A Message From the President
By Jeffrey Marcus, MD

As the incoming President of the Wisconsin Psychiatric Association, I wanted to take this opportunity to thank all of you for your continued support for our organization. WPA boasts nearly 400 members – this allows us to further our mission of advancing mental healthcare through leadership in education, service and advocacy.

In the face of various political, economic, and social challenges that confront our profession, we should continue to identify opportunities that will assuage these threats and boost our collective voice and influence. Strengthening our workforce with highly talented, early career psychiatrists may be one of the best ways to accomplish this.

The planned expansion of medical school and psychiatry residency training in our state presents a great opportunity for the Wisconsin psychiatric community to put forth initiatives that will support medical student interest in psychiatry. Redoubling our efforts to educate, mentor, and ultimately recruit medical students—early on in their medical education—will have an impact on the number of in-state medical students who choose psychiatry and ultimately practice their profession here. This an area that I will be focusing on during the first year of my presidency.

On the topic of highly talented, early career psychiatrists…I am very excited to welcome several new faces to the Executive Council – it is heartening to see this level of commitment and engagement from our membership. I look forward to working with all of you during the years to come.

I welcome your thoughts on ways that WPA can best serve the psychiatric community in our great state. Please don’t hesitate to contact our office with any of your comments or suggestions.

All the best,
Jeff

2015 APA Assembly Update
By Clarence Chou, MD

The 2015 Assembly meeting in Toronto included good discussion and action on a number of issues. In his report to the Assembly, APA CEO Dr. Saul Levin addressed the issues of quality, workforce and mental health parity. He also highlighted APA’s rebranding, improved physician-staff communications, and increase in membership for the second year in a row.

Below are a few highlights of actions taking at the Assembly meeting:

• Approval of a position on the impact environmental toxins on neurodevelopment and behavior;
• Approval to adopt a new Assembly organizational structure, to eliminate the positions of Deputy Representatives and increase the number of Assembly Representatives for each District Branch according to a formula based on size of membership. Beginning in November 2015, Wisconsin will have two Assembly Reps and no Deputy Reps.
• Dr. Lois Margaret Nora, President and Chief Executive Officer of the American Board of Medical Specialties (ABMS), gave a presentation and fielded questions on her organization’s ongoing support of Maintenance of Certification.

More information on Assembly outcomes is available through APA at www.psychiatry.org.
**WPA Leadership Recognition**

Congratulations and welcome to Jeff Marcus, MD, the new president of the Wisconsin Psychiatric Association. Dr. Marcus’ two-year term as president will continue through May 2017.

The WPA would like to offer its sincere appreciation to outgoing president Jerry Halverson, MD for his leadership and service to the organization. While he will continue on the Executive Council in the role as immediate past president, Doctor Halverson also deserves accolades for his recent induction as president of the Wisconsin Medical Society, providing a unique opportunity to further promote psychiatry’s interests at the state level.

Others serving on the 2013-2015 WPA Executive Council include:
- President-Elect: Justin Schoen, MD
- Secretary: Harold Harsch, MD
- Treasurer: Molli Rolli, MD

**Councilors at Large:**
- Jon Berlin, MD
- Barbara Hale-Richlen, MD
- Joseph Layde, MD
- Michael Peterson, MD, PhD
- Ken Robbins, MD
- Tony Thrasher, DO

**APA Assembly Representation**
- Clarence Chou, MD
- John Schneider, MD

**Regional Chapter Presidents**
- Gabriella Hangiandreou, MD (Northern)
- Tom Heinrich, MD (Milwaukee)
- Angela Janis, MD (Southern)

**Early Career Psychiatrists**
- Meredith Holbrook, MD
- Sela Kurter, MD
- Elliot Lee, MD

**Resident-Fellow Members**
- Gregory Burek, MD (MCW)
- Justin Gerstner, MD (UW)

**CME Committee Chair**
- Alexander Fritz, DO

WPA also recognizes those members who have completed their service on the Executive Council. These individuals have put forth time, energy and dedication to the success of the organization in recent years, and are deserving of our sincere gratitude.

