IUGA Regional Symposium

Tel Aviv
ISRAEL

October 3-5, 2010

Tel Aviv University/
Sackler School of Medicine
Lola and Dolphi Lecture Halls
Welcome Message from the Local Hosts

Dear Colleagues,

It is a great pleasure for us to host this IUGA Regional Symposium here in Israel. We are deeply grateful to IUGA and especially to the IUGA President, Dr. Peter Sand, for giving us their trust, the support and a unique occasion to offer the local medical community a scientific event involving the well-reknowned international speakers. While building the scientific program, we kept in mind the notion that pelvic floor medicine requires an interdisciplinary approach. We strived to involve professionals who specialize in the different aspects of our field, and we very much hope that the program will be blessed with a similarly multidisciplinary audience. We considered it our challenge and our duty to attract health-care providers practicing in other fields of OB/GYN. We were delighted to see the great interest of Israeli obstetricians in this meeting, emphasizing that urogynecology and pelvic floor medicine are a priority for all caregivers dealing with women’s quality of life. We felt a great responsibility hosting a Regional Symposium in a country usually isolated from a regional point of view. We managed to involve a group of attendees from the Palestinian Authority. We are proud of this achievement and hope that this will help us and our neighbors start building a professional network, for the sake of our patients and for a better regional atmosphere. We were surprised and flattered to find out that the Symposium and Israel managed to attract courageous attendees from far away. We welcome our guests from abroad and with them an unforgettable experience, both professional and personal, here in Israel. Lastly, we wish to thank our dear friends from the organizing committee for the hard work and effort they all invested for the success of the Symposium. We also wish to thank all other Israeli urogynecologists, for their involvement and for contributing to what we hope will be a great success. It has been a wonderful experience of collaboration and we wish every professional society such a creative, smart, friendly, and knowledgeable community.

Dr. Yuval Lavy and Dr. Anna Padoa
Co-Chairs, Local Organizing Committee
Dear colleagues,

As President of IUGA and a member for the last 25 years, I want to welcome you to this IUGA Regional Symposium. This is a historic event for IUGA, to be in Israel for the first time for an educational activity. Israelis have always been active members of IUGA and we have seen increased interest and membership in other Middle Eastern countries in the last several years. The Regional Symposia are an opportunity for an educational exchange between the international and regional faculty and the participants from that region who might not normally have the opportunity to attend our annual scientific meetings. A secondary goal of these symposia is to encourage clinicians, who are not IUGA members, to be stimulated to join us in improving the care of women with urogenital dysfunction throughout the world by exchange of information. It is also an opportunity for a cultural exchange among colleagues from different nations. I am delighted that you have decided to join us for this Regional Symposium and I look forward to visiting with you. I hope that you use this opportunity as the beginning of a long involvement in IUGA’s shared vision and join us in future scientific meetings and educational programs.

Your experience during this Regional Symposium is very valuable for future educational programs such as these, therefore, we kindly request that you take the time to complete the enclosed evaluation form. Please do not hesitate to express your opinions, both positive and negative, and to add any additional comments you feel will be helpful for the future growth of the Regional Symposia.

Dr. Peter K. Sand, President, IUGA
Local Organizing Committee

Co-Chairs
Anna Padoa, MD
Head, Urogynecology Service, Dept. of OB/GYN
Assaf Harofe Medical Center, Zerifin
Instructor, Sackler Faculty of Medicine
Tel Aviv University, Tel Aviv, Israel

Yuval Lavy, MD
Head, Urogynecology Service
Dept. of OB/GYN
Hadassah Hebrew University Medical Center, Mount Scopus, Jerusalem, Chairman, Israeli Society of Urogynecology and Pelvic Floor

Local Organizing Committee

Asnat Groutz, MD
Urogynecology and Pelvic Floor Unit, Lis Maternity Hospital, Tel Aviv Sourasky Medical Center, Senior Lecturer, Sackler School of Medicine, Tel Aviv University, Tel Aviv

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Head of Urogynecology Service
Dept. OB/GYN, Chaim Sheba Medical Center, Tel Hashomer

