Treating Chronic Pain in New Mexico: Addressing Best Practices, Addiction, and Current Regulations

This course is approved by the NM Medical Board to fulfill the 5 hour requirement related to Management of Chronic Pain with Controlled Substances.

Presented by:

UNM School of Medicine
UNM Pain Consultation & Treatment Center
Department of Neurosurgery

Albuquerque • Santa Fe • Las Cruces
New Mexico
Saturdays, 8:00 am - 1:30 pm

November 3, 2012  Domenici Auditorium, UNM North Campus, Albuquerque
December 8, 2012  Domenici Auditorium, UNM North Campus, Albuquerque
January 26, 2013  La Fonda Hotel, Santa Fe, New Mexico
February 23, 2013  VA Health Care System, Albuquerque
April 6, 2013  Hotel Encanto, Las Cruces, New Mexico
May 18, 2013  Domenici Auditorium, UNM North Campus, Albuquerque
Purpose
The UNM Pain Consultation & Treatment Center, in collaboration with the UNM Office of Continuing Medical Education, will be offering at least six Saturday morning courses, beginning in November 2012. This course fulfills the requirement from the New Mexico Board's Rule: 16.10.14 on Management of Chronic Pain with Controlled Substances. Many other medical licensing boards may also be adopting these same new rules.

Topics to be covered will include:
1) An overview of the epidemic of unintentional opiate overdose deaths in New Mexico,
2) 2011 Institute of Medicine Guidelines for Best Practices in pain management,
3) Safe prescribing of opiate analgesics, with detailed equianalgesic dosing guidelines,
4) Non-opiate analgesic medications for pain treatment; specific mechanisms of actions, indications, and dosing guidelines
5) Identification of the patient at risk for addictions, current addictions issues, and diversion
6) Federal and State regulations regarding pain management.

Case Vignettes and small group sessions will be used for this course in addition to traditional didactic teaching. Special populations will be covered. These will include:
• Children and Adolescents
• Safe(er) Opiate Prescribing
• Managing the patient who is misusing opioids
• The patient with pain and psychiatric comorbidities

The UNM Pain Consultation & Treatment Center plans to host yearly Pain Updates consistent with the needs of the medical community it serves as well as the public health issues surrounding pain management.

General Course Objectives
At the end of this course, the participant should be able to:
1) Demonstrate the ability to safely prescribe and monitor opiate and non-opiate pain medications.
2) Describe Federal and State guidelines that regulate the use and prescription of controlled substances.
3) Discuss strategies to identify and treat the patient who is addicted to opiate analgesics.
4) Discuss special considerations needed for children and adolescents who require treatment for chronic pain.
Course Agenda

7:30 – 8:00 am  Continental Breakfast and Registration
8:00 – 8:55 am  Overview: The Crisis of Unintended Opiate Overdose
                Deaths in New Mexico: What is Best Practices
                Interdisciplinary Pain Management?
8:55 – 9:35 am  Medication Management for Pain: Opiate Analgesics:
                Safe Prescribing
9:35 – 10:15 am Non-Opiate Medications for Pain: Non-Steroidal
                Medications, Neuropathic Medications, Anti-Depressants,
                Topical Agents, and Many Others
10:15 – 10:30 am Pharmacologic Management for Pediatric Pain
10:30 – 10:45 am BREAK
10:45 – 11:30 am Screening for Opiate Addictions, Misuse, and Diversion
                in the Chronic Pain Patient
11:30 – 12:00 pm Federal and State Regulations Pertaining to Pain Treatment
12:00 – 12:15 pm Pick up Box Lunch and Proceed to Small Groups
12:15 – 12:40 pm Small Group Sessions with Case Vignettes #1
12:40 – 12:45 pm BREAK
12:45 – 1:10 pm  Small Group Sessions with Case Vignettes #2
1:10 – 1:30 pm  Evaluation/Conclusion

1)  Children and Adolescents
    • What special pain problems do children and adolescents have
    • How does the treatment of children and adolescents with pain differ from adults.
    • What potential pitfalls face the practitioner who treat children and adolescents with chronic pain.

