What We Do

- Offer nurses life-renewing opportunities for recovery and for establishing healthier professional and personal boundaries and goals.
- Protect the public by returning nurses back to work under close monitoring.
- Help Texas retain safe, practicing nurses, thus saving money.
- Increase the nursing profession’s accountability.
- Accept self-referrals and 3rd-party referrals ($301.410 TX NPA) with the BON review.
- Provide cost-effective, quality, on-site education.
- Protect the public by reporting nonadherent nurses to the BON for possible disciplinary action.
- Graduate over 150 nurses annually.

To Refer a Nurse

- Recognize signs of possible practice impairment. (Refer to TPAPN’s website: tpapn.org.)
- Document performance concerns, corroborate with others and inform management. Take action!
- Call TPAPN’s toll-free helpline: 1-800-288-5528.
- Referral form available on TPAPN’s website.
- TPAPN does not accept anonymous referrals.
- Texas’ statute provides civil immunity for those who refer §467.008(c)(3) and employ §467.008(c)(6) TPAPN nurses in good faith.

To set up your own customizable ANCC approved CE, contact the TPAPN Program Operations Coordinator by calling: 512.467.7027 x105

Or visit tpapn.org to find out how your facility can be a TPAPN Partner in Recovery, host an educational offering or to see dates of upcoming TPAPN Training Workshops.

Who is TPAPN

- Since 1987, has served as the alternative program for RNs and LVNs of Texas whose nursing practice may have been impaired by psychiatric or substance use disorders.
- Recognizes that nurses are not immune to these chronic, progressive and potentially fatal diseases.
- Works cooperatively with the Texas Board of Nursing (BON) per service contract.
- Offers a minimum 1-5 year monitoring program (5-year for APN’s) voluntary and abstinence-based.
- Nurses Helping Nurses, with approximately 200 active volunteer nurse advocates providing 1:1 peer support and education.
- Guided by an Advisory Committee comprised of representatives from a number of important Texas nursing organizations and other stakeholders.
- Administered by the Texas Nurses Foundation, a 501(c) (3) non-profit of the Texas Nurses Association.

Who We Help

- Employers and nurse managers in order to promote a safer and more positive work environment. See employer/coworker slide shows on www.tpapn.org.
- Health care facilities and organizations, who regard TPAPN as a positive component to their quality assurance, risk management and turnover cost-avoidance systems.
- Schools of Nursing to provide outreach and for assistance as appropriate for the “next generation of nurses.”

ADVANCING PATIENT SAFETY: RECOGNIZING AND MANAGING NURSES WITH PSYCHIATRIC AND SUBSTANCE USE DISORDERS IN THE WORKPLACE.
TPAPN accepts eligible nurses who may benefit from peer assistance services.

Volunteering with TPAPN

ADVOCATES
- RNs and LVNs of Texas; approved and trained by TPAPN.
- Provide 1:1 support and information for TPAPN participants and their colleagues.
- Assist participants in coping positively with issues.
- Witness positive transformations made by their peers through recovery.

ADVOCATES BENEFIT HEALTH CARE EMPLOYERS BY:
- Serving as a resource to participants, promoting positive relations and decreasing the stigma of psychiatric and substance use disorders.
- Assisting nurse managers and administrators to successfully meet: identification, intervention, referral, treatment, return to work and monitoring needs.
- Providing a “TPAPN Overview” to staff and awarding one, nursing CE contact hour through TPAPN.

FACULTY LIAISONS
- Represent TPAPN for their schools of nursing to foster greater awareness of peer assistance issues.
- Collaborate with TPAPN when issues pertaining to psychiatric or substance use disorders arise in their nursing academic settings.
- Assist TPAPN in its efforts to provide educational outreach to nursing students and faculty.

VOLUNTEERING AS AN ADVOCATE OR FACULTY LIAISON
- Advocate and Faculty Liaison applications are available to download: tpapn.org or by calling 1-800-288-5528 x 105.
- Approved Advocates and Faculty are eligible to receive annual TPAPN educational trainings and nursing contact hours free of charge.
- Open to all nurses with active, unencumbered Texas licensure.

CONTRIBUTIONS ARE WELCOME
To support TPAPN make check payable to “TNF/TPAPN.” Donations may be tax deductible.

Educational Offerings Provided by the Texas Peer Assistance Program for Nurses (TPAPN)
- Customizable ANCC approved CE; outstanding quality; affordable educational options to address your facility’s specific issues pertaining to nurses with psychiatric and substance use disorders.
- CE outcomes have been demonstrated to improve personnel’s recognition, response, and management of these disorders in the workplace.
- Help your managers and staff identify and refer nurses previously ignored or excused.
- Help your facility to achieve best practices for a healthier work environment.
- TPAPN provides: CE forms, speaker, pre-workshop assessment, program materials, handouts for best practices and summary evaluation report.

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For questions about making a donation please contact:

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c/o Texas Nurses Foundation
8501 N. Mopac Expy., Suite 400
Austin, TX 78759-8396
[P] 512.467.7027  [F] 512.467.2620
[E] tpapn@texasnurses.org

Support TPAPN as a service to Texas nurses in need through an unrestricted contribution to help us educate nurses in all fields of practice on detection, intervention and monitoring of nurses with substance use and/or psychiatric disorders.

Managed by the Texas Nurses Foundation, a 501(c) (3) charitable and educational organization of the Texas Nurses Association.

We are NURSES HELPING NURSES with nurse advocates providing ONE-ON-ONE peer support and education in an effort to get the working professional back on the job and reclaim their lives.