



## **SOFTBALL LEAD-UP GAME:**

## **BONKER BALL**

### **EQUIPMENT:**

Each group of 4-6 kids needs a bat, ball, and cone. Extra equipment can include a hula hoop and batting tee.

### **RULES:**

It is a 2v2, or 3v3, one base softball game.

Batter hits a ball and runs around a cone (base) and BACK to home before the team in the field can THROW the ball to a teammate at the cone.

Variations: hit from a tee, hit a pitched ball, toss and hit a ball

### **FAQ:**

Can the fielders RUN the ball to the hoop? No, the fielders cannot RUN with the ball, they must THROW the ball to a teammate.

If a ball is caught in the air, is the batter out? No, they must still throw to a teammate at the cone (or hoop).

Can someone from another game throw to the cone to get someone out? NO, they can stop it, but they cannot interfere with the play!

### **SAFETY:**

When no one is pitching, all defenders MUST be behind the cone for SAFETY purposes. One runs to the ball and the others runs to the cone (or hoop, depending on your game setup). The area in front of the cone can be a NO-GO zone (or in front of the hoop if using one).

### **FIELD SET UP:**

The thing that makes this game so great is that you can set up many games in one area.

Set up each home plate approximately 20 feet apart is ideal. If playing outside, spread them out!

### **Game time:**

10 minute games, and rotate opponents, is ideal.

**NOW MAKE YOUR OWN VARIATIONS TO THE GAMES DEPENING ON AGE OF THE STUDENT AND HOW HARD THEY HIT!!**

**ALWAYS KEEP SAFETY IN MIND AND STRESS THE IMPORTANCE OF FOLLOWING ALL SAFETY RULES!**

**PLAY BALLLLLLLLLL!!!!!!!!!!**

Email me if you have any questions.... [Roberta.conrad@nn.k12.va.us](mailto:Roberta.conrad@nn.k12.va.us)