



Clinical Tracks & Topics for the Main Fall Conference

Tracks are held from Thursday, Oct. 26 at 1:30pm through Saturday, Oct. 28 at 11:30am

All content is subject to change

Essentials Track: Urgent care medicine comprises a unique knowledge and skill set which, as a whole, is not part of current medical education. Many clinicians who are starting or been in the practice of urgent care are looking to “fill-in the gaps”. This educational pathway is designed to provide any clinician – physician, PA or NP – with the broad range of the fundamental knowledge needed to manage the most common and important medical problems and needs seen in the urgent care setting. While not a textbook review, these sessions address the history and exam features to help make a diagnosis or risk-stratify a patient; the use and interpretation of tests commonly available in most urgent cares; the recognition of red flag presentations of higher-risk conditions; and the recommended treatment, disposition and follow-up of patients.

- **Urgent care approach to the patient with acute abdominal pain, GI and GU complaints, including care of the pregnant patient**
- **Urgent care approach to the patient with acute chest pain and/or shortness of breath, palpitations, and syncope**
- **Urgent care approach to the patient with acute non-traumatic headache and other neurological complaints, including concussion and dizziness**
- **Handling medical emergencies in urgent care**
- **Wound and burn care/dermatology**
- **Treating common infections seen in urgent care**
- **Pediatric urgent care**
- **Ophthalmology**
- **Orthopedic**

Occupational Medicine Track: Occupational medicine is being practiced in urgent care settings on an increasing basis, driven by community need and convenient access to care; and it has its own knowledge and skill base. This educational pathway is designed to provide a clinician – physician, PA and NP – with the fundamental knowledge needed to feel comfortable assessing and treating patients with occupational medicine needs in the urgent care setting.

- **General orientation to occupational medicine**
- **Regulations, paperwork and occupational causation concerns**
- **Physical capacity, impairment and disability**
- **Physical examinations**
- **Medical surveillance programs**
- **Occupational exposures**

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- Review of ACOEM Guideline-recommended care – thoracolumbar and lower back pain/injury
- Review of ACOEM Guideline-recommended care – neck and upper back pain
- Review of ACOEM Guideline-recommended care – cumulative trauma disorders (RSIs) of the distal (elbow, wrist, hand, and finger) upper extremity (tendonitis, epicondylitis, ganglions, and nerve impingement syndromes)
- Review of ACOEM Guideline-recommended care – concussion and stress claims

Advanced Urgent Care Track: Seasoned clinicians – physicians, PAs and NPs – who are interested in raising the bar should attend these sessions to obtain new techniques and knowledge, improve their efficiency, and expand the scope of their practice and proficiency.

- Advanced procedures
- EKG interpretation and advanced cardiology concepts
- Update in CMS quality metrics
- Asthma and COPD update
- Urgent care start to finish: managing more complicated conditions
- Managing facial, ophthalmic and dental trauma
- What's new and developing in diagnostic testing?
- Clinical decision rules every urgent care provider should know
- Update in managing chronic illnesses and how it affects the urgent care evaluation and management of patients
- Advanced update in treating common infections in urgent care: review controversies and latest guidelines for treatment