking and driving distance.

• Visit with Exhibitors for Door Prizes

2:00 pm - 5:00 pm: CE Workshops
5 Innovation Because We Should, Not Because We Can: The Role of Psychologists in New Product Development
(3 hrs. CE) Tim Nichols, PhD
New and updated products appear seemingly every day, from bigger screens to smaller wearables, but technical innovation alone does not make a successful product. Experience innovation arises through a deep understanding of people’s needs and goals, and incorporating these fundamental human motivations into product design.

Attendees will participate in discussions and exercises that illustrate various phases of consumer product development, highlighting areas where
psychologists apply behavioral research methods and insight into human behavior to create more usable, useful, and delightful products. (Introductory)

6. Working with the Suicidal Client: Assessment, Intervention, Risk Management, and Self-Care
(3 hrs. CE)
Lauren Moffitt Edwards, PhD
This workshop will focus on assessment of a client’s risk for suicide, taking into account factors such as underlying vulnerabilities and immediate dangers. The presenters will focus on empirically-based interventions tailored to the client’s specific level of risk. Brief suggestions for risk management as well as ways to manage anxiety in the moment and improve self-care will be provided. Case examples will illustrate the material and discussion is welcome. (Introductory)

7. Confounding Bipolar and Borderline Diagnoses: More Common Than You Think (Are You Guilty?)
(3 hrs. CE) Leslie Ellis, PhD; Jennifer Hildebrand, Esq.; and Chris Rawls, Esq.
This workshop presents current research indicating psychiatrists and psychologists are significantly mis-diagnosing Bipolar Disorder, primarily by confounding manic symptoms and what appears to be rapid cycling mood switches with the emotional lability of under-diagnosed Borderline Personality Disorder. Clinicians will be able to differentiate the client who has Borderline Personality Disorder from the client who has Bipolar disorder through practical guides. Medical, legal, ethical and treatment implications and repercussions of confounding these diagnoses are presented. (Intermediate)

8. Understanding the Neurodevelopmental Consequences of Prenatal Alcohol Exposure
(3 hrs. CE) Claire D. Coles, PhD and Julie A. Kable, PhD
Recently, national organizations have called for the identification of children/youth affected by prenatal alcohol exposure (PAE). Psychologists often provide diagnostic assessments and appropriate interventions for this high risk clinical group. This workshop describes the neurodevelopmental consequences of PAE and explains the DSM-5 diagnosis of Neurobehavioral Disorder Associated with PAE. Promising approaches to intervention will be reviewed, including a lifespan approach to understanding the impact of PAE. (Intermediate)

9. The Use of Mindfulness in Current Therapeutic Modalities with Young Adults
(3 hrs. CE) W. Jeffrey Henderson, PhD, ABPP and Amy House, PhD
Mindfulness is being increasingly utilized and integrated into several evidence based treatment modalities (e.g., ACT, DBT, MBCT). This workshop will present how to use mindfulness therapeutically including the empirical literature, working with differing cultural backgrounds, training mindfulness skills without using formal meditation, and clinical and experiential examples. Presenters will draw largely from ACT and DBT in illustrating mindfulness practices. (Introductory)

10. New Frontiers in Family Building: The Role of Psychology in Assisted Reproductive Technology
(3 hrs. CE) Lauren Magalnick Berman, PhD
This workshop introduces psychologists to the field of infertility psychology. The presenter will highlight a model interfacing between psychology and reproductive endocrinology; discuss psychological issues and challenges infertility patients experience; and explain various methods for third-party family building and the psychologist’s role in these methods. Also discussed are challenges which confront LGBT and single intended parents in their quest to build families. Ethical dilemmas will also be presented. (Introductory)

11. Behavioral Sleep Medicine: A Clinical Approach to Diagnosis and Treatment
(3 hrs. CE) Anne Bartolucci, PhD, C.B.S.M. and Haley Byers, PhD, C.B.S.M.
Disrupted sleep is one aspect of a client’s mental health that can worsen symptoms of other disorders and interfere with treatment effectiveness, but it is more complicated than one might expect. Georgia’s only certified behavioral sleep medicine specialists will discuss sleep across the lifespan, how medical sleep disorders can affect and mimic psychiatric disorders, and empirically-supported treatments that can be employed. (Introductory)

12. Friday Workshops continued
3:00pm-4:30pm: Student Poster Session Judging
5:00pm-6:30pm: Welcome Reception/Poster Session Awards
Join colleagues, members, meeting attendees and student poster nominees for appetizers and beverages. This is a great chance to network with new members/attendees, colleagues and the leadership of GPA. Student poster awards will be presented. Cash bar available.

