Sixth Annual Mental Health Conference
Assessment and Treatment Strategies

August 11 - 13, 2009

Larned State Hospital
1301 KS HWY 264
Larned, KS  67550

For more information, contact LSH Staff Development at (620) 285-4512 or e-mail StaffDevelopment@lsh.ks.gov

This is a great opportunity to earn up to 19 Contact Hours, CEU’s or CMEs for Nursing, Social Work, Psychology, and Physicians. Registration is free for LSH, LCMHF and LJCF personnel and only $50.00 for all other participants. Make your reservations early, as conference seating is limited and on a first come, first served basis.

Please visit the Auditorium located on the Larned State Hospital Campus from 8:00am—5:00pm each day of the conference. A come-and-go hospitality area with refreshments will be available along with vendors and exhibits.
Welcome!

The Larned State Hospital would like to invite you to their Sixth Annual Mental Health Conference and take this opportunity to answer some questions you may have.

Parking for the Conference will be designated and clearly marked for attendees. Mental Health Conference Guides will be wearing “Sunflower” ID badges and ready to assist you with questions regarding locations, registration, restrooms, phones, break areas, snack areas, etc. A hospitality area, vendor booths and exhibits will be set-up in the Auditorium (gym). There will be several displays, some of which include items made by our patients that are for sale, so feel free stop by and browse! We ask that if you must be available via cell phone, please set your phone on vibrate or if possible, simply turn it off during presentations.

If you have any special accommodations, please contact us in advance so arrangements can be made. You may also contact a Conference Guide as needed and we will do our best to assist you.

On Wednesday August 12th, The LSH Endowment Fund Committee will be offering a noon meal consisting of a sloppy joe sandwich, chips, cookies and a drink as a part of their ongoing fundraising efforts. You may purchase this meal at lunchtime for $5.00. Please let us know if you are interested in joining us by marking yes or no on the workshop reservation form. Knowing how many people are interested will allow us to prepare enough food. Cash or check payments only (to LSH Endowment Fund) at the time of the meal. Please do not include this money with your registration.

Lastly, all of our patients are covered by federal confidentiality regulations and the possibility of you interacting with the patients is minimal. However, if a patient greets you, say “hello,” be polite and continue on to your destination. No information about a patient that would help another person identify that patient may be disclosed.

Thank you, in advance for your participation, as we hope you enjoy the Conference and the LSH Campus and will want to attend again next year.

Larned State Hospital is proud to provide its Sixth Annual Mental Health Conference. Your past participation has contributed greatly to the success of these conferences, and your continued interest will further-support these educational opportunities.

Please submit your reservation form and fee, as soon as possible as conference seating is limited. Reservations will be accepted on a first-come, first-served basis.

This Conference has been approved for 19 contact hours for RN’s, LPN’s and LMHT’s, 19 CEUs for Social Workers, Psychologists and other Professional Licensures and 19 CMEs for Physicians (Category II).
Overview of Conference Workshops

“Competency to Stand Trial Evaluations”
- Dr. Thomas Kinlen
The purpose of the presentation is to explain various strategies in completing a competency to stand trial evaluation in Kansas. Topics covered will include: the history of competency to stand trial evaluations, relevant Kansas Statutes, assessment tools, report writing, and expert testimony strategies. Dr. Thomas Kinlen is the Director of Psychology at Larned State Hospital and received his Doctorate of Philosophy in Clinical Psychology from Sam Houston State University.

“Introduction and Overview of the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR)”
- Dr. Greg Shannon, Dr. Cynthia Conger, and Debra Jensen
An overview of the development, history, and purpose of the DSM-IV-TR will be presented. Individuals will learn how to accurately assess childhood, mood, psychotic, anxiety, and substance related disorders. The participants will be able to assess V-codes, paraphilias, and personality disorders. Dr. Shannon, Dr. Conger, and Debra Jensen are currently employed in the psychology department at Larned State Hospital.

“Follow The Yellow Brick Road:” A beginner’s guide through the maze of Trauma therapy for Adults, Children and Adolescents”
- Mark Siegmund, MA, LCPC, LPC
Participants will explore the current movement toward the creation of empirically-informed treatments to combat multidimensional complex trauma that is quite prevalent in mental health populations. The workshop will provide a roadmap (with resources) of the numerous types evidence-based practices that claim to reduce the debilitating effects of complex trauma. Trauma-Focused, Cognitive Behavior Therapy (TF-CBT), Integrative Treatment of Complex Trauma (ITCT), and the Sanctuary model will be examined and summarized so that participants can begin to study and consider the most appropriate therapy for their clients. Mark Siegmund, LCPC, LPC is currently the director of Clinical Services at Marillac Center in Overland Park, KS. He has been a counselor for 25 years in Missouri, New Hampshire, and Kansas.

