Society for Psychotherapy Research
3rd Joint Meeting of the SPR European and UK Chapters

October 10 - 13, 2012
Porto | Portugal

Program
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Preface

Dear colleagues,

The Scientific Committee and the Local Organizing Committee are delighted to receive you at the 3rd Joint Meeting of the Society for Psychotherapy Research European and United Kingdom Chapters here in Porto. This year’s event will feature nearly 250 presentations, with 115 papers in panel, 82 brief papers, and 45 posters. Additionally, there will be 1 pre-conference workshop and 1 structured discussion. Due to such a large number we decided to extend the length of the conference by one additional day from what was initially planned. For this we would like to thank all of this year’s participants.

At launch, the conference program will start on Wednesday 10 with the workshop “Dialogical Sequence Analysis” by Mikael Leiman (Sala Braga). After the pre-conference workshop follows the opening with Jeremy Halstead, João Salgado and Mikael Leiman (Salão Nobre), ending the day with the welcome reception with drinks and snacks (Galeria). The panel and brief paper sessions will begin on Thursday 11, with the European and the United Kingdom business meetings early in the afternoon, ending the day with the first poster session. The program for the second day (Friday 12) will be much similar to the previous day, with the major difference of the conference banquet held at D. Tonho, a prestigious restaurant of the city of Porto with a magnificent view over the Douro river. Finally, on Saturday 13 most of the day will feature panel and brief paper sessions and also the only structured discussion of the program. The conference program will conclude with a plenary (Salão Nobre), where the sharing of experiences from a few SPR members will take place.

The Local Organizing Committee would like to thank Tracy Eells and Sven Schneider for their cooperation and assistance in the organization of this year’s conference. We greatly anticipate a very successful meeting, given the afflux of participants and their contributions, but also considering the amount of effort and pride we put into its organization. We honestly hope that you have a great conference and also a wonderful time at our city.

Jeremy Halstead and Mikael Leiman (Program Co-Chairs)
João Salgado (Local Host)
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**Thursday**

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### Wednesday, 10 October

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**Dialogical Sequence Analysis**
Mikael Leiman - Laudito Oy
Thursday, 11 October

Panel

Alliance
Moderator: Bernd Puschner - Ulm University
Thursday
9:00 - 10:30
Medicoteca | 5

The helping alliance in the treatment of people with severe mental illness
Discussant: Chris Evans - Nottinghamshire Healthcare NHS Trust, UK

The impact of the therapeutic relationship and social support in the treatment of high utilizers of psychiatric services
Sabine Loos - Ulm University, Germany, Thomas Becker, Wolfgang Gaebel, Harald Freyberger, Helmfried E. Klein, Tilman Steinert, Bernd Puschner

The helping alliance and outcome in people receiving routine mental health care in 6 European countries: Results from the CEDAR study
Bernd Puschner - Ulm University, Katrin Arnold, Mike Slade, Andrea Fiorillo, Malene Frøkjær Krogsgaard Bording, Anikó Égerházi, Wolfram Kawohl

Therapeutic relationships with multiple professionals in community mental healthcare
Jocelyn Catty - Travistock Centre London, UK, Sarah White, Sarah Clement, Naomi Cowan, Gemma Ellis, Connie Geyer, Pascale Lissouba, Zoe Poole, Tom Burns

Panel

Process-outcome
Moderator: João Salgado - ISMAI
Thursday
9:00 - 10:30
Sala Braga | 6

ISMAI Project: A comparative trial of emotion-focused therapy and cognitive-behavioral therapy in mild or moderate depression
Discussant: Wolfgang Tschacher - University of Bern

Preliminary results of ISMAI Depression Project: A comparative clinical trial of EFT and CBT
João Salgado - ISMAI (Maia Institute of Higher Education)

Process research of EFT: An assimilation analysis of a good outcome case
Inês Mendes - ISMAI (Maia Institute of Higher Education), Isabel Basto, João Salgado

Positioning Microanalysis: A single-case study of an emotion-focused therapy
Pedro Lourenço - ISMAI (Maia Institute of Higher Education), Tiago Bento, Diana Santos, Márция Campos, João Salgado, Patricia Pinheiro
**Personality, emotion and eating disorders**

A systemic-constructionist approach to psychopathology: The semantics of phobic, obsessive, eating and mood disorders
Valeria Ugazio - University of Bergamo, Attà Negri, Lisa Fellin

Psychopathology and emotional processes: Interactions and contributions to understand patients in psychotherapy
Filipa Machado Vaz - Faculdade de Psicologia, Universidade de Lisboa, António Branco Vasco

The role of autonomy-connectedness in Axis I and Axis II disorders
Marrie HJ Bekker - Tilburg University

**Panel**

*Qualitative methods*

Moderators:
Jutta Kahl-Popp - John-Rittmeister-Institute; Mikael Leiman - Laudito Oy; Anssi Peräkylä - University of Helsinki

Thursday 9:00 - 10:30
Salão Nobre | 8

**Investigating the impact of supervision on therapist’s interventions in treatment-sessions with three qualitative methods**

Tracing the impact of supervision by dialogical sequence analysis
Mikael Leiman - Laudito Oy

Tracing the impact of supervision by conversation analysis
Anssi Peräkylä - University of Helsinki

Investigating the impact of supervision on therapist’s interventions in treatment-sessions with Interaction-Evaluation-Analysis (IEA)
Jutta Kahl-Popp - John-Rittmeister-Institute

**Research in Psychodrama training**

Discussant: Gabriela Moita, SPP

The role of practitioner research in psychodrama: A quantitative empirical study
Hannes Krall - University of Klagenfurt

Perspectives on research in an international psychodrama training project
Jutta Fuerst - University of Innsbruck, Hannes Krall

Arts therapies students’ scores in profession-related...
variables: Quantitative results of a longitudinal study
Hod Orkibi - University of Haifa

Coffee Break
Thursday
10:30 - 11:00
Galeria | 10

Brief Paper Session
Moderator:
Isabel Caro - Universidad de Valencia
Thursday
11:00 - 12:30
Medicoteca | 11

