President’s Message

Tennessee State University Students
Build Wheelchairs for Disabled Dogs

Students Help Break Record in Fundraising Challenge

Tennessee Physical Therapy Association

OPIOID CRISIS

United States

Tennessee Physical Therapy Association Awards Nomination Form
The VOLUNTEER VOICE is a publication of the Tennessee Physical Therapy Association. The magazine is published up to four times a year and is sent to all members of the APTA in Tennessee.

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"Opinions expressed by the authors are their own and do not necessarily reflect the views of the Tennessee Physical Therapy Association."
President’s Message

Hello Everyone and I hope you had a Wonderful Christmas and a very Happy New Year!

What a very eventful 2016! The national election is over and we have a new administration taking office January 20th, 2017. We are not sure what will happen to healthcare, but we will all need to keep our eyes and ears open. Let me recap some things that have happened in the last 6 months.

The combination TN/GA meeting in Chattanooga on September 30th thru October 1st was a tremendous success for both States. The PAC Event on Friday night was one of the best I’ve ever attended with lots of food, drink, and corn hole. It’s interesting as I was conversing with two students from Mercer College and two others from Emory College at the PAC Event, and they were saying how much they really appreciate two different states combining their course programming and fun events, as they felt more warmly welcomed to that type of environment than at a Combined Sections Meeting, which they said can be overwhelming at times. They also said it was great to be able to get to know different people at all levels of the professional association, those in faculty and leadership roles, and actually be able to talk to those people one on one directly. The kicker of course, was the Georgia and Tennessee Football game, and Wow, what an ending to that game. Tennessee prevails! Go Vols! I’m sure Georgia will want revenge.

I was able to welcome the TPTA BODs on July 21st on a conference call, and then have my first EC meeting on August 6th as President. The E & J Train the Trainer’s Course was also held on the same day and presented by one of its original authors—Cathy Hinton. I appreciate Cathy giving of her time and expertise. This was needed as we have to make sure all of our members and licensees understand the new rules and regulations that were implemented on June 29th, 2016, thus why I think it is important for members and licensees to take E & J face to face if at all possible.

The TN PT Licensing Board effective July 1st, 2016 have four new Board Consultants—Randy Walker, Carol Wheelock, Brigina Wilkerson, and Karen Coker who will each do a superb job assisting the board in various issues. I enjoyed my 18 years of service as Consultant and I continue to look forward to those meetings representing the TN PT Association. Ron Barredo from TSU will be filling the vacated position on the Licensing Board of Beth Buttrey who has moved to another State. Scott Newton represented us on November 18th and gave us a good report. The major discussion at this meeting was the new rule regarding “online” education CEUs and why the increase of 20 hours to 30 hours for PTAs. Several concerns were voiced by the board, the staff and the Attorney:

- Lack of onsite CEU opportunities
- Letters from PTs and PTAs concerned about 20 to 30 hours for PTAs is now required
- Additional expense to the Therapists or Assistants, cost of day care, travel, etc. to get onsite education.
- Lack of communication about the rules for both the 30 hours for PTAs and the online issue with only 10 hours being accepted of the 30 hours required.

Joe Donnelly & Alan Meade
The TPTA has answers to all of these concerns above:

• TPTA advertises as much as 37 CEU courses on the website, plus the district meetings, and the State Spring/Fall meetings. We have courses to choose from for sure.
• TPTA provided information and notices to the members 18 months before the final rules and comment period. Additional updates were given in further emails by Scott Newton along with the new Dry Needling rules. The PT Licensing Board sent out an email to all licensees with notification of the rule making hearing and the new rules to be discussed and eventually approved.
• The Licensing Board suggested the creation of a task force to define “online” in a way that provides for interactive webinars that could be attended at a lower cost. I’ve asked Scott Newton, and he has agreed to serve on the task force to represent TPTA. The EC will discuss all of these items at our next meeting.