- Reggie Aulakh, MD
- Stephanie Eken, MD
- Robert Gouthro, MD
- Rick Immler, MD
- Frederick Langheim, MD
- Cynthia Stanford, MD

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**Meet MCW’s New Psychiatry Residents**

The Department of Psychiatry and Behavioral Medicine at the Medical College of Wisconsin proudly introduces its Residency Class of 2019:

Nicholas Bracciano, MD is a graduate of Creighton University School of Medicine where he was very involved in teaching and served as a manager of the Magis Clinic, a free, student-run clinic that provides medical care to the homeless and uninsured population in the greater Omaha area.

Elizabeth Holcomb, MD graduated from the University of Illinois College of Medicine at Peoria. Prior to her career in medicine, Elizabeth was a high school teacher serving underprivileged students. In the spring of 2014, she received the Hector Perez Garcia, MD Social Justice Award.

Sally Lohs, MD comes to Milwaukee from Pennsylvania State University College of Medicine, where she was the recipient of two medical school scholarships and the Lioncare Distinguished Volunteer Award.

Jessica Molinaro, MD is a native of Kenosha and attended medical school at the Medical College of Wisconsin after studying psychology and Italian at the University of Wisconsin.

Bill Papagiannopoulos, MD is a Chicago native who graduated from Saint Louis University School of Medicine. He co-authored and participated in research centering on Alzheimer’s disease treatment modalities.

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Khushbu Shah, MD, MPH attended the University of Illinois at Chicago College of Medicine. She is the recipient of a number of awards, including the Gold Humanism Honor Society, Klingenstein Third Generation Foundation–Jay G Hisrch Associate Fellow (Child & Adolescent psychiatry), and the Chicago Medical Student Council Leadership Certificate in Social Action.

Satish Shashidhara, DO is a graduate of Lake Erie College of Osteopathic Medicine where he was selected Student Ambassador for the Class of 2015 and received the Ambassador Scholarship.

Anthony Thompson, DO, PharmD is a graduate of Chicago College of Osteopathic Medicine of Midwestern University. He also has his Doctorate of Pharmacy and worked for several years as a clinical pharmacist at the JFK Alcohol and Drug Abuse Treatment Center in Black Mountain, NC prior to attending medical school.

WPA Legislative Update

By: Eric Jensen, JD

With June of the odd year upon us, the Legislature’s Joint Finance Committee is wrapping up their work on the 2015-17 Biennial Budget. Or are they…? As reported in the media, disagreements remain over several key issues among the Senate, the Assembly and the Governor. But while legislators work behind the scenes to find agreement, many Budget issues with smaller economic impacts have already been resolved, while new battles arise.

Milwaukee County Emergency Detention:
Of interest to WPA, Governor Walker’s Budget Bill recommended eliminating the Milwaukee County’s unique 24-hour rule for emergency detentions – a proposal opposed by WPA. With input from WPA, Senator Leah Vukmir (R-Wauwatosa) and Representative Dean Knudson (R-Hudson), members of the Joint Finance Committee, successfully moved to maintain the 24-hour rule for Milwaukee County. Further, their motion extended from 2 years to 3 years a Milwaukee County emergency detention pilot program created last session with WPA’s support via the Speaker’s Task Force on Mental Health designed to study the impact of “mobile crisis response teams.”

Chiropractic, Optometry & Podiatry:
Late in the Budget process comes an effort by chiropractors, optometrists and podiatrists in Wisconsin to include in the Budget bill legislation granting them “any willing provider” status, and to mandate “payment equalization” with physicians. “Any willing provider” (AWP) would require health plans to accept as covered providers any chiropractors, optometrists or podiatrists who meet the plan’s quality standards and who agree to the plan’s payment schedule. (AWP is not mandated in Wisconsin for any healthcare provider.) “Payment equalization” would require all health plans to pay chiropractors, optometrists and podiatrists amounts equal to “the average paid to primary care physicians” for similar services, and includes a proposed definition of “primary care physician.” WPA has joined WMS and four other medical specialty societies, as well as joining with more than a dozen health plan, insurance, hospital and business organizations to oppose these sweeping policy proposals and their impact on the cost of care.