Children and Adolescents
The narrative construction of identity in young adopted adults
André Guirland Vieira - Universidade do Porto, Margarida Rangel Henriques
Young people and therapist predictors of engagement and drop-out in long-term psychotherapy in a community setting
Nuno Manuel Torres — ISPA-IU, Ana Eduardo Ribeiro, Bernardo Santos Couto
Implementing clinical monitoring of psychodynamic psychotherapy in a public community centre for young people: Service issues in bridging practice and evidence
Ana Eduardo Ribeiro - Espaço S, Bernardo Santos Couto, Nuno Manuel Torres

Brief Paper Session
Moderator:
Chris Evans - University of Nottingham
Thursday
11:00 - 12:30
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Effectiveness
Looking within: Therapists’ reflections on self and work
Kiran Rao - consultant clinical psychologist, Bangalore, India
Clients and therapists reflections upon the onset of successful outpatient treatments
Arne Kristian Henriksen - Østfold Hospital Trust
Therapeutic alliance and the integrative model of Paradigmatic Complementarity: Can they add something on alexithymia interventions?
Ana Nunes da Silva - Faculdade de Psicologia da Universidade de Lisboa, António Branco Vasco, Jeanne C. Watson
Effectiveness of long initial appointments in Experiential Dynamic Therapy
Karlijn van Doorn - Oxford University, James Macdonald
Thursday, 11 October

**Brief Paper Session**

**Moderator:** Inês Mendes - ISMAI
Thursday
11:00 - 12:30
Sala de Conferências | 13

**Physical health**

Expressive writing paradigm: Impact on the health of adolescents with diabetes
Rosário Mendes - Universidade do Porto, Paulo Almeida, Margarida Rangel Henriques

Interpersonal counseling for frequent attenders of primary care: A telephone outreach study
Dana Sinai - Ben Gurion University, Joshua D. Lipsitz

Promoting health behavior in children via SMS
Cátia Botelho Silva - University of Minho, Daniel Fassnacht, Kathina Ali, Sónia Gonçalves, Paulo Machado

**Theoretical**

How does Dialogical Self Theory appear in the light of Cognitive Analytic Therapy?: Comparing two approaches to the self
Dhuana (Dee) Affleck - National Health Service

Interdisciplinary dialogues, transdisciplinary research: Exploring emergent ways of working, education and training in psychotherapy
Sheila Butler - The Open University

Change events in personal construct therapy and the resolution of cognitive conflicts
Joana Senra - University of Minho, Eugénia Ribeiro

The quest for an empirically based theory of personality: What do the psychometric properties of the NEO PI-R really tell us
Gil Nata - Universidade Portucalense, Helena Moura Carvalho

**Eating Disorders**

Guilt feelings regulation between mothers and their anorexic daughters
Christiane Fiechtner - University of Innsbruck, Eva Bänninger-Huber

Correlation between psychopathological dimensions derived from OPD-2 (Operationalized Psychodynamic Diagnosis) and treatment outcome in an eating disorder sample

**Brief Paper Session**

**Moderator:** Anita Santos - ISMAI
Thursday
11:00 - 12:30
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**Session**

**Moderator:** Eva Bänninger-Huber
- Institut of Psychologie, Innsbruck
Thursday
11:00 - 12:30
Salas Viana, Vila Real, Bragança | 15
Thursday, 11 October

Pablo Zuglian - University of Milan, Giovanni Mentasti, Dario Ferrario, Maria Laura Zuccarino, Marco Tettamanti, Aurora Rossetti, Pietro Bondi, Angela Testa, Francesca Cadeo, Giulia Manna, Maria Gabriella Gentile, Emilio Fava

Anorexia Nervosa: An alternative conceptualization and an alternative psychotherapeutic approach
Maria João Padrão - Faculty of Psychology and Education, University of Porto, Maria Raquel Barbosa, Joaquim Luís Coimbra

Guided self help treatment for bulimic disorders: Clinical significance and process of change
Ana Rita Vaz - Universidade do Minho, Eva Conceição, Paulo Machado

Lunch
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Business Meeting - UK Chapter
Moderator:
Jeremy Edward Halstead - South West Yorkshire Partnership Foundation Trust
Thursday
14:00 - 14:45
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Business Meeting - European Chapter
Moderator:
Mikael Leiman - Laudito Oy
Thursday
14:00 - 14:45
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Panel
Training
Moderator:
Svenja Taubner - University Kassel

Trainee development
Theoretical knowledge and case formulation competence of psychotherapists in training
Panel

Change Process

Moderator: Anita Santos - ISMAI
Thursday 15:00 - 16:30
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Process research in Cognitive Behavioral Therapy: Intensive case analysis of a good outcome
Discussant: Isabel Caro - Universidad de Valencia

The development of self-positions throughout a good outcome case of CBT
Anita Santos - ISMAI (Maia Institute of Higher Education), Isabel Basto, Joana Matança, Nidia Ferreira, João Salgado

An assimilation analysis of a good outcome case of CBT
Isabel Basto - ISMAI (Maia Institute of Higher Education), Patricia Pinheiro, Anita Santos, Daniel Rijo, João Salgado

Distancing, immersion, and emotional arousal: An intensive case study of a good outcome case of CBT
Eunice Barbosa - ISMAI (Maia Institute of Higher Education), Tiago Bento, Maria Amendoeira, Sara Mendes, José Pinto Gouveia, João Salgado

Panel

Emotion

Moderator: Michael Galanakis - Panteion University
Thursday 15:00 - 16:30
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The psychological well-being of the PIIGS: What can psychotherapy do?
Discussant: Stalikas Anastassios - Panteion University

The relation of depression, anxiety and stress with demographic characteristics, subjective happiness and life satisfaction
Athanasios Giannoulis - University of Thessaly, Michael Galanakis
nakis, Marina Anastasiadi
Depression, anxiety and stress: Which variables seem to be related to their elevation?
Stella Kosma - University of Thessaly, Maria Kelepoyri, Agathi Lakiotis, Zoe-Anna Marmara

