MAITLAND AUSTRALIAN PHYSIOTHERAPY SEMINARS

FALL 2010
TWO & THREE-DAY SEMINARS FOR PHYSICAL THERAPISTS
CLINICAL REASONING, LECTURE & 70% LABORATORY

THE NATION'S LEADING EDUCATOR IN MAITLAND-AUSTRALIAN MANAGEMENT OF SPINAL & PERIPHERAL CONDITIONS

Joint Mobilization, Spinal Manipulation & Traction, Neurodynamics
Accurate Assessment/Differential Diagnosis
Clinical Reasoning/Decision-Making
Maitland Comprehensive Review
Stabilization Training
NEW! Orthopedic Diagnostic Examination - EBM Approach
NEW! Spinal & Peripheral Manipulation
Sacroiliac Joint & Pelvis

www.ozpt.com

Respected Manual Therapy Certification Program
Highly Qualified Instructors: 13-FAAOMPTs, 15-OCSs, 7-Advanced Manipulation Degrees and 6 PhDs/DPTs
Approval Rating of 96% from the last 21,495 Course Participants

1-800-828-0738
THE MAITLAND-AUSTRALIAN APPROACH

The Maitland-Australian approach is world renowned and a central cornerstone of modern day Orthopedic Manual Therapy. First developed by the famous Australian Physiotherapist, and co-founder of IFOMT(1), Geoffrey Maitland, the Maitland-Australian approach was later introduced to the U.S. by recently deceased MAPS founder Robert Sprague, PT, PhD, GDMT, COMT, FAAOMPT. The approach is based primarily on the assessment and treatment of the patient's signs/symptoms, respecting the diagnosis, understanding the pathology and using biomechanical knowledge when applicable. Biomechanical theory plays only a small role. The examination and subsequent treatment is intended to gently provoke the patient's actual symptoms and thus confirm the source and specific tissues potentially at risk. Carefully graded osteokinematic (physiological) and arthrokinematic (accessory) passive mobilization techniques are performed to:

• Reproduce the pain of a stiffness disorder (pathomechanical) in order to restore normal movement and mechanics and/or
• To reduce/eliminate the patient's pain dominant disorder (pathophysiological) related to inflammation or other pathophysiological disorders.

The approach is scientific, systematic, logical and usually, very gentle. Assessment, clinical reasoning and clinical decision making are the cornerstones. Vertical and lateral thinking allows the therapist to improve his/her clinical skills by continuous self-assessment.

THE MANUAL THERAPY COURSE SERIES LEADING TO COMT CERTIFICATION

Maitland Australian Physiotherapy Seminars (MAPS) presents the Maitland-Australian Concept in a series of Manual Therapy courses (MT-1, MT-2, MT-3, MT-ST, MT-O* and MT-4). ASSESSMENT AND TREATMENT TECHNIQUES IN OUR COURSES ARE PRESENTED IN A DIRECTLY SUPERVISED "HANDS-ON" FORMAT (70%-90% LABORATORY). Our courses are designed primarily for medical professionals including P.T.s, M.D.s, and D.O.s interested in the effective and efficient management of patients with neuromusculoskeletal disorders using skilled orthopedic manual physiotherapy. However, we also offer a limited number of courses for PTAs and ATCs. Courses are presented in an organized continuum to maximize learning and to prepare participants for the COMT CERTIFICATION Examinations. All SIX courses MUST be completed prior to sitting the COMT Certification Examinations. Upon successful completion of the certification examinations, candidates will become a Certified Orthopedic Manual Therapist (COMT), indicative of an intermediate level of competency in manual therapy. To ensure COMTs continue to develop their skills and knowledge, additional continuing education credits will be required every five years to maintain your Certification.

The following components are included in all MAPS courses:
• Lab clothes are required for course participants for laboratory sessions,
• Individually supervised laboratory sessions with direct instructor feedback,
• Participants assume the role of both patient and clinician during lab sessions,
• Live patient demonstrations/evaluations for core courses whenever possible.

*MT-O becomes required for COMT Certification effective July 15, 2010.