Scope of Practice:
As the Budget plays out, non-budget issues continue to percolate. A consequence of the ACA and other pressures, scope-of-practice issues continue to rise in Wisconsin, and nationally. Across the country a rash of scope bills are being introduced in state legislatures: nurses seeking independent practice, expansions or creations of prescribing privileges, etc. In Wisconsin, there remains no discussion of psychologist prescribing. However, efforts by a coalition of nursing groups seeking independent practice and full prescribing authority for Advanced Practice Nurses discussed in earlier articles remains alive. Far from the end, however, this is likely only the beginning of many years of aggressive scope expansion efforts.
University of Wisconsin Welcomes New Residency Class

The Residency Class of 2019 in the Department of Psychiatry at the University of Wisconsin School of Medicine and Public Health includes the following physicians:

Jenna Bowen, MD is from Wausau, Wisconsin and attended the UW School of Medicine and Public Health. She received the Leadership Award from UWSMPH in 2013, served as Co-President of the Psychiatry Student Interest Group, and completed a Shapiro Summer Research Program on childhood PTSD.

Erin Cook, MD attended Creighton University School of Medicine in Nebraska. Her undergraduate major was accounting, and prior to medical school, she worked as an account executive, business consultant, and underwriting liaison. She received the Excellence in Service Golden Apple Award in 2013-14.

Emily Hall, MD attended Northwestern University Feinberg School of Medicine. During medical school, she served as Clinic Coordinator of a pediatrics clinic with Chicago Youth Programs, which provides health care for underserved Chicago children.

Katrina Hickle Koclanes, MD attended Creighton University School of Medicine. During medical school, she was inducted into the Gold Humanism Honor Society. She is very interested in health policy and has served as her AMA Student Chapter’s President.

Nicholas Mahoney, DO attended the Chicago College of Osteopathic Medicine. As a researcher, he spent the past several years working on a project at the University of Illinois at Chicago involving adolescent depression screening in primary care.

Sabrina Reed, MD attended the University of Illinois College of Medicine, where she received the Illinois General Assembly Scholarship and the Dr. Charles E. Gavin Medical Scholarship and served as a leader of her school’s Psychiatry Student Interest Group. She was also President of her school’s AMA chapter.

Melanie Scharrer, MD attended the University of Wisconsin School of Medicine and Public Health. She has worked as a psychiatric registered nurse, and was honored as the 2014 recipient of the Robert Jason Gore Memorial Wisconsin Medical Society Foundation Scholarship for exemplifying the values of chivalry, honor, and loyalty.

Erick Sheftic, MD attended the University of South Carolina School of Medicine and completed an internship in addictions at the Betty Ford Center in California. He served as Co-President of his school’s Emergency Medicine Interest Group, and was active in his school’s Wilderness Medicine Interest Group.

Gene Yang, MD, who went to medical school at the University of Rochester, completed a rotation on the UW’s Consult Liaison service this past year and has now joined the program. Prior to medical school, Gene attended the U.S. Military Academy at West Point and served in the U.S. Army and as an AmeriCorps volunteer.

WPA’s Psychiatric Summary Now Online

WPA would like to recognize the contributions of Dr. Fredrick Langheim over the years for his work as Editorial Board Chair and his continuing efforts in providing quarterly clinical updates for the WPA membership. Issues of his quarterly column, *Psychiatric Summary*, are posted online under the News tab with links sent out electronically to the membership. Please visit the web page directly at www.thewpa.org/?page=PsychiatricSummary.