“It’s a Personality Thing - Why People do What They Do”
- Jenni Reling Seminars
This workshop takes a fresh approach in dealing with conflict in the workplace, as well as in other aspects of life. Armed with a heightened understanding of human behavior, participants will be able to choose to make adjustments in personal relating styles in order to improve relationships and manage conflicts. Jenni Reling has been the Owner and Operator of “Jenni Reling Seminars since 1995. Jenni has previously held positions within various organizations as a Training Director, Counselor, and Education Coordinator. Jenni graduated from Kansas State University with M.S. Degree in Family Life Education with an Adult Education emphasis.

“Who Me? The Antisocial Personality Disorder”
- Kevin Edwards, MS, LCP
This presentation will help direct care staff increase their understanding of the Antisocial Personality Disordered client and provide useful tips on how to manage them within a health care setting. Learn how to distinguish what behaviors are and are not a part of this disorder, and be exposed to tools that will assist the participant in working with these patients. The presentation will also introduce you to the diagnostic criteria. Kevin L Edwards, MS, LCP, is currently the Administrative Program Director of the Psychiatric Services Program at Larned State Hospital (LSH). Mr. Edwards received his Masters of Science in Psychology from Avila College, Kansas City, Missouri. He worked for 14 years as a Mental Health Coordinator/Clinical Director in two different KDOC Facilities. He currently offers the RAM (Responsibility and Accountability Model of Supervision) Class at LSH that is specifically geared towards working with all personality disorders but originally created for people diagnosed with Antisocial Personality Disorder.
Overview of Conference Workshops

“Ethics in The Behavioral Sciences”
- Dr. Leo Herman and Dr. Carrie Nassif
The goal of this session is to enhance the audience’s understanding of professional ethics as it applies to their settings in the mental health field. This will be done by reviewing strategies and techniques to make well-informed ethical decisions. Understanding the role of ethics as a civil servant and as a mental health professional will also be discussed. Dr. Leo Herman and Dr. Carrie Nassif are both Professor’s at Fort Hays State University.

“Teams are US: Building Strong Work Teams”
- Jenni Reling Seminars
Teamwork is essential for optimal results. Multiple disciplines work together to create the best outcomes. This session is designed to renew commitment to the team process, to consider strategies that might enhance team efforts, and to give participants practical applications for the team process in the human service environment. Jenni Reling has been the Owner and Operator of “Jenni Reling Seminars since 1995. Jenni has previously held positions within various organizations as a Training Director, Counselor, and Education Coordinator. Jenni graduated from Kansas State University with M.S. Degree in Family Life Education/Adult Education emphasis.

“DBT in the Real World”
- Dr. Mayda Nel Strong
The goal of this workshop is to present to the participants an example of the “real life” application of Dialectical Behavior Therapy. During the program participants will have the opportunity to either observe or participate in a DBT Session and then will discuss the experience of observing or participating in a DBT Session. Mayda Nel Strong, Ph.D. is currently employed in the psychology department at Larned State Hospital as the Supervising Psychologist for the Sexual Predator Treatment Program. She received her Ph.D., from The University of Texas at Austin in Educational Psychology (Counseling Psychology).

“The Neurobiology of Social-Emotional Trauma: The origin of trauma related disorders”
- Dr. Richard Gaskill
Neuroscience is revealing new insights about the biology of trauma related disorders such as PTSD. It has become increasingly clear that low brain regions (brainstem and diencephalon) are as organizationally affected by trauma as higher regions. Unfortunately, most of our traditional therapies focused heavily on cognitive/emotional issues and did not address the lower brain disorganization resulting from trauma (physiological arousal, physiological states, sleep, and motor control). Today a more prescriptive approach is developing that matches interventions to the locus of neural trauma and disorganization. The information in this workshop will give mental health workers a greater understanding of the child’s difficulties and an improved ability to intervene successfully with those adversely affected by severe trauma. Dr. Richard Gaskill, Ed.D., LCP, serves as the Clinical Director for the Sumner Mental Health Center in Wellington, Kansas. His most important work in relation to The Child Trauma Academy, though, has been in developing and adapting the Neurodevelopmental Model of Therapeutics for Sumner’s Therapeutic Preschool. Dr. Gaskill received his Ed.D. from University of Northern Colorado in Counseling Psych and his Ed.S. from Wichita State University in Counseling. He also serves as an Adjunct Faculty member at Wichita State University.

“5 Stages in Recovery: How we relate to that which disables us”
- Randy Johnson, CPS
This presentation will create a common understanding for the biology of trauma related disorders such as PTSD. It has become increasingly clear that low brain regions (brainstem and diencephalon) are as organizationally affected by trauma as higher regions. Unfortunately, most of our traditional therapies focused heavily on cognitive/emotional issues and did not address the lower brain disorganization resulting from trauma (physiological arousal, physiological states, sleep, and motor control). Today a more prescriptive approach is developing that matches interventions to the locus of neural trauma and disorganization. The information in this workshop will give mental health workers a greater understanding of the child’s difficulties and an improved ability to intervene successfully with those adversely affected by severe trauma. Dr. Richard Gaskill, Ed.D., LCP, serves as the Clinical Director for the Sumner Mental Health Center in Wellington, Kansas. His most important work in relation to The Child Trauma Academy, though, has been in developing and adapting the Neurodevelopmental Model of Therapeutics for Sumner’s Therapeutic Preschool. Dr. Gaskill received his Ed.D. from University of Northern Colorado in Counseling Psych and his Ed.S. from Wichita State University in Counseling. He also serves as an Adjunct Faculty member at Wichita State University.
As you enter Larned State Hospital’s campus from the North (coming from Hwy 156) you will see signs directing you to the designated parking areas. In addition, in front of each building there will be signs directing you to the different workshop locations. Lastly, when you register in the morning, you will receive a packet of information which will include locations for each workshop.

