



Final Program

SEPI XXVII ANNUAL MEETING
May 19-22, 2011

Washington DC, USA



The Catholic University of America
Department of Psychology

**The 2011 SEPI conference is being co-sponsored by the Department of
Psychology at The Catholic University of America**

Committees

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**SEPI XXVII ANNUAL MEETING: “Crossing the Divide: SEPI’s
Unique Place in Bridging the Science-Practice Gap”
Washington DC, USA, May 19-22, 2011**

Dear Colleagues:

On behalf of the Society for the Exploration of Psychotherapy Integration (SEPI), we welcome you to our 27th Annual Conference!

SEPI is an international organization dedicated to integration across clinical and theoretical perspectives. Founded in 1984, SEPI is an international organization dedicated to integration across clinical and theoretical perspectives. Today, SEPI remains the only international organization devoted to the integration of diverse psychotherapy perspectives with its own APA-sponsored journal. SEPI is an especially welcoming organization. It provides a community for clinicians and scholars who wish to expand the limitations of single-school perspectives and who are interested in learning alternative ways of conceptualizing and working with clinical problems.

It is in this spirit that we convene for the 27th Annual Conference, the theme of which is Crossing the Divide: SEPI’s Unique Place in Bridging the Science-Practice Gap.

The integration of science and practice, always important to our profession, may be more important now than ever before. Funding agencies all over the world are increasingly interested in the translation of science to practice and the dissemination of empirically-tested ideas. Third parties such as private and government insurance companies are also requiring accountability. Finally, within the field, questions have been raised about the neglect of science by practitioners (see Baker, McFall, & Shoham, 2009), a theme picked up widely by the media.

Complicating matters, some clinicians have also been critical of researchers. They note that researchers have imposed interpretations of data that are experienced by clinicians as coercive and “out of touch” with clinical reality. Clinicians have asked for more clinically-relevant research. The question arises: How do we best promote this integration of science and practice and create an authentic and lasting collaboration between these two overlapping communities?

We suggest that SEPI and its members have a unique perspective and background that has prepared us to take a leading role in such an integration. As an organization comprised of practicing clinicians, scholars, and researchers, we have much to offer towards understanding the complexities and skill involved in building a truly collaborative and clinically-useful integration of science and practice.

We believe that this year’s program contains pre-conference workshops, symposia, discussion groups, mini-workshops, and posters that address innovative ways to integrate science and practice and bear on the broader theme of psychotherapy integration. We hope to create genuine, mutual, and long-lasting connections that will propel the field forward.

Sincerely,

[Kenneth N. Levy, Program Chair](#)
[Carol Glass, Local Arrangements Chair](#)

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Thursday

**Pre-Conference
Workshop**

CE

Instruments

Thursday

9:00 - 16:30

Delegate Room

Analyzing Psychotherapy Sessions From an Integrative
Perspective: The Psychotherapy Process Q-Set (PQS)

[Carolina Seybert - University Ulm, Ulm, Germany](#)

Raymond A. Levy

**Pre-Conference
Workshop**

CE

Emotion

Thursday

13:30 - 16:30

Consulate Room

Emotion-Focused Therapy

[Leslie Greenberg - York University, Toronto, ON, Canada](#)

**Pre-Conference
Workshop**

Training

Thursday

13:30 - 16:30

Diplomat Room

Helping Skills Training

[Clara Hill – University of Maryland, College Park, MD, USA](#)

Patricia Spangler, Harold Chui, and John Jackson

**Pre-Conference
Workshop**

CE

Psychodynamic

Thursday

13:30 - 16:30

Wine Room

Time-Limited Dynamic Psychotherapy: Two Experts Discuss
Their Different Approaches to a Case

[Hanna Levenson - Wright Institute, Berkeley, CA, USA](#)

Jeffrey Binder

Friday

Opening Remarks

Friday

8:00 - 8:15

Plenary

CE

Friday

8:15 - 9:45

Moderator

Kenneth Levy - Pennsylvania

State University, University

Park, PA, USA

Innovative Methods for Closing the Science - Practice Gap

Innovative Methods for Bridging the Science-Practice Gap:

The Case for Feedback and Problem-Solving Tools

[Michael Lambert - Brigham Young University, Provo, UT, USA,,](#)

What Needs to Change to Move From "Research Informed Practice" to "Empirically Effective Practice?"

[Larry Beutler - Palo Alto University, Palo Alto, CA, USA](#)

Practice Research Networks: Making Science "Clinically Syntonic"

[Louis Castonguay - Pennsylvania State University, University Park, PA, USA](#)

Genes, the Brain, and Psychotherapy: Implications of Genetic and Neurophysiological Data for the Actual Practice of Psychotherapy

[Timothy Strauman - Duke University, Durham, NC, USA](#)

Panel

CE

Integration

Friday

10:00 - 11:15

Ambassador Room

Moderator

Jeffrey Magnavita -

Glastonbury, CT, USA

The Unified Psychotherapy Project (UPP) and Psychotherapedia™: A Compendium for Research and Practice

Right Tool for the Right Job: Psychotherapedia and Core Competencies for Integrative Practice

[Kenneth Critchfield - University of Utah, Salt Lake City, UT, USA](#)

Transforming Self, Transforming World, and the Forum BEVI Project: Implications and Applications for the Unified Psychotherapy Project

[Craig Shealy – James Madison University, Harrisonburg, VA, USA,](#)

[Jay Cozen, Gregg Henriques, Lee Sternberger](#)

Psychotherapedia: A much needed tool in psychotherapy integration

[Jay Lebow – Northwestern University, Evanston, IL, USA,,](#)