I have had the pleasure to start my tour of the district meetings visiting and speaking to the Upper Cumberland and Tri-Cities districts along with Sarah Suddarth who represented us visiting the Jackson District. Plans are to visit Chattanooga in January, then set up future visits with Knoxville, South Central, Nashville, and Memphis. The PUB nights across the State have been well attended. I attended a Legislative Breakfast for the Northeast TN Legislators and a Legislative Luncheon for Congressman, Dr. Phil Roe of the first district of TN.

It was privilege to attend the State Policy & Payment Forum in Pittsburgh, PA in September this past year. I was a panelist speaker for the Interstate Compact Issue at the Forum reporting on how TN was progressively successful passing legislation on the PT Compact and becoming the 2nd State to do so. A lot of credit was given to our State Senator, Bo Watson. A major emphasis at the Forum was the discussion of ‘New Evaluation Codes and the Misvalued Codes’. We have the Forum’s power point presentation on these topics and I’ll be glad to share with anyone who requests it. Please do not forget that we also have from the APTA, the “Train the Trainer” power point for the New PT Evaluation Codes. Let us know if you can’t get these resources as the TPTA Executive Office will assist you.

On November 9 and 10, 2016, we held another very successful Legislative Workshop in Nashville with our Founder and Chief Joe Black, the legislative chair for TPTA. He brought his entire team: Estie, Meagan, and Lou as well as Scott, Amy, Debbie, and I to assist him in this event. We had some active TPTA members who have never attended and also brand new members who participated in the event to become the newest Key Contacts for the State. This is of course what TN was awarded by APTA in 2016 for its new and innovative creation of getting others engaged in the legislative process. Thank you Joe and to your team who do a superb job each year with this program. Joe and his team are currently discussing any or all potential legislation for either this year or next year. There will be more to come.

Now A Very Sad Note:

How many of you have ever rented a cabin in Pigeon Forge, visited the streets of Gatlinburg, eaten at the Pancake Pantry, gone to Dollywood or visited the beautiful city of Sevierville? I’ve done all five and you probably have too. The fires had a devastating effect to this beautiful area that we all cherish very much. When I spoke to my good friend Lucy Deatherage of Knoxville and found out two of her clinicians either lost their home or property, my heart completely went out to them, especially for what they face going forward. I spoke with Chuck Nave, Danny Smith, and others who either knew people in the area who sustained damage or losses, and I knew it would be time for our Association to begin the process of assistance and compassion to this great community. I want to thank Steven Spinks for his email to the TPTA membership about what we could do as members of this great association in contributing to this most needed cause. The EC will discuss at our next
meeting what the TPTA can do going forward and potentially make actual specific recommendations of contributions to those we know are in need. I would like to take this opportunity to thank all of you for reaching out to this community, your colleagues, and to the clinics of this region. Remember TN is known for its volunteer spirit and we will step up to make this a positive outcome for others in this community. Look for more to come.

Dates to Remember for the next 6 months:

- **Day on the Hill in Nashville** - February 28, 2017
- **Annual Spring Meeting at the Maxwell House** - March 31-April 1, 2017
- **Federal Advocacy Forum in Washington DC** - March 26-28, 2017
- **TN PT Licensing Board Meeting in May 2017**, date TBA
- **House of Delegates 2017 in Boston, MA** - June 18-21, 2017

Did You Know?

- We have eleven PTs in Government across the nation.
- The PT Compact has been approved in Oregon, Tennessee, Arizona, and Missouri currently, but we are expecting New Jersey, Kentucky, North Carolina, Georgia, Mississippi to legislate it this year and potentially Texas, Pennsylvania, Montana, Washington, Colorado, and Utah to be very close behind. It only takes 10 to start the compact and to appoint the Commission and TN will be there at the table of 10.
- There is discussion to consolidate/eliminate or de-regulate Regulatory Boards and the states facing this issue are Arizona, Ohio, Texas and Wisconsin. Why? This is a response to the anti-trust Dental Board case that happened in North Carolina.
- The APTA is conducting a 50-State Analysis of the potential for practice authority to order “Imaging”. Once the analysis is completed, an Imaging Toolbox will be developed for the APTA website.
- The TPTA contributed to the North Carolina Dry Needling Defense Fund against the Acupuncturists.
- That Nebraska is facing a Spinal Manipulation lawsuit against its Director of Public Health.
- That Oklahoma, one of the last few states to pass Direct Access, was challenged as to whether they should be allowed to keep Direct Access, but the case was dismissed. It may be appealed.

