Society for Education in Anesthesia

2012 Fall Annual Meeting

The Non-Clinical Curriculum: Education in Practice
Management, Healthcare Policy and Physician Wellness

Friday, October 12, 2012
Walter E. Washington Convention Center
Washington, DC

Jointly sponsored by the American Society of Anesthesiologists (ASA). For your convenience, this meeting is presented one day prior to the ASA’s Anesthesiology 2012.
Society for Education in Anesthesia
2012 Board of Directors

President
Scott A. Schartel, D.O.

Vice President/President-Elect
Ira Todd Cohen, M.D., M.Ed.

Secretary
Stephen J. Kimatian, M.D.

Treasurer
Michael R. Sandison, M.D.

Immediate Past President
Gary E. Loyd, M.D., M.M.M.

Directors
L. Jane Easdown, M.D.
Stephanie B. Jones, M.D.
Sally R. Raty, M.D.
Karen J. Souter, M.B., B.S., M.Sc., FRCA
Michael C. Lewis, M.D.
Marek Brzezinski, M.D.

JEPM Editor
Armin Schubert, M.D., M.B.A.

Program Faculty

Jeffrey S. Berger, M.D., M.A. - Chair
Assistant Professor of Anesthesiology
The George Washington University
Medical Center
Cabin John, MD

Deborah J. Culley, M.D.
Assistant Professor
Harvard Medical School
Boston, MA

Anahat Dhillon, M.D.
Assistant Clinical Professor
University of California, Los Angeles
Los Angeles, CA

Stephen J. Kimatian, M.D.
Pediatric Anesthesiology Department
Vice Chair for Education
Anesthesiology Institute
Cleveland Clinic Foundation
Cleveland, OH

Gary E. Loyd, M.D., M.M.M.
Professor
University of Louisville
Louisville, KY

J. Thomas McLarney, M.D.
Associate Professor
University of Kentucky
Lexington, KY

Gail I. Randel, M.D.
Assistant Professor of Anesthesiology
Northwestern Feinberg School of Medicine
Chicago, IL

Haleh Saadat, M.D., FAAP
Assistant Professor of Anesthesiology
Yale University
New Haven, CT

Charles Philip Samenow, M.D.
Assistant Professor of Psychiatry and Behavioral Sciences
The George Washington University
Washington, DC

Scott A. Schartel, D.O.
Professor
Clinical Anesthesia
Temple University
Dresher, PA

Renate Schoenfelder, M.D.
Assistant Professor of Anesthesiology
Yale University
New Haven, CT

Jim Scott, M.D.
Professor of Emergency Medicine and Health Policy
Former Dean GW School of Medicine
GW School of Medicine and Health Sciences
Washington, DC

Judith Jurin Semo, J.D.
Pincipal
Judith Jurin Semo, PLLC
Washington, DC

Karen Smith, M.D., M.Ed.
Chief, Pediatric Hospitalist Medicine
Assistant Professor of Pediatrics
The George Washington School of Medicine
Children’s National Medical Center
Washington, DC

Karen J. Souter, M.B., B.S., M.Sc., FRCA
Associate Professor and Residency Program Director
University of Washington
Seattle WA

Christopher Spevak, M.D., M.P.H., J.D.
Associate Professor
Georgetown University Hospital
Washington, DC

Kokila Thenuwara, M.B.B.S., M.D., MME
Clinical Assistant Professor of Anesthesiology
University of Iowa
Iowa City, IA

Judi Turner, M.D.
Assistant Clinical Professor, Program Director, Anesthesiology
University of California, Los Angeles
Los Angeles, CA

Denham S. Ward, M.D., Ph.D.
President of FAER
Professor of Anesthesiology and Biomedical Engineering
University of Rochester
Rochester, NY

John M. Zerwas, M.D.
President
American Society of Anesthesiologists
Park Ridge, IL
Greater Houston Anesthesiology
Richmond, TX

