Dear Members,

I hope everyone enjoyed the great meeting we just had in Bonita Springs. Henry Vasconez had a super program, and I think just about everyone attending had their pictures taken with Story Musgrave, the first physician astronaut and our keynote speaker. The social venues and parties arranged by our Past President Ann Reilley were so much fun and a great opportunity for us to socialize. Ann has done a truly outstanding job this past year, as we have moved through the turmoil of changing management companies, getting ready for our CME reaccreditation, and getting hold of the reins of our budget. She has led us with a calm, smooth hand and positioned our organization perfectly for the future. We owe a great deal of gratitude and look forward to her sage advice over the next year.

I am very excited about the change in our management company to HD-Plan-it, run by our own Susan Russell, who many of you know as the key manager for our Oculoplastic and Breast Symposia over the past two decades. She is quickly assuming all of the responsibilities of running our organization with great attention to detail — something we surgeons know a lot about. I am excited to be working with her and her team over the next year, and I believe our organization will greatly benefit from her expertise.

Scott Hultman is chairing our CME re-accreditation. We have filed an extension for our reaccreditation process and have hired a consultant, Erin Schwarz of Vivacity Consulting, to guide us through the changes mandated by the ACCME. We feel this will make our programming even stronger in terms of its educational benefit to our members and attendees. Please, if you attended the annual meeting and have not yet filled out your post meeting survey, go on-line and complete it. In order to receive CME credits for the meeting, we need to have this form completed. The link for the survey is www.surveymonkey.com/s/2013sesprsannualmeeting. There is also a needs assessment survey that should be available soon to help guide our new Vice President Kevin Hagan in planning our meeting in the Bahamas.

Of course, we are already making plans for the annual meeting at the Atlantis resort on Paradise Island. The first thing we managed to do was get the dates of the meeting changed so that more members will be able to bring their children who will hopefully be out of school and not yet at camp. We are moving the start from June 1st to June 8th. Instead of starting the meeting Sunday morning we will now start it on a Monday and run through Thursday, 6/12/2014. We realize this means one extra day out of work, but it should also allow you to arrive on Saturday and have a day of leisure before the meeting starts (at the same discounted rate). More details will follow with the next Newsletter. Please make sure you have a current passport (mandatory).

This year marks the 30th Anniversary of the Breast Symposium, and Mark Codner and his associates promise a special meeting to commemorate this event.

I am honored to assume the Presidency of SESPRS. We have an outstanding executive board, and together with your participation we will have a great year. If there is anyone who would like to serve on a committee or who has suggestions, please feel free to send me an e-mail at: harold.friedman@uscmed.sc.edu.

Dr. Harold Friedman, M.D.
SESPRS President
SUMMER 2013

56TH ANNUAL SESPRS MEETING AT THE HYATT REGENCY COCONUT POINT IN BONITA SPRINGS, FL, JUNE 1-5, 2013

Thanks to the hard work of Dr. Henry Vasconez and his committee, we enjoyed another well designed scientific program mixed with the proper combination of social events and family time which has made the Southeastern such a unique and popular meeting. This year’s program theme, “Mission Possible,” highlighted the contributions of the SESPRS in regards to Education, Research and Service.

There were over 40 poster presentations displayed this year both inside and outside the exhibit hall. We were pleased to be able to view them during the “Sippin’ in Seersucker” Welcome Reception as well as during the coffee breaks and visits with our exhibitors.

As always, resident competition for the Glancy award was intense with eight papers being accepted for presentation. All presenters were outstanding and exemplary of the quality work which the Southeastern has come to expect. The Glancy Bowl this year will reside at the University of Kentucky Division of Plastic Surgery for the paper presented by Dr. Michael Lynch.

Our residents this year were given the opportunity to participate in the Jeopardy Bowl, Dr. Peter Rubin’s Body Contouring course, and the residents’ luncheon as well as the many social and sporting venues. Our goal is to provide a positive experience for these capable surgeons who may hopefully become active members of the SESPRS in the future. A special thanks goes to Dr. Simeon Wall, our ASAPS visiting professor and Southeastern member, who assisted with the poster competition, gave a presentation on abdominoplasty, and both entertained and taught the residents during the resident’s luncheon.