Thank you for your commitment to the TPTA and all that you do to make this Association one that we can all be proud of. I enjoyed making my first 4 min. 58 seconds ‘Video Message’ to you on the website. I hope you took a look. Look for more of those to come your way and you may find one soon for Jan.-Feb. I’ll make a promise to you that it will not be as long next time, and I will not be as scripted. It was fun for sure! Take care my friends and colleagues and I look forward to seeing you at the Spring Meeting in Nashville, TN. Please continue to remember and keep those in the Gatlinburg/Pigeon Forge/Sevierville communities who have lost their lives, their homes, their property, and businesses in your thoughts daily.

Thank you & sincerely,
Alan Meade, PT, ScDPT, MPH
Chapter President—Tennessee Physical Therapy Association
almeadept@charter.net
Cell Phone: 423-292-9316
Section on Pediatrics Annual Conference in Keystone, CO

These are pics from Section on Pediatrics Annual Conference in Keystone, CO in Nov 2016. The Tennessee pediatric physical therapists were represented well!

Nancy Oberg, PT, DPT, TN State Rep for Academy of Pediatrics, Raquel Keithley, PT, DPT, Johnson City, TN Courtney Pickle, PT, DPT, Johnson City, TN, Bertie Gatlin, PT, ScD, PCS, Memphis, TN, Jeannine Moore, PT, DPT, Memphis, TN

Chemetra Patrick, DPT and I Bertie Gatlin, PT, ScDPT, PCS presented Skin Integrity and Wound Care in the Neonatal Intensive Care Unit’s Patient

Jessie Walters-Carlson, PT, DPT and Bertie Gatlin, PT, Pediatrics Residency

TPTA Call for Nominations

MAKE A NOTE!!

TPTA elections will be held at the Spring State meeting during the Business meeting on Saturday.

Treasurer and Secretary will be elected. One delegate will also be elected to represent the West Region.

Eligible individuals must be APTA and TPTA members for a minimum of 2 consecutive years. Elected positions must be able to attend TPTA Fall and Spring meetings.

Please submit nominations to the TPTA Nominating Committee Chair, Suzanne Greenwalt at suzanne.greenwalt@belmont.edu
Looking for a place to grow professionally while you work alongside other passionate, skilled, evidence-based clinicians?

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TENNESSEE PHYSICAL THERAPY ASSOCIATION
AWARDS NOMINATION FORM

TPTA AWARDS DESCRIPTION AND CRITERIA

Special Recognition Award (SRA)
This may be awarded to a TPTA member who has demonstrated special service and contribution to the Chapter and/or District.

Criteria for selection: (1) Has held or is presently holding a Chapter or District Office or Committee Chairmanship and discharged these duties with distinction; and (2) Has provided extraordinary service to the Chapter and/or District by the contributions to the Association and profession besides holding a Chapter office or Committee Chairmanship.

Outstanding Service Award (OSA)
This may be awarded to an outstanding TPTA member who has brought distinction and honor upon himself/herself by dedication and hard work.

Criteria for selection: (1) Extraordinary service to the Chapter by serving on Committees, as District Chairman, as a member of the state Licensing Board, or as a Delegate to the APTA Annual Conference; (2) Attend state meetings, participate in continuing education courses and/or the Annual Conference; (3) Contribute to the field of teaching, research, publishing, etc.; (4) Outstanding or single contribution to Physical Therapy at the national, state, or local level, and; (5) Contribute to one’s community or with other health related organization(s).

Carol Likens Award (CLA)
This may be awarded to a TPTA member who has provided exceptional service to the profession of Physical Therapy. This is a special award. The award is named after the first recipient, Carol Likens, who served the Chapter as President from 1985 to 1995, whose vision, leadership, and commitment to the profession brought the Chapter through one of its greatest periods of growth and service to members.

