



## **Officer Wellness: November 10-12, 2017** **Clinical Core Training** | Senator Inn, Augusta

NAMI Maine is looking to make an investment in 12 to 15 clinicians across the State of Maine to enhance their abilities to effectively meet the treatment needs of first responders with a specific focus on sworn law enforcement officers. NAMI Maine is providing a training that will begin at 5:30 PM on Friday, November 10<sup>th</sup> and end at 4:00 PM on November 12<sup>th</sup>. This is a FREE training with an estimated 15 CEUs provided to all attendees. NAMI Maine will provide lunch to all attendees and dinner plus hotel accommodation to any therapists traveling more than 30 miles to attend.

Members of law enforcement experience higher rates of depression, anxiety, PTSD, suicide, substance use disorders and divorce than their peers, and it is estimated that, on average, police officers die 19 years younger than their peers due the stress placed on their body from the mental and physical demands of the job. However, even when a member of law enforcement is willing to overcome the significant professional stigma of seeking help, they are often unable to develop a therapeutic connection with a therapist. Law enforcement culture is closed and distrusting of those who second guess their motives and actions. In order to work successfully with members of law enforcement, therapists must become culturally aware and able to address trauma with a guarded client. NAMI Maine is looking for applicants from clinicians who meet the following requirements and will agree to the following stipulations:

- 1) Must be licensed in the State of Maine to provide therapy as a LCSW, LCPC or Psychologist.
- 2) Must maintain a private practice location that is not physically connected to any community mental health provider agency or law enforcement facility.
- 3) Cannot conduct any screening for police departments including fit for duty or pre-employment evaluations.
- 4) Must accept private insurance and participate with insurance companies covering police officers within an hour of the private practice location.
- 5) Agree to participate in a three-hour ride along with a member of law enforcement prior to attending the training program.
- 6) To ensure client confidentiality, therapists will agree not to respond to any subpoena. Rather, they will require a court order before providing any information about a member of law enforcement they are seeing.
- 7) To enhance the trust building with officers, therapists will agree to take the least amount of clinical notes that is ethically appropriate with any law enforcement client.
- 8) Will not discuss the situation or case of any member of law enforcement with another therapist with the exception of with a clinical supervisor and only after securing the permission of the officer.
- 9) Agree to engage quarterly in group support calls to ensure that any issues arising with an individual therapist's delivery of service to first responders is being discussed and supported by other therapists committed to effectively serving the population.
- 10) Agree to attend future training, when provided at no cost, by NAMI Maine to the cohort of officer approved therapists.
- 11) All participants understand that attending the core training does not guarantee that a therapist will be accepted into the NAMI First Responder clinical group. After completing the training, each therapist will be interviewed by a member of the Officer Wellness Advisory Council to determine whether the therapist appears to have gained the necessary level of understanding to deliver culturally competent mental health services to law enforcement.
- 12) Agree to be listed on NAMI Maine's website as open to taking new law enforcement clients.

If you have questions about these requirements, please email [Jenna@namimaine.org](mailto:Jenna@namimaine.org)



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***Application for Participation***

Name: \_\_\_\_\_

Physical Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Contact Number: \_\_\_\_\_

County(ies) you serve: \_\_\_\_\_

Clinical degree: \_\_\_\_\_ Awarded by what school: \_\_\_\_\_

License Held: \_\_\_\_\_ How long have you held this license: \_\_\_\_\_

Specialty certifications held: \_\_\_\_\_

Describe the client population you currently see:

Please share why you are interested in working with members of law enforcement?

What unique skills, experiences and perspectives do you bring to your practice that you feel would make you a strong candidate to receive this professional development and support intended to enhance your ability to serve members of law enforcement?

Completed applications must be submitted by 10/25/17 with selected clinicians informed by 11/1/17.

PLEASE RETURN APPLICATIONS TO:

JENNA MEHNERT, NAMI MAINE, 1 BANGOR STREET, AUGUSTA, ME 04330 OR [Jenna@namimaine.org](mailto:Jenna@namimaine.org)