Which factors protect psychological health?
A Sourlatzi - University of Athens, Maria Marlagoutsou, Eleftheria Tsalikoglou, Stalikas Anastassios

Taking care of the PIGGS: Psychological health and psychotherapeutic interventions
Maria Kotsampasoglou - University of Athens, Anastasia Geitsidou, Maria Maletsika, Maria Grigoriadou

Panel
Psychodynamic
Moderator: Per A. Høglend - University of Oslo
Thursday 15:00 - 16:30
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FEST I: Which techniques, given by whom, are most effective for this individual, with that type of problem (Gordon Paul 1960)?
Discussant: John Christopher Perry - McGill University

Psychotherapy: Does disengaged therapist counter-transference feelings influence the long-term effects of transference work?
Per A. Høglend - University of Oslo, Alice Marble, Hanne-Sofie Johnsen Dahl, Randi Ulberg

Transference work in psychodynamic psychotherapy
Randi Ulberg - Vestfold Hospital Trust, Per A. Høglend, Svein Amlo

Transference, countertransference and level of personality disorder: A detailed analysis of two cases
Hanne-Sofie Johnsen Dahl - University of Oslo, Per A. Høglend, Randi Ulberg, Alice Marble, Anne Grete Hersoug

Brief Paper Session
Moderator: Daniel Rijo - Faculty of Psychology and Education Sciences, University of Coimbra
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Personality disorders and Practitioner experience

Personality disorders and criminal behavior: A study on the prevalence of personality disorders in Portuguese male prison inmates
Daniel Rijo - Faculty of Psychology and Education Sciences, University of Coimbra, Carolina Motta, Nélia Brazão, Rita Baião, Beatriz Carvalho

Exploring the association between shame and psychopathy in youths
Diana Ribeiro da Silva - Faculty of Psychology and Education
Differentiating couch and face-to-face settings
Mafalda Sofia Aparício - Instituto Superior de Psicologia Aplicada, IU, Lisbon, Portugal, António Pazo Pires

Patient suicide: the experience of Portuguese doctors and psychologists (tbc)
Inês Areal Rothes, Margarida Rangel Henriques

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Brief Paper Session
Moderator:
Marlene Matos - University of Minho
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Medicoteca | 25

Process and outcome
Group intervention with women victim of intimate violence: An outcome study
Marlene Matos - University of Minho, Andreia Machado, Anita Santos

If you want to get ahead, get a sequence of general strategies: A long-term longitudinal single case study illustrating a phase-by-phase decision making heuristic in psychotherapy integration
Nuno Conceição - Psychology Department, University of Lisbon, António Branco Vasco, Joana Ferreira

Narrative progress and differentiation along the therapeutic process: A longitudinal case-study
Joana Ferreira - Psychology Department, University of Lisbon, Nuno Conceição, António Branco Vasco, Michael Basseches

Variables differentiating responders from non-responders in a group of children with anxiety disorders: An embedded case study
Irene Lundkvist-Houndoumadi - Aarhus University, Mikael Thas-tum

Panel
Process
Moderators:
Georgia Lepper - University of Kent;

Towards a dialogical model of emotion in psychotherapy process
Discussant: João Salgado - ISMAI (Maia Institute of Higher Education)

The pragmatics of emotion-talk in psychotherapeutic
Thursday, 11 October

**Panel**

**Miscellaneous**

**Moderator:** Paulo Machado - University of Minho

**Thursday**

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**Panel**

**Change Process**

**Moderator:** Claudia Meystre - Institut Universitaire de Psychothérapie, Lausanne, Switzerland

**Thursday**

17:00 - 18:30

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**interaction**

Georgia Lepper - University of Kent

Positive emotions: Establishing conceptual and content validity

Anastassios Stalikas - Panteion University, Marilyn R. Fitzpatrick

Dialogical relationship among scientific paradigms in psychotherapy research

Omar C.G. Gelo - University of Salento and Sigmund Freud University Vienna, Carlo Gelo

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**Psychological psychotherapeutic interventions for surgical patients**

Discussant: Paulo Machado - University of Minho

The role of psychological intervention for bariatric surgery patients

Eva Conceição - University of Minho, Ana Rita Vaz, Ana Pinto Bastos, Paulo Machado

The efficacy of hypnosis in adults undergoing surgery: A meta-analysis of randomized controlled trials

Susan Tefikow - University Hospital of Jena, Jenny Rosendahl, Sabrina Maichrowitz, Jürgen Barth, Andreas Beelmann, Bernhard Strauss

The role of helping alliance in supportive interventions for coronary artery bypass patients

Jenny Rosendahl - University Hospital of Jena, Katharina Tigges-Limmer, Jan Gummert, Ralf Dziewas, Johannes Albes, Bernhard Strauss

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**New perspectives in investigating therapeutic change in the framework of the Assimilation Model**

Discussant: Mikael Leiman - Laudito Oy

The role of the therapist in the assimilation model: Analyzing the insight stage

Isabel Caro - Universidad de Valencia

The voice of weakness in depression: A qualitative analysis of the dialogue between a patient and her therapist in the framework of the Assimilation Model

Claudia Meystre - Institut Universitaire de Psychothérapie, Lausanne, Switzerland, Ueli Kramer, Yves de Roten, Jean-Nicolas Despland
Innovative Moments Coding System and Assimilation of Problematic Experiences Scale: A case study comparing two methods to track change in psychotherapy
Miguel Gonçalves - School of Psychology, University of Minho, António Ribeiro, Patrícia Pinheiro, Raquel Borges, Isabel Caro, William Stiles

Questionnaire as a communication channel between client and therapist
Childhood abuse and internalized relationship patterns
Alessandra Vicari - University of Ulm, Silke Lang, Gabriele Kreutzer-Stierle, Katharina Schury, Dominique Schmid, Dan Pokorny

Predictors for staying in psychotherapy and for solution finding
Milena Karlinska-Nehrebecka - Polish Institute of Integrative Psychotherapy, Dan Pokorny