2)  Safe(er) Opiate Prescribing
    • Which patient is a candidate for chronic opiate therapy
    • How to screen for patients with the potential for opiate abuse
    • Monitoring opiate therapy

3)  Managing the patient who is misusing opioids
    • What are aberrant behaviors with regard to opioid usage
    • How to monitor your patients for aberrant opioid behaviors
    • Decreasing and/or stopping opioids safely and humanely

4)  The Patient with Pain and Psychiatric Comorbidities
    • What are pathologic behavioral response to chronic pain
    • The patient with severe anxiety and pain.
    • The depressed patient: when to treat, when to refer
University of New Mexico Health Sciences Center School of Medicine Faculty

Jeanne Bereiter, MD
Associate Professor
Department of Psychiatry, Child Division

Snehal Bhatt, MD
Assistant Professor
Department of Psychiatry
Medical Director, Addiction and Substance Abuse Programs, UNM IHS, Telebehavioral Center of Excellence

Chris Camarata, MD
Assistant Professor
Department of Family and Community Medicine Palliative Care Program

George D. Comerci, Jr., MD, FACP DAAPM
Professor
Department of Internal Medicine
UNM Pain Consultation & Treatment Center

Jennifer Dillow, MD, FAAP
Assistant Professor
Department of Anesthesiology
Director, Pediatric Regional Anesthesia and Acute Pain Services

Daniel Duhigg, DO, MBA
Assistant Professor
Department of Psychiatry
Department of Neurology
Fellowship in Addictions
UNM Pain Consultation & Treatment Center

Cynthia Geppert, MD, PhD, MPH, MBe, FAPM, DAAPM
Chief, Consultation Psychiatry and Ethics
New Mexico Veterans Affairs Health Care System
Associate Professor
Department of Psychiatry
Director of Ethics Education

Joanna Katzman, MD, MSPH, DAAPM
Associate Professor
Department of Neurosurgery
Director UNM Pain Consultation & Treatment Center

Eugene Koshkin, MD
Assistant Professor
Department of Anesthesiology
Director, Interventional Division

Lisa Marr, MD
Associate Professor
Department of Internal Medicine
Director, Palliative Care Section

Denise Taylor, MD
Assistant Professor
Department of Pediatrics
Director, Pediatric Rehabilitation Program
Pediatric Interdisciplinary Pain Clinic
UNM Pain Consultation & Treatment Center

Course Directors: George Comerci, MD and Joanna Katzman, MD

Accreditation

Physicians
The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses
This activity is approved for 5.0 contact hours by the University of New Mexico Office of Continuing Medical Education, an approved provider of continuing nursing education by the New Mexico Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
Contact Information
This course is presented by the University of New Mexico School of Medicine, Office of Continuing Medical Education.

For additional information contact:
UNM School of Medicine
Office of Continuing Medical Education
MSC09 5370
1 University of New Mexico
Albuquerque, NM 87131-0001
Phone: (505) 272-3942
FAX: (505) 272-8604
Visit the UNM CME website at http://som.unm.edu/cme

You may also visit the UNM School of Medicine Project Echo website for a list of their chronic pain echo modules.

Cancellation Policy
If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a $40.00 administrative fee provided it is received in writing prior to one week before the conference date. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, the Office of Continuing Medical Education is not responsible for any airfare, hotel, or other costs incurred by participants.

UNM Tuition Remission
All eligible UNM Faculty and Staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance. The on-line UNM Tuition Remission form may be accessed at: http://hr.unm.edu/docs/benefits/tuition-remission.pdf

Registration Information
• Please arrive by 7:45 am.
• Pre-test must be completed prior to 8:30 am.
• CME Certificates will be emailed to participant after course completion and completion of course pre/post test.
Registration Information
If you are paying by credit card, you may register on-line at the UNM CME website: http://som.unm.edu/cme. A confirmation letter will be emailed to you. Please present your confirmation letter at the registration desk upon arrival at the conference. If you do not receive a confirmation letter, please contact the Office of CME at 505-272-3942 to verify your attendance. Registration includes conference materials, breakfast and refreshment break on Saturday. Please confirm your registration prior to making travel arrangements. Minimum and maximum numbers have been established for this conference. A copy of the purchase order must accompany the registration. Any registrations faxed without a Visa or MasterCard number, or a copy of the purchase order cannot be processed. The Office of CME does not maintain a petty cash fund. Cash payments must be made in the exact amount. It is UNM policy to charge $15.00 plus normal merchant bank fees for each returned check.