Friday

Panel

CE

Practice

Friday

10:00 - 11:15

Consulate Room

Moderator

John Norcross - University of
Scranton, Scranton, PA, USA

**Tailoring Psychotherapy to the Individual Patient:
Where Science and Practice Converge**

Adapting Psychotherapy to the Patient's Culture, Religion,
and Stage of Change: Evidence-Based Responsiveness
[John Norcross - University of Scranton, Scranton, PA, USA](#)

Fitting Treatment to Patient: Two Moderating Variables that
Work

[Larry Beutler - Palo Alto University, Palo Alto, CA, USA](#)

Adapting Psychotherapy to the Patient's Preferences
[Joshua Swift - University of Alaska, Anchorage, AK, USA](#)

Panel

Change

Friday

10:00 - 11:15

Delegate Room

Moderator

Antonio Vasco - Universidade
de Lisboa, Portugal

**Regulation of Psychological Vital Needs as the
Touchstone of Well-Being: The Case of Related-
ness/Autonomy, Pleasure/Pain, and Coherence/
Incoherence of Self**

Discussant: António Vasco - Universidade de Lisboa, Portugal

Psychological Need for Autonomy/Relatedness:
Relationships With Psychological Well-Being and
Psychological Distress

[Filipe Bernardo - Universidade de Lisboa, Portugal](#), António Vasco

Psychological Need for Pleasure/Pain: Relationships With
Psychological Well-Being and Psychological Distress

[Natalia Cadilha - Universidade de Lisboa, Portugal](#), António Vasco

Psychological Need for Coherence of Self/Incoherence of
Self: Relationships With Psychological Well-Being and
Psychological Distress

[Catarina Rodrigues - Universidade de Lisboa, Portugal](#), António Vasco

Panel

CE

Depression

Friday

10:00 - 11:15

Diplomat Room

Moderator

Alberta Pos - York University,
Toronto, ON, Canada

**Relationships Among Therapist Empathy, Client
Change Processes, and Outcome in Psychotherapy
of Depression**

Therapist Empathy and Early Alliance Formation in First
Sessions of Experiential Psychotherapy for Depression
[Ashley Spigelman - York University, Toronto, ON, Canada](#), Alberta Pos

The Role of Empathy in Facilitating Inter- and Intra-personal
Change in Psychotherapy

[Jeanne Watson - University of Toronto, Toronto, ON, Canada](#), Patricia
Steckley, Evelyn McMullen

Friday

Therapist Presence, Empathy, and the Working Alliance in
Experiential Treatment for Depression
[Alberta Pos - York University, Toronto, ON, Canada](#), Shari Geller, John
Oghene

Panel

Quality

Friday

10:00 - 11:15

Wine Room

Moderator

Per-Einar Binder - University
of Bergen, Norway

Qualitative Explorations of Impasse, Interruptions, and Formation of the Therapeutic Alliance

Discussant: Kirsten Benum - Department of Psychology, University of
Oslo, Oslo, Norway

Collaborating With the Patient in the Struggle Toward
Growth: Skilled Psychotherapists' Experiences of the
Patient in Difficult Therapies Ending Well
[Christian Moltu - Helse Førde, Norway](#), Per-Einar Binder, Brynjulf
Stige

A Human Professional: An Exploration of Adolescent
Patients' Experiences of Possibilities and Challenges in
Psychotherapy Relationships
[Per-Einar Binder - University of Bergen, Norway](#), Helge Holgersen

"Do You Feel I Still Have Issues to Work On?" A Qualitative
Study of How Improvement Is Negotiated in the Process of
Ending Psychotherapy
[Marit Råbu - University of Oslo, Oslo, Norway](#), Hanne Haavind, Per-
Einar Binder

Open Discussion

CE

Psychodynamic

Friday

11:30 - 12:30

Ambassador Room

Integrative Aspects of Davanloo's Intensive Short- Term Dynamic Psychotherapy (IS-TDP)

[Linda Smoling Moore - Private Practice, Bethesda, MD, USA](#)

Discussants: John Rathauer and Leslie Greenberg

Open Discussion

CE

Other

Friday

11:30 - 12:30

Consulate Room

Is Research Relevant to Clinical Work and Psychotherapy Integration? Lessons Learned by Leading Clinical Researchers

[Louis Castonguay - Pennsylvania State University, University Park, PA,
USA](#)

Discussants: Marvin Goldfried - SUNY at Stony Brook, Stony Brook,
NY, USA,

Clara Hill, University of Maryland, College Park, MD, USA,

Paul Wachtel, City University of New York, New York, NY, USA

Friday

Open Discussion

CE

Other

Friday

11:30 - 12:30

Delegate Room

Treatment Guideline Development of the American Psychological Association

[Jeffrey Magnavita - Glastonbury, CT, USA](#)

Discussants: Lynn Bufka, Daniel Galper, and Kenneth Levy

Conference Workshop

CE

Alliance

Friday

11:30 - 12:30

Diplomat Room

Implications of Twelve-Step Programs for Psychotherapy

[Mark Schenker - Recovery Options Associates, Lafayette Hill, PA, USA](#)

Conference Workshop

Depression

Friday

11:30 - 12:30

Wine Room

Multitheoretical Psychotherapy for Depression: Combining Strategies From Evidence-Based Practice

[Jeff Harris - Texas Woman's University, Denton, TX, USA](#)

Keynote

CE

Friday

13:45 - 14:45

Moderator

Kenneth Levy - Pennsylvania

State University, University

Park, PA, USA

Research and Practice: Building Stronger Bridges Between Communities of Knowledge Seekers

[Louis Castonguay - Pennsylvania State University, University Park, PA, USA](#)

Panel

CE

Depression

Friday

15:00 - 16:15

Ambassador Room

Moderator

Alberta Pos - York University,

Toronto, ON, Canada

Client and Therapist Factors Influencing Clients' Engagement in Therapy Processes and Outcome During Experiential Treatment of Depression

Early Individual Differences in Therapy Processes and Outcome for Experiential Therapy for Depression
[Alberta Pos - York University, Toronto, ON, Canada](#), Manolo Escobar

Can Sequences of Therapist Interpersonal Behavior in First Sessions Predict Early Alliance Formation in Experiential Treatment of Depression?

