



ATSU-SOMA NWRPCA Campus

*Collaboration for Community Health
Center based medical education*



A. T. STILL UNIVERSITY
SCHOOL OF OSTEOPATHIC MEDICINE IN ARIZONA

ATSU

Northwest Regional Primary Care Association is a member organization that strengthens community and migrant health centers in the Northwest by leveraging regional power and resources on their behalf.

Dr. Lisa Watts talks about the Wright Center Residency Program

Lisa Watts, DO, is a familiar face to ATSU SOMA/NWRPCA students. Regional Director of Medical Education since the fall of 2010, she has guided all our students through their training. And that's not all she does, Dr. Watts has expanded her leadership and is working for the new Wright Center/SOMA family medicine residency network as the director of medical education. This collaborative effort is designed to prepare residents to serve their community as primary care physicians. In the following, she explains more about this important program.

I'd like to share a little about our new Wright Center/SOMA family medicine residency network, which I have been lucky enough to be involved in as the director of medical education.



Lisa Watts, DO
Regional Director of
Medical Education
A.T. Still University's
School of Osteopathic
Medicine in Arizona

as a joint venture between the leadership of SOMA and the Wright Center, who have been providing residency training in community health centers across Pennsylvania for thirty-five years. It was built on the SOMA community campus model, with the intent of providing residency training opportunities in those same communities where we train our students. We have been gaining national recognition, being invited to speak at the Osteopathic Leadership Conference as well as the Society for Teachers of Family Medicine conference this past year.

Our program is predominantly outpatient based, and has a strong emphasis on team based care and community oriented primary care. We accept twenty-two residents per year to our six sites, located at the CHCs in Brooklyn, Cincinnati, DC, Seattle, Portland and Tucson. Each site has a local program director from the CHC, and between two and six residents per year. Residents are matched to one campus, and remain at that site for all three years of their training.

We are utilizing videoconferencing to conduct a weekly joint didactic with all six sites participating. We also do "morning report" across three sites at a time. This has provided a greater sense of community as well as a glimpse of how practices may vary site to site. Dr. Larry LeBeau from SOMA is our central program director and he has been leading a monthly journal club, board review and FM topic reviews.

Dr. Joy Lewis from SOMA has been assisting the residents in their research curriculum, where each site is doing a community project that spans the three years of training.

I feel blessed with a very wonderful group of caring residents, twelve of whom are SOMA graduates. Two of our residents have already signed on to stay and work at our health center in Ohio, and we have one resident who was a patient at her Washington CHC prior to entering SOMA for medical school, and now continues residency training at the same site with plans to stay as a provider there! Thus, we are finally completing the vision we started with so long ago when I began working with SOMA- the dream of training those who will care for the populations who most need it.

Mission Driven Medicine

Mary Ann Galagate talks about her Residency Experience

Mary Ann Galagate, Class of 2011, is a woman on a mission. Not only was she a member of the first class of ATSU SOMA/NWRPCA Regional Campus students, but she is also the first graduate to accept a permanent position with one of our member health centers. We asked her to share her story and reflect on how it speaks to the education at ATSU SOMA/NWRPCA. The following is her experience and advice, in her own words:

One important tidbit that I picked up in life is to have your own personal mission statement and to follow it in order to always stay true to yourself and beliefs; it hasn't steered me wrong.

As a part of the inaugural class, I started medical school with the optimism that A.T. Still

I completed family medicine residency at Central Washington Family Medicine in Yakima, Washington, a DO/MD accredited program, part of the University of Washington's nationally renowned family medicine network and one of two family medicine DO programs in the Northwest at the time. To again find a program so truly aligned to its mission statement as a Federally Qualified Health Center became a source of comfort that enabled me to flourish in learning medicine, eventually becoming chief resident.

In the same respect, I'm looking forward to working for the Multnomah County Health Department starting in September. I feel like I've come full-circle; I've served in some of the most impoverished parts of the world and now I've returned to the neighborhood where I was born and raised, which now has the highest poverty level in Multnomah County.

Day-to-day, it can feel like you're just going through the motions as a doctor and you're not really sure if you're making the kind of difference you would hope in improving the lives of your patients. But, as I made the transition out of residency, I was overwhelmed with emotion as I said goodbye to my patients with whom I had built relationships over the past 3 years and realized just how much we taught each other. Medicine has given me the opportunity to experience the extremes of the emotional spectrum, from unimaginable suffering to unexpected joy in the simplest things, which I value dearly.

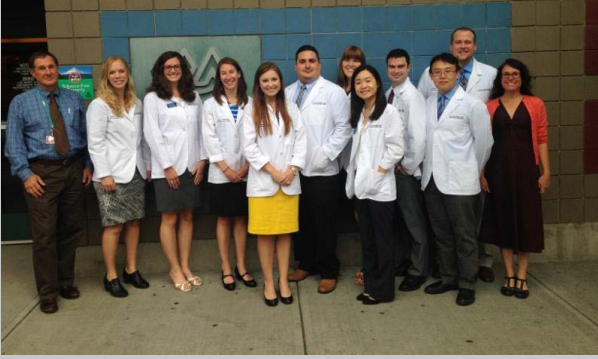
Following my own mission statement has been life-fulfilling, and I hope that you find and follow your own.