We were honored this year to have renowned astronaut, Story Musgrave, MD, be our keynote speaker. He discussed his exciting life from his childhood growing up on a Connecticut farm through his path through the military, medical school and his NASA astronaut experience. His engineering and surgical skills were put to the ultimate test in his successful mission to repair the Hubble telescope. His follow-up on the SESPRS funded research grants as well as an update on mission service and global health issues related to plastic surgery. The above combined with the many individual member paper presentations allowed our 56th annual meeting to exceed all educational expectations without question.

No discussion of a Southeastern meeting is complete without including mention of our traditional social and sporting events. In spite of rather significant rainfall during our stay at the Hyatt Regency Coconut Point, we were able to successfully complete the annual Fun Run, the Tennis Round Robin tournament and the Golf tournament with barely a sprinkle of rain. A special thanks to Jane Codner who was especially helpful in event planning for all the social venues. Our congratulations to Madame President Ann Reilley, who in true Southeastern tradition, provided the themes for the “Seersucker” Welcome Reception and the Mardi Gras Theme Dinner. She was even the instigator and leader of the costumed “Mardi Gras” parade co-led by her husband (Brody) and children. The entourage also included the Southeastern board members and many past presidents and spouses reveling to the New Orleans jazz ensemble.

Tuesday night’s Black Tie celebration was an elegant affair in true Southeastern tradition. Dining and dancing did not take away from the succinct remarks made from the podium that evening. Thanks to Past President Byron Barber for keeping the awards ceremony efficient and poignant. Toasts to outgoing President Ann Ford Reilley were gracious and well deserved as was her standing ovation for an exceptional year as our leader. Ann’s last official duty of the evening was to introduce our new President for 2013-2014, Dr. Harold Friedman. Harold’s tireless efforts for many years on our Executive Board are clearly predictive of his success as our new President. Our Society will continue grow and thrive. Congratulations Harold! See you all next June at Atlantis Paradise Island, Bahamas!
**Dr. Wynnell Merritt Receives the 2012 Founders Award for the Best Member Paper**

Dr. Wynnell Merritt was voted winner of the 2012 Founders Award for his presentation, “The Impecunious Treatment for Chronic Paronychia and In-grown Fingernails,” presented at the 2012 annual meeting at Amelia Island. Dr. Ann Reilley, President of the SESPRS, presented the award at the Black Tie dinner on Tuesday, June 4, 2013. The Founders Award recognizes the Southeastern Society’s best member paper from the previous year’s annual meeting. Dr. Merritt’s paper was selected from over 20 presentations.

In this study, an estimated 150 patients over a 30-year period with chronic paronychia and referred for surgery were treated with topical gentian violet instead. Topical gentian violet has long been recognized as lethal to Staph aureus and Candida albicans by dermatologists and pediatricians. Patients were directed by Dr. Merritt to apply this topical substance with a Q-tip daily for 7 to 10 days. All patients so treated had resolution of their chronic paronychia without surgery.

The conclusion of this retrospective 30-year study was that typical chronic paronychia will respond to topical gentian violet dye treatment without the need for surgery.

Dr. Merritt is currently in the private practice of plastic and reconstructive surgery in Henrico, Virginia. Dr. Merritt has a long history of scholarly publications, which have been recognized both nationally and internationally. He has been most recently recognized as the winner of the SESPRS 2012 Pickrell Award.

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**Dr. Michael Lynch Wins the 2013 Glancy Award**

Dr. Michael Lynch of the University of Kentucky at Lexington was honored at the Black Tie Dinner of the Southeastern Society of Plastic and Reconstructive Surgeons on Tuesday, June 4, 2013, as the latest recipient of the prestigious Glancy Award. “Dermal Autografts as a Substitute for Acellular Dermal Matrices (ADM) in Tissue Expander Breast Reconstruction: A Prospective Comparative Study,” was announced as the winning presentation by Dr. Jorge de la Torre, Chairman of the Resident Competition Committee.

