CONFERENCE INFORMATION

Registration Policy  Please register early to ensure your session choices.
Your canceled check is your confirmation… you will not receive confirmation by phone or mail. WALK-INS welcome.
Cancellation Policy Cancellations must be requested in writing, up to (2) two weeks before conference and a $25 administration fee will be charged. NO REFUNDS if canceling after the above noted 2-week time period.
Parking Free parking available
Hotel Rooms Available Want to extend your stay? Call the DoubleTree By Hilton Syracuse at 315-432-0200 indicate you are attending the Nurse Practitioner Association(NPA) conference on 5/20/16. Rooms must be reserved by 5:00 pm on 4/21/16 to guarantee availability and rate ($129/single, double).

Contact Hours And Accreditation Contact Hours: 1.0 contact hour each breakout session and luncheon session; 3.0 contact hours for Suturing Class, 6.0 contact hours full day.
Institute for Continuing Nursing Education at SUNY Upstate Medical University is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission On Accreditation.

Provider Number NYP261-11/14-17
Accredited status does not imply endorsement by the NJANA, the Institute for Continuing Nursing Education, or the ANCC of any commercial products or services related to this conference. It is the policy of the ICNE to ensure balance, independence, and objectivity in all of our educational programs. Toward that end we offer the following disclosures:
• Speakers for this program have declared they have no conflict of interests to disclose.
• There is no commercial support for this activity.

Registrants Please Take Note!!!!! Since going green we no longer provide “Hard copies” of the speaker’s PowerPoint presentations. If you want to download the speaker’s PowerPoint presentation and bring to the conference, they will be available by visiting our website at syrnpa.org starting Monday, May 2. If for some reason, a specific speaker’s talk is not available on the site, he/she has agreed to bring hard copies with them on the day of the conference.

Before detaching and mailing the below registration, please note the session(s) and speaker’s name(s) you have registered for!

This will help when you download the presentations from our website.

Talk Title Speaker’s Name

QUESTIONS?  Call Helen O’Neill, Conference Coordinator, at 315-458-7975 or email: hmo520@verizon.net

A buffet lunch is included in registration fee (a vegetarian selection will be available)

Make check payable to:
NPA – NYS – Syracuse Chapter
Mail to: Helen O’Neill
112 Tallmadge Road
North Syracuse, NY 13212

Co-Sponsored By
The Nurse Practitioner Association – New York State - Syracuse Chapter and The Institute for Continuing Nursing Education at SUNY Upstate Medical University College of Nursing

23rd Annual TEACHING DAY & CONFERENCE
Friday, May 20
8 AM – 4 PM
(DoubleTree By Hilton Syracuse 6301 State Route 298
East Syracuse, NY)

Our Key Note Speaker this year is Mimi Secor on Stress proofing your life: The Extreme Self-care Solution!

Highlights:
- Basic Suturing: a complete 3 session program
- Image the possibilities: Use of self-healing techniques in children
- A holistic workshop to heal the wounded healer nurse
- Healing the Wounded Nurse healer
- New approaches in treatment & prevention of knee & shoulder injuries in athletes
- Food is Medicine
- HIV PreP success & challenges
- Financial wellness, and integration for the NP
- The ear, hearing, & hearing loss
- Finding the forest through the trees: Regulation, Use, and Toxicity of Dietary Supplements -William Eggleston PharmD, Fellow in Clinical Toxicology

REGISTRATION
7:15 am – 7:45 am
7:45 am – 8 am
8 am – 9 am
9 am – 9:30 am
9:30 am – 2 pm
9:30 am – 10:30 am
10:30 am – 11 am
11 am – Noon
Noon – 1:30 pm
1:30 pm – 2:30 pm
2:30 pm – 2:45 pm
2:45 pm – 3:45 pm
3 session program

ANNOUNCEMENTS, INVOCATION
KEYNOTE ADDRESS
Stress Proofing Your Life: The Extreme Self Care Solution - R. Mimi Secor, DNP, FNP-BC, NCPMP, FAANP

VENDOR SHOWCASE
BASIC SUTURING CLASS
Cyndie Durham RN, RNFNA, MSN, ANP-C
SESSION ONE (Please Choose One)
a. New Approaches in Treatment and Prevention of Knee and Shoulder Injuries in Athletes - Irving Raphael, MD and Bradley Raphael, MD
b. Cutaneous Drug Eruptions - Ramsey Farrah, M.D., FAAD
c. Update: Pediatric Guidelines for Health Supervision - Terri Morse, MSN, NP-BC, RN-BC
da. A Dialogue About the Heroin Epidemic in CNY - Bambi Carkey, DNP, PMHNP-BC, NNP

BREAK
SESSION TWO (Please Choose One)
e. Imagine the Possibilities: Use of Self-Hypnosis Techniques on Children - Kathie A. Contello, CPNP
f. Food is Medicine - Kelly Springer MS, RD, CDN, ACE Health Coach
g. Financial Wellness, and Integration for the NP - Erik Lehtinen, CFA, FINRA
h. Finding the Forest Through the Trees: Regulation, Use, and Toxicity of Dietary Supplements - William Eggleston PharmD, Fellow in Clinical Toxicology

