Celebrate Nursing!

Celebrate Nursing at the NNA-Lincoln Area Mutual Interest Group Spring Meeting
Monday, April 24, 2017 5:00-8:00
Southeast Community College, Jack Huck Continuing Education Center
Room 302, 301 South 68th Street Place, Lincoln, NE 68510

Agenda
5:00-5:45 Poster Presentations co-sponsored by STTI Gamma Pi & Nu Rho-at-Large
6:00-6:45 Dinner; Please notify Jodi Nelson at teachingnurses@gmail.com if you have special dietary needs.
7:00-8:00 Keynote speaker: Niki Eisenmann, MSN, RN, PhD ©, Assistant Professor of Nursing, Bryan College of Health Sciences.
Topic:
1.0 Contact Hour will be provided.
You must register by April 18, 2017 so a dinner count can be submitted.

Cost: $10 for pre-licensure nursing students
$15 for current ANA/NNA members
$20 for non-ANA/NNA members

Online Registration at www.nebraskanurses.org  Registration Opens March 15, 2017

There will be a drawing for a grand prize of $100 Gift Card at the end of the evening but you must be present to win!

NOTE: Poster presenters who will not be able to stay for the dinner and speaker are not required to pay. However, you must register for the poster event by contacting Dr. Linda Hardy or Dr. Christie Campbell Grossman. See Poster Presentation Information.

The Midwest Multistate Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
CALL FOR POSTER PRESENTATIONS

Nu Rho-at-Large and Gamma Pi Chapters
WITH

Lincoln Area Mutual Interest Group

Monday, April 24, 2017-Celebrate Nursing Event

Nu Rho-at-Large Chapter and Gamma Pi Chapter of Sigma Theta Tau International Nursing Honor Society in collaboration with the Lincoln Area Mutual Interest Group (MIG) of the Nebraska Nurses Association invite students and nurses to present a poster on a research project, an evidence-based practice project, or other topic of interest to nursing at the 2017 Celebrate Nursing Event. This event is scheduled for Monday, April 24, 2017, 5:00-8:00 at Southeast Community College, Jack Huck Continuing Education Center, Room 302, 301 South 68th Street Place, Lincoln, NE 68510. The Poster Event is scheduled from 5:00-5:45. Registration information for the Celebrate Nursing event, including dinner and a keynote speaker, will be published soon in a separate document.

Please submit the following information by Friday, April 7, 2017 at 5:00 p.m. Submissions will not be accepted after that time.

All submissions need to include the name(s) of the presenters, one main contact person’s email address, university/college affiliation, and faculty advisor(s) if applicable.

For a Research Poster: Research Abstracts to include title, authors, purpose and rationale, subjects, methods, results, conclusions. For research in progress, the results and conclusions are not required in the abstract.

For an Evidence-based Practice Poster: Evidence-based Practice Abstracts to include title, authors, purpose statement, 2-3 (Review of Literature) research studies to support the evidence, proposed practice change, implementation strategies, and practice outcomes. For projects in progress, proposed practice change and implementation strategies not required for the abstract but should be included on the poster if possible.

Other topics: Other topics of interest to nursing education, practice, or research are welcome and will be considered for inclusion in this event.

Send the information to
For Nu Rho-at-Large: Linda Hardy, PhD, RN, CNE, CTN-A at Nebraska Wesleyan University, Burt Hall, 313, Ext. 2416 or 402-465-2416, 5000 St. Paul Ave, Lincoln, NE. 68504 OR email the information to lhardy@nebrwesleyan.edu Email preferred!

For Gamma Pi: Christie Campbell-Grossman, PhD, RN at University of Nebraska College of Nursing. Email information to Dr. Campbell-Grossman at ccampbel@unmc.edu

Presenters will be notified of acceptance via email by April 14, 2017. You will be responsible for bringing the needed foam board and easel to display your poster. Students, please check with faculty members at your school for these supplies.

See attached EBP template for your convenience. Use the list above for Research Posters content areas. Other topics should clearly demonstrate relevance to nursing education, nursing practice, or nursing research.
### EXAMPLE OF EBP ABSTRACT

**Title:** Incorporation of Guided Imagery into the Care of Patients Undergoing Diagnostic and Interventional Cardiac Catheterization

**Presenter(s):** Cardiac Kelly  
**Faculty sponsor(s):** Dr. Mary Heart

**Credentials:** xxx (Add degrees, certifications for principal presenter and co-presenters)

**Organization:** College of Nursing Excellence

**Abstract text:** (less than 250 words; Please type 12-pt font, Times New Roman or Arial, single-spaced, within the box below.)

**Purpose Statement:** This research utilization project was designed to incorporate guided imagery (GI) into the routine care of patients undergoing cardiac catheterization and interventional procedures.

**Background/Significance/Review of Literature:** Evidence exists that complementary therapies, such as GI, can initiate a relaxation response and contribute to a reduction in procedural pain, anxiety and length of procedure. The Iowa Model of Evidence-Based Practice to Promote Quality Care guided this project.  
***What is already known about this topic?***  
***Review current (within 5 years) research studies to support your evidence.***  
***Ranking of Evidence- Ex: Pyramid of Evidence (Hayes, 2006)***

**Methodology:** Pre-procedure, all patients admitted to the Heart Center for same day cardiac catheterizations were invited to participate in GI. Patients who agreed to participate were provided with a cassette player, guided imagery tape and disposable headset. Outcomes were collected on 50 participants and 50 nonparticipant’s pre and post procedure. Patient satisfaction with the GI program and the catheterization procedure, and pain were measured using a 0-10 Likert scale. Anxiety was measured using the Spielberger State Anxiety Inventory. Descriptive and comparative analyses were performed on the groups of participants and non-participants. Approximately 2 of every 3 patients chose to participate in the GI program. Participants reported high levels of satisfaction with the GI program (8.75/10) with higher levels reported by participants undergoing their first catheterization procedure (9.3/10). Both groups reported high levels of satisfaction with the catheterization procedure. Pain was rated low (0-1) in both groups however significantly more patients using GI still had femoral sheaths in when completing the post-procedure survey. All patients reported significantly less anxiety post-procedure.

**Conclusions/Nursing Implications:** Evaluation of this evidence-based practice change supports the continuation of GI in-patients undergoing diagnostic/interventional cardiac catheterization and expansion of the GI program to the broader patient population. Staff support of the program was greatly enhanced by allowing staff to experience GI prior to the practice change. Development of an evidence-based clinical practice guideline for GI is recommended and underway.
Practice Outcomes: Outcome studies to evaluate GI use in other acute/critically ill patient populations are also recommended.

EBP Abstract Example has been taken from the internet with NU Rho revisions by M. Fitzke, Research Chair, 2012-2013.