APA Offers “Find a Psychiatrist” Benefit

The APA and its affiliated District Branches/State Associations are pleased to announce a new service to both members and consumers seeking mental health services. The new “Find a Psychiatrist” searchable database has been launched, and in order to make it robust enough for effective general use, members are encouraged to opt-in to the database. To opt-in, visit http://apps.psychiatry.org/optinfap/Default.aspx or contact the membership department at APA, membership@psych.org. This new benefit is being monitored by APA to ensure participation is strong enough for this service to have utility for the general public. Members who are interested may view the database functionality at www.finder.psychiatry.org.
2015 Spring Conference Recap

WPA 2015 Annual Conference Highlights
By Tom Heinrich, MD, Conference Chair

The WPA's 2015 Annual Conference was held in Milwaukee at the InterContinental Hotel on April 16-18, 2015. The conference was focused on the topic of potential adverse outcomes to psychopharmacologic treatment.

Topics as diverse as cardiac, hematologic, hepatic, gastrointestinal, and neuropsychiatric adverse events were covered by true content-experts.

The keynote presentation by Dr. Robert McCarron explored the psychiatrist's role in preventive medicine. This is an important, if somewhat controversial topic, as the profession seeks to improve care for our patients: a patient population that is at risk for multiple significant adverse medical outcomes.

UW Wins 2015 Resident Vignette Competition
Dana Marlowe, MD takes Siggy Award to UW
by Michael Peterson, MD, PhD

Congratulations to Dr. Dana Marlowe, a PGY4 resident from the University of Wisconsin, who won the annual Resident Clinical Vignette Competition at the Spring WPA meeting. Dana did an outstanding job presenting her case on rhinotillexomania.

Dana took the top score of the four residents presenting. Also presenting were Dr. Marc Gunderson, a PGY2 from the Medical College of Wisconsin; Dr. Stanley Lyndon, a PGY1 from MCW, and Dr. Tony Dobner, and PGY1 from UW. All four residents did an excellent job presenting, and the cases enthralled the conference attendees.

This year marked the third year for the Clinical Vignette Competition. Doctor Tom Heinrich, this year’s conference chair, was instrumental in bringing the resident competition to the WPA’s Annual Conference a few years ago, and it has been a great addition to the program. This year is the first year that a resident from UW has won.

In the competition, residents from the two Wisconsin psychiatry programs go head-to-head, and the winner has the honor of bringing home the “Siggy” Award--Wisconsin psychiatry’s equivalent of the Paul Bunyan Axe competition.

Dr. Marlowe will bring “Siggy” to Madison, where he will remain on display until next year’s competition, which will take place during WPA's 2016 Annual Conference, March 3-5 in Madison.
WPA Upcoming Events

WPA Fall Conference on Addiction: *The Opiate and Heroin Epidemic*
October 15-16, 2015
*By John Schneider, MD*

Heroin and opiate use in Wisconsin has reached a level of epidemic proportions. According to a 2013 report of the Wisconsin State Council on Alcohol and Other Drug Abuse (SCAODA), Wisconsin experienced a 350% increase in heroin samples submitted to the Wisconsin State Crime Laboratory by law enforcement between 2006 and 2011. The number of heroin cases processed by the crime lab has steadily increased in almost every Wisconsin county throughout the last three years. So have the number of heroin-related deaths, rising nearly 50 percent last year alone.

WPA’s Fall Conference on Addiction will address the opiate and heroin epidemic, and will offer a variety of education on the physician’s role in combating the problem. Wisconsin Attorney General Brad Schimel has been invited to provide keynote remarks on the epidemic in Wisconsin. Furthermore, Bess O’Brien, director and producer of *The Hungry Heart*, will lead a discussion and question/answer period following a private screening of the movie, sponsored by the Medical Society of Milwaukee County. Among other sessions, the conference will include a panel discussion from key state leaders on the Drug Courts as Change Agents for Patients Caught in the Epidemic.

Online conference registration is now open at www.TheWPA.org. Join us Thursday, October 15 and Friday, October 16 at the Milwaukee Marriott Downtown.