The paper was selected from over 50 papers submitted from 11 accredited plastic surgery residency programs throughout the Southeast. Co-authors were Dr. Michael Chung and Dr. Brian Rinker.

Forty-eight patients (76 breasts) were prospectively enrolled into two groups: 27 patients in the first group received ADM, and 21 patients in the second group received dermal autograft. Wound healing complications were significantly higher in the ADM group (14.8% versus 4.8%, p=0.03). Major complications were also found to be more prevalent in the ADM group (18.5% versus 0%, p < 0.01).

Biopsies were taken at the time of device exchange for permanent prostheses and were evaluated histologically with CD-34 staining to assess tissue integration and vessel ingrowth. The findings were that histologic vessel counts in the autograft group averaged 21 vessels per mm² compared to 7 vessels per mm² in the ADM group (p<0.01). There was no difference between the two groups in scar quality or overall patient satisfaction.

The findings of this study were that patients receiving dermal autograft had a lower incidence of major complications and delayed wound healing than patients who received ADM. In addition, despite harvest time in the autograft group, the overall cost of the ADM assisted expander placement was higher.
NEW REQUIREMENTS FOR LIFE MEMBER STATUS

After being put to a vote of the membership, members will now have to be retired from the active practice of plastic surgery in order to be eligible for Life member status. This is a change of the previous bylaw where a member 65 years of age or older and having been an active member of the Society for at least 25 years would have been eligible for Life membership. Current Life members are grandfathered in. In addition, an administrative fee has been instituted for Life members to defray costs.

These changes were necessary in order to maintain solvency of the Society and also reflect the increasing age of the membership and current practice patterns.

DR. ERIN DOREN FROM THE UNIVERSITY OF SOUTH FLORIDA AT TAMPA WINS THE SCIENTIFIC POSTER SESSION COMPETITION

“Free Nipple Grafting: An Alternative for Patients Ineligible for Nipple Sparing Mastectomy?” was the winning poster presentation at the 56th Annual meeting of the SESPRS in Bonita Springs, Florida. Dr. Erin Doren was honored and recognized for this research at the gala Black Tie Dinner on June 4, 2013. In this study, free nipple grafting was found to be a good option with acceptable complications for women who were otherwise ineligible for technical reasons for nipple-sparing mastectomy. The patients excluded from nipple sparing mastectomy in this study included patients with a previous periareolar incision, breast size greater than 700 g, pliosis, previous irradiation and desire for autologous reconstruction. Mastectomies on 18 patients were performed via a circumareolar incision. The nipple-areolar complex was harvested from the mastectomy specimen, and frozen sections were sent. Nipple-areolar grafts were re-implanted to de epithelialized recipient sites. The type of reconstructions performed in this study did not impact complication rates. Aesthetic results were shown to be good, and patients were spared subsequent procedures for nipple-areolar reconstruction. Co-authors on the winning poster presentation were Dr. Jaime Lewis, Jonathan Lopez, Dr. Christine Laronga and Dr. Paul Smith.

The runner-up in the poster competition was Dr. Joseph Parks from the University of Tennessee Health Science Center for the study titled “Use of Human Acellular Dermis and Tissue Expander versus Latissimus Flap and Tissue Expander in the Morbidly Obese Breast Reconstruction Patient.”

DR. BRUCE MAST AWARDED 2013 SESPRS FELLOWSHIP

The Southeastern Society is pleased to announce that Dr. Bruce Mast, Chief of the Division of Plastic Surgery at the University of Florida in Gainesville, Florida, has been chosen as the 2013-2014 SESPRS Fellowship Program recipient. Mentor Worldwide, LLC, generously donated $30,000 to operate this 12-month clinical fellowship program and provide training to one or more fellows at the University of Florida. Dr. Mast has chosen Dr. Mark Leyngold to serve as the SESPRS fellow. Following the completion of his fellowship, Dr. Leyngold will present his work at the 2014 SESPRS Annual Scientific Meeting at the Atlantis Resort. Dr. Leyngold is a graduate of Florida State University and the integrated plastic surgery program at the University of Nevada in Las Vegas. He hopes to develop a practice in aesthetic surgery and breast reconstruction at the University of Florida.