Criteria for selection: (1) Has worked as a Physical Therapist or Physical Therapist Assistant for a minimum of 5 years in Tennessee. (2) Has provided extraordinary service to the professional association through chapter, district, or national activities. Examples include service performed as an officer, committee chairperson, and committee at the chapter, district, section, or national level. (3) Demonstrate the virtues of the original recipient; commitment of extraordinary time and energy, concern for the profession and individual members, excellent leadership and vision, diplomacy in interactions, service to the profession. (4) Other criteria may be determined at the discretion of the Board of Directors.

Excellence in Clinical Practice Award (ECPA)
This may awarded to a TPTA member who has made an outstanding contribution to the clinical practice of physical therapy.

Criteria for selection: (1) Has engaged in extensive clinical practice for at least ten years. (2) Has positively and substantially affected the shape, scope, and quality of physical therapy practice. (3) Has had an impact on other physical therapists in a manner that has increased their abilities to practice physical therapy.

New Horizon Award
This may be awarded to a TPTA member with less than 5 years of experience who has made outstanding contributions to the field of physical therapy.

Criteria for selection: (1) Has been a PT/PTA for less than 5 years (2) Has demonstrated a keen interest in the profession of physical therapy (3) Has demonstrated the potential as a leader in TPTA (4) Currently, or has in the past served on a District, State, or National Committee.

Outstanding PTA
This may be awarded to a TPTA member who is currently practicing or has practiced in the state of Tennessee.

Criteria for selection: (1) Has provided extraordinary service to TPTA and to their practice (2) Has demonstrated qualities expected of an outstanding PTA (3) Has shown commitment to the advancement of TPTA and the profession of physical therapy

Clinical Educator of the Year
This may be awarded to an individual who is currently serving as a Clinical Educator either at the PT or PTA level. Criteria for selection: (1) This may be awarded to a TPTA member who has demonstrated outstanding qualities in the clinical education of PT and/or PTA students. (2) Has contributed substantially to the clinical education of students (3) Has demonstrated commitment to the clinical education of PT/PTA students (4) Has gone above and beyond in the efforts to make clinical education relevant to the practice of physical therapy (5) Has demonstrated the capabilities to affect the professional lives of the students under their clinical guidance

**Educator of the Year**
This award may be given to a TPTA member who has demonstrated outstanding contributions to the education of PT/PTA students.

Criteria for selection: (1) A full time academic educator in the PT/PTA curriculum in Tennessee (2) Has demonstrated exceptional ability to impact the lives of the student with whom they come in touch (3) Has demonstrated the ability to go above and beyond what is expected as an academic educator (4) Has demonstrated a commitment to classroom education of future physical therapists and physical therapists assistants

**Team Concept Award**
This award may be given to TPTA members who as a PT/PTA team made significant contributions to the physical therapy profession in Tennessee

Criteria for selection: (1) This award Is given to a PT/PTA team who have provided exceptional service to the residents of the state of Tennessee through patient care (2) Made significant contributions to TPTA through education and/or professional development (3) Have made significant contributions to focal community activities through the donation of their time and energy, (i.e. free clinic, donation of skills and services, feed the hungry, food bank, community organizations, etc.)

**TPTA Hall of Fame**
This award is reserved for those TPTA members with a minimum of 25 years of membership in TPTA.

Criteria for selection: (1) Minimum of 25 years of continuous contribution to TPTA in a role as clinician, educator, clinical educator or combination of the above. (2) Has history of service to TPTA Board of Directors. (3) Has contributed to the growth of the profession through formal presentations on state, national, and/or international level.(4) Has demonstrated exceptional contributions to TPTA and the profession (5)The initial selection shall be 2 members (or former members) who meet all criteria. Following the initial induction, TPTA HoF members shall select new members on an annual basis. (6) No more than two members (or former members of TPTA) shall be inducted on an annual basis. (7) The pictures of the recipients shall be displayed prominently at all TPTA meetings.

Mark the award for which this person is nominated:
- Special Recognition Award
- Outstanding Service Award
- Carol Likens Award
- Excellence in Clinical Practice Award

**Nominee**
Address
City State Zip
Code
Work Phone (_______)
Home Phone (_______)

**Nominator**
Address
City State Zip
Code
Work Phone (_______)
Home Phone (_______)

Describe the ways in which the nominee meets the criteria of the award:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Additional pages may be attached if necessary.