How to measure wisdom?: A questionnaire tracking the progress during Integrative Psychotherapy
Andrzej Nehrebecki - Polish Institute of Integrative Psychotherapy, Dan Pokorny

On questionnaires and clients: What was earlier - scale or item?
Dan Pokorny - University of Ulm, Robert Kulisek, Alessandra Vicari

Double Moon: Exploration of the clinical and psychometric properties of the instrument among children with divorced parents
Armanda Gonçalves - Portuguese Chatolic University, Bruno Lima

Concurrent validity of Family Semantics Grid
Attà Negri - University of Bergamo, Davide Pedercini, Federica Bonizzi

Portuguese short version of the Experiences in Close Relationships Questionnaire (ECR-S)
Helena Moura Carvalho - Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto, Marisa Ávila, Paula Mena Matos

The role of mutual in-feeding in self-narrative change
Andreia Brás - School of Psychology, University of Minho, Miguel Gonçalves

Working with the oncology patient: Impact of psychothera-
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Psychotherapy on therapist
Helena Marques - Universidade do Minho, Ângela Maia, Eugénia Ribeiro | 5

The Innovative Moments (IMs) as precursors of the construction of alternative self-narratives: Protonarratives’ analysis in Cognitive Behavioral Therapy on good and poor-outcome cases
Ana Antunes - University of Minho, Miguel Gonçalves, Anita Santos, António Ribeiro | 6

Alliance building with un-accepting parents of homosexual children
Maya Sara Shpigel - Ben-Gurion University of the Negev, Gary M. Diamond | 7

The Therapy Termination Scale
Raquel A. Mesquita - Universidade do Minho, Eugénia Ribeiro | 8

Inventory of Personality Organization: Preliminary validation of the European Portuguese version
João Francisco Barreto - University of Porto, Portugal, Helena Moura Carvalho, Paula Mena Matos | 9

Utilization of Child Psychotherapy Process in the analysis of the psychotherapy process of change for 21 3-6 old children with autistic disorder
Jean-Michel Thurin - National Institute of Health and Medical Research, Monique Thurin, Bruno Falissard, Tiba Delespierre | 10

The emergence of innovative moments in narrative therapy: An exploratory study
Joana Nunes - Universidade do Minho, Miguel Gonzáles, Carla A. C. Cunha | 11

Update on translations of the CORE (Clinical Outcomes in Routine Evaluation) instruments
Chris Evans - University of Nottingham | 12

Theory and practice in psychotherapy: Goals, influences, and boundaries of integrative therapists
Erkki Heinonen - National Institute for Health and Welfare, David Orlinsky | 13

Interactive affective regulation processes in depressive patients
Kyra Toussaint - Institute of Psychology, Innsbruck, Eva Bänninger-Huber, Cord Benecke | 14

Psychodynamic structure, facial expression of emotion
and gaze direction
Cathrin Schiestl - University of Innsbruck, Eva Huber, Doris Peham, Eva Bänninger-Huber, Cord Benecke | 15

Study of self-reported knowledge and skills in CBT in a sample of psychologists without previous psychotherapy training
Diana Ortega - Institute of Psychology, University of Lausanne, Valentino Pomini | 16

Reduced self criticism following a mindfulness meditation course: A randomized control trial
Keren Reiner - Ben-Gurion University of the Negev, Or Duek, Jonathan Greenberg | 17

How the abuse of power in a violent relationship appears in couples therapy sessions?
Heidi Kristiina Kulta - University of Jyväskylä, Hanna Kyrö, Juha Holma | 18

Clinic Generational Interview: Couples generativity
Armanda Gonçalves - Portuguese Chatolic University, Fabrizia Raguso, Liliana Trigueiros, Ana Pinto, Joana Vilela | 19

Is there a link between psychopathy, social comparison and submissive behavior?
Diana Ribeiro da Silva - Faculty of Psychology and Education Sciences, University of Coimbra, Daniel Rijo, Carolina Motta, Nélio Brazão | 20

Self-compassion, mindfulness and psychopathological symptoms in diabetes
Felisbela Gonçalves - CINEICC Faculdade de Psicologa e de Ciências da Educação da Universidade de Coimbra, Portugal, Raquel Tejo de Almeida Oliveira, Ana Paula Matos | 21

Developing the professional competencies of a european psychotherapist
Courtenay Young - European Association for Psychotherapy | 22
**Panel**

**Therapeutic alliance and micro sequences of interaction: Combining verbal, nonverbal and psychodynamic aspects to examine social alignments between clients and therapists**

Prototypical Affective Microsequences (PAMs) and the working alliance: Combining nonverbal and verbal perspectives  
Eva Bänninger-Huber - Institut of Psychologie, Innsbruck, Peter Muntigl

Identifying therapist-client alignments and disalignments through Conversation Analysis  
Peter Muntigl - Ghent University

Interpreting verbal and nonverbal micro-processes of affective regulation from a clinical perspective  
Günther Kainz - University of Innsbruck, Eva Bänninger-Huber

**International psychometric studies developed in the context of a study of depression**

Study of the psychometric characteristics of the Multidimensional Anxiety Scale for Children (MASC) among Portuguese adolescents  
Sara Oliveira - CINEICC (Centro de Investigação do Núcleo de Estudos e Investigação Cognitivo-Comportamental), Ana Paula Matos, Céu Salvador, Sónia Cherpe, Fernanda Duarte

Psychometric characteristics of the diagnostic interview Kiddie-SADS-PL in a Portuguese sample  
Cristiana Campos Marques, Céu Salvador, Sónia Cherpe, Fernanda Duarte, Ana Paula Matos

Relationship of CDI and CASQ among Icelandic adolescents  
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Eirikur Úrn Amarson - Faculty of Medicine, School of Health Sciences, University of Iceland and Department of Psychiatry, W. Ed. Craighead
Psychodrama Practice Based Research I
Discussant: Robert Elliott - University of Strathclyde

What is helpful and hindering about psychodrama from clients’ point of view: A preliminary study
Ana Sofia Cruz - Fernando Pessoa University, Célia Sales, Gabriela Moita, Paula Alves

