2017 Sports Medicine Symposium
Hot Topics in Sports Medicine

Friday, June 16, 2017
7 a.m. to 5 p.m.
Muhammad Ali Center
144 N. Sixth St.
Louisville, Kentucky

Saturday, June 17, 2017
8 a.m. to noon
Norton Orthopedic & Hand Center
9880 Angies Way • Louisville, Kentucky
Why you should attend
The Sports Medicine Symposium provided by Norton Sports Health and KORT is designed to give physicians, health care clinicians and athletic trainers the latest scientific and clinical information about sports medicine, including injury prevention, medical and surgical treatments, and rehabilitative therapies for the athlete.

Target audience
This activity is targeted toward physicians, physician assistants and nurse practitioners in the specialties of emergency medicine, internal medicine, orthopedics, pediatrics, primary care, surgery and rehabilitation, as well as athletic trainers, physical therapists, emergency department and urgent care center personnel, and other clinical caregivers.

Educational objectives
Upon completion of this symposium, attendees will be able to:

1. Define evidence-based practices of evaluation, diagnosis and/or management of common sports-related injuries.
2. Describe principles of injury prevention, treatment and rehabilitation at the provider-patient level.

Disclosure policy
Norton Healthcare adheres to the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME), including the Standards for Commercial Support, regarding industry support of continuing medical education. During the planning process, all individuals in a position to control the content of this educational activity (course directors, planners, presenters) must disclose all relevant financial relationships they have with commercial interests as well as the nature of any relationship that may be a potential conflict of interest. These are assessed by the Norton Healthcare Center for CME to ensure adequate resolution of any identified conflicts prior to the activity. Any commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be disclosed on-site to symposium participants. Further, symposium participants will be asked to evaluate all speakers’ content for bias and balance.
Continuing education credits

Physicians

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Norton Healthcare and KORT. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

Designation: Norton Healthcare designates this live activity for a maximum of 11.0 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic trainers

KORT (provider No. P2546) is recognized by the Board of Certification Inc. to offer continuing education for certified athletic trainers. This course has been approved for 8 contact hours (8 CEUs) for Friday, June 16, and 3 contact hours (3 CEUs) for Saturday, June 17.

Physical therapists

Credit for Kentucky Physical Therapy Association continuing competency has been submitted for 8 contact hours (8 CEUs) for Friday, June 16, and 3 contact hours (3 CEUs) for Saturday, June 17.

Registration fees

Note: Saturday’s session is limited to 140 participants. Preference will be given to attendees registering for both days.

Physicians: Friday session only: $85; Saturday session only: $25; both sessions: $110

Athletic trainers, physical therapists, physician assistants, nurses and other health care professionals: Friday session only: $60; Saturday session only: $25; both sessions: $85

Residents and students: Friday session only: $20; Saturday session only: $25; both sessions: $45

Registration and deadline

To register, call (502) 629-1234, option 2, or visit NortonHealthcare.com/SportsHealthSymposium.

Registration deadline is June 13, 2017. Early registration is encouraged. Walk-in registration cannot be guaranteed, as this activity may be full and unable to accommodate you.

Confirmation and cancellation

Registrants will be emailed a confirmation if registration is received prior to June 9, 2017. The registration fee is refundable, minus a $20 cancellation fee, if canceled prior to June 5, 2017. Should the providers cancel this conference, registration fees will be refunded in full. However, Norton Healthcare is not responsible for any costs incurred by the participant.

Special needs

Norton Sports Health is committed to making its conferences accessible to all individuals. If you have a disability, please provide a description of any auxiliary aids or services (identified in the Americans with Disabilities Act) needed at the time of registration. Most requests for aids or services can be obliged.

Location and parking

For more information, directions and maps, visit NortonHealthcare.com/SportsHealthSymposium.

Acknowledgment

Norton Sports Health and KORT gratefully acknowledge the following supporters and exhibitors at the time of printing: ConMed Corporation, Depuy Synthes, Halyard Health, Horizon Pharma PLC, RTI Surgical, Inc., Rotation Medical, Stryker, Zimmer Biomet OrthoSolutions.