[Karen Wong - York University, Toronto, ON, Canada](#), Alberta Pos

Friday

Therapist Influence on Depressed Clients' Therapeutic Experiencing and Outcome

[Kristen Adams - York University, Toronto, ON, Canada](#), [Leslie Greenberg](#)

Panel

CE

Training

Friday

15:00 - 16:15

Consulate Room

Moderator

[Clara Hill – University of Maryland, College Park, MD, USA](#)

Research on Helping Skills Training

Teaching Novice Trainees to Use Immediacy

[Patricia Spangler - University of Maryland, College Park, MD, USA](#), [C. Hill](#), [M. Dunn](#), [A. Hummel](#), [T. Walden](#), [J. Liu](#), [J. Jackson](#), [H. Ganginis](#), [N. Salahuddin](#)

Teaching Novice Trainees to Use Challenges

[Harold Chui - University of Maryland, College Park, MD, USA](#), [C. Hill](#), [A. Hummel](#), [S. Ericson](#), [H. Ganginis](#), [S. Ain](#), [E. Merson](#)

Teaching Novice Trainees to Use Interpretations

[John Jackson - University of Maryland, College Park, MD, USA](#), [C. Hill](#), [E. Merson](#), [J. Liu](#), [S. Ericson](#), [M. Wydra](#)

Panel

CE

Practice

Friday

15:00 - 16:15

Delegate Room

Moderator

[Marvin Goldfried - Stony Brook University, Stony Brook, NY, USA](#)

Building a Two-Way Bridge Between Research and Practice: Experiences in Conducting Empirically Supported Treatments

Discussant: [Marvin Goldfried - Stony Brook University, USA](#)

Clinical Experiences in Conducting Empirically Supported Treatments for Panic Disorder

[Abraham Wolf - MetroHealth Medical Center, Cleveland, OH, USA](#)

Integration of Clinical Experience in Conducting Empirically Supported Treatments: Social Phobia

[Andrew McAleavey - Pennsylvania State University, University Park, PA, USA](#)

Clinical Experiences in Conducting Empirically Supported Treatments for Generalized Anxiety Disorder

[Lauren Szkodny - Pennsylvania State University, University Park, PA, USA](#)

Panel

CE

Psychodynamic

Friday

15:00 - 16:15

Diplomat Room

Moderator

[Lotte Smith-Hansen - Cambridge Health Alliance](#),

Psychodynamic Psychotherapy Process Research: Implications for Clinical Practice

Discussant: [Kenneth Levy - Pennsylvania State University, USA](#)

An Empirical Study of the Accuracy of Therapist Defense Interpretation and In-Session Change in Patients' Defensive Functioning

[J. Christopher Perry - McGill University, Montreal, Quebec, Canada](#), [Jonathan Petraglia](#), [Trevor Olson](#)

Friday

Harvard Medical School,
Cambridge, MA, USA

When Is Transference Work Useful?

[Per Høglend - University of Oslo, Oslo, Norway](#)

Psychodynamic Psychotherapy Process Research:
Implications for Clinical Practice

[Raymond A. Levy - Massachusetts General Hospital, Cambridge, MA, USA](#), [Lotte Smith-Hansen](#)

Paper Session

Friday

15:00 - 16:15

Wine Room

Moderator

[Catarina Vaz-Velho - University of Évora, Évora, Portugal](#)

The Legend of Trust

[Claire Nelissen - 'De Studio' Practice for Integrative Psychology, Haarlem, Netherlands](#)

The Relationship Between Counsellors' Dispositional Hope,
Differentiation of Self, and Epistemic Style

[Denis O'Hara - School of Social & Health Sciences, University of Abertay, Dundee, UK](#)

Thinking About Psychotherapy and the (In)ability to
Regulate Fundamental Psychological Needs

[Catarina Vaz-Velho - University of Évora, Évora, Portugal](#), [António Vasco, Nuno Conceição](#)

Panel

CE

Narrative

Friday

16:30 - 17:45

Ambassador Room

Moderator

[Daniel Fishman - Rutgers University, Piscataway, NJ, USA](#)

**A Systematic Case Study That Integrates
Theoretical Approaches and Bridges Science,
Practice, and Training: The Case of "Grace," a
Trauma Survivor**

Discussants: [Stanley Messer - Rutgers University, Piscataway, NJ, USA](#) and [George Stricker, Argosy University, Washington, DC, USA](#)

The Case of "Grace," a Trauma Survivor, Seen in Integrative
Therapy: The Larger Context

[Daniel Fishman - Rutgers University, Piscataway, NJ, USA](#)

Assimilative Integration by Combining Expressive Writing
with an Affect- and Attachment-Focused Therapy in
Treating a Trauma Survivor: The Case of "Grace"

[Erica Pass - Institute for Personal Growth Counseling & Psychotherapy, Highland Park, NJ, USA](#)

Panel

CE

Other

Friday

16:30 - 17:45

Consulate Room

Moderator

[Michael Constantino -](#)

**Psychotherapy Expectations and Preferences:
Integrating Theory, Practice, and Research**

Discussant: [Diane Arnkoff - The Catholic University of America, Washington, DC, USA](#)