Practice based research in Psychodrama: Advantages, concerns and challenges
António-José Gonzalez - ISPA, Instituto Universitário

The use of psychodrama in sexual therapy: Intervention with pairs concerned of vaginismus
Gabriela Moita - Instituto Superior de Serviço Social do Porto, José Teixeira de Sousa

Trauma, violence and psychodrama
Michael Wieser - Alpen-Adria-Universitaet Klagenfurt, Wien Graz, Ines Testoni, Galabina Tarashoeva

Determinants of outcome in randomized controlled trials: Meta-analytic investigations

Supportive counselling and relaxation in the treatment of PTSD-symptoms: A meta-analysis
Heike Gerger - University of Bern, Thomas Munder, Jürgen Barth

Exploring the dose response relationship of psychotherapeutic interventions in meta-analysis
Jürgen Barth - University of Bern, Heike Gerger, Thomas Munder

Researcher preferences in outcome research: A meta-meta-analysis of the allegiance-outcome association
Oliver Brütsch - University of Bern, Thomas Munder, Rainer Leonhart, Jürgen Barth

Researcher allegiance and outcome: Is allegiance the causal factor?
Thomas Munder - University of Bern, Christoph Rückiger, Heike Gerger, Bruce E. Wampold, Jürgen Barth
The case of Alexandra: A multiperspective qualitative single-case study on patients’ concerns in the psychodynamic initial interview

Alexandra’s inability to give herself credit: The perspective of crediting analysis
Marie-Luise Hermann - University of Zurich, Valérie Minh-Thi Boucsein

“... like some kind of jealousy”: Findings of the JAKOB narrative analysis
Lina Maria Arboleda - University of Zurich

The case of Alexandra: A conversational analytic approach
Michael Frei - University of Zurich

The case of Alexandra: Findings of method triangulation
Hanspeter Mathys - University of Zurich

Examining Diversity Competence

Individual and cultural diversity competences: How do psychotherapists integrate diversity into conceptualization of the client, the relationship and treatment?
Carla Moleiro - ISCTE-IUL

Reducing dropout and no-show in Dutch-Turkish and Moroccan clients: Evaluation of a group-specific diversity competence training for mental healthcare professionals
Gabriela A. Sempérgui - Department of Clinical and Developmental Psychology, Research Platform Mental Health Care & Diversity, Marrie HJ Bekker

Beyond current cultural competence training in healthcare: Anthropological contributions to training and learning in cultural competence
John Arianda Owiti — Wolfson Institute of Preventive Medicine Barts and The London School of Medicine and Dentistry Queens Mary
**Treatment comparison**

Moderators and mediators of treatment effects in a RCT of short- and long-term psychodynamic group psychotherapy (tbc)
Anette Fjeldstad - Oslo University Hospital, Torleif Ruud, Per A. Høglend, Steinar Lorentzen

Person-Centered vs. Emotion-Focused therapies for social anxiety
Robert Elliott - University of Strathclyde, Brian Rodgers

The effectiveness of long- and short-term psychotherapy on psychiatric symptoms and working ability in depressive and anxiety disorders during a 5-year follow-up
Paul Knekt - National Institute for Health and Welfare, Olavi Antero Lindfors, Laura Sares-Jäské, Esa Virtala, Tommi Härkänen

Day Clinic or Inpatient Psychotherapy: Setting variables as determinants of outcome in the treatment of depression
Henning Schauenburg - Clinic for General Internal Medicine and Psychosomatics, University of Heidelberg, Ottilia Klipsch, Johannes Ehrenthal, Christoph Nikendei, Johanna Kühling, Ulrike Dinger

**Personality and change**

Study of psychoanalytic processes under the PQS lens: Differences in therapist action according to patient characteristics
Margarida Coimbra Marques - Instituto Superior de Psicologia Aplicada, António Pazo Pires, Carolina Seybert

What changes first in psychotherapy? Symptoms or personality?
Carolina Albergaria Malheiro, António Pazo Pires

Personality features and defense mechanisms
Diana Calado Loureiro - ISPA-IU, António Pazo Pires

Personality and patterns of change in psychotherapy?
Joana Fonseca Tavares - Instituto Superior de Psicologia Aplicada, IU, António Pazo Pires
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Moderator: Célia Maria Dias Sales - UAL CIS ISCTE IUL
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Tracking systems using clients’ perspectives
The Individualized Patient Progress System (IPPS)
Célia Maria Dias Sales - UAL CIS ISCTE IUL, Paula Alves, Chris Evans, Robert Elliott, Peter Wakker, John Mellor-Clark, Alex Curtis Jenkins

Feedback loops between researchers and therapists using IPPS
Luísa Soares - Universidade da Madeira, Ana Sofia Cruz, Gabriela Moita, Célia Maria Dias Sales, Paula Alves

Family/group idiographic profiles using IPPS
Chris Evans - University of Nottingham, Célia Maria Dias Sales, Paula Alves, Peter Wakker

IPPS in routine clinical settings: The experience of Serviço de Consulta Psicológica da Universidade da Madeira
Carla Lucas - Universidade da Madeira, Filipa Oliveira, Luísa Soares, Célia Maria Dias Sales, Paula Alves

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Predicting change
Early alliance prediction by the criteria of operationalized psychodynamic diagnosis
Ljiljana Samardzic - Clinical Center Nis-Clinic for Mental Health

Therapists adherence to Emotion Focused Therapy with depressive clients
Daniela Nogueira - ISMAI (Maia Institute of Higher Education), Marina Monteiro, Tiago Bento, Catarina Almeida, João Salgado

Case-tracking and therapist feedback in routine state funded practice: The relationship between scores on measures and feedback to therapists
Jeremy Edward Halstead - South West Yorkshire Partnership Foundation Trust, Emma Waters, Samantha R. Tucker, Jo Lloyd, Mike Lucock, Chris Leach

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Armanda Gonçalves - Portuguese Chatolic University
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Qualitative studies on change processes
Beyond the sole mother: The emotional-relational context of postnatal depression
Lisa Fellin - University of Bergamo, Eleonora Emide