Saturday, April 16
7:30am-5:00pm: Registration Open (Closed for Lunch: 12:15pm-2:00pm)
8:00am-9:15am: Plated GPA Business Meeting Breakfast
8:00am-9:30am: Continental Breakfast with Exhibitors
9:30am - 12:30pm: CE Workshops
Managing Dual Roles when Working within Military and Veteran Populations
(3 Ethics hrs. CE) Seth Davin Norholm, PhD
Psychologists in military/veteran settings are at risk for ethical dilemmas due to their dual roles of officer and/or government employee and therapist. Threats to competence include primary/secondary traumatization in which the psychologist is potentially compromised by repeated exposure to traumatic material. Mitigating factors include clinical experience, colleague interaction and social support. Effective safeguards against threats to clinical competence will be presented. (Intermediate)

The Use of Mindfulness in Current Therapeutic Modalities with Young Adults
(3 hrs. CE) W. Jeffrey Henderson, PhD, ABPP and Amy House, PhD
Mindfulness is being increasingly utilized and integrated into several evidence based treatment modalities (e.g., ACT, DBT, MBCT). This workshop will present how to use mindfulness therapeutically including the empirical literature, working with differing cultural backgrounds, training mindfulness skills without using formal meditation, and clinical and experiential examples. Presenters will draw largely from ACT and DBT in illustrating mindfulness practices. (Introductory)

FEATURED PRESENTER
Dr. Nansook Park is a Professor of Psychology and the Director of the Michigan Positive Psychology Center at the University of Michigan. Her research focuses positive psychology with a goal of understanding of how the human experience teaches lessons about building a happy, healthy, and fulfilling life. Speaking on the four topics of concern to positive psychology: positive experiences, positive traits, positive relationships, and positive institutions, Dr. Park will provide an overview of major positive psychology research and effective hands-on techniques that can be applied in various settings to build and sustain a thriving life, including discussing key issues and considerations associated with practices for people with different cultural and social backgrounds and abilities. She is a Nationally Certified School Psychologist who has been invited to speak on positive psychology at both national and international workshops, and has authored numerous journal articles and book chapters.
Working with Individuals with Traumatic Brain Injury: From Concussion to Catastrophic Brain Injury
(3 hrs. CE)
Suzanne Penna, PhD, ABPP-CN

There has been a recent explosion of media coverage on brain injury. Given the high comorbidity between brain injury and psychological dysfunction, more mental health providers are needed to work with these individuals. This session will address typical cognitive, physical, and emotional changes seen as a result of brain injury, including a focus on severity and expected functional consequences of injury. Emphasis will be placed on advances in our understanding of concussion, including typical recovery, and common psychological comorbidities, legal, and medical factors that can impact recovery. (Intermediate)

6:30pm-8:30pm: GPA Private Boat Tour along the Savannah River

Join fellow GPA members for a two-hour private boat tour along the beautiful Savannah River in Augusta. Cruise on the Patriot Riverboat, a family owned and operated boat dedicated to giving you a safe and pleasurable time on the water. A USCG inspected vessel, the Patriot is safe and steady. Refreshments will be provided. Cost: $25 per person.
## GPA ANNUAL MEETING REGISTRATION FORM

Please complete all information.

### ATTENDANCE OPTIONS

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<thead>
<tr>
<th>GPA Member</th>
<th>On or Before 3/5</th>
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<td>Full Conference</td>
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<td>One Day ONLY: List Day</td>
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**GPA Student/Post Doc Member (will not receive a CE certificate)**

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**Non-Members**

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### OPTIONAL ATTENDANCE OPTIONS:

- **GPA Private Boat Tour (Saturday evening):** $25 per person: _____
- **Guest Food ONLY:** $35/day _______ Friday _______ Saturday
  
  (See Guest Policy below for details.)

### Special Dietary Requests:

- Vegetarian
- Vegan
- Gluten-free
- Other: Please specify ________________

### METHOD OF PAYMENT

Email confirmations and receipts will be sent once the office receives your registration.

- Check Enclosed - Make check payable to **Georgia Psychological Association**
- Credit Card - [ ] Visa [ ] Mastercard [ ] Discover [ ] American Express

  **Account # ______________________________ Exp. Date ___ / ___ / ___**

  **Name on Card ____________________________ Security Code ____ / ____ / ____**

  (3 digits on back / 4 on front for AmEx)

  **Billing Address ______________________________________________________________**

### REGISTRATION INFORMATION

**Online Registration (PREFERRED)**

Visit [www.gapsychology.org](http://www.gapsychology.org)

**Fax or Mail Registration**

Please complete the attached form and return it via fax to (404) 634-8230 OR send by mail (with enclosed check or credit card information) to: **Georgia Psychological Association**

Attn: Annual Meeting

13 Corporate Blvd., NE, Suite 220

Atlanta, GA 30329

Phone registrations are not permitted.