The fellowship program allows plastic surgery educational leaders who are also active members of the Southeastern Society to be able to continue in the spirit of medical education and innovation, which are the fundamental principles and credo of the SESPRS. The program is designed to build the medical skills of the fellow to treat patients with plastic surgery needs with a focus on aesthetic surgery.

SPORTS AWARDS

Women’s tennis champion is Alexis Mast. Women’s runner-up is Lyne Mast. Men’s champion is John Lindsey. Men’s runner-up is Bob Colgrove. The Southeastern Society would like to thank Dr. Bob Allen for organizing this annual event.

A spirited group of runners assembled at 6:30 a.m. Monday, June 3, for the annual 3 mile Fun Run. Winners and times are:

1st Place Men: Steve Finical 22:08
2nd Place Men: Pierson Haines 22:42
1st Place Women: Cindy Wu 24:26
2nd Place Women: Elizabeth Dale 28:20

The Society would like to give special thanks to Dr. Jim Wade for organizing and running this event.

GOLFERS ENJOY EXTRAORDINARY COLONY GOLF COURSE IN BONITA SPRINGS

30 Southeasterners enjoyed the views and ambience of a beautiful golf course in Southwest Florida on the afternoon of Monday, June 3, 2013. Winners were the foursome: John Bruno, David Drake, Scott Hollenbeck and Kant Lin. Runner-ups were Greg Evans, Brent Seagle, Tam Wilson and A. J. Jain. Hunter Moyer had the longest drive. Braun Graham sunk the longest putt, and Mimi Haynes was closest to the pin. The Southeastern Society would particularly like to thank Dr. John Sparrow for organizing and running this event.

In this study, patients undergoing immediate reconstruction with a BMI of greater than 35 were found to have fewer complications and increased success rates with the combination of a latissimus flap and a tissue expander when compared to similar patients undergoing reconstruction with a tissue expander and acellular dermal matrix. The incidence of tissue expander loss in these obese patients was zero in the latissimus plus tissue expander group, and 19.4% in the tissue expander plus ACD group. Co-authors of this study were Dr. Edward Luce, Dr. Robert Chandler and Dr. Lou Adams.

The fellowship program allows plastic surgery educational leaders who are also active members of the Southeastern Society to be able to continue in the spirit of medical education and innovation, which are the fundamental principles and credo of the SESPRS. The program is designed to build the medical skills of the fellow to treat patients with plastic surgery needs with a focus on aesthetic surgery.
RESIDENTS COMPETE IN THE FIRST EVER JEOPARDY COMPETITION

Eight teams from around the Southeastern United States competed in the first ever Jeopardy competition hosted by the Southeastern Society in Bonita Springs during the annual meeting. There were four preliminary rounds before the final Jeopardy round. The winners of the Resident Jeopardy Competition were Dr. Michael Lynch from the University of Kentucky and Dr. David Kelly from Wake Forest. Runner-ups were Dr. Erin Doren and Dr. Corey Harks, both from the University of South Florida. The competition was entertaining, informative, and lively. The Society would like to thank Dr. Albert Losken for organizing and running this event. The Southeastern Society looks forward to sponsoring this competition again at the Atlantis Resort in 2014.

DR. SHERRY COLLAWN IS THE RECIPIENT OF THE SESPRS 2013 RESEARCH GRANT

Dr. William Lineaweaver, Chairman of the SESPRS Research Grant Committee, announces Dr. Sherry Collawn as the 2013 Grant Recipient. The winning proposal is entitled, “Roll of Adipose-Derived Stromal Cell Conditioned Media in Wound Healing.” This work is an elaboration of Dr. Collawn’s ongoing wound healing studies, a portion of which have been previously funded by a 2011 SESPRS Grant. In this study, Collawn developed a conditioned media derived from adipose-derived stem cells. The media will be introduced into an in-vitro laser wound model to determine effects on healing. This project explores possibilities of using stem-cell derived wound healing factors to develop a media vehicle potentially applicable to clinical wounds.

Dr. Lineaweaver notes that this project was selected from among 10 applications, all of which were considered excellent. The Southeastern Society extends congratulations Dr. Collawn and encourages all members with research interests to consider applying for the 2014 research grant.