Elad Leron, MD
Head, Urogynecology & Pelvic Reconstruction, Dept. OB/GYN
Soroka, University Medical Center
Beer Sheva, Lecturer, Faculty of Health Sciences
Ben Gurion University

Benjamin Feiner, MD
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Hillel Yaffe Medical Center, Hadera
Technion University Faculty of Medicine

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Soroka, University Medical Center, Beer Sheva, Lecturer Faculty of Medicine of Health Sciences
Ben Gurion University

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Rambam Health Care Campus, Haifa
Senior Lecturer, Rappaport Faculty of Medicine Technion

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Head, Urogynecology, Dept., OB/GYN
Bnai Zion Medical Center, Haifa
Technion University Faculty of Medicine

Yuval Lavy, MD
Head, Urogynecology Service
Dept. of OB/GYN
Hadassah Hebrew University Medical Center, Mount Scopus, Jerusalem, Chairman, Israeli Society of Urogynecology and Pelvic Floor

Scientific Program
Day 1
Gil Levy, MD & Lior Lowenstein, MD

Day 2
Benjamin Feiner, MD & Asnat Groutz, MD

Workshop Coordinators

Shimon Ginath, MD
Eyal Goldschmidt, MD

Pelvic Floor Anatomy
Menachem Alcalay, MD

Video Session Coordinator
Benjamin Feiner, MD (Chair)
**Faculty - International**

**Peter Sand, MD**  
Professor OB/GYN & Director,  
Division of Urogynecology and Reconstructive Surgery, University of Chicago,  
Pritzker School of Medicine  
Director, Evanston Continence Center & Fellowship in Female Pelvic Medicine  
NorthShore University Health Evanston  
Illinois USA

**Ranee Thakar, MD**  
May University Hospital  
Croydon, UK

**Abdul Sultan, MD**  
May University Hospital  
Croydon, UK

**Hans Peter Dietz, MD**  
Professor and Head of Discipline  
OB/GYN and Neonatology  
Sydney Medical School - Nepean  
University of Sydney  
Penrith, Australia

**Suart L. Stanton, MD**  
Professor of Pelvic Reconstruction and Urogynecology  
Urogynecology Center  
London, UK

**Mauro Cervigni, MD**  
Professor of Urogynecology  
Catholic University, Rome  
Chief of Urogynecology,  
Department San Carlo-IDI Hospital  
Chief, Interstitial Cystitis Referral Center  
Rome, Italy
Local/Regional Faculty

Menachem Alcalay, MD  
Head of Urogynecology Service  
Dept. OB/GYN, Chaim Sheba Medical Center  
Tel Hashomer

Drorit Hochner-Celnikier, MD  
Head, Dept. OB/GYN  
Hadassah University Hospital, Jerusalem

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Lecturer Faculty of Medicine of Health Sciences, Ben Gurion University

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Senior Lecturer, Rappaport Faculty of Medicine Technion

Mark Beer-Gabel, MD  
Head of Neurogastroenterology Unit  
Sheba Medical Center, Tel Hashomer

Vered Eisenberg, MD  
Department of OB/GYN  
Sheba Medical Center, Tel Hashomer

David Gordon, MD  
Director, Urogynecology & Pelvic Floor, Lis Maternity Hospital, Tel Aviv Medical Center, Senior Lecturer, Sackler School of Medicine, Tel Aviv University, Tel Aviv  
Secretary, Israel Society of Urogynecology & Pelvic Floor

Raul Raz, MD  
Head of Infectious Disease Unit  
Ha’Emek Medical Center, Afula

Yoram Abramov, MD  
Director, Urogynecology & Reconstructive Pelvic Surgery Service  
Carmel Medical Center, Haifa

Talli Y. Rosenbaum, PT, MSc  
Urogynecological Physiotherapist  
AASECT Certified Sexual Counsellor  
Inner Stability, Ltd.