Registration Fees

<table>
<thead>
<tr>
<th>Early Bird Registration (postmarked on or before two weeks prior to conference date)</th>
<th>Regular Registration (Postmarked after two weeks prior to conference date)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MD/DO/DDS</td>
<td>MD/DO/DDS</td>
</tr>
<tr>
<td>(using UNM tuition remission)</td>
<td>(using UNM tuition remission)</td>
</tr>
<tr>
<td>MD/DO/DDS $150.00</td>
<td>MD/DO/DDS $190.00</td>
</tr>
<tr>
<td>Mid-Level, RN and Others</td>
<td>Mid-Level, RN and Others</td>
</tr>
<tr>
<td>(using UNM tuition remission)</td>
<td>(using UNM tuition remission)</td>
</tr>
<tr>
<td>Mid-Level, RN and Others $140.00</td>
<td>Mid-Level, RN and Others $180.00</td>
</tr>
<tr>
<td>Mid-Level, RN and Others $125.00</td>
<td>Mid-Level, RN and Others $165.00</td>
</tr>
<tr>
<td>Mid-Level, RN and Others $115.00</td>
<td>Mid-Level, RN and Others $155.00</td>
</tr>
</tbody>
</table>

How To Register

- Fax your registration 24 hours/day to 505-272-8604
- Call 505-272-3942 between 8:00 am and 5:00 pm MST
- Online at: http://som.unm.edu/cme
- Mail to: UNM, Office of CME, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131

Conference Site and Accommodations

Detailed information regarding the conference site and accommodations will be included in the confirmation letter or visit our website at http://som.unm.edu/cme

The course dates and locations are:

**November 3, 2012** Domenici Auditorium, UNM North Campus, Albuquerque

**December 8, 2012** Domenici Auditorium, UNM North Campus, Albuquerque

**January 26, 2013** La Fonda Hotel, Santa Fe, New Mexico

**February 23, 2013** VA Health Care System, Albuquerque

**April 6, 2013** Hotel Encanto, Las Cruces, New Mexico

**May 18, 2013** Domenici Auditorium, UNM North Campus, Albuquerque

*If you receive more than one copy of this brochure, please share with a friend or colleague.*
Registration Form
Treating Chronic Pain in New Mexico
• Albuquerque • Santa Fe • Las Cruces, New Mexico

Name: __________________________________________________ Specialty: __________________________
Title (please circle): MD DO DDS PhD RN NP PA OT PT Other: __________________________
Street: __________________________________________________ City: __________________________ State: ______ Zip: ______
Daytime Telephone: (____)_______________ FAX Number: (____)_______________
Email: __________________________________________________

PLEASE PRINT CAREFULLY. THE ABOVE INFORMATION WILL BE USED FOR YOUR NAME TAG.

DATES AND LOCATION: (Please select one)
☐ November 3, 2012 – Domenici Auditorium, UNM North Campus, Albuquerque
☐ December 8, 2012 – Domenici Auditorium, UNM North Campus, Albuquerque
☐ January 26, 2013 – La Fonda Hotel, Santa Fe
☐ February 23, 2013 – VA Health Care System, Albuquerque
☐ April 6, 2013 – Hotel Encanto, Las Cruces
☐ May 18, 2013 – Domenici Auditorium, UNM North Campus, Albuquerque

SMALL GROUP SESSIONS (Please indicate order of preference using 1-4).
☐ Children and Adolescents
☐ Safe(er) Opiate Prescribing
☐ Managing the patient who is misusing opioids
☐ The Patient with Pain and Psychiatric Comorbidities

☐ Vegetarian Meal

PLEASE INDICATE METHOD OF PAYMENT:
☐ UNM Full-time Student/House Officer (Please enclose a copy of ID Card with registration)
☐ Check (Make payable to UNM Office of CME)
☐ UNM Tuition Remission Form (copy enclosed)
☐ Institutional Purchase Order Number____________________ (copy enclosed)
☐ MASTERCARD ☐ VISA
Account Number: __________________________________________________
Expiration Date: ____________________________
Amount: ____________________________

Make check payable to the UNM Office of CME and mail it along with this form to: The University of New Mexico, Office of Continuing Medical Education, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. Telephone registrations (505) 272-3942 and Fax (505) 272-8604 registrations will be accepted for Visa, MasterCard and Purchase Orders only. Registrations faxed without a Visa or MasterCard number, a copy of the Institutional Purchase Order or a copy of the Tuition Remission form will not be processed.