Presentation slides

Copies of available presentation slides will be available online beginning Friday, June 9, 2017. Download slides at NortonHealthcare.com/CMEliveEvents and click on “Sports Medicine Symposium.” Each agenda title that appears in blue contains a link to the speaker’s presentation. The site will be updated as slides are received from speakers and will remain live up to 30 days after the activity.

Co-course directors

Robin G. Curry, M.D.
Nonsurgical Orthopedics and Sports Medicine
Norton Orthopedic Specialists

Joseph W. Greene, M.D.
Orthopedic Surgeon
Norton Orthopedic Specialists

Robbie Hinkebein, P.T., DPT, OCS, ATC
Regional Vice President
KORT
Guest faculty
Trent Nessler, P.T., MPT, DPT
National Director of Sports Medicine Innovation
Select Medical

Kevin Wilk, P.T., DPT, FAAPA
Associate Clinical Director
Champion Sports Medicine
Director of Rehabilitative Research
American Sports Medicine Institute

Local faculty
Joshua Bixler, P.T., DPT, OCS
Physical Therapist
KORT

Samuel D. Carter, M.D.
Orthopedic Surgeon
Norton Orthopedic Specialists

Caroline Cox, M.S., ATC
Athletic Trainer
KORT

Dan Delph
Coordinator, Sports Event Marketing
Norton Healthcare

Sara Flowers, P.T., DPT
Physical Therapist
KORT

Tiffany Franklin, M.A., ATC
Clinical Education Coordinator
Spalding University

Chad Garvey, P.T., DPT, OCS, FAAOMPT
Physical Therapist
KORT

Joseph W. Greene, M.D.
Orthopedic Surgeon
Norton Orthopedic Specialists

Robin Harrington, P.T., DPT, OCS
Physical Therapist
KORT

Steven Hnat, P.T., DPT, OCS
Physical Therapist
KORT

Stephanie Johnson, P.T., DPT
Physical Therapist
KORT

Ryan J. Krupp, M.D.
Orthopedic Surgeon
Norton Orthopedic Specialists

Blake LeBlanc, DPT, P.T., ATC
Associate Director of Sports Medicine
University of Louisville Athletics

Daniel Love, P.T., DPT
Physical Therapist
KORT

Elliot Mattingly, P.T., DPT, OCS, CDSS
Physical Therapist
KORT

Ryan E. Modlinski, M.D.
Nonsurgical Orthopedics and Sports Medicine
Norton Orthopedic Specialists

Luke Robinson, M.D.
Hand Surgeon
Louisville Arm & Hand

Tad D. Seifert, M.D.
Director, Sports Concussion Program
Norton Neurology Services

Vanessa Shannon, Ph.D.
Director of Mental Performance
Norton Sports Health and University of Louisville Athletics

Special thanks to the Planning Committee
Kevin Brown, M.Ed., ATC
Co-director of Sports Medicine
KORT

Karen Busse, M.S., CCMEC
Director, Center for Continuing Medical Education
Norton Healthcare

Nicholas Clark
Marketing Manager
Norton Healthcare

Rebekah Hibbert, M.S., ATC
Coordinator, Sports Medicine
Norton Healthcare

Robbie Hinkebein, P.T., DPT, OSC, ATC
Regional Vice President
KORT

Brian T. Jurich
Director, Sports Medicine and Occupational Medicine
Norton Healthcare

Natalie Kimbell
Practice Supervisor
Norton Orthopedic Specialists

Ryan J. Krupp, M.D.
Director of Sports Health, Norton Healthcare
Orthopedic Surgeon, Norton Orthopedic Specialists

Jeanne Morsman
Marketing Director
KORT

Sandra Stroud, B.A., CCMEC
Coordinator, Center for Continuing Medical Education
Norton Healthcare
**Conference agenda**