Exploring female baby boomers’ experiences in using a computerised cognitive behavioural therapy (cCBT) programme for depression ('Beating the Blues') with case manager support: An interpretative phenomenological analysis
Kate Doran - The University of Sheffield, Gillian E. Hardy, Glenys Parry, Rosemary Barber

Helpful factors: A follow-up interview study on patients and therapist’s perspective on change process
Laura Colangelo - ASL Azienda Ospedaliera Ospedali Riuniti di Bergamo, Lisa Fellin

Retrospective study on the process of change in psychodynamic psychotherapy in adolescent patients: Significant events and internalization of the analyzing function
Ana Charro Garcia, Teresa Santos Neves

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Referential activity and psychic structure
Referential activity levels in the main clinical diagnoses
Attà Negri - University of Bergamo, Wilma Bucci, Bernard Maskit

Psychotherapy process research: A new software for textual analysis of therapeutic transcripts in Portuguese language
Tiago Bento - ISMAI (Maia Institute of Higher Education), Célia Vieira, Luis Proença, Henrique Silva, João Salgado

Operationalized Psychodynamic Diagnosis (OPD-2) cross-cultural adaptation to Portuguese
Paulo Correia Ferrajão - ISPA, Instituto Universitário, Rui Aragão Oliveira, Carla Vicente, Filipe Silva, Sara Augusto, Sandra Oliveira, Hugo Senra, Daniela Krieger
Analysing the impact of therapist interpretations on clinical process
Sergio Salvatore - University of Salento, Andrea F. Auletta, Alessandro Gennaro, Diego Rocco

Countertransference and management of the therapeutic frame
Assessing clinician’s management of the therapeutic frame
Thomas A. Schroder - University of Nottingham, David Orlinsky

Countertransferential feelings triggered by patients with different diagnosis
Maria Inês Caldeira Ventura, António Pazo Pires, Jorge Caiado Gomes

Defensive functioning of the clinician in oncology: Relationship with clinicians stress, patient satisfaction and therapeutic alliance
M. de Vries - Department of Psychiatry, University Hospital of Lausanne, Yves de Roten, J. Passchier, F. Stiefel, J.-N. Despland

Therapeutic style and countertransference feelings: Regularities and differences between Psychodynamic and CBT therapists
Margarida Maria Couto - University of Porto, Carlos Farate, Nuno Manuel Torres, Susana Ramos, Manuela Fleming

Emotion and outcome studies
Effectiveness of Autonomy-Groups in patients with anxiety disorders: A RCT
Elisabeth A.P. Rutten - Tilburg University, Marrie HJ Bekker, M.A. Ouwens, A.J.L.M. van Balkom

Bringing emotion and bond into therapy: A research into the outcome and process of Bonding Emotional Therapy
Domingos Alfredo Neto - Clínica Princípio, Maria Sousa, David Neto

Effectiveness of psychodynamic group psychotherapy in outpatient care
Milena Blazkova - Masaryk University, Zbynek Vybiral
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Dialogical research in family and couple therapy
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DIHC method and its use in couple therapy for depressed patients
Jaakko Seikkula - University of Jyväskylä

Narrative process types as indicators of active positioning in dialogue
Aarno Laitila - University of Jyväskylä

Exploring dialogical processes in team reflections in family therapy
Evrinomy Avdi - Aristotle University of Thessaloniki, Katina Damaskinidou

FEST II: Assessment and evaluation in Psychodynamic Psychotherapy
Discussant: Hanne-Sofie Johnsen Dahl - University of Oslo

Reliability of case formulations
Oystein Sorbye - Oslo University Hospital, Svein Amlo, Randi Ulberg, Anne Grete Hersoug, Per A. Høglend

Which is more important for outcome: Therapist factors or patient factors?
Alice Marble - University of Oslo, Per A. Høglend, Randi Ulberg

Adolescent Relationship Scale: A new self-report measure
Anne Grete Hersoug - University of Oslo, Randi Ulberg

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Moderator: Oystein Sorbye - Oslo University Hospital
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How can we integrate the clients’ perspectives in psychotherapy research?
Paula Alves - CIS, ISCTE-IUL, Célia Maria Dias Sales

Individualized change measures in a non-clinical sample
Nice Rocha - ISMAI (Maia Institute of Higher Education), Robert Elliott, Paula Alves, Célia Maria Dias Sales, João Salgado, Inês
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The changing expression of depressive symptoms by patients starting, engaging in and completing talking therapy in Poland
Maria Kordowicz - King’s College London, Peter Schofield, Mark Ashworth

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Moderators:
Miguel Gonçalves - School of Psychology, University of Minho; Carla A. C. Cunha - ISMAI (Maia Institute of Higher Education)
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Innovative moments research program: Overview and new research findings

Therapist interventions and client Innovative Moments in Emotion-Focused Therapy for depression
Carla A. C. Cunha - ISMAI (Maia Institute of Higher Education), Miguel Gonçalves, C. E. Hill, Inês Sousa, Inês Mendes, António Ribeiro, Lynne Angus, L. S. Greenberg

The change of self-narratives in depression
João Batista - University of Minho, Miguel Gonçalves, Daniela Alves

Resistance to narrative change in grief psychotherapy
Daniela Alves - University of Minho, Pablo Fernández-Navarro, Eugénia Ribeiro, Miguel Gonçalves

What does Reconceptualization say about the therapeutic change within the self?
Pablo Fernández-Navarro - University of Minho, Miguel Gonçalves

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Zita Sousa - University of Minho
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Therapeutic responsiveness as a moment-by-moment process in developing alliance
Zita Sousa - University of Minho, Eugénia Ribeiro, Adam Horvath

The therapeutic collaboration in the early sessions of good and poor outcome cases of Narrative Therapy
Nuno Pires - School of Psychology, University of Minho, Eugénia Ribeiro, António Ribeiro, Inês Sousa, Helena Azevedo