PROBLEMS AND PEARLS PANEL A SUCCESS—CALL FOR CASES FOR 2014

The lively and stimulating Problems and Pearls Panel was held on Tuesday, June 4, 2013, during the annual meeting of the SESPRS. For this panel, challenging, complicated and occasionally exotic cases are presented to generate discussion and obtain expert opinion.

The Southeastern Society would like to recognize and thank the following members for their contributions to this activity: Dr. Detlev Erdmann, Dr. Sanjay Daluvoy, Dr. Winnie Tong, Dr. J. Parks, Dr. Luis Vasconez, Dr. Jim Wade, Dr. Wyndell Merritt, Dr. Leonard Furlow, Dr. Yoav Barnavon, Dr. Roop Gill, and Dr. Stephane Braun. The Society looks forward to presenting another panel at the annual meeting at the Atlantis Resort in 2014. Please consider submitting a case for presentation and discussion to Dr. Scott Hultman (cshult@med.unc.edu). PowerPoint formatting with clinical vignettes is preferred. The Society would like to thank Dr. Hultman for organizing and moderating this panel.

2013 ANNUAL BUSINESS MEETING ELECTION OF OFFICERS

During the annual business meeting of the Southeastern Society of Plastic and Reconstructive Surgeons on Tuesday, June 4, 2013, in Bonita Springs, Florida, the proposed slate of the nominating committee was presented to the membership. The individuals below were elected to or continuing in positions as noted:

President .......................................................... Harold Friedman, M.D.
President-Elect .............................................. Henry Vasconez, M.D.
Vice-President ............................................... Kevin Hagan, M.D.
Secretary ..................................................... Braun Graham, M.D.
Assistant Secretary ....................................... Stephen Finical, M.D.
Treasurer ................................................... Walter L. Erhardt, Jr., M.D.
Historian .................................................... Jorge de la Torre, M.D.
Parliamentarian ........................................... Mark A. Codner, M.D.
Past President & Trustee ................................. Ann Ford Reilley, M.D.
Trustee .................................................. Peter Haines, M.D.
Trustee .................................................. C. Scott Hultman, M.D.
Trustee .................................................. John Haines, M.D.
Trustee .................................................. Albert Losken, M.D.
Trustee .................................................. John Sparrow, M.D.
Trustee .................................................. Bruce Mast, M.D.

7th Annual SESPRS 2014 OCULOPLASTIC SYMPOSIUM

“Evidence is the Best Medicine”

January 30, 2014

The Intercontinental Hotel – Atlanta, Georgia
SESPRS ANNOUNCES COMMITTEES FOR THE 2014 LEADERSHIP YEAR

ACMC
Scott Hultman, Chair 2015
David Drake, 2014
Bruce Mast, 2016
Mark Codner 2014
Kevin Hagan 2016
Harold Friedman 2014
Henry Vasconez 2015

AWARDS/SPECIAL RECOGNITION
Jim Wade, Chair 2014
David Drake 2014
Ann Reilley 2015
Kevin Hagan 2015

CONSTITUTION AND BYLAWS COMMITTEE
Scott Hultman Chair 2014
Braun Graham 2015
Peter Haines 2016

ETHICS COMMITTEE
Ann Reilley, Chair
(Entire Executive Committee)

FINANCE COMMITTEE
Byron Barber, Chairman 2014
Walter Erhardt 2014
Mark Codner 2015
Kevin Hagan 2015
Tom Zaydon 2015

FUTURE MEETINGS COMMITTEE
Ann Reilley, Chairman 2014
John Sparrow 2014

JUDICIAL COUNCIL
Suman Das 2014
Jim Wade, Chair 2015
Jim Moore 2016
Jim Grotting 2017
Byron Barber 2018

LOCAL ARRANGEMENTS
Harold Ira Friedman
Marguerite Haines

LONG RANGE PLANNING
Jim Moore, Chair 2014
Jim Grotting 2015
Galen Perdikis 2016

MEMBERSHIP COMMITTEE
Stephan Finical, Chair 2014
John Lindsey 2014
Karen Wells 2015
Elizabeth Blakemore 2016