An Expectancy-Based Approach to Facilitating Corrective
Experiences in Psychotherapy

[Michael Constantino - University of Massachusetts, Amherst, MA, USA](#), [Henny Westra](#)

Friday

University of Massachusetts,
Amherst, MA, USA

Clinician Interventions and Participant Characteristics That Foster Positive Patient Expectations for Psychotherapy and Psychotherapeutic Change

[Rebecca Ametrano - University of Massachusetts, Amherst, MA, USA](#), Michael Constantino

Revisiting Sex Differences in Preferences for an Ideal Psychotherapist

[Joan DeGeorge - University of Massachusetts, Amherst, MA, USA](#), Michael Constantino, Roger Greenberg, Joshua Swift, Lotte Smith-Hansen

Panel

CE

Integration

Friday

16:30 - 17:45

Delegate Room

Moderator

Paul Wachtel - City University of New York, New York, NY, USA

Working From the Outside In: Integrating Principles, Tactics, and Techniques from Outside One's Home Orientation: Part I

How I Went From an Evidence Based Behavior Therapist to a Psychotherapy Integrationist in the 1970's

[Elliot Seligman – Private Practice, New York, NY, USA](#)

En Route to Integration

[Jesse Geller - Yale University Psychiatry, New Haven, CT, USA](#)

Integrating Other Approaches Into Experiential Emotion Focused Approaches to Psychotherapy

[Jeanne Watson - University of Toronto, Toronto, ON, Canada](#)

Paper Session

Friday

16:30 - 17:45

Diplomat Room

Ester Danelová -

Masaryk University, Brno, Czech Republic

The Training in Psychotherapy Integration (TPI) From the View of the Trainees Before the Start of the Training

[Romana Plchova - Masaryk University, Brno, Czech Republic](#)

Supervising Psychotherapy: An Interdisciplinary Approach

[Tania Zohn-Muldoon - Iteeso University, Guadalajara, Mexico](#)

Integrating Psychotherapy Approaches in Practice: The Case of Training in Psychotherapy Integration Trainers

[Ester Danelová - Masaryk University, Brno, Czech Republic](#), Tomáš íhá ek

Paper Session

Friday

16:30 - 17:45

Wine Room

Moderator

María del Carmen Salgueiro - Fundación Aigle, Buenos Aires, Argentina

The Trend Towards Integration Among Psychotherapy Trainees: Attribution of Common Versus Specific Factors in Prototypical Case Studies

[Luis Botella - Ramon Llull University, Barcelona, Spain](#), Joana Maestra

Friday

If You Want to Get Ahead, Get a Sequence of General Strategies: Research on Integrative Decision Making in Real-World Psychotherapy

[Nuno Conceição](#) - [Lisbon, Portugal](#), Antonio Vasco, Catarina Vaz-Velho

Psychotherapy and Psychopharmacology: An Integrative Approach

[María del Carmen Salgueiro](#) - [Fundación Aigle, Buenos Aires, Argentina](#), Beatriz Gómez

Awards Ceremony

CE

Friday

18:00 - 19:00

Client Emotion in Cognitive-Behavioral and Interpersonal/Emotional Processing Therapy for Generalized Anxiety Disorder

[James Boswell](#) – [Pennsylvania State University, University Park, PA, USA](#)

How to Train Therapists in Developing Individualized Case Conceptualizations When There Is No "Right" View of a Patient

[Thomas Berger](#) – [University of Bern, Bern, Switzerland](#), Franz Caspar

Cognitive Behavioral and Integrative Treatment of Abused Children: Examining Cognitive and Emotional Processes and Developmental Considerations

[Sarah Krueger](#) – [Catholic University of America, Washington, DC, USA](#)

Saturday

Plenary

CE

Saturday

8:30 - 10:00

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

The Nature of Evidence: How to Achieve Science-Practice Integration

Discussant: Joel Weinberger – Adelphi University, USA

Adversarial Collaboration Is a Must If We Hope to Identify Practical Truths About the Effects of Psychotherapies
[Robert DeRubeis – University of Pennsylvania, Philadelphia, PA, USA](#)

“ESTs”: Problematic Assumptions in the Pursuit of Evidence-Based Practice

[Paul Wachtel - City University of New York, New York, NY, USA](#)

The Larger Context of the EST Movement

[Paul Crits-Christoph – University of Pennsylvania, Philadelphia, PA, USA](#)

What Constitutes "Evidence" in Evidence-Based Practice?

[Marvin Goldfried - SUNY at Stony Brook, Stony Brook, NY, USA](#)

Panel

CE

Development

Saturday

10:15 - 11:30

Ambassador Room

Moderator

Michael Basseches - Suffolk University, Boston, MA, USA

Researcher-Therapist Dialogue: What a Developmental Analysis of the Psychotherapy Process Adds to a Case Study of Emotion-Focused Therapy

Discussants: Leslie Greenberg, York University, Toronto, ON, Canada, and Shana Dangelo-Perrucci, MCI-Framingham, USA

A Developmental Analysis of Psychotherapy Process in a Successful Case of Emotion-Focused Therapy

[Michael Basseches - Suffolk University, Boston, MA, USA](#), Shana Dangelo-Perrucci

Change in the Case of Lisa: The Therapist's View

[Rhonda Goldman - Argosy University, USA](#)

Panel

CE

Integration

Saturday

10:15 - 11:30

Consulate Room

Moderator

Carol Glass - Catholic University of America, Washington, DC, USA

Advances in Integrative Psychotherapy Approaches for Children and Adolescents

Integrative Psychotherapy Approaches for Children: A Practice-Oriented Literature Review and Overview of Trauma-Focused Integrative Play Therapy