Alexander Condrea, MD  
Director, Division of Urogynecology & Pelvic Floor Surgery, E. Wolfson Medical Center, Holon

Menachem Neuman, MD  
Head, Urogynecology/OB-GYN, Western Galilee MC, Nahariya, Head R&D in Urogynecology, CEO, Shaare Zedek, Jerusalem, Senior Lecturer, Rappaport Faculty of Medicine, Technion Institute of Technology, Haifa

Benjamin Feiner, MD  
Department of OB/GYN  
Hillel Yaffe Medical Center, Hadera  
Technion University Faculty of Medicine

Shimon Ginath, MD  
Division of Urogynecology & Pelvic Floor Surgery, Dept. of OB/GYN, Edith Wolfson Medical Center, Holon, Instructor, Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv

Session Chairs

Yuval Lavy, MD  
Head, Urogynecology Service, Dept. of OB/GYN  
Hadassah Hebrew University Medical Center, Mount Scopus, Jerusalem, Chairman, Israeli Society of Urogynecology and Pelvic Floor

Shlomo Shimonovitz, MD  
Women’s Health Center  
Ramat Eshkol, Jerusalem

Yehiel Ziv, MD  
President, ISCRS, Member Scientific Committee ESCP, Chairman Scientific Committee ECTA, Member ICCP

Revital Arbel, MD  
Urogynecology Service, Shaare-Zedek Medical Center, Jerusalem

Vered Eisenberg, MD  
Department of OB/GYN  
Sheba Medical Center, Tel Hashomer

Gabriel Gillon, MD  
Female Urology & Neuro-Urology  
Rabin Medical Center, Petah Tikva

Michael Friedman, MD  
Senior Gynecologist, Dept. GYN  
Rambam Medical Center, Haifa

Robert Molnar, MD  
Head Pelvic Floor Unit, Dept. OB/GYN  
Haemek Medical Center, Afula  
Rappaport Faculty of Medicine
Opening Wine and Cheese Reception
Sunday October 3rd at 6:00pm
Eretz Israel Museum (Olive Oil Plant Garden)
2 Haim Levanon St., Ramat Aviv, Tel Aviv
TRANSPORTATION WILL BE AVAILABLE
Music by Doron Raphaeli Trio
No charge for symposium attendees
**Monday October 4, 2010**

**Basic and Advanced Urogynecology**

### SESSION I: THE BASICS  
**Session Chair: Shlomo Shimonovitz**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
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<tbody>
<tr>
<td>08:00 – 08:30</td>
<td>Standardization of terminology of LUT</td>
<td>Peter Sand</td>
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<tr>
<td>08:30 – 08:50</td>
<td>Obstetric injuries and pelvic organ prolapse</td>
<td>Lior Lowenstein</td>
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<tr>
<td>08:50 – 09:10</td>
<td>Basic clinical evaluation in urogynecology</td>
<td>David Gordon</td>
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<tr>
<td>09:10 – 09:30</td>
<td>Urodynamics – What can we learn?</td>
<td>Stuart Stanton</td>
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<tr>
<td>09:30 – 10:00</td>
<td>Debate: 2D/3D perineal ultrasound: Should it become part of our routine pelvic floor assessment?</td>
<td>Yes: Hans Peter Dietz No: Menachem Alcalay</td>
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</tbody>
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**10:00 – 10:30** Coffee Break

### SESSION II: BLADDER DYSFUNCTION  
**Session Chair: Gabriel Gillon**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>10:30 – 11:00</td>
<td>Recurrent UTI – evaluation &amp; management</td>
<td>Raul Raz</td>
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<tr>
<td>11:00 – 11:20</td>
<td>OAB treatment – What’s new? (M3 selective anti-muscarinic, Oxytrol, Botox, Interstim®)</td>
<td>Yoram Abramov</td>
</tr>
<tr>
<td>11:20 – 11:50</td>
<td>Chronic pelvic pain/painful bladder syndrome: What should we think of and how to investigate?</td>
<td>Mauro Cervigni</td>
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<tr>
<td>11:50 – 12:10</td>
<td>Pelvic floor rehabilitation: Indications and methods</td>
<td>Talli Rosenbaum</td>
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**12:10 – 13:10** LUNCH