After completing the above information please submit the form to:

Danny D. Smith PT, DHSc Phone: 423-543-0073
Awards Committee Chair Fax: 423-543-1277
1975 W. Elk Ave E-mail: ddsdpt@yahoo.com
Elizabethton, TN 37643
Tennessee State University Students Build Wheelchairs for Disabled Dogs

Dr. Rita Troxtel, assistant professor of occupational therapy and Pugsly’s owner along with Dr. Karen Coker, assistant professor of physical therapy, organized a wheelchair competition on November 29, 2016, that challenged students to develop wheelchairs for disabled dogs that are low cost, lightweight, and easy to maneuver.

Teams of two physical therapy, two occupational therapy, and art students came up with 17 different designs of wheelchairs that were tested on Pugsly, a 15 year-old Dutch mastiff with a spinal deformity. Teams were challenged with a $25 budget maximum for the competition. A panel of six judges critiqued the wheelchairs for best overall, functional design, cheapest design, and most artistic design. Nearly 100 students and their advisers participated in the event. Students participated in a group mobility/mat and wheelchair evaluation for Pugsley and were given four weeks to produce completed wheelchairs. The winning wheelchair met Pugsly’s needs for stability and balance and support by a design of PVC pipes, two big back wheels and two smaller front caster wheels, a push handle, and stretch fabric with four round openings for his feet. Dr. Karen Coker said the winning design “offered ease of getting in with just one person.” “The fabric is flexible and soft with no pressure points, and the push handle will allow the owner to assist Pugsly without having to bend over,” Coker said. “It is the perfect mix.”

Blaine Martin, a first year physical therapy student, was on the winning team. He said the goal was to develop a wheelchair that was easy to use. “We all collaborated and we had a group message going on,” Martin said. “We met up several times to make sure we were on the same page with our project. It was great teamwork.”

Dr. Hamid Hamidzadeh, chair of the engineering department and one of the event judges, said “It’s a good opportunity for them to get hands on experience. The students will really get the opportunity to go beyond the limit of the classroom.” Troxtel said the skills the students learned from creating the dog wheelchairs will transfer to developing technology for humans. The non-winning wheelchairs will be donated to organizations that assist disabled dogs.

Karen Coker, PT, DPT

TSU PT students
Ken Melrose, Zach Berry, and
OT student
Darien Henderson
coax Pugsley during
the competition.

17 wheelchair concepts
and designs were made
by PT and OT students
for Pugsly to test.
Best overall dog wheelchair design went to the team of: Reagan Worth (OT), Jake Armstrong (PT), Blaine Martin (PT), and Erica LaFollette (PT).

Pugsly in the winning wheelchair design

TPT-PAC Presentation to Sen. Rusty Crowe from the Tri-Cities District and TN. Phys. Therapy Assoc.

Tri-Cities District Members of the TPTA have breakfast in Jonesborough, TN at the Cracker Barrel and then later present Senator Rusty Crowe with a Check from the TPT-PAC. We were also celebrating National Physical Therapy Month in our country today.

Pics from L to R: Chad Capps, Danny Smith, Sen. Crowe, Alan Meade
Tennessee Physical Therapy
Political Action Committee
Contribution Form

Giving Levels
Bronze $25-49  Silver $50-99  Gold $100-249  Platinum $250+

Name___________________________________________________________
Occupation_______________________________________________________
Email___________________________________________________________
Employer________________________________________________________
Address_________________________________________________________

• I am sending a check in the amount of $_____________.
  Make personal checks only to TPT-PAC. Send to TPT-PAC Treasurer:
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• I would like to make a one-time contribution
  of $_____________ by credit card.  ($10 minimum)

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  I am pledging a monthly contribution of
  $___________ for _______ year(s).