Please visit the Auditorium located on the Larned State Hospital Campus from 8:00am—5:00pm each day of the conference. A come-and-go hospitality area with refreshments will be available along with vendors and exhibits.
To Register

State Complex Employees (LSH, LCMH & LJCF):
- Fax the completed Registration Form to (620)285-4573

All Other Registrants:
- Mail the completed Registration Form and check or money order in the amount of $50.00 and payable to Larned State Hospital to:
  Larned State Hospital
  Attn: Staff Development
  1301 KS HWY 264
  Larned, KS 67550

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Plan on arriving at least 15 minutes early to each Workshop for a short sign-in process

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Tuesday, August 11, 2007

Registration (Auditorium) 8:15am - 9:00am

“Competency to Stand Trial Evaluations” (Chapel) 9:00am - 5:00pm
- Dr. Thomas Kinlen

Wednesday, August 12, 2009 (Day One)

Registration (Auditorium) 7:45am - 8:30am

Welcome/Opening Session (Chapel) 8:30am - 9:00am

Morning Workshops

“Introduction and Overview of the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR)” (Chapel) 9:00am - 12:00pm
- Dr. Greg Shannon, Dr. Cynthia Conger, and Debra Jensen

“Follow The Yellow Brick Road:” A beginner’s guide through the maze of trauma therapy for Adults, Children and Adolescents” (Hospital Rm #251) 9:00am - 12:00pm
- Mark Siegmund, MA, LCPC, LPC

“It’s a Personality Thing - Why People do What They Do” (Hospital Rm #245) 9:00am - 12:00pm
- Jenni Reling, MS

I am interested in attending the LSH Endowment Fund meal (See pg. 2 for details!) YES □ NO □

Please be sure to complete both sides of the registration form
LSH Sixth Annual Mental Health Conference
Assessment and Treatment Strategies
Registration Form

Wednesday, August 12, 2009 (Day One)

Afternoon Workshops

“Ethics in The Behavioral Sciences” (Chapel) 1:30pm – 4:30pm
- Dr. Leo Herman and Dr. Carrie Nassif

“Teams are US: Building Strong Work Teams” (Hospital Rm #245) 1:30pm – 4:30pm
- Jenni Reling, MS

“The Neurobiology of Social-Emotional Trauma: The origin of trauma related disorders” (Hospital Rm #251) 1:30pm – 4:30pm
- Dr. Richard Gaskill

Thursday, August 13, 2009 (Day Two)

Registration (Auditorium) 7:45am – 8:30am

Morning Workshops

“5 Stages in Recovery: How we relate to that which disables us” 8:30am – 11:30am
- Randy Johnson, CPS (Hospital Rm #251)

“DBT in the Real World” (Chapel) 8:30am – 10:00am
- Dr. Mayda Nel Strong

“Who Me? The Antisocial Personality Disorder” (Chapel) 10:30am – 12:00pm
- Kevin Edwards, MS, LCP

Afternoon Workshops

“5 Stages in Recovery: How we relate to that which disables us” 1:00pm – 4:00pm
- Randy Johnson, CPS (Hospital Rm #251)

“DBT in the Real World” (Chapel) 1:00pm – 2:30pm
- Dr. Mayda Nel Strong

“Who Me? The Antisocial Personality Disorder” (Chapel) 3:00pm – 4:30pm
- Kevin Edwards, MS, LCP

Please make sure selected workshop times do not conflict with each other!
Include both pages of registration form and if applicable, your $50.00 check or money order.
Conference Notes

All participants are requested to complete and return evaluations of each session.

Larned State Hospital will make reasonable accommodations for individuals with a disability. If you need special accommodations, please contact Staff Development at (620) 285-4512.

Local Hotel/Motel Accommodations
Best Western Townsman Inn (620) 285-3114
Country Inn Motel (620) 285-3216
Rodeway Inn (620) 285-2300

Meal Options
El Dos De Oros Meyer Deli
Peking Garden Pizza Hut
Rain Barrel Café Rooster’s
Scraps Sonic
Subway Wendy’s

Wednesday 8/12 - LSH Endowment Fund Fundraiser Meal

Larned State Hospital is an approved provider of Continuing Education by the Kansas State Board of Nursing. The Kansas State Board of Nursing approved provider number is LT0094-0727. Certificates of attendance will be available to submit to other organizations for credit.