### SESSION III: SURGERY  
**Session Chair: Michael Friedman**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>13:10 – 13:40</td>
<td>POP surgery – What’s the evidence?</td>
<td>Alex Condrea</td>
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<tr>
<td>13:40 – 14:00</td>
<td>SUI surgery – DOES the size matter?</td>
<td>Menachem Neuman</td>
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<tr>
<td>14:00 – 14:20</td>
<td>Laparoscopy and robotics</td>
<td>Benjamin Feiner</td>
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<tr>
<td>14:20 – 14:50</td>
<td>Coffee break</td>
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</tbody>
</table>

### SESSION IV: SEX, LIES, AND VIDEOTAPE  
**Session Chair: Robert Molnar**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:50 – 15:20</td>
<td>Sexual function after pelvic floor surgery</td>
<td>Ranee Thakar</td>
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<tr>
<td>15:20 – 15:40</td>
<td>Shattering myths in urogynecology</td>
<td>Peter Sand</td>
</tr>
<tr>
<td>15:40 – 16:50</td>
<td>Video Session (Video presentations selected by the Scientific Committee - see page 9)</td>
<td>Mauro Cervigni Shimon Ginat Alex Condrea Yuval Lavy</td>
</tr>
</tbody>
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**16:50 – 17:00** Closing Remarks

Yuval Lavy  
Peter Sand

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**Videos for the video session were selected from submitted videos.** Abstracts of the selected videos will be available on the CD (syllabus). Selected videos will be available on the IUGA website at the completion of the symposium.
Trans-vaginal colposacropexy: Description of a novel method Alexander Condrea, Shimon Ginath and Abraham Golan
Dept. OB/GYN, E. Wolfson Medical Center, Holon, Sackler school of Medicine, Tel-Aviv, Israel

Laparoscopic Supracervical Hysterectomy and Sacrocervicopexy with Transcervical Trocar Access P Rosenblatt, K Hanaway, A DiSciullo
Division of Urogynecology and Reconstructive Surgery, Mount Auburn Hospital, Harvard Medical School, Cambridge, MA USA

MiniArc – a single incision sling procedure performed under local anesthesia Oldrich Sottner and Michael Halaska
Dept. of Ob/Gyn, University Hospital Na Bulovce, First Faculty of Medicine, Charles University in Prague, Czech Republic

Extra-peritoneal laparoscopy for removal of TVT Naama Marcus-Braun and Peter von Theobald
Department of Gynecology Obstetrics and Reproductive Medicine, University Hospital of Caen, Caen, France

Labhardt`s Colpoperineocleisis: Vaginal occlusive technique in patients at high surgical risk and without sexual activity Javier Pizarro1,2, M Sanchez1,3, R Cuevas1,2, G Galleguillos1,2, M Fernandez1,2, M Aramayo1,2, A Majerson4, S Gonzalez1, S Silva1,2, JA Ortiz1,2
1 Hospital Dr. Sótero del Río; 2 División de Obstetricia y Ginecología, Facultad de Medicina, Pontificia Universidad Católica de Chile; 3 División de Cirugía, Facultad de Medicina, Pontificia Universidad Católica de Chile; 4 Intern of the Facultad de Medicina, Pontificia Universidad Católica de Chile

Sacrospinous fixation Amreich II- Richter Michael Halaska, Prof. MD., Petr Holy, Assist. Prof., MD, Oldrich Sottner, Assist.Prof. MD., Ian Vasicka, MD.
Dept. of Ob/Gyn, University Hospital Na Bulovce, First Faculty of Medicine, Charles University in Prague, Czech Republic

Simultaneous treatment of cystocele and stress urinary incontinence with the cystocele mesh Naama Marcus-Braun and Peter von Theobald
Department of Gynecology Obstetrics and Reproductive Medicine, University Hospital of Caen, Caen, France

A Variant Technique of Laparoscopic Mesh Hysteropexy for Isolated Uterocervical Prolapse Salma I Kayani
Consultant Gynaecologist, Advanced Minimal Access Surgery in Excisional Benign Gynaecology, Benenden Hospital Trust, United Kingdom
Parallel Workshops
Sunday October 3, 2010

Surgical Anatomy for the Pelvic Reconstructive Surgeon

2:00 pm - 4:00 pm
Discussion Panel: Mauro Cervigni, Peter Sand, Menachem Alcalay

The goal of this panel is to discuss the surgical anatomy of the pelvis, perineum, and obturator membrane, with highlighting the advances in understanding the pelvic floor anatomy.