[Sarah Krueger - Catholic University of America, Washington, DC, USA](#), Carol Glass

Parent Consultations About Young Children: An Integrative Approach

[Ellen Wachtel - Private Practice, New York, NY, USA](#)

Saturday

Integrative Therapy With Children and Adolescents: Then and Now

[Mary FitzPatrick - Payne Whitney Psychiatric Clinic, New York, NY, USA](#)

Panel

CE

Integration

Saturday

10:15 - 11:30

Delegate Room

Moderator

Franz Caspar - University of Bern, Bern, Switzerland

Working From the Outside In: Integrating Principles, Tactics, and Techniques from Outside One's Home Orientation: Part II

Crossing the Theoretical Line: Non-Analytic Activity in Analytic Psychotherapy

[Charles Gelso - University of Maryland, College Park, MD, USA](#)

Emotion-Focused Chair-Work with Clients with Borderline Personality Disorder: Scaffolding Safety and Effectiveness with Psychodynamic, DBT, and Systems Theory

[Alberta Pos - York University, Toronto, ON, Canada](#)

Psychoanalysis and CBT: Compatibilities in Practice

[Jill Bresler - New York, NY, USA](#)

Panel

CE

Narrative

Saturday

10:15 - 11:30

Diplomat Room

Moderator

Daniel Fishman - Rutgers University, Piscataway, NJ, USA

Using Case Studies to Develop Theory: Examples in Assimilation Processes, the Therapeutic Alliance, and Interpersonal Defenses

Discussant: Daniel Fishman – Rutgers University, Piscataway, NJ, USA

Building Assimilation Theory: Reflections from Case Studies of Generalized Anxiety Disorder

[Michael Gray - Liberty Behavioral Healthcare/Indiana Department of Corrections, New Castle, IN, USA](#), William Stiles

Using Case Study Material to Demonstrate and Refine the Relational Approach to the Therapeutic Relationship

[Stanley Messer - Rutgers University, Piscataway, NJ, USA](#)

Developing and Validating Interpersonal Defense Theory Through Multiple Theory-Building Case Studies

[Michael Westerman - New York University, New York, NY, USA](#)

Saturday

Panel

Integration
Saturday
10:15 - 11:30
Wine Room

Moderator
António Vasco - Universidade
de Lisbon, Lisbon, Portugal

Emotional Processing, Human Needs, and Alexithymia: Facilitation and Hindering of Well- Being and Therapeutic Progression

Discussant: António Vasco - Universidade de Lisboa, Lisbon,
Portugal

Impact of Patients' Emotional Processes in Therapy
Outcomes Based on an Integrative Model
[Filipa Machado Vaz - Universidade de Lisboa, Lisbon, Portugal](#),
António Vasco, J. Machado Vaz

Needs Necessarily Needed: A Guide for Clinical Decision
Making
[João Nuno Faria - Universidade de Lisboa, Lisbon, Portugal](#), António
Vasco

Alexithymia and Psychotherapy: If I Don't Know How I Feel
How Can I Know What I Need?
[Ana Nunes da Silva - Universidade de Lisboa, Lisbon, Portugal](#),
António Vasco, Jeanne Watson

Keynote

CE
Saturday
12:45 - 13:45

Moderator
Kenneth Levy - Pennsylvania
State University, University
Park, PA, USA

From RCTs to Comparative Effectiveness Studies: The Importance of Data Across Multiple Sources

[Ann Doucette - The George Washington University Medical
Center/The Evaluators' Institute, Washington, DC, USA](#)

Paper Session

Saturday
14:00 - 15:15
Ambassador Room
Moderator

Jacqueline Carleton -
Association for Body Psycho-
therapy Journal, New York,
NY, USA

Approaches to Psychotherapy Integration in Treating
Complex Posttraumatic Stress Disorder
[Sally Nazari - Argosy University, Washington, DC, USA](#), Alysia Powers

Multimodal Psychotherapy for Immigrant Survivors of
Torture and Trauma
[Joshua Semiatin - University of Maryland, Baltimore County,
Baltimore, MD, USA](#), Sally Nazari

Treatment of Attachment Trauma with EMDR and SE
[Dawn Canfora - Association for Body Psychotherapy Journal, New
York, NY, USA](#), Jacqueline Carleton

Saturday

Panel

Narrative

Saturday

14:00 - 15:15

Consulate Room

Moderator

Luis Botella - Ramon Llull University, Barcelona, Spain

Psychotherapy Integration and Psychotherapy Research: Consilience and Cross-Fertilization

Discussants: Luis Botella - Ramon Llull University, Barcelona, Spain and Berta Vall, Ramon Llull University, Barcelona, Spain

The Trend Towards Integration Among Psychotherapy Trainees: Attribution of Common vs. Specific Factors in Prototypical Case Studies

[Luis Botella - Ramon Llull University, Barcelona, Spain](#), Joana Maestra

Towards a Phenomenological Understanding of Meaning-Making Processes in Psychotherapy: Applicability of a Narrative Assessment Grid to Client Generated Narratives

[Berta Vall - Ramon Llull University, Barcelona, Spain](#), Luis Botella

Cognitive Complexity and Case Formulation in Psychotherapy Experts Versus Novices: Implications for Psychotherapy Integration

[Silvia Urbano - Ramon Llull University, Barcelona, Spain](#), Luis Botella, Josep Gallifa

Panel

CE

Neuroscience

Saturday

14:00 - 15:15

Delegate Room

Moderator

Timothy Strauman - Duke University, Durham, NC, USA

Change and the Client's Brain: Neuroscience and Psychotherapy

Discussant: Timothy Strauman - Duke University, Durham, NC, USA

Can Basic Neuroscience Research Tell Us Anything About Psychotherapy?