CONSISTENT QUALITY PERFORMANCE

Course participants consistently give MAPS “A+” approval ratings. MAPS has been providing quality continuing education to medical professionals for nearly 25 years!! Over that time, MAPS has enjoyed consistently high approval ratings from course participants. Participants evaluate our courses on a scale of 1 (very poor) to 6 (outstanding) based upon eleven essential variables used to ensure that each course is informative, clinically relevant, and practical.

The last 21,495 participants gave MAPS courses an approval rating of 5.77 or 96%!

(1) IFOMPT=International Federation of Orthopedic Manual Therapists
(2) Participants are advised that in accordance with APTA HOD RC 31-01, the material taught in MAPS courses is not intended to be used outside the scope of the participant's personal abilities, licensure or relevant regulations. Furthermore, elements of the seminars are considered Physical Therapy only when performed by or under the direction of a licensed Physical Therapist.
M.A.P.S. TEACHING FACULTY

Our faculty are respected leaders in the industry, passionate educators and clinicians. Many have published original research and peer-reviewed articles in well-respected journals (e.g., "JOSPT", "Manual Therapy", etc.) and are authors or/and major contributors to several Physical Therapy textbooks. M.A.P.S. instructors include: 13-FAAOMPTs, 15-OCSs, 7-Advanced Manipulation degrees, and 6-PhDs/DPTs.

Marrow Burnette, PT, OCS, COMT. M.S. ('01) and B.S. ('00) in P.T., Univ. of North Florida. Marrow is the Clinical Manager of a large outpatient P.T. clinic in Jacksonville, FL.

C.J. Conway, PT, GDMT, COMT. A Univ. of So. Australia Manual Therapy graduate ('79), Chris studied under G. Maitland and has owned/opereated many private practices in Australia.

Chad Coom, PT, MBA, OCS, PhD, COMT, FAAOMPT. PhD Human Sciences, Texas Tech, Lubbock, TX ('03), MBA Healthcare Admin. and B.S.P.T., Univ. of Phoenix ('99 & '00). PT Professor & Dept. Chair, Walsh University, Canton, OH, and extensively involved in clinical research. Editor in Chief of JMMT, PT textbook author, including Orthopedic Manual Therapy: An Evidence-Based Approach.

Darren Earnshaw, PT, MPhysio, CERT. MDT, FAAOMPT. M.S. Physiotherapy (Manipulative Medicine) ('96) and B.S. Physiotherapy, Curtin Univ., Perth ('92). Darren practices in Shererville, IN and an asst. adjunct professor for fellowship program in manual therapy at Univ. of Illinois in Chicago.

Robert Fleming, DPT, OCS, COMT, FAAOMPT. D.P.T. Sage College ('05), B.S./M.S. P.T., Mercy College, Dobbs Ferry, NY ('98). Bob is Director of Rehab Services at a regional hospital in Schenectady, NY, and has co-authored several APTA Spinal Stabilization Courses and the MAPS Stabilization Course.


Trish Fong, PT, COMT. M.S., P.T., Univ. of Miami, FL ('00), B.S. Health Science, St. Mary's College, Moraga, CA ('97). Trish currently practices manual therapy in a private practice in San Francisco.

Chris Greetham, PT, MCSP, COMT. B.S. Bath Univ., U.K. ('83) & advanced training under Dr. James Cyriax (London). Chris owns/operates numerous private practices in Northern Virginia.

Kate Hoppensteadt, PT, MSPT, MPhysio, COMT. M.S. Manip. Physiotherapy, Univ. of Australia-Sydney ('02); M.S.P.T., West Carolina University ('99), B.S. Allied Health, UNC-Charlotte ('96). Kate practices in her own private practice in Charlotte.


Clare Jones, PT, OCS, COMT, CFMT, FAAOMPT. B.S. Physiotherapy LaTrobe Univ., Melbourne, Australia ('91). Also certified in the Functional Orthopedic approach, Clare practices in Bellingham, WA.

Vincent J. Kabbani, PT, MPhysio, COMT, FAAOMPT. M.S. Physiotherapy (Manipulative Medicine), Univ. of So. Australia, Adelaide ('90); B.S. Physiotherapy, Univ. of So. Australia, Adelaide ('94). Vinnie practices Physical Therapy in Madison, Wisconsin and Adelaide Australia.

