TEACHING SPASTICITY

8:00 – 8:15am
Introductions

8:15 – 9:15am
**Clinical Evaluation of Spasticity and Facilitating Clinical Competence**
(1) Identify approaches to effectively assess spasticity and its impact on patient functionality and quality of life. (2) Practice teaching spasticity assessment strategies to a trainee. (3) Develop evaluation tactics for assessing a resident’s competency of spasticity management in a training program.

9:15 – 10:15am
**Assessing Available Treatments and Strategies for Individualized Treatment to Optimize Functional Outcomes**
(1) Identify rehabilitation practices and devices to maximize function and quality of life in patients with spasticity. (2) Discuss strategies to choose and combine treatment options to create an individualized rehabilitation plan for patients with spasticity. (3) Identify and articulate key points for physicians to educate and communicate with patients and families specific to spasticity, treatment outcomes and managing expectations of treatment.

10:30 – 11:30am
**Spasticity Management from Childhood to Adulthood**
(1) Discuss and implement treatment strategies that address the individual needs of pediatric patients with spasticity. (2) Design optimal plans from transitioning spasticity treatments from pediatric to adulthood. (3) Use the skills obtained to design a curriculum to help guide trainees transition from childhood to adult spasticity treatments.

11:30 – 12:30pm
**Alternative Therapies and Pain Treatment in Spasticity Management**
(1) Identify options and discuss the safety and efficacy of alternative and pain therapies in spasticity management. (2) Evaluate new data and discuss clinical trials using alternative therapies. (3) Gain strategies for teaching how to incorporate alternative therapies into a patients’ rehabilitation program using a multidisciplinary care team approach that integrates nonpharmacological and pharmacologic strategies in spasticity management.

1:30 – 2:30pm
**Developments and Controversies in Current Therapies**
(1) Present emerging new translation research findings in spasticity. (2) Discuss effective techniques and potential clinical applications. (3) Develop resources for residents to utilize to keep at the forefront of new advances and findings in spasticity management.

2:30 – 5:30pm
**Techniques, Demonstration, and Practice Labs**
(1) Discuss best practices in the use of surface anatomy, EMG, Motor Point Localization, and Ultrasonography to help train residents in Injection Guidance Techniques. (2) Demonstrate available and appropriate tools for injection technique education and hands-on training. (3) Stimulate discussion comparing responses noted in the clinical setting.

5:30 – 6:00pm
**Panel Discussion**
AAP REGIONAL WORKSHOP

FACULTY

NORTHEAST - Philadelphia, PA
Thomas Watanabe, MD; Heakyung Kim, MD; Steven Flanagan, MD; Steven Escaldi, DO; Preeti Raghavan, MD

SOUTHEAST - Charleston, SC
Seema Khurana, DO; Tamara Zagustin, MD; Gemayaret Alvarez, MD; Floyd Thompson, MD; Preeti Raghavan, MD

MIDWEST - St. Louis, MO
John McGuire, MD; Nicholas Ketchum, MD; Rochelle Dy, MD; Sheng Li, MD, PhD; Fatma Gul, MD; Preeti Raghavan, MD

CLAIM CME

Attend an AAP Regional Spasticity Workshop in Philadelphia, Charleston, or St. Louis to earn up to 7 AMA PRA Category 1 Credits™.

LUNCH IS ON US

All Regional Spasticity Workshops will hold a one-hour networking lunch and demonstration from Medtronic.

REGISTRATION

Physiatry.org/RegionalWorkshop

Join AAP to Experience:

- Internationally recognized expert faculty
- Contemporary advances in spasticity management from research to practice
- Spasticity training techniques for the educator
- Networking with local like-minded colleagues

Visit the Regional Workshop website above to learn more about your local meeting and register online!

This program is supported in part by an educational grant provided by Ipsen.