Karen Smith, M.D., M.Ed.
Chief, Pediatric Hospitalist Medicine
Assistant Professor of Pediatrics
The George Washington School of Medicine
Children’s National Medical Center
Washington, DC

Karen J. Souter, M.B., B.S., M.Sc., FRCA
Associate Professor and Residency Program Director
University of Washington
Seattle WA

Christopher Spevak, M.D., M.P.H., J.D.
Associate Professor
Georgetown University Hospital
Washington, DC

Kokila Thenuwara, M.B.B.S., M.D., MME
Clinical Assistant Professor of Anesthesiology
University of Iowa
Iowa City, IA

Judi Turner, M.D.
Assistant Clinical Professor, Program Director, Anesthesiology
University of California, Los Angeles
Los Angeles, CA

Denham S. Ward, M.D., Ph.D.
President of FAER
Professor of Anesthesiology and Biomedical Engineering
University of Rochester
Rochester, NY

John M. Zerwas, M.D.
President
American Society of Anesthesiologists
Park Ridge, IL
Greater Houston Anesthesiology
Richmond, TX
Target Audience
This meeting is designed for anesthesiologists and practitioners who specialize in anesthesia education.

About This Meeting
The purpose of this meeting is to educate and share information that will enable anesthesiology practitioners to provide the highest level of education to further develop our field and improve patient outcomes.

CME Accreditation
This activity has been planned and implemented in accordance with the essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Society of Anesthesiologists and the Society for Education in Anesthesia. The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

General Sessions Goals
While attending these sessions, the attendee will:
• Distill key elements of practice management curricula and ascertain strategies for incorporation of practice management curricula into residency education.
• Explore Healthcare Policy and its role in Graduate Medical Education.
• Discuss the meaning of Physician Wellness, its importance, and options for incorporating programs to achieve it.

Disclosure
The American Society of Anesthesiologists and the Society for Education in Anesthesia adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty’s commercial relationships will be made known at the activity. Speakers are required to openly disclose and limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

Disclaimer
The information provided at the above CME activities is for continuing medical education purposes only and is not meant to substitute for the independent medical judgement of a physician relative to diagnostic and treatment of a specific patient’s medical condition.

Needs Assessment
Topics for this meeting were selected by various methods. Suggestions for topics were derived from evaluations of the 2011 and other previous Spring and Fall Annual Meetings, the Educational Meetings Committee, Board members, reviews of the published literature with the highest impact on the specialty, and by soliciting suggestions from SEA members actively involved in anesthesia education.

Special Needs
The Society for Education in Anesthesia is committed to making its activities accessible to all individuals. If you are in need of an accommodation, please do not hesitate to call and/or submit a description of your needs in writing in order to receive service.

Resolutions of Conflicts of Interests
In accordance with the ACCME Standards for commercial support of CME, the American Society of Anesthesiologists and the Society for Education in Anesthesia will implement mechanisms, prior to the planning and implementations of CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.
Program Schedule

