Sports Concussion: Update on Diagnosis, Management, and Long-Term Health Concerns

This educational offering will review the latest data and trends on the initial evaluation and management of concussions from a variety of sports. Data on protective equipment and rule changes will be presented, and participants will examine return to play strategies, guidelines and sports specific adaptations. In addition, current thoughts on long term brain damage from sports concussion will be addressed, including the impact of multiple concussions, guidelines to prevent second impact syndrome, and prevention of chronic traumatic encephalopathy.

What You Will Learn

- Discuss modern techniques for diagnosis and management of concussions
- Identify return to play strategies and guidelines
- Review evidence about long term damage from concussions

Recommended for

- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapist
- Physical Therapist Assistants

Cost to Register is $49

For more information on this and other programs, please contact us at:

Cross Country Education
(800) 397-0180 • (615) 331-4422 • FAX (615) 346-5350
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www.CrossCountryEducation.com

Continuing education available for Physical Therapists and Occupational Therapists
INTRO

EPIDEMIOLOGY

DEFINITIONS

SYMPTOMS AND SIGNS

COMPUTERIZED NEUROCOGNITIVE TESTING – WHEN AND WHY?

MEDICAL MANAGEMENT STRATEGIES

ACTIVITY RESTRICTION AND MODIFICATION

SYMPTOM DURATION DATA

GRADUATED RETURN TO PLAY

SPORT SPECIFIC ADAPTATIONS

CREATING A CLIMATE OF HONESTY

PREVENTION STRATEGIES

MULTIPLE CONCUSSIONS – HOW MANY IS TOO MANY?

SECOND IMPACT SYNDROME

CHRONIC TRAUMATIC ENCEPHALOPATHY

RULE CHANGES AND OVERSIGHT

SUMMARY AND CONCLUSIONS

**Course Director**

ALLEN SILLS, JR., MD, FAANS, F.A.C.S., is an Academic Neurosurgeon, specializing in neuro-oncology and sports neurosurgery. Dr. Sills received his undergraduate degree at Mississippi State University in Biological Engineering. He obtained his medical degree, trained in neurosurgery, and did a fellowship in neuro-oncology at Johns Hopkins University School of Medicine. He currently practices at Vanderbilt University Medical Center and is Director of the Neurosurgery Community Practice. He is a founder of the Vanderbilt Sports Concussion Center and serves as neurosurgical consultant to a number of college and professional sports teams. Dr. Sills currently focuses on translational clinical trials of new therapies for brain tumor management and new therapies for sports concussion.

**Our Guarantee**

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, professionals, and key personnel through our seminars, conferences, and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our live seminars or webinars, or purchase an audio, video, or online product, and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days and we will issue a credit voucher that you or anyone in your facility may use toward another live seminar, webinar, audio, video, or online product. All returned audio and video products and materials must be received in original condition before a voucher or replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.

**Disclaimer:** Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received and course has been successfully completed. If your payment is returned marked NSF it will be re-presented electronically and a processing fee will be charged as allowed by law.

**Confirmations & Cancellations**

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration. Cancellations received at least five working days before the event are refundable less a $20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.
Continuing Education Credit

If you do not see your respective state listed, please review your rules/regulations to see if you qualify for continuing education based on an approval by another state board/association.

**Physical Therapists:** This program has been submitted to the Oklahoma State Board of Medical Licensure & Supervision for preapproval of 2 contact hours. This program has been submitted to the West Virginia Board of Physical Therapy for 2 Continuing Education hours. This program has been submitted to the Louisiana Physical Therapy Board for approval of 2.0 contact hours for Physical Therapists and Physical Therapy Assistants. This activity has been submitted to the FSBPT for certification. FSBPT certification is accepted by the physical therapy regulatory boards/agencies in certain U.S. jurisdictions. This program has been submitted to the Florida Physical Therapy Association for approval of 2 contact hours. This program has been submitted to the Minnesota Board of Physical Therapy for 2 continuing education hours. This program has been submitted to the Illinois Physical Therapy Association for approval of 2 credit hours. This meets the IN-PT approval under 844 IAC 6-8-5 Approved Organizations #9, please contact IN Board or Association if you have questions. This program has been approved by the Arkansas State Board Of Physical Therapy for 2.0 contact hours for Physical Therapists. This program has been approved for 2 continuing education credits by the New Jersey Board of Physical Therapy Examiners for Physical Therapists and Physical Therapy Assistants (Approval # 950-2012). This program has been approved by the Nevada State Board of Physical Therapy Examiners for 0.27 CEUs for Physical Therapists. This program has been approved by the Alabama Physical Therapy Association for 2.4 contact hours for PTs and PTAs. NCBPTE approval by virtue of approval by The New York State Education Department, Office of the Professions, State Board for Physical Therapy licensure board or state APTA chapter Approval good through 8/31/2015. Cross Country Education is recognized by the New York State Education Department’s State Board for Physical Therapy as an approved provider for physical therapy and physical therapist assistant continuing education. This seminar is awarded 2.4 contact hours. This course has been approved by the Maryland State Board of Physical Therapy Examiners for 0.2 CEUs. You will be issued a CEU certificate upon completion of the course. A record of CEUs earned will be retained by the sponsor. The Maryland Board of Physical Therapy does not award CEUs for fractions of an hour per COMAR 10.38.08.02(B)(2) (ii). This program has been approved by the Pennsylvania State Board of Physical Therapy for a total of 2 contact hours of which 0 hours have been approved for Direct Access. PA Board Approval #PTCE004120. This program has been approved by the New Mexico Physical Therapy Association for 2 contact hours Approval NM02188. This program has been approved for 2 CEUs by the Ohio Physical Therapy Association for Physical Therapists and Physical Therapy Assistants (Approval #1350347).

**Occupational Therapists:** Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .2 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Intermediate, Category 1: Domain of OT. Cross Country Education is an approved provider #50-466 with the Florida Department of Health Board of Occupational Therapy Practice. This course is approved for 2 contact hours for Occupational Therapist and Occupational Therapy Assistants.

**Other Professions:** This educational offering qualifies for 2 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

**ADA:** If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

**All Professionals:** In order to process continuing education, please supply the appropriate license/certification number on the evaluation form.

**Requirements:** Please note that full attendance and the completion of a post course assessment with a score of 75% or greater is required to receive full credit. Variable credit will not be awarded.