Ken Learman, PT, PhD, OCS, COMT, FAAOMPT. PhD Sports Medicine, Univ. of Pittsburgh ('07), M.Ed. in Health Education, Penn State, Sharon, PA ('92) and B.S. P.T., SUNY-Buffalo ('89). Ken is Assoc. Professor of PT at Youngstown State University & actively involved in manual therapy research.

Roland Lucas, PT, MPhysio, COMT, FAAOMPT. M.S. Physiotherapy (Manipulative & Sports Medicine) Univ. of So. Australia, Adelaide ('00); B.S. Physiotherapy, Univ. of Sydney ('93). Graduate of the Iowa Manual Therapy Program ('91), Roland is in private practice in Greeley, CO.

Jody Musick, DPT, OCS, COMT, FAAOMPT. D.P.T. Shenandoah Univ., Winchester, VA ('05), B.S. Biology/Health Science Magna Cum Laude, Shenandoah Univ. ('96). Jody is a P.T. in Johnson City, TN.

Stephen Nestor, DPT, COMT. D.P.T, MGH Inst. of Health Professions, Boston, MA ('96), B.S. P.T., Northeastern Univ. ('96). Stephen is a Clinical Director for a private PT practice in Rhode Island and an instructor for Northeastern University's transitional DPT program.


Michael O'Hearn, PT, MHS, OCS, FAAOMPT. B.S. Physiotherapy Univ. of NSW-Sydney, Australia ('81), M.H.S. Physiotherapy, Univ. of Indianapolis ('95). Michael is Chief of P.T. at Lakeland Regional Health System & adjunct PT Professor at Andrews University and University of Illinois (Chicago).

Heather Reeves, PT, OCS, COMT, FAAOMPT. B.S. P.T., Univ. of Cape Town, So. Africa ('93). COMT Bloemfontein, So. Africa ('97). Heather owns/manages her own private practices in Cary, NC.

David Sahley, DPT, COMT. B.S. Sports Medicine, Radford Univ., Radford, VA ('95), MSPT ('00); DPT ('06) Marymount Univ., Arlington, VA. David owns/operates private practices in Northern Virginia.

Christopher Showalter, PT, OCS, COMT, FAAOMPT. B.S. Anatomy ('84), B.S. Physiotherapy ('89) Lincoln Institute-LaTrobe Univ., Melbourne, Australia. Clinical affiliations directly under G. Maitland. Chris previously owned several private practices in NY and is Clinical Director of MAPS.

Corne Van Eck, DPT, OCS, COMT, FAAOMPT. B.A Internat'l Relations ('92), B.S. Physiotherapy ('98) Univ. of Pretoria, So. Africa, DPT, Ola Grimsby Institute, CA ('06). Corne is a P.T. in So. Africa.

Keith Wobeser, PT, OCS, COMT, ART, CSCS. B.S. Biology ('90) and B.S.P.T. ('93), Univ. of Saskatchewan, Saskatoon, Canada. Keith is a P.T. in private practice in the Philadelphia area.
COURSE SCHEDULES

3-DAY COURSES*: AM START: DAY 1: Registration: 8:30AM, Course: 9:00AM-5:30PM; DAY 2: 8:00AM-5:00PM; DAY 3: 8:00AM-2:00PM. PM START: DAY 1: Registration: 12:30PM, Course: 1:00PM-8:00PM; DAY 2: 8:00AM-6:00PM; DAY 3: 8:00AM-2:00 PM. PM+ START: DAY 1: Registration after 12:30PM. Exact daily schedules may vary with course and location. Details will be given in the course confirmation letter.

2-DAY COURSES*: DAY 1: 8:00AM Registration, Course: 8:30AM-5:30PM; DAY 2: 8:00AM-5:00PM. *Exact schedules may vary. ALWAYS check details in your confirmation letter.

