**Purpose:** Learners will review and discuss current evidence-based practices focusing in primary care, psychiatric-mental health and pediatrics.

**“How High Do They Look? Identification and Treatment of Common Ingestions in Adolescents”**

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Pacific Lutheran University

Session 203
9:45 am – 11:00 am
October 4, 2013
1.25 contact hours including 1.0 pharmacology hours

**Session Description:** Adolescents have access to a variety of legal or illicit substances they use to alter their mood or get high. The purpose of this presentation is to provide an overview of common substances adolescents use to get high, including the illicit substances synthetic marijuana or “Spice”, salvia, MDMA, synthetic cathinones, 2C-E. Dextromethorphan and energy drinks are easily accessible substances teenagers’ abuse. The toxic effects of common ingestions and treatment of overdose is discussed to inform pediatric providers who may be caring for adolescents.

**Learning Objectives:** Upon completion of this session, the learner will be able to:
1. Review current patterns of illicit and licit substance use and abuse among adolescents.
2. Discuss common substances adolescents are ingesting and using to become intoxicated.
3. Review symptoms of and treatment for overdose or toxicity of common ingestions among adolescents.

**Disclosures**

**Conflict of Interest for Planners & Presenter:**
- The planners of this CNE activity declare no conflicts of interest in the development and implementation of this educational activity.
- This presenter declares no conflict of interest. As faculty/presenter for this activity, presenter attests that she will provide the best available evidence for this content and present information fairly and without bias.

**Non-Endorsement of Products:**
- Approved provider unit status does not imply endorsement by Acute Care Education, ANCC or WSNA CEARP of any products used in conjunction with this educational activity.
- Nurse Practitioners of Oregon does not imply endorsement of any products used in conjunction with this educational activity.

**Requirements For Successful Completion of this CNE Activity**

In order to obtain a Certificate of Successful Completion for this activity, the learner must complete the following criteria:
- Sign the Verification of Attendance Form at the registration desk
- Attend one or more sessions
- Complete and submit the online evaluation form for each session attended within 30 days of the conference

Participants who successfully complete the above requirements will receive a Certificate of Successful Completion from Acute Care Education for the contact hours claimed during the evaluation process. Participants should only claim the sessions which were attended in full. **The online evaluation process will close November 5, 2013.** Any participant who has NOT claimed their contact hours by this date will NOT receive a Certificate of Successful Completion. The total number of contact hours awarded to each learner will be determined by the learner completing the Requirements of Successful Completion found in each session disclosure. This continuing nursing education program is provided by Acute Care Education for a maximum of 21.0 contact hours.

**Accreditation Statement**

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