7:00 - 8:00 a.m.  Breakfast and Committee Roundtable Discussion
8:00 - 8:15 a.m. Welcome and Introductions
  Jeffrey S. Berger, M.D., M.A. – Chair
  Scott A. Schartel, D.O. – President
8:15 - 9:00 a.m. General Session: Educating Residents in Practice Management, Remarks and Panel
  Judith Jurin Semo, J.D.; Christopher Spevak, M.D., M.P.H., J.D.; Karen Smith, M.D., M.Ed.
9:00 - 9:15 a.m. Question and Answer Session
9:15 - 10:00 a.m. McLeskey Lectureship: Educating Residents in Healthcare Policy
  Presented By: Scott A. Schartel, D.O.
  Recipient: Jim Scott, M.D.
10:00 - 10:15 a.m. Question and Answer Session
10:15 - 10:30 a.m. Networking Session with refreshments
10:30 a.m. - 12:00 p.m. Workshops
A. Practical Stress Management Techniques - A Quest for Physicians’ Well-Being
  Haleh Saadat, M.D., F.A.A.P.; Renate Schoenfelder, M.D.
B. Critical Event Response Teams: Caring for the Caregiver in the Aftermath of a Adverse Event
  Marjorie Stiegler, M.D.; Anahat Dhillon, M.D.; Judi Turner, M.D.
C. The Paradox: Cultivating Resiliency While Developing an Academic Career
  Kokila Thenuwara, M.B.B.S., M.D., MME; Gail I. Randel, M.D.
D. Using Interactive Theater to Address Institutional Cultural Change
  Charles Phillip Samenow, M.D.
E. SEA/FAER Scholar Program (Invitation Only)
12:00 - 1:00 p.m. Luncheon and Business Meeting
1:00 - 1:30 p.m. Duke Award
  Presented By: Scott A. Schartel, D.O.
  Recipient: Denham S. Ward, M.D., Ph.D.
1:30 - 2:00 p.m. ASA Update
  John M. Zerwas, M.D.
2:00 - 3:00 p.m. General Session: Physician Wellness: It’s more than a Yoga Group
  Charles Phillip Samenow, M.D.
3:00 - 3:15 p.m. Networking Session with Refreshments
3:15 - 3:30 p.m. The Next Accreditation System and Educational Milestones
  Deborah J. Culley, M.D.
3:30 - 5:00 p.m. Latest on the Milestones, From the SEA Milestones Task Force
  J. Thomas McLeaney, M.D.; Gary E. Loyd, M.D., M.M.M.
5:00 p.m. Conclusion of Program

Workshop Goals

While attending these workshops, the attendee will:

Practical Stress Management Techniques - A Quest for Physicians’ Well-Being:
• Discuss the concept of challenge, stress, burnout and its effects in residents.
• Review the new findings on individual differences in stress reactivity.
• Discuss the four components of evidence-based stress reduction techniques implemented in anesthesiology residents at Yale University. (1) Identification and analysis of stressors; (2) modification of cognitive and appraisal processes; (3) Increasing the use of active coping mechanisms and minimizing the use of avoidance coping; (4) Creation of participants’ own personal stress management plans.

Critical Event Response Teams: Caring for the Caregiver in the Aftermath of an Adverse Event
• Identify and describe signs of post event distress syndrome, and compare to PTSD and Major Depressive Disorder.
• Understand and predict the potential impact of perioperative catastrophe on future performance.
• Demonstrate techniques used to attempt mitigation of emotional impact.
• Identify resources in the participants’ practice to assist with symptom management and rehabilitation.

The Paradox: Cultivating Resiliency While Developing an Academic Career
• Identify skills set that enhance your resiliency while having an academic career.
• Apply reflective survey to begin to identify steps towards developing a personal wellness plan.
• Apply reflective survey to begin to identify steps toward develop a personal educational academic work life.
• Identify resources to build your educational academic work life.

Using Interactive Theater to Address Institutional Cultural Change
• Discuss variables that affect professionalism in the clinical learning environment
• Identify internal and external barriers which prevent leaders from intervening during unprofessional incidents
• Practice a variety of skills to address unprofessional behavior in trainees, both anticipatory and in-the-moment.
• Formulate an action plan to implement strategies learned to improve the professional learning environment
Meeting Location

Walter E. Washington Convention
Center, Washington, D.C., USA
801 Mount Vernon Pl. NW
Washington, DC 20001

The Walter E. Washington Convention Center is located in the heart of the nation's capital, steps from historic museums, great restaurants and wonderful attractions. For more information, visit www.dcconvention.com.

Hotel Reservation

Make your reservations early! You can view all available hotels as well as make airline reservations through the ASA Annual Meeting Housing Bureau at http://www.asahq.org/Annual-Meeting/ Registration-Housing-and-Travel.aspx. by September 2012.

