Lifestyle of Jain community such as ritualistic fasting, not eating after sunset, refraining from meat, fish and poultry or potato, onion, etc., and questions like, an impact of such a lifestyle made on the community's well-being and can such a lifestyle be healthy have driven a team of French-speaking doctors from France and Switzerland on a study tour to Gujarat. The organization usually studies local medicines and healing cultures across the world, but this is the first time that they have chosen to study lifestyle practices of a specific religion.

The team of 20 doctors, primarily from Society of Therapeutic Education of General Practitioners (SFTG) in Paris, France, and Institute of Family Medicine in Lausanne, Switzerland, would visit Palitana, Patan, Porbandar, Santalpur and Jamnagar, apart from Ahmedabad in Gujarat, and Mount Abu and Udaipur in Rajasthan. For two weeks they will interact with Jain monks and experts and study in libraries of scriptures.

"This is for the first time that we have focused on a specific religion for the study, as we wanted to understand Jainism's philosophy on food, way of life and concept of health. The religion has a number of ethoses such as respect to life, vegetarianism and practices such as always consuming filtered water that would have its impact on the followers. We wish to understand the phenomenon as general practitioners," said Dr Patrick Ouvrard from SFTG.