### ACCOMMODATIONS INFORMATION

**Augusta Marriott at the Convention Center**

2 10th Street, Augusta, GA 30901

Phone: (800) 868-5354

**GPA Rate:** $136/night plus applicable taxes

**Cut-off Date:** On or before

**Dates applicable for rate:** April 10-19, 2016

Meeting attendees are responsible for making their own hotel reservation. Please request the Georgia Psychological Association room block. Attendees are encouraged to make their room reservations early to avoid the deadline and possible rate increase.

### CANCELLATION POLICY

All cancellations must be submitted in writing to Amy Dietrich via email (amydietrich@gapsychology.org). A $75 cancellation fee will be charged for any cancellations prior to April 1, 2016. No refunds will be given after April 1, 2016.

**Continuing Education Hours:**

- **Pre-Conference (Trust Workshop):** 6 (Ethics) APA-Sponsored CE Hours
- **Conference:** 15 APA-Sponsored CE Hours (6 Ethics Hours Available)
- **Area III Conference Credit (GA Continuing Education Rules):** One additional credit hour per day for attending special events. There are no special events during the pre-conference.
- **Total Potential Hours for Attending Pre-Conference, Conference and Special Events:** 24 hours. Attendees should not miss more than 15 minutes per three hour workshop in order to earn CE credit. The Georgia Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. GPA maintains responsibility for this program and its content.

### GUEST POLICY

Guests of Annual Meeting attendees are welcome to register as guest event attendees. Guest registration ($35/day) includes attendance at all breakfasts, breaks and the Welcome Reception. Workshops are not open to guests.
The Georgia Psychological Association is excited to visit the charming city of Augusta, Georgia for the 2016 Annual Meeting on April 14-17, 2016. The riverfront hotel and convention center offers a spacious venue for the conference as well as an ideal location in the heart of the downtown business district on the banks of the Savannah River. Guests will enjoy the hotel’s proximity to shopping, entertainment and cultural attractions, as well Georgia Regents University and Augusta National Golf Club. Each of our distinctive Augusta hotel’s spacious rooms and suites includes complimentary wireless Internet, access to an updated fitness center, indoor and outdoor pool, and business center – everything you need to stay productive and refreshed.

The GPA Annual Meeting will give psychologists the opportunity to earn up to 24 continuing education hours, including a pre-conference risk management ethics workshops, two additional ethics workshops, and three conference credits through social activities. This year’s theme, “From the Atlas to the GPS: Drawing from our past to navigate the modern road of life,” focuses on lifespan psychology, development of a theory, intervention, assessment, etc. and how the development lends itself to current practice, and future oriented approaches to the practice of psychology.

This year’s keynote speaker, Dr. Tim Nichols, hails from Microsoft as a user researcher in gaming, and he is a graduate from Georgia Tech. Dr. Nichols will launch the Annual Meeting with a presentation titled “Fight for the Users: Empathy & Science in Game Development,” which discusses the psychologist’s role and research methodologies in regard to today’s gaming culture. He will follow his presentation with a three hour workshop titled “Innovation Because We Should, Not Because We Can: The Role of Psychologists in New Product Development” on Friday afternoon.

Traveling from Michigan, Featured Presenter Nansook Park, PhD, NCSP will be leading a captivating workshop on “Positive Psychology: Research and Practice” on Saturday morning.

In addition to earning continuing education, conference attendees can engage in many social opportunities throughout the weekend. On Friday evening, everyone is encouraged to come to the Welcome Reception along with the GPA Student Poster Session. Participants are invited to enjoy hors d’oeuvres, meet new and old colleagues, and visit with various students while viewing their poster submissions. Saturday morning starts with the Plated GPA Business Meeting, where attendees will receive updates on the association including latest developments, membership information, financial updates and plans for the future. On Saturday’s lunch break, psychologists and students can casually mingle with colleagues during the GPA Networking Lunch. End the day with a relaxing and scenic boat tour of the Savannah River. GPA has privately reserved a two-hour boat ride providing an opportunity for meeting attendees to experience the charm of Augusta and network with other psychologists in a non-traditional environment.

Finally on Sunday, those who want to earn an extra CE credit and hear updates about the American Psychological Association can attend the “APA Council of Representative Update: Report from the Trenches.”

Reserve your spot early by registering today for GPA’s 2016 Annual Meeting! Our meeting is highly attended with over 350 psychologists each year. Do not miss the chance to attend quality CE workshops and socialize with colleagues at the Augusta Marriott at the Convention Center.

Thank you to the Annual Meeting Program Committee Chair (Dr. Brian Apple), the Annual Meeting Program Committee, and the Continuing Education Committee for their time and commitment to provide a high quality and exciting program for GPA members and local psychologists.