The panel will focus on pelvic surgical anatomy from different complementary perspectives:

1. The pelvic viscera and the peritoneal reflections, an area of prime interest to the general gynecologist.
2. The pelvic sidewall and retroperitoneum, an area of prime interest to the gynecologic oncologist.
3. The pelvic floor and surrounding retroperitoneum, the obturator membrane area, an area of prime interest to the urogynecologist.

Anatomy Workshop
This workshop is based on 3D video demonstration of the pelvis and its relevance to surgical anatomy. The panelists will discuss different anatomical areas with relevance to specific reconstructive procedures.

Monday October 4, 2010

Repair of 3rd/4th Degree Perineal Tears
8:00 am - 12:10 pm
Chairs: Abdul Sultan/Ranee Thakar

Hands-on workshop of repair of 3rd/4th degree perineal tears using pig sphincter models. The topics covered include applied anatomy and physiology, endoanal ultrasound, diagnosis of OASIS, diagnosis (video). In addition, participants will study repair techniques, management of subsequent pregnancy, review a video of repair in women, and participate in the hands-on repair using pig sphincters in groups (2 per sphincter).
***Off-Site Workshops***
Tuesday October 5, 2010

NOTE: The following programs are not part of the IUGA Regional Symposium Program. Attendees of the Symposium will receive a special discounted registration fee. Please email the contact person for each workshop for registration, payment, and other information. Transportation to these venues will be not be provided by the IUGA Regional Symposium.

**Ultrasound Workshop with Dr. H. Peter Dietz**
8:00 am - 4:00 pm
Chaim Sheba Medical Center, Department of Ob/Gyn
Tel Hashomer, Israel
Fee: $50.00 USD - special fee for Symposium attendees only
    $150.00 USD - Regular fee (for non-Symposium Attendees)
Contact: Dr. Vered Eisenberg (information at registration area)

**Vaginal Surgery Workshop with Dr. Mauro Cervigni**
8:00 am - 3:00 pm
Assafe Harofe Medical Center, Ob/Gyn Division Zrifin, Israel
Fee: $15.00 USD - special fee for Symposium attendees only
    $40.00 USD - Regular fee (for non-Symposium attendees)
Contact: Dr. Anna Padoa (information at registration area)
Venue

Tel Aviv University
Sackler School of Medicine
*Lola and Dolphi Lecture Halls*
Ramat Aviv, Tel Aviv

Industry Sponsorship

We wish to acknowledge the following companies for their sponsorship of this program:

**Opening Reception**
Johnson and Johnson
AMI Technologies Limited
Getter Bio-Med/AMS
CTS/Astellas Pharma Europe
Ferring Pharmaceuticals
Pfizer

**Sphincter Repair Workshop**
Pig sphincters donated by:
The Institute of Animal Research
Kibbutz Lahav, Israel
Important Information

Opening Reception

Please join us for the Opening Wine and Cheese Reception which will take place on October 3 at 6:00pm (following the lectures) at the Eretz Israel Museum in the Olive Oil Plant Garden. There is no fee for entry. Music will be provided by the Doron Raphael Trio. Transportation to the museum will be provided from the Tel Aviv University.

Evaluation Form/Certificates

Please complete the evaluation form that was included in your congress bag. The complete evaluation form will be exchanged for a certificate of attendance at the completion of the congress.

Registration and IUGA Membership

All delegates who registered as non-members will receive complimentary 12 month IUGA membership and 12 months electronic access to IUJ (no print). You will be contacted with your membership information following the Symposium.

Receipts

Onsite registration receipts will be given only at the end of the Symposium with your certificate of attendance. If you require any other receipt or letter, please notify the IUGA staff at the registration area.