[Joseph Beeney - Pennsylvania State University, University Park, PA, USA](#)

Neuroimaging and Mechanisms of Action in Psychotherapy

[Andrew Gerber - Columbia University, New York, NY, USA](#)

Changes in Brain Function Following Cognitive Therapy and Social Skills Training: Toward Understanding Mechanisms

[Kari Eddington - University of North Carolina Greensboro, Greensboro, NC, USA](#)

Panel

CE

Practice

Saturday

14:00 - 15:15

Diplomat Room

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

Innovative Methods for Closing the Science-Practice Gap: Part II

Dynamic Patterns and Attractors in Clinical Practice: Using Dynamic Systems Theory to Facilitate Quantitatively Rigorous Idiographic Assessment and Intervention

[Aaron Fisher - Pennsylvania State University, University Park, PA, USA](#), Michelle Newman, Peter Molenaar

Saturday

The Augmentation Paradigm for Psychotherapy Integration
[James Hansell - University of Michigan, Ann Arbor, MI, USA](#), Michael Dolson, Victoria Harley, Nidaa Kazi, Abby Ballin, Keltia Franke, Jenna Kraft, Helen Wu, Tae Yean Kim

The Importance of Meta-Analysis for Closing the Science-Practice Gap
[William Gottdiener - John Jay College of Criminal Justice, New York, NY, USA](#)

Paper Session

Saturday

14:00 - 15:15

Wine Room

Moderator

Julie Bindeman -

Private Practice, Rockville, MD, USA

The Views We Have Are Just as Valuable as Other Perspectives: Service Users' Experiences of Doing Collaborative Research

[Christian Moltu - Psykiatrisk klinikk, Helse Førde, Norway](#), Jon Stefansen, Marit Svisdahl, Marius Veseth

The Effects of Integrating Mindfulness in Cultural Sensitivity Training on the Development of Sociocultural Empathy

[Patrice Alvarado - Argosy University, Washington, DC, USA](#), Edward Shearin, James Sexton

The Effects of Self-Disclosure in Two Cases

[Julie Bindeman - Private Practice, Rockville, MD, USA](#)

Open Discussion

Therapist

Saturday

15:30 - 16:30

Consulate Room

Clinicians as Researchers

[Kevin Meehan - Long Island University, Brooklyn, NY, USA](#)

Raymond Levy, Abraham Wolf, and Nate Thoma

Open Discussion

CE

Other

Saturday

15:30 - 16:30

Diplomat Room

How Can SEPI Help Build a Bridge Between Clinical Research and Therapeutic Practice?

[Barry Wolfe - Center for Training in Psychotherapy Integration, Rockville, MD, USA](#)

Saturday

Panel

Other

Saturday

15:30 - 16:30

Wine Room

Moderator

Andre Marquis - University of Rochester, Rochester, NY, USA

Integral Psychotherapy in Process: A Systematic Study of the Application of Integral Theory Principles to the Exploration of Psychotherapy Integration

Blocked Speech, Blocked Body, Blocked Thought: The Contributions of Integral Theory to the Psychodynamic Treatment of a Patient with Somatization Disorders and PTSD Related to Childhood and Adulthood Trauma
[Janet Lewis - University of Rochester, Rochester, NY, USA](#)

The Influence of Integral Theory on the Cognitive-Behaviorally Oriented Psychotherapy of a Patient with Bulimia Nervosa, Major Depressive Disorder, and Generalized Anxiety Disorder

[Sarah Hubbard - Center for Eating Disorders, Sheppard Pratt Health System, Baltimore, MD, USA](#)

Ever Open to What Works for the Patient: A Case Study of Comprehensive Treatment That Included Integrally-Informed Cognitive-Behavioral Therapy, a Developmental Test of Faith, Pharmacotherapy, and Brain Stimulation
[E. Baron Short - Medical University of South Carolina, Charleston, SC, USA](#)

Conference Workshop

CE

Child

Saturday

15:30 - 17:30

Ambassador Room

Emotion: An Integrative Framework for Child Psychotherapy

[Kenneth Barish - Westchester Center, Rye, NY, USA](#)

Conference Workshop

CE

Integration

Saturday

15:30 - 17:30

Delegate Room

Three Approaches: What Can Be Integrated in an Integrative Approach?: Part I

[Leslie Greenberg - York University, Toronto, ON, Canada](#)
[Paul Wachtel, Giao Tran, Carol Glass](#)

Saturday

Panel

CE

Alliance

Saturday

16:30 - 17:45

Consulate Room

Moderator

Kenneth Levy - Pennsylvania State University, University Park, PA, USA

Getting Specific About Common Factors: Studies of the Therapeutic Alliance

Discussant: Stanley Messer - Rutgers University, New Brunswick, NJ, USA

Working Alliance as a Predictor of Dropout and Outcome in the Treatment of Borderline Personality Disorder

[Rachel Wasserman - Pennsylvania State University, University Park, PA, USA](#), Kenneth Levy, John Clarkin, Otto Kernberg

The Preliminary Efficacy of an Integrative Psychotherapist Workshop in Alliance Strategies

[Lotte Smith-Hansen - Cambridge Health Alliance, Cambridge, MA, USA](#), Michael Constantino, Alessandro Piselli, Anna Remen

Gender Differences in the Role Played by the Therapeutic Relationship

[Franz Caspar - University of Bern, Bern, Switzerland](#), Isabelle Schmutz, Thomas Berger