NEWSLETTER
John Lindsey

NOMINATING COMMITTEE
Byron Barber, Chair
Floor nominations: (3)
Executive Board (1)

PLASTIC SURGERY MISSION TRIP ADVISOR
Scott Corlew

PROGRAM COMMITTEE
Kevin Hagan, Chair 2014
Henry Vasconez
(Immediate past VP and Chair)
Scott Hultman (ACMC chair)
Bruce Mast (Resident Paper Competition Chair)
Mark Codner (Special Education Program Committee Chair)
Monique Abner
David Drake
John Sparrow
Peter Haines
Brian Rinker

REGIONAL SOCIETIES REPRESENTATIVE
Harold Ira Friedman

RESEARCH GRANT COMMITTEE
William Lintelek, Chair
Brian Rinker 2014
Adam Katz 2015
Albert Losken 2015

RESIDENTS AND RESEARCH COMMITTEE:
Bruce Mast, Chair
Ashley Lentz
Bert Losken
Jorge de la Torre
Andrea Pooze
Mark Craig
Holly Wall
Job Fix
Daniel Haynes
Eric Halverson
John Dean
Peter Arnold

WEBSITE COMMITTEE
Peter Haines - Chair

30TH ANNIVERSARY OF THE ATLANTA BREAST SURGERY SYMPOSIUM—AN EVENT NOT TO MISS…….

Our 2014 7th Annual Oculoplastic and 30th Annual Atlanta Breast Surgery Symposium will be held at the Intercontinental Hotel Buckhead in Atlanta, GA, from January 30 – February 2, 2014. The Intercontinental Hotel is the host hotel for the meeting. You may reserve your hotel room on our website or directly through the hotel by calling 1-800-972-2434. The special standard nightly conference room rate is $249. When calling the hotel directly please mention the 2014 Breast Symposium to receive the conference rate. Remember to reserve your room prior to the cut-off date of December 16, 2013, for our block.

Oculoplastic Symposium learners will hear from our distinguished faculty on the latest upper and lower blepharoplasty techniques and correction of complications. The one-day event will provide stimulating discussions on challenges in oculoplastic surgery and non-surgical periorbital rejuvenation.

The Atlanta Symposium reaches the 30 year mark in 2014 and will provide practice-enhancing discussions related to the most up to date breast reconstruction, primary and secondary breast augmentation, mastopexy, oncologic breast surgery and so much more. Our 2014 symposium will honor Dr. Carl R. Hartrampf, Jr, MD with a focus on TRAM techniques. Our live surgery segment on Friday morning is always one of the highlights of the meeting, and this year we will focus on implant removal with fat grafting, augmentation/mastopexy and TRAM procedures.

Register today for both meetings on our SESPRS website, www.sesprs.org

Please make a note of the new Society address and contact information:

SESPRS
6300 Sagewood Drive
Suite H255
Park City, UT 84098
P: (435)901-2544
F: (435)487-2011
www.sesprs.org

Susan Russell, SESPRS Executive Director

"Evidence is the Best Medicine"

January 31 – February 2, 2014
The Intercontinental Hotel, Atlanta, GA
## CALENDAR OF EVENTS

### FUTURE ANNUAL MEETINGS

<table>
<thead>
<tr>
<th>Year</th>
<th>Location</th>
<th>Dates</th>
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<tbody>
<tr>
<td>2014</td>
<td>Atlantis Resort Nassau, Bahamas</td>
<td>June 8-12</td>
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<tr>
<td>2015</td>
<td>Omni Amelia Island Plantation, Amelia Island, Florida</td>
<td>June 7-11</td>
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<tr>
<td>2016</td>
<td>Disney’s Grand Floridian Resort, Orlando, Florida</td>
<td>June 11-15</td>
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### FUTURE OCULOPLASTIC AND BREAST SYMPOSIA

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<tr>
<td>2014</td>
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<tr>
<td>2017</td>
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<td>January 19-22</td>
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### OTHER EVENTS

- ASPS Plastic Surgery The Meeting, San Diego, California, October 11-15, 2013