Name from Credit Card          Credit Card Account Number       VISA / MC Only       Exp. Date
                                                                                                                
Billing Address for Credit Card

Signature
United States Opioid Crisis

The United States’ opioid crisis, which affects millions of people, shows no signs of stopping. In fact, the statistics are staggering and overwhelming. In 2010 (the last year these statistics were available), there were prescriptions written in Tennessee so that every citizen over the age of 12 would have 51 hydrocodone pills. In 2011, 1,062 Tennesseans died from opioid overdose. In 2014, that figure rose to 1,263. That’s more people than died from car wrecks.

Last year, the APTA launched a national campaign to educate healthcare consumers about the opioid epidemic and encourage those consumers to choose physical therapy to treat pain. Tennessee is the second leading prescribing state in the country and because of that, the campaign was launched in Nashville, TN with the collaborative efforts of the Tennessee Physical Therapy Association with the American Physical Therapy Association.

This crisis is a complex issue that will require perseverance, patience, and a lot of community education. Pain management should not include addiction, overdose, and potential death as side effects. Unfortunately, I come across patients every week that have been prescribed opioids as a long term treatment for pain. The majority of them do not want to rely on prescription medications for pain. Our profession, state chapters, and local communities have the opportunity to change the perception of pain and its management with #ChoosePT. While chronic pain is a complex issue, the people affected are seeking a safer alternative in their pain management so that they are able to improve their human experience.

#ChoosePT will only be as successful as the states and communities that participate. We have a responsibility to be a part of preventing further addiction and assisting in the recovery of those already addicted. Everyone has a role. This is not a campaign that can rely on a single state or person. It will require efforts of the national, state, and local organizations to adequately implement the campaign and address the problem.

The most important thing we can do with this campaign is to share with the public that treatment from a physical therapist is a short-term commitment for long-term management. Patients can be given the education and prescribed movements to successfully manage their own pain once a plan of care is completed. We have the potential to reduce the use of opioids and improve the quality of life for our patients. I encourage everyone to share this message with their patients, family members, physicians, and communities.

Natalie Wilson, PT, DPT, MTC
Tennessee PT Students Help Break Record in 2016 Fundraising Challenge

By: McKayla Figueroa, SPT

Students from PT programs in Tennessee were among students from 150 schools that participated in the record-breaking 2015-2016 Pittsburgh-Marquette Challenge, raising $354,320, the highest annual total in the history of the fundraiser. Since its inception in 1989, 264 schools have participated in the Marquette Challenge and have raised a cumulative total of $3.3 million for the Foundation.

The Foundation wishes to thank the physical therapy students of East Tennessee State University and University of Tennessee at Chattanooga for raising $1,545 in support of the Challenge.

This year’s top fundraisers include:
- 1st Place: Virginia Commonwealth University
- 2nd Place: Mercer University
- 3rd Place: University of Pittsburgh

As the top fundraiser, Virginia Commonwealth University will serve as co-host for the 2016-2017 VCU-Marquette Challenge, which is underway.

The Challenge annually supports grants, scholarships and the rigorous peer review process which results in the awarding of all Foundation scholarships and grants. Karin Grävare Silbernagel, PT, PhD, ATC an Assistant Professor in the Department of Physical Therapy at the University of Delaware, is the recipient of the 2015 Pittsburgh-Marquette Research Grant. Her project will examine Achilles tendon ruptures and the evaluation of their recovery. The Challenge also funded a PODS I Scholarship in 2016, which was awarded to Allison Gustavson (Kosir), PT, DPT of the University of Colorado - Anschutz Medical Campus.

Faculty and students of PT and PTA programs in the state of Tennessee are encouraged to visit the Foundation’s Web site at www.Foundation4PT.org to learn how they can support the Foundation for Physical Therapy and physical therapy research through the VCU-Marquette Challenge. Contributions for the 2016-2017 VCU-Marquette Challenge should be submitted by the April 27th, 2017 deadline. Donations are tax deductible and can be made online at Foundation4PT.org or sent to its headquarters at 1111 N Fairfax St, Alexandria, VA 22314.

About the Foundation for Physical Therapy

The Foundation for Physical Therapy was established in 1979 as a national, independent nonprofit organization dedicated to improving the quality and delivery of physical therapy care by providing support for scientifically-based and clinically-relevant physical therapy research and doctoral scholarships and fellowships.