LUNCH
“A Holistic Workshop to Heal the Wounded Healer Nurse” – Kim Santamaria RN, BSN, MS, HTP

SESSION THREE (Please Choose One)
i. Healing the Wounded Healer - Kim Santamaria RN, BSN, MS, HTP
j. Common Misconceptions and Clinical Pearls in Asthma/Allergy/ Clinical Immunology - Richard P. Stankus, Ph.D., M.D.
k. The Ear, Hearing, and Hearing Loss - Kimberly Kahler Newton, Au.D., CCC/A, FAA
l. Dementia Overview and Update - Isabel Kiss, DNP, APRN, ANP-BC

BREAK
SESSION FOUR (Please Choose One)
m. HIV PreP: Success and Challenges - Wendy Holz, CPNP
n. Breaking Down Barriers-Providing Health Care in a Refugee Medical Clinic - Lisa Lyle, MSN, RN, FNP-BC
o. A Terminal Degree in Nursing, DNP or PhD, not if but when! Joyce Scarpinato DNP, PCNP-BC, FNP-C and Sherri McMullen PhD, FNP, NNP-BC
p. Pediatric Sleep Medicine From A to Zzzz’s - Courtney Amedro, CPNP, RN, MSN

SESSION FOUR (Please Choose One)
R. Mimi Secor, DNP, FNP-BC, NCPMP, FAANP
Dr Mimi Secor is a Nurse Practitioner, National Speaker/Consultant and National ReachMD radio host. She has worked for 38 years as a Family Nurse Practitioner specializing in Women’s Health and is currently employed at Newton Wellesley ObGyn in Newton Massachusetts. She has also published extensively.

Lunch Break

Event Speakers
Cynthia Durham RN, MSN, ANP, RNFNA Crouse Irving Memorial Hospital Syracuse, New York
Irving and Brad Raphael, MD SUNY Upstate Medical University Syracuse Orthopedic Specialists Syracuse, New York
Ramsey Farrah, M.D. FAAO SUNY Upstate Medical University Syracuse, New York
Terri Morse, MS, RN, BC, FNP-BC SUNY Upstate Medical University Syracuse, New York
Bambi Carkey, DNP, PMHNP-BC, NNP Clinical Assistant Professor & Director of Clinical Affairs SUNY Upstate Medical University Syracuse, New York

Target Audience:
Nurse Practitioners in all practice specialties.

Purpose:
To provide an update for nurse practitioners on current trends in nursing practice, nursing education and healthcare, for the purpose of promoting an informed and effective level of care that improves outcomes for patients, communities and the profession of nursing. Objectives:
- Discuss the future of nursing practice and nursing education in a changing health care environment.
- Discuss recent trends in the diagnosis and management of one or more clinical problems seen in the practice setting.

Keynote Speaker
R. Mimi Secor, DNP, FNP-BC, NCPM, FAANP

Planning Committee
Helen O’Neill RN, MS, FNP-BC - Chair
Jodie Brown RN, MSN/RNBA
Sharon Jasek PhD, RN, FNP-BC

RETURN EVALUATIONS AND PICK-UP CEU CERTIFICATES

Kathie Contello CPNP
SUNY Upstate Medical University Syracuse, New York
Kelly Springer MS, RD, CDN, ACE Health Coach
Kelly’s Choice Skaneatelles, New York
Erik Lehtinen, CFA, FINRA
Financial Advisor
Hudson, New York
William Eggleston PharmD, Fellow in Clinical Toxicology
SUNY Upstate Medical University Syracuse, New York
Kim M. Santamaria RN, BSN, MS, HTP
Clifton Springs, New York
Richard P. Stankus, PhD, MD
Allergy and Immunology
Auburn Community Hospital Auburn, New York
Kimberly Kahler Newton Au.D, CCC/A FAAA
Auburn Audiology PC Auburn, New York
Wendy Holz, CPNP
SUNY Upstate Medical University Syracuse, New York
Lisa Lyle, MSN, RN, FNP-BC
Rochester Regional Health Center Rochester, New York
Joyce Scarpinato, DNP, PCNP-BC, FNP-C
Assistant Dean of Advanced Practice Director, DNP Program
SUNY Upstate Medical University Syracuse, New York
Sherri McMullen, PhD, FNP, NINC-BC
Assistant Professor & Director of Family NP Program
SUNY Upstate Medical University Syracuse, New York
Courtney Amedro, CPNP, RN, MSN
SUNY Upstate Medical University Syracuse, New York
Isabel Kiss, DNP, APRN, ANP-BC
Optum Rochester, New York

Understanding your needs: The year is Mimi Secor on Stress proofing your life: The Extreme Self-care Solution!