Paper Session

Saturday

16:30 - 17:45

Diplomat Room

Moderator

Tahir Özakkas - Psikoterapi Enstitüsü, Darıca/Kocaeli, Turkey

A Comparison of Emotional and Cognitive Change Mechanisms for Shame

[Genevieve Vrana - York University, Toronto, ON, Canada](#), Leslie Greenberg

Type of Motivation Predicts Retention in Therapy

[Björn Philips - Center for Dependency Disorders, Stockholm, Sweden](#), Peter Wennberg

Hucum ("Attack") Therapy

[Tahir Özakkas - Psikoterapi Enstitüsü, Darıca/Kocaeli, Turkey](#)

Paper Session

Saturday

16:30 - 17:45

Wine Room

Moderator

Isabel Sá - University of Lisbon, Lisbon, Portugal

Patients' Internalization of Their Therapists: Associations With Alliance and Outcome in Psychodynamic, Cognitive-Behavioral, and Eclectic Forms of Therapy

[Lauren Becker - Yeshiva University, Bronx, NY, USA](#), Martin Rock

Defense, Schema Compensation, and Experiential Avoidance: Integrating Psychodynamic, Cognitive, and Third-Wave Behavioral Perspectives on Emotion in Psychotherapy

[Stephen Holland - Capital Institute for Cognitive Therapy, Washington, DC, USA](#)

Put Your Fears on Your PDA: Self-Monitoring Using New Technologies

[Isabel Sá - University of Lisbon, Lisbon, Portugal](#), João Faria, Luís Carriço, Marco Sá

Saturday

Poster Session

Saturday

18:00 - 19:00

1 - Patient/Counselor Matching in Relation to Alliance and Short-Term Outcome in Community-Based Substance Abuse Treatment Programs

[Jessica Hamilton](#) - [University of Pennsylvania, Philadelphia, PA, USA](#), Sarah Ring-Kurtz, Robert Gallop, Bridget McClure, Agatha Kulaga, John Rotrosen, Paul Crits-Christoph

2 - A Meta-Analysis of the Relation Between Patient Attachment and Therapeutic Alliance

[Samantha Bernecker](#) - [Pennsylvania State University, University Park, PA, USA](#), William Ellison, Kenneth Levy

3 - Predictors of Treatment Engagement in a Community Mental Health Center

[Laura Heintz](#) - [University of Pennsylvania, Philadelphia, PA, USA](#), Marna Barrett, Mary Beth Connolly Gibbons, Kelli Scott, Lindsay Schauble, Sarah Thompson, Paul Crits-Christoph

4 - Racial Differences in Psychotherapy Utilization in the Community Mental Health System

[Kelli Scott](#) - [University of Pennsylvania, Philadelphia, PA, USA](#), Mary Beth Connolly Gibbons, Lindsay Schauble, Sarah Thompson, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

5 - Changes in CCRT Patterns Over the Course of Cognitive and Interpersonal Therapies

[Sarah Thompson](#) - [University of Pennsylvania, Philadelphia, PA, USA](#), Mary Beth Connolly Gibbons, Lindsay Schauble, Kelli Scott, Laura Heintz, Jessica Hamilton, Paul Crits-Christoph

6 - Client Microprocesses Measurement and Interaction: The Relationship Between Client Reflexivity, Client Affect, and the Client's Bond With the Therapist

[Danielle Katz](#) - [York University, Toronto, ON, Canada](#), Carol Cavaliere, Kimberely Mercer-Lynn, John Eastwood, Peter Gaskovski

7 - Common Factors in ESTs for Major Depressive Disorder

[James Hansell](#) - [University of Michigan, Ann Arbor, MI, USA](#), Helen Wu, Jenna Kraft, Keltia Franke, Abby Ballin, Nidaa Kazi, Victoria Harley, Michael Dolson

8 - Reasons for Termination in Psychotherapy of Borderline Personality Disorder

[J. Wesley Scala](#) - [Pennsylvania State University, University Park, PA, USA](#), Kenneth Levy, Laura Moser, John Clarkin

Saturday

9 - An Examination of Racial Differences in the Attitudes and Expectations Towards Treatments for Depression in the Community Mental Health System

[Lindsay Schauble](#) - [University of Pennsylvania, Philadelphia, PA, USA](#),
Mary Beth Connolly Gibbons, Sarah Ring-Kurtz, Sarah Thompson, Kelli Scott, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

10 - A Pilot Randomized Trial of a Community-Friendly Brief Dynamic Psychotherapy Versus Treatment-As-Usual in the Treatment of Depression in the Community Mental Health System

[Mary Beth Connolly Gibbons](#) - [University of Pennsylvania, Philadelphia, PA, USA](#), Kelli Scott, Lindsay Schauble, Sarah Thompson, Jessica Hamilton, Laura Heintz, Paul Crits-Christoph

11 - Therapists' Techniques in Psychoanalysis, Short and Long-Term Psychodynamic Psychotherapy: Are They Different?