Early session’s relevance for alliance development and optimal experiences occurrence
Joana Mourão - Universidade do Minho, Eugénia Ribeiro, Teresa Freire, Inês Sousa

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Luís Batista - Universidade de Évora, Rui Aragão Oliveira, Hugo Senra, Conceição Oliveira, Cristina Nunes, Luís Loureiro, Sandra
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Eating behavior and family relationships among overweight and normal weight adolescents
Ana Sofia Azevedo - University of Minho, Henedina Antunes, Sónia Gonçalves | 2

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Barbora Milatova - Masaryk University, Ester Danelova | 4

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Laura Bonalume - Department of Psychology, University of Milan-Bicocca, Tristan Gianmarino, Niccolò Lavelli, Angelica Gaslini, Emanuela Gritti, Agnese Donati, Margherita Lang | 7

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Anita Santos - ISMAI (Maia Institute of Higher Education), Carlos Almeida, Sofia Sousa | 14

The relationship between psychopathology and weight status in adolescence: The role of social support  
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Use of a Psychotherapy Process Q-Set to discover the impact of personality characteristics on the therapy process
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The concept of agency in psychotherapy research: Discursive perspectives
Discussant: Lisa Fellin - University of Bergamo

The negotiation of agency in psychotherapy: Discursive analysis of a therapy for psychosis
Evrinomy Avdi - Aristotle University of Thessaloniki

Agency and responsibility: Dealing in psychotherapy with excessive attempt for control
Jarl Wahlström - University of Jyväskylä

Agentic positions as a focal point of treatment
Katja Kurri - University Hospital of Helsinki

Therapeutic collaboration: Understanding the interactive processes associated to the change or impasse events in psychotherapy

Therapeutic collaboration within return-to-the-problem phases
António Ribeiro - School of Psychology, University of Minho, Joana Loura, Miguel Gonçalves, Eugénia Ribeiro

A sequential analysis of therapeutic exchanges in which therapist’s interventions are invalidated in a sample of dropout cases of narrative therapy
Dulce Pinto - University of Minho, Eugénia Ribeiro, António Ribeiro, Inês Sousa, Ana Pinheiro

Therapeutic collaboration within Innovative Moments of Reconceptualization: Analysis of a good-outcome case of Emotion Focused Therapy: The case of Lisa
Beatriz Santos - University of Minho, Catarina Fernandes, Eugénia Ribeiro, Miguel Gonçalves, Inês Sousa, António Ribeiro, Inês Mendes

Therapeutic collaboration through significant change events: A comparison between a good and a poor outcome case of Constructivist Therapy
Eugénia Ribeiro - University of Minho, Joana Silveira, Inês Sousa, António Ribeiro, Joana Senra
Systemic family therapy

Couple and Family Therapy: Changes in the coparental alliance
Joëlle Darwiche - Lausanne University Hospital, Yves de Roten, Claudio Carneiro, Christel Vaudan, Alessandra Duc Marwood, Jean-Nicolas Despland

Exploring the process of therapeutic change in Systemic Family Therapy: A qualitative study based on clients’ perceptions
Anna Dourdouma - Sigmund Freud University, Vienna, Kathrin Moertl, Omar C.G. Gelo

The SCORE 15 measure of family functioning and therapeutic change
Peter Stratton - UKCP, Judith Lask, Ewa Nowotny

How to attain sustainable change in the treatment of depression: Findings from basic and psychotherapy research
Discussant: Henning Schauenburg - Clinic for General Internal Medicine and Psychosomatics, University of Heidelberg

The different facets of avoidance in depression
Timo Brockmeyer - University Hospital Heidelberg, Martin Grosse Holtforth, Tobias Krieger, Johannes Zimmermann, Nils Pfeiffer, Matthias Backenstrass, Hans-Christoph Friederich, Hinrich Bents

Mediators of sustained therapeutic change: Testing the indirect effects of dose and psychoanalytic technique in patients with major depression
Johannes Zimmermann - University of Kassel, Henriette Löfler-Stastka, Günther Klug, Dorothea Huber, Cord Benecke

Long-term effects of psychotherapy for moderate depression: Comparing Narrative Therapy with Cognitive-Behavior Therapy at follow-up
Rodrigo Lopes - University of Minho, Miguel Gonçalves, Inês Sousa
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**Panel**

**Training**

**Moderator:**
Tomas Rihacek - Masaryk University
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**Psychotherapy training in an integrative perspective**
Discussant: Omar C.G. Gelo - University of Salento and Sigmund Freud University Vienna

**Synergy of training and research**
Tomas Rihacek - Masaryk University, Jan Roubal

**Case formulation as a research and training tool**
Michal Čevaliček - Masaryk University, Roman Hytych, Jan Roubal

**Reflexive capacity: Topology of trainees’ experience**
Jana Kostinkova - Masaryk University, Romana Plchova, Ivo Cermak, Michal Čevaliček, Roman Hytych

**Generic Model of Psychotherapy Training**
Ansis Jurgis Stabingis - SFU

**Measure development**

The use of knowledge tests as outcome measures of therapist training: A systematic review
Dorothea Kluczniok - Oxford University

Identifying vulnerability in grief
Linda Machin - Keele University, UK
Rating process

“Emotional and interactional characteristics of corrective experiences from the patient point of view”
Franz Caspar - University of Bern, Moritz Pohlmann, Nicola Ferrari

Dynamic microanalysis of self processes in a poor outcome case
Daniela Araújo Sá - ISMAI (Maia Institute of Higher Education), Cíntia Almeida, Anita Santos, João Salgado

Listening to elaboration: Using assimilation indices to understand psychotherapy
David Manuel Dias Neto - Universidade de Lisboa, Telmo M. Baptista, Kim Dent-Bown

The transformation of communication between psychotherapist and clients
Ana Claudia Alves da Silva - Federal University of Pernambuco, Maria C.D.P. Lyra, Miguel Gonçalves