**Friday, June 16, 2017 • Muhammad Ali Center**

### Evaluation and Management of the Injured Golfer

- **7:30 a.m.** Foot and Ankle Pain in the Golfer  
  Sara Flowers, P.T., DPT  
- **7:50 a.m.** The Golfer’s Knee  
  Joseph W. Greene, M.D.  
- **8:15 a.m.** Low Back Pain in the Golfer  
  Joshua Bixler, P.T., DPT, OCS  
- **8:35 a.m.** Evaluation and Treatment of Elbow and Wrist Injuries  
  Luke Robinson, M.D.  
- **9:05 a.m.** Questions and answers/panel discussion

### The Endurance Athlete

- **9:30 a.m.** Running Coaching and Programming for the Clinician  
  Daniel Love, P.T., DPT  
- **9:50 a.m.** Considerations for Working With the Endurance Athlete  
  Ryan E. Modlinski, M.D.  
- **10:15 a.m.** Endurance Sports: An Athlete’s Perspective  
  Dan Delph  
- **10:30 a.m.** Management of Triathlon Injuries  
  Elliot Mattingly, P.T., DPT, OCS, CDSS  
- **10:50 a.m.** Questions and answers/panel discussion

### The Special Interest Athlete

- **11 a.m.** Physical Therapy Considerations in Division I Athletics  
  Blake LeBlanc, DPT, P.T., ATC  
- **11:20 a.m.** Mental Strategies in Rehabilitation and Return to Play  
  Vanessa Shannon, Ph.D.  
- **11:40 a.m.** Questions and answers/panel discussion  
  **11:45 a.m.** Lunch

### Keynotes

- **12:30 p.m.** New Strategies in ACL Prevention Programs  
  Trent Nessler, P.T., MPT, DPT  
- **1 p.m.** Return to Play Guidelines Following ACL Reconstruction  
  Kevin Wilk, P.T., DPT, FAPTA  
- **1:55 p.m.** Questions and answers/panel discussion  
  **2:05 p.m.** Break

### Management of the Next Frontier of Fitness

- **2:15 p.m.** Upper Body Injuries and the CrossFit Athlete  
  Ryan J. Krupp, M.D.  
- **2:40 p.m.** Evaluation and Management of CrossFit Injuries  
  Steven Hnat, P.T., DPT, OCS  
- **3 p.m.** Dry Needling for the Upper Quarter  
  Chad Garvey, P.T., DPT, OCS, FAAOMPT  
- **3:20 p.m.** Questions and answers/panel discussion  
  **3:30 p.m.** Break/exhibits open

### Considerations for the Nontraditional Athlete

- **3:50 p.m.** Working With the Auto Racing Athlete: An Athletic Trainer’s Perspective  
  Tiffany Franklin, M.A., ATC  
- **4:10 p.m.** Head Trauma in Combat Sports  
  Tad D. Seifert, M.D.  
- **4:30 p.m.** Considerations for Hip Surgery in a Paratrooper  
  Samuel D. Carter, M.D.  
- **4:55 p.m.** Questions and answers/panel discussion  
  **5:05 p.m.** Closing remarks/adjournment  
  Muhammad Ali Center open to attendees  
  **6 p.m.** Muhammad Ali Center closes

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**Saturday, June 17, 2017 • Norton Medical Plaza II – Brownsboro**

### Rotation options and locations

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| • Bioskills Lab  
  Cadaveric Elbow, Wrist and Hand Dissection  
  Luke Robinson, M.D.  
| • Annex  
  Vestibular Rehabilitation in the Post-concussion Athlete  
  Stephanie Johnson, P.T., DPT, and Robin Harrington, P.T., DPT, OCS  
| • KORT clinic  
  CrossFit: Modifications for Fitness Level and Post-injury  
  Steven Hnat, P.T., DPT, OCS, and Caroline Cox, M.S., ATC  
| • KORT sports performance area  
  New Strategies in ACL Prevention Programs Lab  
  Trent Nessler, P.T., MPT, DPT  
| • Auditorium  
  Mental Strategies for Return to Sports Lab After Injury  
  Vanessa Shannon, Ph.D. |
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