[Carolina Seybert](#) - [University Ulm, Ulm, Germany](#), Mattias Desmet, Ingrid Erhardt, Susanne Hoerz, Wolfgang Mertens, Stuart Ablon, Raymond Levy, Horst Kächele

Sunday

**Conference
Workshop**

CE

Interpersonal
Sunday
8:15 - 9:45
Ambassador Room

**Reconceptualizing Therapeutic Relationship
Processes and Their Role in Outcome: The Theory
of Interpersonal Defense as a Guide for Treatment**

[Michael Westerman - New York University, New York, NY, USA](#)

**Conference
Workshop**

CE

Integration
Sunday
8:15 - 9:45
Consulate Room

New Contemporary Gestalt Therapy Films

[Robert Resnick - Gestalt Associates Training, Los Angeles, CA, USA](#)

**Conference
Workshop**

CE

Integration
Sunday
8:15 - 9:45
Delegate Room

**Three Approaches: What Can Be Integrated in an
Integrative Approach?: Part II**

[Leslie Greenberg - York University, Toronto, ON, Canada](#)

[Paul Wachtel](#), [Giao Tran](#), [Carol Glass](#)

**Conference
Workshop**

CE

Integration
Sunday
8:15 - 9:45
Diplomat Room

**Integrating Empirically-Supported Cognitive
Behavioral Treatments with Clinically Informed
Psychodynamic Perspectives**

[Stephen Holland - Capital Institute for Cognitive Therapy,
Washington, DC, USA](#)

Open Discussion

CE

Integration
Sunday
8:15 - 9:45
Wine Room

Strategies for Engaging the Patient/Client

[Sherwood Waldron - NY Psychoanalytic Society & Institute, New
York, NY, USA](#)

Sunday

Panel

CE

Other

Sunday

10:00 - 11:15

Ambassador Room

Moderator

Marc Diener - Argosy University, Washington, DC, USA

Innovative Uses of Meta-Analysis for Bridging the Science-Practice Gap

Discussant: William Gottdiener - John Jay College of Criminal Justice, New York, NY, USA

A Meta-Analytic Review of Psychotherapy Dropout Rates in Adult Individual Psychotherapy

[Marc Diener - Argosy University, Washington, DC, USA](#), Jennie Sharf, Louis Primavera

Do Anger Management Treatments Help Angry Adults?: A Meta-Analytic Answer

[Grazyna Kusmierska - John Jay College of Criminal Justice, New York, NY, USA](#)

The Outcome of Psychotherapy for Borderline Personality Disorder: A Meta-Analysis

[William Ellison - Pennsylvania State University, University Park, PA, USA](#), Kenneth Levy

Panel

CE

Integration

Sunday

10:00 - 11:15

Consulate Room

Moderator

Michael Basseches - Suffolk University, Boston, MA, USA

The Importance of Single Case Analyses for Psychotherapy Integration

Discussant: María del Carmen Salgueiro - Fundación AIGLE, Buenos Aires, Argentina and Beatriz Gómez, Fundación AIGLE, Buenos Aires, Argentina

Single Case Analysis: One Parallelism With Neurology and Neuropsychology

[Angela Brandão - Hospital Cuf Infante Santo, Lisbon, Portugal](#)

Rigorous Observation and Developmental Formulation: What Do They Mean for Psychotherapy Research?

[Michael Basseches - Suffolk University, Boston, MA, USA](#)

Case Study Method Within Peterson's "Disciplined Inquiry" Model of Best Practice: Developing a New "Common Factor" for Integrating Therapy Theories

[Daniel Fishman - Rutgers University, Piscataway, NJ, USA](#)

Paper Session

Sunday

10:00 - 11:15

Delegate Room

Moderator

Kenneth Barish - Westchester Center for the Study of Psychoanalysis and Psychotherapy, Rye, NY, USA

Understanding Pathways to Therapeutic Change Through Changes in Representation of Self and Significant Others in the Treatment of Adolescents and Young Adults

[Ilan Harpaz-Rotem - Yale University School of Medicine, New Haven, CT, USA](#), Sidney Blatt

The Therapeutic Alliance in Child Psychotherapy: Parent, Child, Adolescent, and Therapist Perspectives

[Isabel Sá - University of Lisbon, Lisbon, Portugal](#), João Faria

Sunday

Helping Parents Help Their Children: An Integrative Framework

[Kenneth Barish - Westchester Center for the Study of Psychoanalysis and Psychotherapy, Rye, NY, USA](#)

Paper Session

Sunday

10:00 - 11:15

Diplomat Room

Moderator

[Lisa Cross - Yale University, New Haven, CT, USA](#)

An Alternative Approach to Psychotherapy With Dependent Patents: The Relationship Profile Test

[Deborah Heiser - New York, NY, USA](#), Robert F. Bornstein, Laura Traynor

A Clinical Case of an Avoidant Attachment

[Doris Silverman - USA](#)

Transference and Countertransference Pitfalls Specific to Different Therapy Approaches

[Lisa Cross - Yale University, New Haven, CT, USA](#)

Panel

CE

Family

Sunday

10:00 - 11:15

Wine Room

Moderator

[J. Scott Fraser - Wright State University, Dayton, OH, USA](#)

Walking a Middle Path Toward Sustainable, Evidence Informed Integrative Psychotherapy

Discussants: [Gilbert Greene - Ohio State University, Columbus, OH, USA](#) and [Mo Yee Lee, Ohio State University, Columbus, OH, USA](#)

Adherence and Flexibility, Adoption and De-Adoption of Integrative Evidence Based Models With High Risk Youth and Families

[Gilbert Greene - Ohio State University, Columbus, OH, USA](#), David Grove, Kathy Raffel, Cynthia Valdez Dougherty

Developing and Disseminating a Moderated Common Factor Model

[J. Scott Fraser - Wright State University, Dayton, OH, USA](#), Andrew Solovey

Results of Studying a Moderated Common Factors Protocol in Clinical Practice Settings

[Mo Yee Lee - Ohio State University, Columbus, OH, USA](#)

Plenary

Sunday

11:30 - 13:00

Moderator

[Kenneth Levy - Pennsylvania State University, University Park, PA, USA](#)

Next Steps for Integrating Science and Practice: A Discussion

[George Stricker](#), [Barry Wolfe](#), [Alberta Pos](#), [Stanley Messer](#), [Michael Lambert](#), [Shelley McMain](#)

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