Over the last 37 years, the Foundation has awarded more than $17 million in research grants, fellowships, and post professional doctoral scholarships to more than 576 emerging scientists. Foundation-funded researchers have gone on to receive an estimated $753 million in external funding from the National Institutes of Health and other sources. Many of today’s leading and emerging physical therapist researchers, clinicians, and academicians began their careers with a grant or scholarship from the Foundation.

To learn more, visit Foundation4pt.org. For more information, email info@foundation4pt.org or call (800)-875-1378.
TPTA SPRING MEETING

March 31st & April 1st, 2017
Millennium Maxwell House Hotel
2025 ROSA L PARKS BLVD
NASHVILLE, TN  37228

Friday Scheduled Events

MANUAL “MANIPALOOZA”
GERIATRIC
PRACTICE
E&J
STUDENT EVENT

Saturday Scheduled Events

SATURDAY GENERAL SESSIONS EVENT
SPEAKER PANEL WITH A FOCUS ON THE OPIOID CAMPAIGN
IN THE STATE OF TENNESSEE

MANUAL “MANIPALOOZA”, cont.
PEDIATRIC
PRACTICE
ETHICS & JURISPRUDENCE

ONLINE REGISTRATION WITH EARLY BIRD DISCOUNTS AVAILABLE SOON AT TPTATN.ORG!
Upper Cumberland District Day of Service

The Upper Cumberland district helped cheer on runners at the local half marathon in Cookeville, TN, for PT Day of Service.
On-Site Courses in Tennessee

384-2  Kinesio Taping Fundamental Concepts, Advanced Concepts and Corrective Techniques (KT1 and KT 2) toward Certification

Instructor: Steven R Huber, PT/Orthotist/CKTI

February 11-12, 2017
Highpoint Therapy Services
Gallatin, TN

This is a Certification program by Kinesio Taping Association.

www.MotivationsCeu.com

Also LIVE
On-Line Webinars
3 hours of CEU’s

237 Stroke Recovery Toolbox:
Evidence Based Clinical Strategies and Assessments
Instructor: Stephen Page, Ph.D.

February 4, 2017
Knoxville, TN
Covenant Health

One of the longest-running and most-requested stroke courses in the field!

Approved by the
TN Physical Therapy Association
PT Pub Night combined with a food drive for the Chattanooga Area Food Bank. Fun times in the Chattanooga District.

CHATTANOOGA DISTRICT VOLUNTEERS FOR THE IRONMAN 2016!

SPT reflections on working the Medical Tent at IronMan Choo on September 25th in Chattanooga. Betsy Myers, PT, DHS, OCS, CWS, CLT was the captain of all the non-physician medical team volunteers. Over 600 Ironman participants were treated by medical personnel during this year’s event as temperatures reached 97 degrees. The efforts of Betsy Myers, PT students, and area physical therapists were crucial in the emergency care of these athletes.

“The Ironman Medical tent was an excellent opportunity not only to give back to the athletic community, practice differential diagnosis of acute exercise related issues and perform wound care, but was an unparalleled opportunity to work in a medical team, rubbing shoulders with the community's physicians and nurses of all kinds.”

Austin Kercheville
Volunteering with the IRONMAN medical team over the past two years has given me the unique opportunity to collaborate with other medical professionals in one of the largest triathlon franchises in the world. Being a student, having opportunities such as this have provided me with tremendous growth in my practice in such a way that few students get to experience in their programs. Classroom knowledge, while an essential foundational piece of any healthcare professional, will limit a new graduate without previous real-world experience. While we do get practical contact in the various healthcare settings, this event gives me and my classmates the rare chance to work with top-level athletes in extreme and sometimes dangerous conditions. From sprained ankles to hypothermia, my experiences at the IRONMAN have taught me how to recognize these various conditions and how to adapt appropriately with my own interventions and the need for other members of the medical team. These are tools that I will be able to carry with me and refine throughout the remainder of my schooling and into my career.

Coty Keel, SPT
The University of Tennessee at Chattanooga