Zeroing in

Therapist interventions and client innovative moments in emotion-focused therapy: A temporal analysis of productive sequences in therapist and client verbal interaction in a good and poor outcome case studies
Ana Sofia Teixeira - ISMAI (Maia Institute of Higher Education), Carla A. C. Cunha, João Salgado, Inês Mendes, Miguel Gonçalves, L. S. Greenberg, Lynne Angus

Therapist intervention and innovative moments: A study with cognitive-behavior therapy of depression
Anabela Purificação Machado - Universidade do Minho, Miguel Gonçalves, Pablo Fernandez, C E. Hill, Carla A. C. Cunha, João Batista, Patrícia Vieira

The impact of process variables on outcomes in a Psychodynamic long term group psychotherapy: A single case study
Maria R. Infurna - Department of Psychology, University of Palermo, Cinzia Guarnaccia, Anna M. Ferraro, Salvatore Gullo, Francesca Giannone
**Therapist**

Empirical studies of trainee skills and knowledge attainment, therapeutic alliance and psychotherapy outcome  
Eva C. Sundin - Nottingham Trent University, Helene Ybrandt, Mark Andrews, Georgina Capone

“Becoming who you are”: The experience of mindfulness in therapists and trainees in UK and Greece and its relevance for counselling training  
Maria Ersi Koliris - Metanoia Institute/Middlesex University, London, UK, Brad Smith

A secure base: Implications of psychotherapist’s attachment experiences  
Helena Moura Carvalho - Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto, Paula Mena Matos

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**Moderator:** Wolfgang Tschacher  
- University of Bern  
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**Panel**  
**Emotion**

**Moderator:** Evangelia Fragkiadaki  
- Technological and Educational Institute of Crete  
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**Positive emotions in psychotherapy: Methodological issues and preliminary findings**

Discussant: Omar C.G. Gelo - University of Salento and Sigmund Freud University Vienna

Conceptual and methodological challenges in the study of positive emotions in psychotherapy  
Stalikas Anastassios - Panteion University, Marilyn R. Fitzpatrick, Antigoni Mertika, Christina Seryianni

Positive emotions and addiction  
Katerina Flora - Panteion University, Stalikas Anastassios, Paschalia Mitsikidou, Alkmini Boutris

Examining the presence of positive emotions in the narratives of clients following successful termination of psychotherapy  
Katerina Zymnis - Panteion University, Stalikas Anastassios, Michael Galanakis, Irene Karakasidou, Alex Harisiadis

Exploring the role of positive emotions in Psychodynamic Oriented Therapy Process: A qualitative case study  
Evangelia Fragkiadaki - Technological and Educational Institute of Crete, Stalikas Anastassios, Sofia Triliva, Sophia Balamoutsou
Psychotherapy with clients who are Ph.D. students: Developmental and clinical perspectives

Pursuing a Ph.D.: The lonely adventure!
Ângela Brandão - Hospital Cuf Infante Santo and CESAM

A developmental conceptualization of the challenges of psychotherapy with Ph.D. students
Michael Basseches - Suffolk University

I was possessed by a doctoral program and I need to exorcize it!
Cláudio Pina Fernandes - Gabinete de Apoio Psicopedagógico, Faculdade de Ciências da Universidade de Lisboa, Portugal

How to account for discourse content in process research?

ZPD (Zone of Proximal Development) as an ability to play
Anna Teresa Zonzi - Helsinki University Central Hospital (HUCH), Mikael Leiman

Subject position as the psychotherapy outcome: The case of Lisa
Anna Mirja Barbara Lilja - University of Jyväskylä, Mikael Leiman

Setbacks and progress in the development of an empathic stance
Soile Tikkanen - University of Eastern Finland

Violence and antisocial behaviour

Research on treatment groups for intimately violent men
Juha Holma - University of Jyväskylä

Positions constructed for a female therapist in male batterers’ treatment group
Helena Päivinen - University of Jyväskylä, Juha Holma

 Reliable change after a structured 25 sessions cognitive-reational rehabilitation program with antisocial boys
Nélio Brazão - Faculty of Psychology and Education Sciences, University of Coimbra, Daniel Rijo, Carolina Motta, Margarida Antunes Rosa, João Firme, Ana Afonso
Clinical change in prison inmates: Improvements in anger, shame, paranoia and core beliefs after a 40 sessions group rehabilitation program
Carolina Motta - Faculty of Psychology and Education Sciences, University of Coimbra, Daniel Rijo, Nélio Brazão, João Ramos

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Process-outcome
Moderator:
Adriana Lis - University of Padova
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Psychotherapy process and outcome in adolescents and children
Discussant: Mary Target - Anna Freud Center

Play and psychotherapy process in a single case study of a preschool child
Elisa Delvecchio - University of Padova, Adriana Lis, Diana Mabilia

Process and outcome evaluation in a 2 years supportive psychotherapy psychodynamically-oriented of an early adolescent
Daphne Chessa - University of Padova, Italy, Daniela Di Riso, Alessandro Gennaro, Silvia Salcuni

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Case studies
Moderator:
Reitske Meganck - Ghent University
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Discussants: Jochem Willemsen - Department of Psychoanalysis and Clinical Consult

Trauma in psychoanalytic single case studies published in ISI ranked journals: A review
Mattias Desmet - Ghent University, Reitske Meganck, Ruth Inslegers

How do interpersonal representations and symptom patterns evolve during psychodynamic psychotherapy with traumatized patients: A quantitative systematic single case study on a person suffering from dissociative identity disorder
Ruth Inslegers - Ghent University, Reitske Meganck, Mattias Desmet

How do trauma representations and the therapeutic relationship evolve during psychodynamic psychotherapy with traumatized patients: A systematic single case study on a person suffering from dissociative identity disorder
Psychodrama Practice Based Research II
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From words to action, from individual to group
Paula Lucas - ISPA, IU, António-José Gonzalez

Research in sociodrama as a training methodology
Sofia Veiga - Escola Superior de Educação do Instituto Politécnico do Porto

Psychodrama in obesity treatment: Assessment of a group intervention program to work with emotions
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Countertransference reactions to adolescents in Community Based Psychotherapy
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Countertransference and defense mechanisms
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