Save these dates for future SEA meetings

2013 Spring Annual Meeting
May 31 - June 2, 2012
Hilton Salt Lake City Centre
Salt Lake City, Utah

2013 Fall Annual Meeting
Friday, October 11, 2013
San Francisco, CA

Register online at www.SEAhq.org
Description: Simulation-based medical education emerged from efforts begun by anesthesiologists to improve patient safety. Interest in this technology has expanded as medical schools and hospitals build simulation programs, and credentialing bodies begin to require the addition of simulation to both educational and certification processes.

Certainly it is a popular and interactive teaching method that allows learners to make errors without harming patients, thus allowing them to learn from their errors in a safe environment. The question remains: is there any evidence to justify this push for the use of simulation? In light of costs of the facilities, equipment and personnel required to run a simulation program, many believe that simulation-based training will gain acceptance only when there is definitive proof that its use leads to improved patient outcomes and decreased costs.

The Subspecialty panel will be structured as debate on the theme “Simulation: Boon or Boondoggle.”

Learning Objectives:

1. Describe the evidence regarding the use of simulation as a tool for education and evaluation
2. Describe barriers to acquiring evidence concerning the impact of simulation.
3. Identify the appropriate role for the use of simulation in education for anesthesiology.
4. List the advantages and disadvantages for the use of simulation in certification and maintenance of certification.
5. Distinguish between opinion and evidence as it relates to simulation in medical education.
6. Identify and discuss elements of simulation education that lead to change in patient outcome.
# SEA 2012 Fall Annual Meeting

The Non-Clinical Curriculum: Education in Practice Management, Healthcare Policy and Physician Wellness

Friday, October 12, 2012 • Washington DC Convention Center • Washington, DC

## Please Print or Type

ABA#

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title (Professor, Associate Professor, etc.)</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Preferred Mailing Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>ZIP Code</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

## Payment Information

- Check (Made payable to Society of Education in Anesthesia; U.S. currency only)
- VISA
- MasterCard
- AmericanExpress

<table>
<thead>
<tr>
<th>Credit Card Number</th>
<th>Exp.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name on Card</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

## Refund Policy:
Full refund through September 14, 2012; 75% refund through September 30, 2012. Refunds are determined by the date written cancellation is received at the SEA office.

## Registration Fees

Early Registration Fee Deadline: September 14, 2012. Please note that all registration will be closed after September 28, 2012. After your registration has been processed, a confirmation will be sent to the address above. Please check the appropriate box. Fee includes breakfast, lunch, breaks, and course material.

### Early Registration Fee
(Through September 14, 2012)

- $195  SEA Member
- $100  SEA Member Resident/Fellow
- $390  Non-Member*
- $115  Non-Member Resident/Fellow*
- $160  Non-Member Education Coordinator/Administrator
- $175  Non-Member International*
- $25   Medical Student

### Late Registration Fee
(After September 14, 2012)

- $245  SEA Member
- $150  SEA Member Resident/Fellow
- $440  Non-Member*
- $165  Non-Member Resident/Fellow*
- $210  Non-Member Education Coordinator/Administrator
- $225  Non-Member International*
- $25   Medical Student

* Fee includes 2013 membership dues.

## Workshops

**Morning Workshops, 10:30 a.m. - 12:00 p.m.**

Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.

- A. Practical Stress Management Techniques - A Quest for Physicians’ Well-Being
- B. Critical Event Response Teams: Caring for the Caregiver in the Aftermath of a Adverse Event
- C. The Paradox: Cultivating Resiliency While Developing an Academic Career
- D. Using Interactive Theater to Address Institutional Cultural Change

## Registration Information

- I will require handicap assistance.
- I will require vegetarian meals.
- I will require kosher meals.
- I will require assistance not specified on this form. If so, please contact SEA at (847) 825-5586.

## Send to:

Society for Education in Anesthesia
520 N. Northwest Highway • Park Ridge, IL 60068-2573 • Fax: (847) 825-5658

For quick and easy online registration, visit www.seahq.org