By Mary Ann Galagate, DO, MMS



It's me (second from left) with other Christian medical missionaries at Hospital Diospi Suyana in Curahuasi, Peru, taken May 30, 2014 during a visit from Peru's president

Welcome Class of 2017



Left to right: Lee Herskowitz (RDME)Jaime Viterna, Erinn Rieser, Anie Whetzel, Kara Stout, Jose Sanchez, Jessica Sallstrom, Ester Son, Jordon Gould, Herman Leung, Josh Ostrue Lisa Watts (RDME)

Upcoming:

CHAMPS- NWRPCA 2014 Fall Primary Care Conference

2014 CHAMPS/NWRPCA
Fall Primary Care Conference

PRACTICE
transformation
Fulfilling the promise

October 19-22 | Denver, Colorado

Register Now www.NWRPCA.org www.CHAMPSonline.org Early bird registration ends Oct. 6.
Hotel discount ends Sept. 29.

October 19th, 2014- October 22nd, 2014 @ The Westin Denver Downtown
[Register Now!](#)

Western Forum for Migrant and Community Health

Join us in San Diego!

2015 Western Forum for Migrant and Community Health

Focus on disparities in health and healthcare with a goal of health equity for farmworkers and other vulnerable populations.

February 23-25, 2015 | Hyatt Regency San Diego

mark your calendar

Career Opportunities

NWRPCA FREE Region X Jobs Database

Did you know that 5000+ job seekers view our jobs site each month?!

Featured Physician Openings:

Family Medical Physician, Copper River Native Association, Glennallen, AK

Copper River Native Association is a brand new state of the art outpatient clinic provides services to community members. Providers work the typical work day; no "on call" status to worry about with Saturday / Sunday off. Typical patient load allows staff to spend as much time with every patient as they see fit without having to worry about the business side. Great Salary-Superior Benefits-Relaxed Pace-No State Income or Property Tax's!!! Improve your quality of life as well as your patients. www.crnative.org Ross Maitland - Human Resources Director rmaitland@crnative.org

Family Medical Physician, Upper Valley Community Health, St. Anthony's, Idaho

Family practice or primary care physician needed. St Anthony, Idaho , is located 15 min North of Rexburg, Idaho. The community is mainly agricultural with a migrating Hispanic population, so Spanish speaking would be a plus, but not required. May practice OB if desired, but not required. See 12-20 patients a day with hospitalist service covering all inpatient needs;home call is every second or third week with an average of 0-5 calls per week; work 4 ½ days a week with ½ day charting time.

[Upper Valley Community Health Center](#)

Family Practitioner, Umpqua Community Health Center, Roseburg, Oregon

We are looking for a primary care physician for our busy clinic. Successful candidate should have family practice experience and the desire to thrive in a mission-driven setting. Competitive compensation and full benefit package including CME compensation and FTCA malpractice coverage. Our mission is to serve and assist people who have limited access to health care by caring for the community on a personal level. Services include: Family primary care including pediatrics. Mental and behavioral health services on site, full dental clinic and access to special programs for uninsured and under-insured patients. We are located in rural southern Oregon. We serve all of Douglas County which has a population of roughly 107,000. Our main clinic is in Roseburg and we also have satellite clinics located in Glide, Myrtle Creek and Sutherlin. We also have two school based health center. [Umpqua Community Health Center](#)

Family Practitioner: Interfaith Community Health Center, Bellingham, WA

Help us increase the years of healthy life in the communities & patients we serve! Join our growing, dynamic team of providers in our newly remodeled facility in downtown Bellingham, WA.

We are a private, non-profit, federally qualified health center that has been proudly and successfully serving the greater Bellingham area since 1982. Located in the northwest corner of Washington State, we offer comprehensive primary medical, behavioral health, and dental care, along with pharmacy services at 3

apply for this rewarding opportunity and truly make a difference in the lives of your patients, please contact Vicki Curtis, HR Generalist, at hr@interfaithchc.org or 360-788-2661. Visit our web site at www.interfaithchc.org for more information on our organization and find out more about Bellingham at www.bellingham.org.

[Search these jobs and more! Free on our website!](#)

Resources

[ATSU Portal-](#)

Link here to student portal

[CHC Map](#)

See Map of Participating Preceptor CHCs in Region X

What Can NWRPCA provide students?

NWRPCA supports its students and residents in Region X in a variety of ways. We provide financial resources for rotations, regional campus support, access to health center connections and trainings. For our residents, we have specific programs to support continued education and next steps such as job search assistance. As you begin your career, we hope you'll make a CHC in Region X your professional home. Do take advantage of our clinical support efforts, including clinician networks, leadership training, preceptor opportunities and strategic partner connections. [Click to get where you need to be.](#)

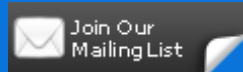
Questions, comments or additional needs - contract Trish Bustos - tbustos@nwrpca.org

If you'd like to share something with your fellow Alumni or campus classmates, we would love to hear from you. The campus newsletter will be issued twice a year but there is always something going on with the ATSU-NWRPCA campus. If at anytime you would like more information on any of the information provided here contact me at tvu@nwrpca.org.

Thank you to all the contributors for making the Alumni and Student Newsletter happen.



NWRPCA



tvu@nwrpca.org
<http://www.NWRPCA.org>

This is the second issue of the ATSU SOMA NWRPCA Newsletter for Alumni and Students. The Newsletter is intended for Alumni and A.T. Still NWRPCA Students use and connections with campus.

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