Plans are Underway for WPA’s 2016 Annual Conference
*By Justin Schoen, MD*

Mark your calendars! The WPA 2016 Annual Conference is being planned for Thursday-Saturday, March 3-5, 2016, at The Edgewater in Madison. The conference theme, “Depression, State of the Art” will include numerous educational seminars on topics that include neurobiology, psychotherapy, psychopharmacology, subspecialty considerations and more. As the field of Psychiatry and depression continues to develop, this will be an excellent opportunity to enhance your knowledge base on depression and learn about the newest research and data related to the field. More details will follow in the upcoming months. I look forward to seeing you there!
2015 Fall Conference on Addiction

Schedule-at-a-Glance
(subject to change)

Thursday, October 15

6:15-7:00 pm
Opening Dinner

7:00-8:00 pm
The Opiate and Heroin Epidemic in Wisconsin
Brad D. Schimel, JD, Wisconsin Attorney General (Invited)

8:00-10:00 pm
Private Screening: The Hungry Heart
Post-screening Q&A moderated by Bess O’Brien, Movie Producer & Director

Friday, October 16, 2015

7:00-7:55 am
Registration / Breakfast with Exhibitors

7:55-8:10 am
Welcoming Remarks / Conference Overview
Jeff Marcus, MD, President, Wisconsin Psychiatric Association
John Schneider, MD, Conference Chair

8:10-9:10 am
The Treatment of Opiate Dependence in the Prenatal and Perinatal Period
Nana Tabi Nsiah, MD, Addiction Psychiatrist, Aurora Health Care

9:10-10:25 am
Opiate Agonist Therapy Treatment in Opiate Dependent Adolescents
Steven C. Matson, MD, Chief, Division of Adolescent Medicine, Nationwide Children’s Hospital and Associate Professor of Pediatrics, The Ohio State University College of Medicine

10:25-10:55 am
Break with Exhibitors

10:55-11:55 am
Psychotherapy and Psychosocial Interventions for Drug Abuse and Dependence in Children and Adolescents
Michael J. Bohn, MD, Addiction Psychiatrist, Aurora Behavioral Health Center

11:55 am-1:00 pm
Lunch with Exhibitors

1:00-1:30 pm
The Physician’s Role in the Opiate/Heroin Epidemic: A View from an Addictionologist
Michael Miller, MD

1:30-2:00 pm
The Mortality of Opiate, Heroin and Benzodiazepines in Milwaukee County and Wisconsin: A Pathologic View from MKE County Medical Examiner’s Office
Sara Schreiber, Forensic Technical Director, Milwaukee County Medical Examiner’s Office

2:00-2:30 pm
Controlled Substance Prescribing Standard of Care and Practice Oversight: A View from the MEB
Timothy Westlake, MD, WI Medical Examining Board

2:30-2:45 pm
Break with Exhibitors

2:45-3:15 pm
Legislative View of the Problem
Representative John Nygren, Wisconsin Assembly District 89 (Invited)

3:15-3:30 pm
Drug Courts: The Intersection of Civil-Criminal-Clinical—Overview and History
John Schneider MD FAPA, Chief Medical Officer, Milwaukee County Behavioral Health Division

3:30-4:45 pm
Panel Discussion: Drug Courts as Change Agents for Patients Caught in the Epidemic
-David Malone, Milwaukee County Assistant District Attorney;
-Thomas Reed, Regional Attorney Manager, Milwaukee Trial Division, Wisconsin Public Defenders Office

4:45 pm
Closing Remarks
John Schneider, MD, Conference Chair
Wisconsin Psychiatric Association
563 Carter Court, Suite B
Kimberly, WI 54136

WPA President-Elect, Justin Schoen, MD
and WPA President, Jeffrey Marcus, MD

See inside for news, information and details on upcoming events:

Fall Conference on Addiction
October 15-16, 2015

Spring Conference on Depression
March 3-5, 2016

WPA President-Elect, Justin Schoen, MD
and WPA President, Jeffrey Marcus, MD