

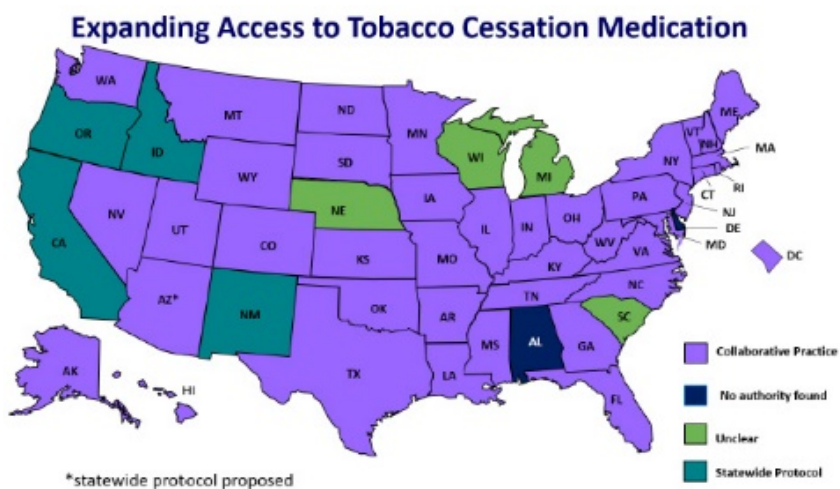
Pharmacists
providing
tobacco
cessation
treatment
programs are
**part of the
solution.**

Pharmacists Expanding Healthcare Access Tobacco Cessation Treatment Programs

According to the Minnesota Department of Health, smoking causes 5,900 deaths and over \$2.5 billion in medical costs every year in Minnesota. More Minnesotans die from tobacco than alcohol, homicides, car accidents, AIDS, illegal drugs, and suicide combined. [1] A report by the surgeon general estimated that the national healthcare cost of smoking is around \$170 billion annually. [2]

Smokers are 1.7-2.2 times more likely to quit smoking successfully for at least 5 months when receiving assistance from a local healthcare professional. [3] Pharmacists, as the most accessible health care professionals, can play an integral role in helping individuals quit smoking. A study found that community pharmacist intervention led to a 12.7% increase in smoking cessation rates through interventions related to tobacco cessation. [4]

Pharmacists in other states [5]



Arizona, California, Colorado, Idaho, Maine and New Mexico currently allow pharmacists to prescribe smoking cessation and replacement products.

**For More Information
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On behalf of Minnesota
Pharmacists

[1] Minnesota Department of Health. *Minnesota Comprehensive Tobacco Control Framework 2016-2021*. (n.d.). Retrieved from http://www.health.state.mn.us/divs/hpcd/tpc/docs/MN_tobacco_control_framework.pdf
 [2] Jha, P. et al. (2013). 21st-Century Hazards of Smoking and Benefits of Cessation in the United States. *N Eng J Med*, 368, 341-350.
 [3] Centers for Disease Control. Quitting Smoking. (2017, February 01). Retrieved from https://www.cdc.gov/tobacco/data_statistics/fact_sheets/cessation/quitting/
 [4] Sinclair, Hazel K., Christine M. Bond, and Lindsay F. Stead. (2004). Community pharmacy personnel interventions for smoking cessation. *The Cochrane Library*.
 [5] "Access to Tobacco Cessation Medication through Pharmacists - ASTHO." 8 Feb. 2017, <http://www.astho.org/Prevention/Tobacco/Tobacco-Cessation-Via-Pharmacists/>.