MT-2: BASIC SPINAL
21 DIRECT HOURS/3 DAYS; CEUs=2.5/TUITION: $550

COURSE DESCRIPTION: Introduction to the Maitland-Australian concept of assessment and treatment for the Spine. Emphasis is on the Cervical, Thoracic (including rib articulations) and Lumbar spine. Neurodynamic assessments are introduced. May be taken as first course in the series. Principles of assessment/treatment are addressed in supervised lab sessions with live patient demonstrations. Management of pain-dominant (pathophysiological) and stiffness-dominant (pathomechanical) disorders are taught extensively. Techniques of assessment and treatment include physiological and accessory movements, which are directed very specifically to individual spinal segments. Individually supervised laboratory with direct instructor feedback. Live patient demonstrations.

COURSE REQUIREMENTS: Open to P.T.s, and Physicians. No prerequisites.

COURSE OBJECTIVES: Course participants upon completion will be able to:
- Conduct a subjective & physical exam of the spine based upon principles of assessment as described by G. Maitland and other manual P.T.s.
- Understand and apply the principles of treating pain & stiffness using manual therapy.
- Understand and apply Maitland's clinical reasoning model, including the eight clinical hypothesis categories per M. Jones and other manual P.T.s.
- Properly apply five grades of passive movement to the spinal region.
- Select the most effective treatment & examination techniques for the spinal patient, based upon accurate and specific diagnostic clinical assessment.
- Develop skills in differential assessment and diagnosis
- Develop the ability to quickly and effectively treat patients with spinal conditions
- Enhance proficiency in the use of Lumbar rotations and Neurodynamics
**REGISTRATION/CANCELLATION POLICIES**

**RESERVATIONS:** Full payment must be submitted with a completed registration form. Seats cannot be reserved without full payment. Seats are limited.

**REFUND/CANCELLATION POLICIES:** Refunds (less a $100 cancellation fee) are available **IF A WRITTEN REQUEST IS RECEIVED BY M.A.P.S. 14 DAYS PRIOR TO ANY MT-1, MT-2, OR ELECTIVE COURSE AND 30 DAY PRIOR TO ANY MT-3 OR MT-4 COURSE.** No refunds available after that date. **CERTIFICATION EXAMS ARE NON-REFUNDABLE.** All courses cancelled by M.A.P.S. will be refunded in full. Participants may change a course for which they have registered up to 72 hours prior. Letters of credit (LOCs) are available to attend a MAPS course at a later date. LOCs are valid for 12 months and require a $40 re-registration fee.

**TRAVEL/LODGING:** Suggested lodging facilities, maps/directions, etc., will be provided with the participant's confirmation package, but all participants are responsible for making his/her own reservations. Courses are generally confirmed via U.S. mail approximately 4 weeks prior to the course date. **DO NOT MAKE FINAL TRAVEL ARRANGEMENTS UNTIL YOU HAVE RECEIVED A WRITTEN CONFIRMATION.** M.A.P.S. is not responsible for non-refundable airline/hotel reservations.

**CERTIFICATES OF COMPLETION:** Certificates of completion (CEUs) are provided to participants who successfully complete any of our courses. MAPS pre-certifies any course held in a state in which pre-certification is required. Note: CEU amounts may vary slightly from state to state. Duplicate CEU certificates require a $15 fee.

**TUITION INCLUDES:** Course Registration, All Instructional Materials, Illustrated Course Manual, Instructor Fees and official Certificates of Completion (CEUs).

### REGISTRATION FORM

**Course Codes & Fees:**
- MT-1 or MT-2 = $550 each;
- MT-3, MT-4, MT-O, MT-ST = $595 each
- MT-M: $550; MT-SI: $425; CERTIFICATION: $925

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**SEND REGISTRATION FORM & FULL PAYMENT TO:**
M.A.P.S., P.O. Box 1244, CUTCHOGUE, NY 11935

**Registrations also Accepted By:**
Phone: (1-800-828-0738) Or Fax (631-298-3810) OR INTERNET@WWW.OZPT.COM

"EARLY BIRD" DISCOUNT: ENROLL 3 MONTHS PRIOR TO COURSE DATE TO SAVE 5%.
ENROLL IN TWO OR MORE COURSES OR ENROLL TWO OR MORE PEOPLE SIMULTANEOUSLY TO SAVE 10%.