ATTENTION UNM FACULTY AND STAFF
Use your tuition remission form when paying for this conference.

Your registration will be confirmed by email.
is an interdisciplinary team of clinicians from many specialties within the UNM School of Medicine, UNM College of Pharmacy, the Physical Therapy program, and staff from the UNM Hospital. The UNM Pain Consult Center resides within the Department of Neurosurgery at the UNM Health Sciences Center.

Presented by:

Addressing Best Practices, Addiction,
Treating Chronic Pain in New Mexico:

April 6, 2013
February 23, 2013
January 26, 2013
December 8, 2012
November 3, 2012

............................... Hotel Encanto, Las Cruces, New Mexico
............................La Fonda Hotel, Santa Fe, New Mexico
...........................VA Health Care System, Albuquerque
......Domenici Auditorium, UNM North Campus, Albuquerque
......Domenici Auditorium, UNM North Campus, Albuquerque

Saturdays, 8:00 am - 1:30 pm

UNM Pain Consultation & Treatment Center plans to host yearly Pain Updates consisting of traditional didactic teaching. Special populations will be covered. These will include:

- Case Vignettes and small group sessions will be used for this course in addition to
- Federal and State regulations regarding pain management.
- New Mexico Board's Rule: 16.10.14 on Management of Chronic Pain with Controlled Substances. Many other medical licensing boards may also be adopting these same new rules.

At the end of this course, the participant should be able to:

- Demonstrate the ability to safely prescribe and monitor opiate and non-opiate pain medications.
- 2011 Institute of Medicine Guidelines for Best Practices in pain management, as well as the public
- Purpose
- Topics to be covered will include:
  1) An overview of the epidemic of unintentional opiate overdose deaths in New Mexico, and Current Regulations
  2) Federal and State guidelines that regulate the use and prescription of pain medications.
  3) Safe prescribing of opiate analgesics, with detailed equianalgesic dosing guidelines,
  4) Non-opiate analgesic medications for pain treatment; specific mechanisms of action, indications, and dosing guidelines
  5) Identification of the patient at risk for addictions, current addictions issues, and diversion actions, indications, and dosing guidelines
  6) Federal and State regulations regarding pain management.

General Course Objectives

- The patient with pain and psychiatric comorbidities
- Managing the patient who is misusing opioids
- Safe(er) Opiate Prescribing
- Children and Adolescents

SCHEDULE

Continental Breakfast and Registration
8:00 – 8:55 am
7:30 – 8:00 am
8:55 – 9:35 am
9:35 – 10:15 am
10:15 – 10:30 am BREAK
10:30 – 10:45 am
10:45 – 11:30 am
11:30 – 12:00 pm
12:00 – 12:15 pm Pick up Box Lunch and Proceed to Small Groups
12:15 – 12:40 pm
12:40 – 12:45 pm
12:45 – 1:10 pm
1:10 – 1:30 pm Evaluation/Conclusion

TOPICS TO BE COVERED

- The Crisis of Unintended Opiate Overdose
- The depressed patient: when to treat, when to refer
- The patient with severe anxiety and pain.
- What are pathologic behavioral response to chronic pain
- Decreasing and/or stopping opioids safely and humanely
- How to monitor your patients for aberrant opioid behaviors
- What are aberrant behaviors with regard to opioid usage
- Monitoring opiate therapy
- Which patient is a candidate for chronic opiate therapy
- What potential pitfalls face the practitioner who treat children and adolescents with chronic pain.
- What special pain problems do children and adolescents have pain differ from adults.

CASE VIGNETTES AND SMALL GROUPS

1) Children and Adolescents
2) Safe(er) Opiate Prescribing
3) Managing the patient who is misusing opiods
4) The Patient with Pain and Psychiatric Comorbidities

Please list your preference on the registration form.

You will attend 2 of the 4 small group sessions.